FROM THE PRINCIPAL

Dear Stella Community,

Senior Trials Begin

Our Year 12 students began their trials this week and are focussed on doing their best over the next two weeks. It is important that we support them by ensuring that all our usual routines are maintained. Try to encourage your daughters to get good rest and eat well. They might curtail some of their social events but please make sure they exercise and get some relaxation. I spoke with the girls on Monday and encouraged them to work hard on their responses and at this stage remembering that they need to support their peers by doing well. In the final count it is important that the group does well collectively - the HSC is not about individual moments of brilliance.

Year 11 Leadership Day

Thursday was our Year 11 Leadership Day - an opportunity for the girls to reflect on their gifts and how they might imagine they can be a leader at Stella. When I spoke with them I asked them to think about what they have done lately that says they have leadership potential. Did they come to the athletics carnival and get involved or did they stay home? Do they get involved in ensembles and teams at school or are they too busy with their academic program? Did they get involved in Open Day or did they leave that to others to organise? Do they wear their uniform well or is that not a priority for them?

Leadership is more that being a popular girl - it is about making choices that show they are committed to the school- that they value community (one of our core Benedictine values). It is about choices that show the junior school that they care about Stella and are willing to serve them in the role of leader. I wish the girls well as they work through the leadership process.

Resilience

Resilience is a process that focuses on developing strength to overcome adversity.

A resilient child needs to have the ability to rewrite negative scripts (learning from the past), to develop the ability to see the world through the eyes of others, to accept themselves, to learn to deal with mistakes and develop self-control and self-discipline. It is important to allow our children to explore their relationships and not feel that we should help solve their problems. Sometimes it is better to allow a MISS-TAKE and discuss how they might deal with that more effectively than try to solve the issue before it arises. Resilient children are at ease in social situations, they have available and warm parents/carers, they like to problem solve and have a good sense of self-worth and sense of humour. We can encourage the development of resilient children by working with school to provide learning opportunities for our children to be the best they can be.

Erica McWilliam, in a journal article (‘Learning Culture, Teaching Economy’, Pedagogies: An International Journal, 5 (4), 286-297, 2010), speaks about risk-taking as a learning opportunity. ‘A risk-taking disposition allows young people to expect error-making and to learn from it rather than to hunker down in the narrow thinking and doing routines that are sanctioned by a compliance and conformity culture dictated for safety’s sake’.

Although we don’t want young people to put themselves in danger, sometimes we are loathe to let them work through problems and find solutions themselves. We rush to give them our wisdom. In working with adolescents I find often it is about the debrief that happens when a mistake is made and allowing young people to work through the options and consequences of their own behaviours. Some circumstances cannot be changed and it can be about talking through strategies that might assist them to deal with the situation, even if they can’t solve it.

A Prayer for Resilience from St Ignatius Loyola - Feast Day: 31 July

O Christ Jesus,
when all is darkness and we feel our weakness and helplessness,
give us the sense of Your presence, Your love, and Your strength,
Help us to have perfect trust in Your protecting love and strengthening power,
so that nothing may frighten or worry us,
for, living close to You,
we shall see Your hand, Your purpose, Your will through all things... Saint Ignatius of Loyola

Elizabeth Carnegie, Principal
### UPCOMING EVENTS

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>31 Jul</td>
<td>Duke of Edinburgh Bronze/Silver Hike (till 2 Aug)</td>
</tr>
<tr>
<td>11 Aug</td>
<td>Year 12 BOW Night</td>
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<tr>
<td>12 Aug</td>
<td>Stella Alive</td>
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<tr>
<td>18 Aug</td>
<td>Awareness Walk</td>
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<tr>
<td>20 Aug</td>
<td>International Night</td>
</tr>
<tr>
<td>25 Aug</td>
<td>Senior Music Night</td>
</tr>
<tr>
<td>26 Aug</td>
<td>P&amp;F General Meeting</td>
</tr>
</tbody>
</table>

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**International Night 2015**

**Thurs, August 20th**

4:30 – 7 pm

**Theatre**

Come & join us for an incredible night of performances, games & light refreshments!

