Dear Stella Community,

Welcome back to Term 4 everyone, and especially to Linda Mezger who has been on maternity leave. What a warm start to the week we have had. All the blossom trees are in bloom and the girls are looking lovely in their summer uniforms.

This week Year 11 students have taken time on Retreat with Ms Heraghty, Ms Collins and their Pastoral Care teachers. We hope that the opportunity to take a moment to reflect on their hopes and dreams will be a positive one and prepare them for their HSC studies which will start next week.

Congratulations

Congratulations to our four Year 11 girls who travelled to the Philippines, to Bacalod Kinder School in support of the work of the Good Samaritan Sisters. The girls took over $12,000 raised for their work and the sisters were overwhelmed by the generosity of the College. Isabella Filacuridi, Christian Olson, Grace Joseph and Hayley Jago travelled with Ms Ferguson and Ms Collins during the September break and had an amazing experience there. They will share their stories with the rest of the students at our next Assembly.

Year 12 HSC Examinations

Year 12 begin their HSC Examinations next week. We wish them the best of luck.

College Improvements

Our Sports Office has been relocated to the main college campus and Change Rooms have been built in the Drama block. We expect that this will assist girls when they are preparing for practical PE classes. The Junior Toilets have been refurbished during the holidays thanks to Terry Bartlett and Joe Comerford.

Community Prayers

Please keep Ms Christina Kalinac in your prayers this week as her father Tony Kalinac died last weekend. We pray for Ms Kalinac and her sister Monica as they grieve the loss of their father.

The Reception of Guests (Chapter 53)

Let all guests who arrive be received like Christ. (I came as a guest, and you received Me -Matt. 25:35).

This week I spoke with staff about the teachings in the Rule of St Benedict on the reception of guests. In discussing how we as a college might respond to this, I drew attention to the Social Justice Statement for 2015 - For Those Who’ve Come Across the Seas and Pope Francis’ address for the 101st World Day for Migrants and Refugees - ‘Church without frontiers, Mother to all.’ I invited them to look for ways to embed what it means to be Catholic and a Good Samaritan College in our prayers, our classrooms and in our social action.

Dear God

Help us to remember that when we speak of immigrants and refugees, we speak of Christ - in the One Who had no place to lay His head, and You come to us again, a Stranger seeking refuge.

Lord, give us the eyes of Jesus to see our neighbors in the strangers we meet.

Forgive us for our silence, for not knowing how to respond.

Teach us to love and care for the stranger the way You do.

Amen.

Elizabeth Carnegie, Principal

Join Stella Maris College, Manly on Facebook at https://www.facebook.com/smcmanly (look for the new crest profile photo).

Our Facebook page is quickly becoming an important way to connect with what’s happening around the College and create a lively online community. It will also be the most efficient way to get up-to-the-minute information during emergencies, like the storm earlier this year that brought all our systems down. For this reason especially, we encourage all parents and students who are on Facebook to like us.
As a school it is of paramount importance that we continually review our programs to ensure we improve and evolve. To do this we need feedback from the stakeholders in our community of their perception of the College.

One such forum was the recent Year 12 Exit Survey that we ask our Year 12 students to complete as they graduate from the College. The survey had a number of questions and was designed to get feedback on all areas of school life. There were however a couple of responses that really stood out which I would like to share with you.

**Q. I have a sense of pride in being a Stella girl.**
- A. Agree - 93% Disagree – 7%

**Q. In times of need there was always at least one teacher I could turn to.**
- A. Agree – 91% Disagree – 9%

**Q. I am glad that I chose to complete Year 12 at Stella.**
- A. Agree – 90% Disagree – 10%

**Q. I see Social Justice as an important issue in the world today.**
- A. Agree – 92% Disagree – 1% Unsure – 7%

Why am choosing to share this part of the survey with you? The research is overwhelmingly clear in that the more girls feel they ‘belong’ in a school, the better their academic outcomes will be. The more connected to the community, the better the learning environment. By creating a safe and supportive environment at Stella in which our students have pride in their school, we are putting in place the foundations to ensure they can succeed in the classroom.

I have conducted surveys in other schools in both NSW and other states where I have seen similar questions returned with far lower percentages in the ‘agree’ column and this was reflected in the academic outcomes of students in those schools.

The environment and ‘culture’ of Stella is one of which we should be proud of and continue to nurture. Granted, we need to ensure the 10% of respondents in some questions above are given opportunities to ensure they belong and garner a sense of pride equal to their peers.

