

# Canteen Menu

The Canteen is open from 8.30 am to 2.20 pm.

Prices may vary from time to time.

## ROLLS (Available all year) (Rolls are not buttered)

Unbuttered	.90
Buttered	.95
Vegemite (buttered)	1.10
Devon & Sauce	1.90
Egg	1.90
Curried Egg	1.90
Cheese	1.80
Cheese & Tomato	1.90
Salad with Beetroot	3.60
Leg Ham & Tomato	3.20
Red Salmon	3.60
Chicken	3.40
Roast Chicken, Lettuce & Mayo	3.90
Leg Ham & Salad	4.50
Roast Chicken & Salad	4.50
Red Salmon & Salad	4.50
Salad Wraps with Cheese or Chicken or Salmon	3.00
Small Salad Tub	3.20
Large Salad Tub	4.20

## EXTRAS

Lettuce, Onion, Beetroot, Cucumber, Carrot	.20
Sauce, Mayo, Cheese, Tomato	.20
Avocado	1.00
Egg	.50

## FOOD AVAILABLE ALL YEAR

Hot special (eg lasagne, chicken curry, spaghetti & meatballs, rogan josh, chilli con carne, pesto pasta)	4.20
Fried Rice	3.70
Dim Sims, Dumplings, Gyozas (3 pieces)	1.50
Fantastic Noodles	3.00
Sushi – various	3.20

## BREAKFAST FOODS ALL YEAR

Finger Buns	2.20
Banana Bread	2.60
Cheese & Bacon Rolls	2.40
Muffins	2.40

## HOT FOOD

Hot Cheese Rolls (all year)	1.80
Hot Cheese & Tomato Rolls (all year)	1.90
Garlic Bread (all year)	1.90
Soup (Terms 2 & 3)	2.20
Hot Chocolate (Terms 2 & 3)	1.80
Sausage Roll (Terms 2 & 3)	3.00
Pie (low fat and salt) (Terms 2 & 3)	3.80
Sweet Chilli Chicken Tenders Roll	4.20
Spinach & Ricotta Roll	3.00
Toasted Sandwiches – various	1.80-3.40

## FRUIT & YOGHURT

Fruit	.80
Fruit Salad (all year)	3.20
Yoghurt – various	3.00

## HEALTH FOOD & SNACKS

Euco Drops	.80
Rice Sticks	1.20
Grainwaves	2.50
Sesame Snaps	1.50
Sunfruits	1.00
Glucose Lollies	1.30
Mamee Noodles	1.20
Piranhas	1.40
Werther's Original	2.20
Delites – sour cream	1.00
Chips – Red Rock	1.90
B Natural Nut Bars	3.40
Chunkies Mini Choc Chip Cookies	1.30
Soothers	2.80

## ICE CREAMS

Thickshake – Chocolate	2.20
Frozen Fruit Juice Cup	1.00
Ice Cream Tub	2.00
Icy Twist	1.80
Calippo Mini	1.40
Frozen Yoghurt	2.70
TNT	1.00
Paddle Pop	2.20

## DRINKS

Nudie Juice	2.20
Fruit Box	2.00
Berri 100% Juice 350ml/375ml	2.60/2.80
Goulburn Valley 100% Juice 300ml	2.20
Vitamin Water – various	3.40
Plain Milk 300ml	2.20
Mt Franklin Sparkling Water	2.30
Milkshakes	2.80
Flavoured Milk – Moove/Nippys 375ml	2.30/2.90
Goulburn Valley Milk 600ml	3.50
Up & Go	2.60
Mt Franklin/Thank You Water	1.90
Mini Pump Water	1.60
Pump/Pump'd Water	2.80
Chill Iced Tea	2.00
Deep Spring – various	3.00
Appetizer/Grappetizer	2.30
Juice Bomb	2.20
Sprite Zero	2.60
Quencher – various	3.40