Dress up in international dress – we are celebrating all cultures!

RSVP sarahx_colin@stellamaris.nsw.edu.au

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**Year 12 Formal 2015**

Parents and Guardians are cordially invited to celebrate our community by joining with the staff at the Year 12 Formal

Doltone House

Wednesday 18 November, 2015

7.00pm for 7.30pm start

We look forward to seeing you on this evening of celebration.

Enquiries: Colin Macallister, Head of Year 12

colin_macallister@stellamaris.nsw.edu.au

Payment, of $110.00 per head, is to be made to the Finance Department. Payment by instalments can be organised with the Finance Department. Cheques are to be made payable to Stella Maris College. Credit card or cash - please print your daughter’s name and class clearly on envelope.

Final payments to be made by 20 September 2015

---

**Awareness walk- August 18**

We are walking 10 km in solidarity with other children around the world who walk long distances for the privilege of an education

All money raised will go to the Good Samaritan Kinder School in the Philippines.

Thank you for your support!

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**P&F General Meeting**

Discussion topic: The Governance of Stella

26 August, 2015

7.30pm in the Stella Library

On Wednesday 26 August we will be conducting our last P&F General Meeting for 2015. We will be fortunate to hear from our Principal, Elizabeth Carnegie, and Deputy Principal, Mary Ryland, who will be speaking about the governance of Stella, how it is made up, who is responsible for what and why the different roles are essential to the running of our school. This will be very insightful and we encourage everyone to come along!

Stella P&F 2015

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---

**Krakow, Poland ~ 25th – 31st July 2016**

If you are interested in attending World Youth Day, please email Mrs Carnegie:

Elizabeth_Carnegie@stellamaris.nsw.edu.au


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**A reminder to collect your ‘Earn & Learn’ stickers at Woolworths and place them in the collection box in Student Reception.**
STELLA GIRLS AND GROWTH MINDSET

Parents who attended our Stage 4 Learning Seminar in Term 2 would have heard me speak of a ‘Growth Mindset’ and the amount of emerging evidence on its importance to learning and improvement.

According to Carol Dweck, who leads a team out of Stanford University who specialise in this area this deals with ‘the beliefs children have about intelligence, effort, and struggle and how this impacts on the choices they make about learning’.

People tend to hold one of two different beliefs about intelligence:

- **Children with a growth mindset** believe that intelligence can be developed. These students see school as a place to develop their abilities and think of challenges as opportunities to grow.
- **Children with a fixed mindset** believe that intelligence is fixed at birth and doesn’t change or changes very little with practice. These students see school as a place where their abilities are evaluated, they focus on looking smart over learning, and they interpret mistakes as a sign that they lack talent.

![What Kind of Mindset Do You Have?](image)

Source: Reid Wilson @wayfaring path www.carriekepple.com

**Where do our Stella girls sit?** The Project for Education Research That Scales (PERTS) applied research centre at Stanford University has developed a survey which gives schools an insight to their students’ mindset. I had our Stella girls complete this survey during PC last week. The results can be seen below.

![35% of the surveyed students have a growth mindset](image)

What does this tell us as educators and parents? Quite clearly we have some work to do to ensure our girls have the appropriate mindset to give themselves the best possible chance of academic success. 65% of our girls can improve their outlook on their learning. The great news? This can be done. This mindset can be improved.

We will be doing some work with the girls at the College in the coming semester, however, the research suggests that discussion around mindset at home with parents is more likely to have a greater influence on students.