I also highlight the final question I have listed here. Part of our mission statement reads to empower students ‘to take their place as young women who will make a significant and positive difference in our world’. Given that over 90% of the graduating class of 2015 see Social Justice as an important issue in the world today it would suggest they are well placed to do so.

Later in the year we will be sending home surveys for parents to provide feedback on the College. In order for this feedback to be reliable we do need a significant percentage of parents to complete the survey. If you could take the time to participate we do find the responses highly useful as we aim to provide the best possible education for your daughters.

**Brett Foster, Director of Innovative Learning**
**BACHELOR OF INTERIOR DESIGN INFO SESSION - 13 OCTOBER 6-8PM**


**BACHELOR OF APPLIED MANAGEMENT INFO SESSION, ST GEORGE COLLEGE - 21 OCT 6:15-7:30PM**

Sydney TAFE now offers the Bachelor of Applied Management at St George College, offered in partnership with Federation University Australia. Building F, Lower Ground Level, Room FLG19, St George College. [http://sydneytafe.edu.au/newsevents/events/bachelor-applied-management](http://sydneytafe.edu.au/newsevents/events/bachelor-applied-management)

**DIPLOMA OF AUDITOMETRY, RANDWICK COLLEGE INFO SESSION - 31 OCT 9-11AM**

Learn more about the course, meet the teachers and tour our purpose built facilities. Level 4, Room 4.12, Building A, Randwick College, Cnr of Darley Road and King Street [http://sydneytafe.edu.au/newsevents/events/information-session-4](http://sydneytafe.edu.au/newsevents/events/information-session-4)

**LIBRARY SERVICES INFORMATION SESSION, ULTIMO COLLEGE - 5 NOV 5:30-7:00PM**

Learn about the course, meet the teachers and tour our purpose built facilities. Sydney TAFE, Building G, Level 3 (G3.15), Thomas St, Ultimo. [http://sydneytafe.edu.au/newsevents/events/library-services-information-session-2](http://sydneytafe.edu.au/newsevents/events/library-services-information-session-2)

**2016 HSC & TERTIARY PREPARATION COURSE INFORMATION, TAFE NSW, NORTHERN SYDNEY INSITUTE - 11 NOV 6:00-7:30PM**

The Prevocational Studies Section will offer students the opportunity of studying units in the Certificate IV in Tertiary Preparation (TPC) and the HSC in 2016 - both full-time and part-time options. Potential students/parents are encouraged to attend. Teaching staff will be available to answer questions about both these Year 12 equivalent courses and timetables and course information will be available. Ground Floor, Building J (Cameraygal), St Leonards Campus, 213 Pacific Highway, St Leonards. For more information [colin.frederick@tafensw.edu.au](mailto:colin.frederick@tafensw.edu.au) or 9942 0713.

**SYDNEY TAFE APPRENTICESHIP OPEN DAY @ ULTIMO COLLEGE - 12 NOV 1-7PM**

Talk to staff, graduates, employers and current students. Info sessions, demos and tours will run throughout the day plus plenty of fun stuff! Sydney TAFE, Ultimo College, Jones Street Mall, Ultimo. [http://sydneytafe.edu.au/newsevents/events/sydney-tafe-apprenticeship-day-ultimo](http://sydneytafe.edu.au/newsevents/events/sydney-tafe-apprenticeship-day-ultimo)

**SYDNEY DESIGN SCHOOL OPEN DAY - 14 NOV 10am-12pm**

The Interior Specialists, come see what it’s like to work as an Interior Designer, Decorator and Stylist. Level 2, 40 Oxley Street, St Leonards. Register at [http://sydneydesignschool.com.au/info-sessions/](http://sydneydesignschool.com.au/info-sessions/) or [campus@sydneydesignschool.com.au](mailto:campus@sydneydesignschool.com.au)

**ST PATRICK’S PATHWAY TO SUCCESS INFO SESSION, FULL-TIME DIPLOMA OF BUSINESS/BUSINESS ADMINISTRATION - 15 NOV 11AM**

Our Diplomas provide Year 10-12 leavers a pathway to a career or tertiary education. No ATAR is required and VET FEE-HELP is available. Over 95% of our graduates step straight into jobs, with starting salaries from $40K. Our partnership with the University of New England allows the receipt of credits towards a Bachelor Business. Level 1, 65 York St, Sydney.