The PERTS team have developed a Growth Mindset kit for home specifically for parents. I encourage parents to access this program and explore what you can do in partnership with the College to improve this key area for student success and improvement.

https://www.mindsetkit.org/growth-mindset-parents
Australian Defence Force Information Sessions, Sydney
Commando 30 July, 6.30pm. Lvl 4, 9 George Street, Parramatta. https://www.facebook.com/DefenceJobsAustralia/events

Malwa College Open Day - 1 August Lvl 3, 136 Chalmers Street, Surry Hills. Beauty Therapy, Aged Care, Business, Disability care courses. Contact us at enquiry@malwacollege.edu.au Visit http://www.malwacollege.edu.au

University of Sydney Early Offer Year 12 - Opens 5 August For students without the ATAR needed for entry but have the commitment for the Uni discipline, at a low socioeconomic school as identified by the government, or with financial hardship at the time of application. http://sydney.edu.au/future-students/domestic/undergraduate/e12/students/index.shtml

ACU Early Achievers Program - Open 10 August-19 October Make a community contribution at school or workplace, local community organisation, cultural/religious group and you may receive offer before tertiary admission announcements. http://www.acu.edu.au/study_at_acu/alternative_entry/early_entry

Australian College of Applied Psychology (ACAP) Information Evening - 12 August, 6pm Find out about our VET, Bachelor, Honours, Graduate Diploma and Masters programs. Lvl 5, 11 York St Sydney. RSVP at http://www.acap.edu.au/future-students/info-sessions/ or call 1800 061 199 for info.

UOW OPEN DAY - 15 August The UOW College will be attending at the annual UOW OPEN DAY at the University of Wollongong (Wollongong Campus). Discover alternative pathways and career-ready qualifications to help you get where you are going. RSVP at http://www.uow.edu.au/openday/index.html.


Macleay College Open Day - 22 August Learn about our courses in Journalism, Advertising and Business from lecturers working in the industry. Speak with current/past students about internships and careers after graduating. Take a tour of our amazing facilities and see our very own TV Studio in action! https://macleay.edu.au/campaign/open-day-august-22

University of Notre Dame Open Day - 29 August, 9am-3pm Visit our Broadway or Darlinghurst Campuses. Learn about our unique admissions process, meet current students and graduates, discuss course options with our staff and enjoy entertainment, activities, workshops and Campus tours. Register at http://notredame.edu.au/openday/sydney/

UOW College, UOW SYDNEY CBD OPEN DAY - 29 August We will be exhibiting at the UOW SYDNEY CBD OPEN DAY at the Sydney CBD Campus located in the Gateway Building, Circular Quay. Come and discuss the UOW College Diploma of Business (Sydney CBD). http://business.uow.edu.au/news-events/sydney-open-day/index.html

College of Event Management Information Session - 4 September, 6:30pm Lvl 9, 28 Foveaux St Surry Hills. 1300 725 846 or enquiries@coem.edu.au. http://www.collegeofeventmanagement.com.au/campus/information-sessions


Southern Cross University STAR Entry Scheme - Closes 9 September Year 12 students early offer entry based on their school principal’s recommendation. http://scu.edu.au/futurestudents/index.php/29/

UNE Direct Early Entry Program - Closes 11 September Receive entry into UNE before your ATAR. Students apply online. Schools must for the Early Entry Program for students to apply. http://www.une.edu.au/study/study-on-campus/get-early-entry

Teacher Education Scholarships - Closes 18 September Up to 220 Teacher Education Scholarships are available to future teachers of mathematics, science (with physics), selected Technological and Applied Studies (TAS) subjects or special education (K-12), $5000 per year of full-time study, $3000 appointment allowance and a permanent teaching job upon graduation. https://www.teach.nsw.edu.au/

Free HSC Tutoring and Exam Tips - 28-30 September Aspire Institute is running it’s free HSC Tutoring sessions again. Designed specifically for Year 12 students to revise key areas and learn HSC tips to reach their full potential. From 9:30-1:30 each day, 151 Darley Rd, Manly (ICMS). Subjects: General Math or Business Studies. Book INFO@ASPIRE.EDU.AU or 9466 1078.


Whitehouse Institute of Design Summer Workshops Jan 2016 Enrolling now for Summer Workshop commencing 4 Jan 2016 in Fashion Illustration. Choose from 2,3,5 and 10-day Workshops. A great way for students to prepare for further Tertiary study in Design. enquiry@whitehouse-design.edu.au or 1300 551 433.

Bachelor of Design at Whitehouse In 2016 we will run a NEW trimester model - 3 study periods each year over 2 years allowing students to complete their degree a year earlier. Choose from Fashion Design, Interior Design, Creative Direction & Styling. enquiry@whitehouse-design.edu.au or 1300 551 433.

US University Assistance We assist Australian students to achieve their goal of studying full degree programs in the USA. Whether a state or private institution, full fee paying or scholarship, Internationally Educated will work to maximize a student’s chance of admission at the most appropriate institutions. www.internationallyeducated.com.au

UNSW Explorer Award $10,000 for high results and experience as a social leader. https://www.arts.unsw.edu.au/future-students/undergraduate/scholarships-awards/explorer-award/
TAFE to University, Associate Degree of Accounting, 2 year pathway to a Bachelor Degree The Northern Sydney Institute is offering the Associate Degree of Accounting, a 2 year higher education qualification that prepares students for a career in accounting. Graduates can then springboard into third year of an Accounting Degree at Macquarie University. Ideal for students who want a hands-on style of learning with smaller classes and a supported learning environment. Irene.ireland1@det.nsw.edu.au or (02) 9942 0840.

Free HSC Study Assistance HSC Coach is an online resource providing students with subject-specific information and advice to help them succeed in exams. Includes videos featuring experienced HSC markers who pass on hints/tips about ways for students to maximise their results. http://www.hscccoach.com.a


Bachelor of Design NEW trimester model - 3 study periods each year over 2 years allowing students to complete their degree one year sooner. Choose from 3 disciplines – Fashion Design, Interior Design, Creative Direction & Styling. Email enquiry@whitehouse-design.edu.au or phone 1300 551 433

ACPE Open Day Find out exactly where a qualification from ACPE can take you and what steps you need to take in order to succeed in the industry. PLAY TO YOUR STRENGTHS and understand how you can live your dream career in sport, health, education or dance. Providing you all the information you need about ACPE, student life and application procedures.

Career Profile Online Tool, Northern Sydney Institute A free personality and career-matching online tool developed by the Northern Sydney Institute to help students discover career options that match their talents and interests. Students complete a survey to reveal their strengths and preferred working environment, and a report is generated outlining occupations to consider. nsi.study@tafensw.edu.au or 131 674.

ACU Elite Athlete Program You may receive up to five bonus entry points. Receive support and flexibility for Uni study and assessments. http://www.acu.edu.au/study_at_acu/alternative_entry/elite_athlete_program

MIT Accounting, Management, Marketing, Information Technology and IT Networking. Fast track options allows students to finish Bachelor degrees in 2 years. www.mit.edu.au

Jeanette Ferguson, Careers Advisor
Stella Students Distinguished Success

Many students in the WINGS Gifted and Talented program have achieved outstanding success in competitions that have been held recently. Congratulations girls on your enthusiasm and achievements. More results next week.

Year 7 Digital Technologies
Distinction: Emma Cherry
Credit: Brianna Campbell, Charlie Gilbert, Athena Liang, Millie Prior
Merit: Carmen Bartolo, Jasmine Costello, Hayley Dalton, Isabelle Kendal, Rebecca Mackenzie, Sarah Maher, Peggy McKenzie, Taylah Scrymgour, Rachel Whiddett

Year 8 Digital Technologies
Credit: Riona Chapman, Vicki Cuthbert, Sophie Douneen, Jamaica Leech, Caitlin Yeates
Merit: Alice Hanau

Year 9 Digital Technologies
Distinction: Bridgette Boydell
Credit: Kate Townsend, Naya Broome

Year 10 Digital Technologies
Credit: Caitlin Bruce

Year 7 Science
Credit: Brianna Campbell, Emma Cherry, Hayley Dalton, Annabelle Gilbert, Mia Lane, Summer Pittar, Taylah Scrymgour, Lia Sison, Rachel Whiddett
Merit: Bianca Beck, Rebecca Mackenzie, Zoe Pearson, Millie Prior