**ICMS APPLICATION INTERVIEWS - 15 & 21 NOV, 13 DEC 10AM-12PM**

As part of the ICMS application process, prospective undergraduate students may attend an application interview at the ICMS campus. Students can gain up to 10 bonus entry points based on their interview performance. [start@icms.edu.au](mailto:start@icms.edu.au)

**DISCOVERY DAY TAFE NSW VARIOUS CAMPUSSES - 18 & 19 NOV**

See the diversity of courses available at Hunter TAFE. Customise your Discovery Day to participate in tours and receive career information: 18 November - Ourimbah Campus, Glendale Campus and Muswellbrook Campus. 19 November - Hamilton Campus, Newcastle Campus and Kurri Kurri Campus. Complete the online registration form [http://www.hunter.tafensw.edu.au/students/pages/discovery-day-campus-tours.aspx](http://www.hunter.tafensw.edu.au/students/pages/discovery-day-campus-tours.aspx)

**LA TROBE UNIVERSITY, SYDNEY CAMPUS COURSE INFO SESSIONS - 22 DEC, 28 JAN, 18 FEB 6-7PM**

Meet our team, students and tour our campus. Study Accounting, Financial Management, HR Management, Management, Marketing, International Business or IT. RSVP [Sydney@latrobe.edu.au or 9397 7600.](mailto:Sydney@latrobe.edu.au)

**AUSTRALIAN FILM, TELEVISION AND RADIO SCHOOL SUMMER COURSES**

AFTRS Open, our short course division, has short summer school courses for HSC students graduating this year. Courses run late November to mid-February and include Three Week Film School, Six Week Doco School and Three Week Radio School & More! [http://www.aftrs.edu.au/short-courses/summer-school](http://www.aftrs.edu.au/short-courses/summer-school)

**MACQUARIE UNIVERSITY SCHOLARSHIPS - APPLY NOW**

No matter what your background, we invite you to be part of the Macquarie University community. See how far you can go with a Macquarie scholarship. [mq.edu.au/scholarships](http://mq.edu.au/scholarships)

**ACU EARLY ACHIEVERS’ PROGRAM – APPLICATIONS CLOSE 19 OCT**

We recognise that you have more to offer than your academic results, our Early Achievers’ Program considers the contribution you have made to your community through your school, workplace, community organisation, cultural and/or religious group. [www.acu.edu.au/early-achievers](http://www.acu.edu.au/early-achievers)

**BACHELOR OF MUSICAL THEATRE - APPLICATIONS CLOSE 30 OCT**


**WILLIAM ANGLISS INSTITUTE SCHOLARSHIPS - APPLICATIONS CLOSE 12 NOV**

Bedford College Scholarship - Applications close 30 Nov

UOW College, Pathway to UOW
UOW College offers guaranteed and alternative pathways to UOW Bachelor degrees comprising of preparation programs, Diploma and Certificate IV-level qualifications. Courses are for current/future Year 12 students, Mature-Age students and professionals. www.uowcollege.edu.au or 1300 367 869.

New in 2016 – Bachelor of Business Administration, University of Notre Dame
With electives in areas such as Business Research Methods, Event Management, HR Development and Finance, students are provided with an extensive mix of theoretical and practical experiences taught by leaders of their fields. Applications for Semester 1, 2016 are now open. To apply or for further details visit www.nd.edu.au or call 8204 4404.

UNSW Mining Summer School - 18-20 Jan
Get inside the Mining Industry as part of the 3-day residential summer school. Learn about study, careers, lifestyles and opportunities in the Australian minerals industry from students, recent graduates and professionals. Start at the UNSW Sydney campus to experience university life including labs, and our 3D virtual reality mine simulator. Then travel to Lithgow and the Central West of NSW for 2 nights to visit underground & surface mines. Learn how coal and minerals are extracted and processed and network with experienced academics and current UNSW mining students. unsw.to/summer-school
eligibility: Students in Year 10-11 interested in Science or Engineering and studying/planning to study subjects such as physics, mathematics (advanced) and engineering.
cost: $200
closing date: 31 October, 2015

Jeanette Ferguson, Careers Advisor

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Instagram: @wepaustralia Facebook: WEP Australia YouTube: wepaustralia

WEP Australia
Take the first step on your student exchange journey and attend an info session in your area!

A WEP student exchange gives you the chance to live like a local in your chosen country! You’ll have an experience that isn’t available to the general traveller.

So, take the first step on this unique, once-in-a-lifetime journey and attend one of our upcoming info sessions!

Where? When? How?
With over 25 countries available, deciding where and when to go can be tricky!

Come along to an info session to find out more, hear stories from around the globe, learn about any language requirements, and find out about included trips!

Meet Returned Students!
You’ll meet our returned students who can give you advice and answer all your questions!

www.wep.org.au

Info Sessions
North Sydney
Stanton Library
234 Miller Street
7-9:30pm
9 November
1300 994 793

Surry Hills
Neighbourhood Centre
Lvl 1, 405 Crown Street
7:30-9pm
20 October
info@wep.org.au
COUNSELLOR

Something doesn’t feel right!