Year 8 Science
Credit: Briana Coles, Sophie Douneen, Erin Fisher, Sophie Pinner, Breanna Thompson
Merit: Molly Dignan, Sydney Kania, Audrey Tan

Year 9 Science
Credit: Aria Ellis
Merit: Amy Layton, Kate Townsend

Year 10 Science
Credit: Mellisa Candrick, Alison Godbier, Georgia Gullick
Merit: Rebekah Odgers

Ruth Longworth, Gifted and Talented Coordinator

JAPANESE EXCHANGE

During the July holidays, 25 students including myself from schools along the northern beaches flew to Odawara, Japan for an educational holiday. It was an experience of a lifetime and I highly recommend it for anyone wanting to experience a new culture. One of the most memorable experiences for me was the host families. They were always welcoming and friendly and by the first night I felt apart of the family. Even though communicating was hard, they taught me so much about how they lived. I tried different foods, activities and made strong relationships with not only my host family members but also with the Australian and Japanese students. This was an amazing experience and I learnt so much. It improved my language skills as well as my communication skills. I hope the next students participating in the program will enjoy it as much as I did.

Annika Day

Six Stella Maris students attended a Japanese Exchange in the July holidays. The trip was extraordinary as any of the Australian students would agree; it truly offered an irreplaceable adventure as we were given the opportunity to not only visit Japan’s most well known sites such as Tokyo Disneyland but we had the chance to experience Japan as a native. Whilst in Japan we had the chance to visit a Primary School, unexpectedly this became the highlight of my trip. Kataura Primary School is a small school of only 80 students. Despite the small size of the school the students welcomed us with open arms and treated us with a hospitality surprising for such young children. We were also able to engage in cultural activities while on the Exchange, this included participating in a traditional tea ceremony as well as Lantern Making and dressing in traditional Japanese Kimono’s. The Japanese exchange was the most incredible experience I could have ever imagined and I cannot believe I was fortunate enough to take part in such a magnificent trip.

Riv Wish
MATHS HELP

The dates for Term 3 Maths Help are below (students will receive a printed copy of these dates in their next Mathematics lesson). Students should bring:

- Any homework questions they have found difficult
- Questions that they have chosen for private study that have proved to be challenging
- Questions from Mathletics or Hotmaths tasks that have caused a problem

A Mathematics teacher will be available on the following days in E28 from 3:30-4:30pm to help you.

- Week 4 - Tuesday 4 August
- Week 5 - Thursday 13 August
- Week 6 - Monday 17 August
- Week 7 - Tuesday 25 August
- Week 8 - Tuesday 1 September
- Week 9 - Tuesday 8 September

Kim Naylor, Acting Head of Mathematics

PERFORMING ARTS

DATES FOR YOU DIARY

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>12 August</td>
<td>Stella Alive performances for All Bands, Choirs and Elective Music Students</td>
</tr>
<tr>
<td>25 August</td>
<td>Senior Music Night 7pm in the Theatre and Chapel, supper provided</td>
</tr>
<tr>
<td>9 September</td>
<td>Year 11 Music Night 7pm in the Music Room, supper provided.</td>
</tr>
<tr>
<td>16 September</td>
<td>Year 11 Major Drama Production, Theatre 7pm</td>
</tr>
<tr>
<td>17 September</td>
<td>Year 12 Graduation Mass – Choir and Vocal Ensembles will be singing for the Mass.</td>
</tr>
<tr>
<td>15 October</td>
<td>Drama Ensemble Mirror Mirror Theatre</td>
</tr>
</tbody>
</table>

CONGRATULATIONS

Congratulations to our Company Dancers and Miss Rochelle Jones and Miss Cara Brown

A big congratulations to the Stella Maris Dance Company who competed at the Sydney Eisteddfod over the weekend. The Jazz Ensemble were awarded Third Prize and the Lyrical and Contemporary groups received a highly commended which are great results at such a prestigious and difficult competition.

Congratulations to Selina Noble for her High Distinction in her AMEB Grade 3 theory.

STELLA ALIVE PERFORMANCES

All the College Ensembles and Elective Music students will be performing at Stella Alive. Please make sure you attend all rehearsal in preparation.

Concert Band |
Senior Band |
Stage Band |
String Ensemble |
String Trio |
Choir |
Vocal Ensembles |
Elective Music Soloists |
HSC Soloists |

IN THE HEIGHTS

Congratulations to all the girls who auditioned for In the Heights. We are very excites by the wealth of Talent we have seen. A List of students eligible for a call-back for lead roles will be posted on Friday outside the Performing Arts Staff room.

Students who are called back now need to prepare for the specific character they have been nominated for. A firm date to meet with St Augustine’s cast will be set early next week.

Jessica Maker, Head of Performing Arts
WHATS HAPPENING IN AUGUST

<table>
<thead>
<tr>
<th>DATE</th>
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</thead>
<tbody>
<tr>
<td>3 August</td>
<td>Year 7/8 NSW touch gala day</td>
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<tr>
<td>11 August</td>
<td>BBSSSA Athletics</td>
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<tr>
<td>18 August</td>
<td>CCC Netball</td>
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<tr>
<td>20 August</td>
<td>NSW Athletics School Knockout</td>
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<tr>
<td>24 and 25 August</td>
<td>NSWCCC junior basketball</td>
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<tr>
<td>24 August</td>
<td>Year 8/9 NSWWPA water polo semi finals</td>
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<tr>
<td>26 August</td>
<td>NSW Athletics School Relays</td>
</tr>
<tr>
<td>31 August</td>
<td>Year 8/9 NSWWPA water polo grand final</td>
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<tr>
<td><strong>Looking Ahead:</strong></td>
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<tr>
<td>4 September</td>
<td>BBSSSA Surfing and Golf</td>
</tr>
<tr>
<td>11 September</td>
<td>NSWCCC athletics</td>
</tr>
</tbody>
</table>

Other sports running throughout Term 3 include:

- Peninsula cup soccer on Wednesday and Thursday afternoons
- Manly Warringah Basketball on Monday Tuesday and Thursday afternoon
- NSSWPA Water Polo: year 8/9 on Monday nights and year 7 on Friday nights

RUNNING TRAINING

A reminder that running training is on Friday mornings. Meet at 7.30 in Eurobin Ave. This is open to all students... a good way to get fit before summer! We run along Manly Beach front and Queenscliff Lagoon.

Jenny Wickam, Sports Coordinator

VISUAL ART

All students from Years 7-11 are invited to enter the...

Stella Maris A4 Art competition

CONDITIONS OF ENTRY

1. Submitted work must be no larger than A4.
2. Your work must be 2 dimensional.
3. Any 2D art making materials may be used.
4. The work is to be on the theme of your choice.
5. The work must be original and must have been created this year,
6. The work must have been created this year and cannot be work which you have done in your art classes at school or your Art Classes out of school.
7. Works are to be submitted by Friday 7 August.

*Please come along to Art Club in D31 Thursdays at lunch time to collect paper to create your art work on.*

*For more information please see any of the Art teachers.*

Prizes will be awarded for first, second and third place.
HEALTHY OPTIONS CAMPAIGN
Students receive points on their My Student Account for purchasing healthier foods, e.g. water, salad rolls and multigrain/wholemeal rolls. Prizes are awarded at the end of the year for one girl in each year group (the Year 12 prize is one formal ticket paid for) so think about what you’d like to order and get those points accumulating.

- Students are not to lend their card to others. Card owners must be in attendance if students want to buy for others.
- Students should have only ONE card. Old cards will not be served.
- Replacement cards cost $5. Defaced cards will need to be replaced.
- Please check your daughter’s My Student Account to ensure she has sufficient funds to purchase items.

SAFETY NOTICE
For students safety, the Canteen only provides boiling water for noodles to students who either buy the Fantastic Noodles from the Canteen or bring the 70g ‘Fantastic Noodles’ or ‘Simplee’ (available from ALDI) from home. These containers are sturdier than others and can withstand boiling water.

VOLUNTEERS:
Please be aware that electronic number plate identification is now in force in our parking areas.

It may mean you could be booked for overstaying, even if you move after 2 hours to another spot within the same zone. You can still park above the stairs at Queenscliff, in Kenneth Road or over the bridge on Pittwater Road, toward the Mall as this is all Warringah Council area and therefore no restrictions. Sorry for the inconvenience but this is out of our control.

Bernie McGrath & Cheryl Young, Canteen Supervisors

CANTENE ROSTER

<table>
<thead>
<tr>
<th>Mon 3 August</th>
<th>Tue 4 August</th>
<th>Wed 5 August</th>
<th>Thu 6 August</th>
<th>Fri 7 August</th>
<th>Mon 10 August</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jo Palme</td>
<td>Trish Warner</td>
<td>Karen Doughty</td>
<td>Jane Sidd</td>
<td>Belinda Grover</td>
<td>Jo Carmichael</td>
</tr>
<tr>
<td>Jody Sutherland</td>
<td>Sue Whyte</td>
<td>Therese Philip</td>
<td>Phillipa Edgar</td>
<td>Berni Rushton</td>
<td>Katy Griffith</td>
</tr>
<tr>
<td>Nicole Mackee</td>
<td>Kiera Hulme</td>
<td>Linda Moon</td>
<td>Cristin Schaller</td>
<td>Caron Baker</td>
<td>Anne Van Rooyen</td>
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<tr>
<td>Wendy Dar</td>
<td>Linda Young</td>
<td>Tania Dinneen</td>
<td>Michelle Houghton</td>
<td>Kate Caraccio</td>
<td>Dee Merry</td>
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<tr>
<td>Angela Politis Carnevale</td>
<td>Gilly Wymer</td>
<td>Michelle Staunton</td>
<td>Nina Rose</td>
<td>Sandra Marshall</td>
<td></td>
</tr>
</tbody>
</table>

UNIFORM SHOP

OPEN (During School Terms): 8:00am-4:30pm Tue/Wed/Thu.

PAY BY: Cash, Visa, Mastercard, American Express, EFTPOS, cheque (made out to ‘Stella Maris College’) and Student Card.

CHECK THE COLLEGE WEBSITE FOR:
*Uniform Regulations  *Second Hand Uniform Policy
*College Shoe Policy  *Uniform & Stationery Price Lists

VOLUNTEERS ROSTER
None required this week.

SECONDHAND UNIFORMS
Currently, we are not accepting second-hand uniforms.

SWIMWEAR STOCKTAKE SALE
We are clearing our shelves of the superseded style of red and green swimming costume and the superseded maroon and green water polo costume. They are available in various sizes for $30 each. Perfect for a spare. Come in and have a look.

PRICE LIST

<table>
<thead>
<tr>
<th></th>
<th>Junior</th>
<th>Senior</th>
</tr>
</thead>
<tbody>
<tr>
<td>Winter Skirt</td>
<td>$ 70.00</td>
<td>$120.00</td>
</tr>
<tr>
<td>Winter Blazer</td>
<td>$160.00</td>
<td>$190.00-215.00</td>
</tr>
<tr>
<td>Winter Blouse</td>
<td>$ 35.00</td>
<td>$ 35.00</td>
</tr>
<tr>
<td>Jumper (cotton &amp; wool)</td>
<td>$ 65.00</td>
<td></td>
</tr>
<tr>
<td>Black opaque stockings</td>
<td>$ 9.00</td>
<td></td>
</tr>
<tr>
<td>Black gloves</td>
<td>$ 6.50</td>
<td></td>
</tr>
<tr>
<td>Green Scarf</td>
<td>$ 25.00</td>
<td></td>
</tr>
<tr>
<td>Maroon Scarf</td>
<td>$ 30.00</td>
<td></td>
</tr>
<tr>
<td>Track top</td>
<td>$ 50.00</td>
<td></td>
</tr>
<tr>
<td>Track pants</td>
<td>$ 36.00</td>
<td></td>
</tr>
<tr>
<td>Sport polo</td>
<td>$ 30.00</td>
<td></td>
</tr>
<tr>
<td>Sport shorts</td>
<td>$ 26.00</td>
<td></td>
</tr>
<tr>
<td>Sports bag (compulsory for Yr7 / optional for Yrs 8-11)</td>
<td>$ 15.00</td>
<td></td>
</tr>
</tbody>
</table>

Gail Hickey & Maree Sewell, Uniform/Book Shop Supervisors
9976 1819 or uniform_books@stellamaris.nsw.edu.au
Staying Positive Parenting Support Group

- Are you a parent or carer of a child with tricky or challenging behaviour?
- Do you feel like you need a bit of extra support and encouragement?
- Are you caring for a primary or high school aged child?

This FREE group will be facilitated by experienced community workers and parenting educators from the Relationships Australia Community Hub and CatholicCare. The group will provide a space for parents and carers to share issues and to support one another. Resources on positive parenting strategies and support to access local services will be available. This is a monthly drop in group with discussion topics suggested by parents and carers. No need to book.

When: 1st Wednesday of every month during school term
Time: 10:00am - 12:00pm
Venue: Relationships Australia Community Hub Northern Beaches, South Hall, Brookvale Community Centre; 2 Alfred Road, Brookvale
More Information: Contact Jane on 9938 5420 or janade@francis.org.au

Lifeline Northern Beaches Giant Book Fair

At the Book Fair there will be thousands of good quality books, at bargain prices, in many categories, including a wide range of children’s books suited to all ages. For the enthusiast/collector we have a large number of award winning and collectible books. In addition to the above we will also have a wide selection of puzzles, games, CD, vinyls etc so there’s something for everyone!

All funds raised support the activities of Lifeline Northern Beaches which, in addition to the crisis line (13 11 14), provides a lot of services to our community, including 24 hour counselling, bereavement support, anger management and problem gambling to name but a few.

Your support for our Book Fairs goes a long way in generating the funds required to continue providing these services to our community. See you there!

Venue: Ted Blackwood Hall,
Cnr Jackson & Boondah Rds, Warriewood
Date/Time:
Friday 7th August 1pm - 8pm
Saturday 8th August 9am - 5pm
Sunday 9th August 9am - 2pm
Payment: We accept Visa & Mastercard and also have EFTPOS facility available.
Entry: By gold coin donation much appreciated.

24/7 Youth Film Festival 2015

- Create a 7 minute film in 24 hours
- Win up to $5,000 in prizes
- Festival launch 4 Aug
- Free tips and tricks from 7 Aug
- Comp weekend 22 - 23 Aug
- Open to young people 12 - 24 yrs

Download KALOF for northern beaches youth events.

High School Study Abroad

Are you 14 - 18 yrs and want to be an exchange student? Would you like to have an amazing experience in another country? Get to know and live another culture! Gain a fabulous 2nd family and home! Speak and practice another language.

* White Christmas High School Program

Head off on your amazing 4, 6 or 8 week Cultural Experience during school vacation (December-January) Attend a local high school, live with a local teen and immerse yourself in the fun and excitement of your Dream Culture.

Discounts when you travel with a friend. FREE Language Lessons for all students.

Term and Semester High School Program

Departure: January and August for 3 month Semester Study Abroad program.
Win a real cultural adventure that you will never forget! This is for you! Go on a Term or Semester Program to your favourite country, immerse yourself in the local culture, live with a great local family, make lifelong friends, attend a local High School and improve your language skills.

247FILMFEST.COM  KALOF.COM.AU

* Only the students first name has been printed due to Privacy Permissions