Mums & Daughters Street Smart Self Defence

Manly Community Centre will host a FREE violence prevention and empowerment workshop with Melanie Thomas from the KYUP! Project for local mothers and teen girls on the 7th November 2015.

In this fun, safe, hands-on workshop Melanie will share personal safety tips and simple self-defence techniques any girl can use, no matter her size or skill level. Using relateable examples of real-life scenarios – such as public transport, public places and parties – girls and women learn to:

- Replace fear with confidence
- Trust their instincts and make smart choices
- Use the power of their voice to defuse dangerous situations
- Get away from a situation that doesn’t feel right
- Fight back when needed
- Break the cycle of violence

kyupproject.com.au is a grassroots violence prevention and self defence initiative – giving girls a voice.

MELANIE THOMAS is a self-defence educator who has trained in Hapkido, the Korean art of self-defence, since 2000. She held the title of Australian Hapkido Woman of the Year 2005 and is actively involved in the martial arts community. A mother of two young girls, she is a proud recipient of a 2013 Layne Beachley Aim for the Stars Foundation grant to help bring KYUP! to girls around Australia.

*Mel embodies passion and strength and shares my goal to assist all girls and women to fulfill their potential. Her approach towards self-defence is real, enormous fun, accessible and empowering.

Layne Beachley – 7x World Surfing Champion

FREE!

SPACES ARE LIMITED. DON’T MISS OUT!
REGISTER YOUR NAME, AGE AND SESSION TIME. 7TH NOVEMBER -10AM OR 11:15AM
Calling Manly Community Centre 9977 1066

innovative inspiring inclusive
SUDDEN STUDENTS ASSOCIATION

STELLA MARIS EX-STUDENTS ASSOCIATION EVENTS

Please note that the Alumni have had a name change to Ex-students Association.

Inaugural Ex-students Association Annual Reunion and BBQ on the Retirement of Mary Ryland and Anne Coyte
All Ex-students welcome to a casual barbeque under the fig tree.
22 October, 6:00pm at the College.
RSVP to donna_stimson@stellamaris.nsw.edu.au

Class of 2005 10 Year Reunion
23 October, 7:00pm at Manly 16ft Skiff Club.
Enquiries can be directed to samantha.dingwall@gmail.com

STELLA OLD GIRLS OFFICIAL FACEBOOK PAGE
Join the conversation. Reconnect with old friends and with the College. We have over 1000 members.
https://www.facebook.com/groups/215051585190152/
You can also search in Facebook for Stella Old Girls Official Page.

Donna Stimson, Ex-Student Association Coordinator

DUKE OF EDINBURGH

CONGRATULATIONS

Congratulations to the following students who have been awarded their Duke of Edinburgh awards:

**Bronze:** Sophie Armstrong, Isabella Harriott, Nina Longfellow, Georgia Mayer, Lily O’Neill, Jade Philip, Ciara Rogers, Chloe Stevenson and Ellen Warfield

**Silver:** Emma Collins

Andrea Mezger, Duke of Edinburgh Coordinator

EX-STUDENTS ASSOCIATION

STELLA STUDENTS FIRST IN NSW AND ACT

Matilda Gould Year 12—First in UNSW Year 12 Writing Competition (University Medallist second consecutive year)

Matilda, for the second consecutive year, has been awarded the University Medal in the UNSW Global ICAS Writing Competition for 2015. This is an outstanding achievement!

Matilda has participated in the **WINGS Gifted and Talented Program** since she was in Year 7 and has taken every opportunity to enter events and competitions. She has completed ‘Student Success’, is a member of the Debating and da Vinci Decathlon teams, Confronting Concepts speaker and attends Writer’s group with Mrs Tedman. She has also received awards in many of the ICAS competitions.

Matilda is completing her HSC this year studying Extension 1 English, Mathematics, Chemistry, Modern History and Studies of Religion. Matilda’s winning entry was a Book Review on Neil Gaiman’s *The Ocean at the End of the Lane*. Matilda will attend the medal ceremony at the UNSW on November 27 to receive her medal. Congratulations Matilda we are extremely proud of your results once again.

Here is an extract from Matilda’s winning entry:

“Readers will be captivated by Gaiman’s prose; poetic but unpretentious, which captures perfectly the wonder and honesty of a child’s mind. While the novel resists being boxed into any one genre, and oscillates between fantasy, nursery rhyme and modern-day Grimm fairytale, the one constant throughout is a fascinating meditation on the way a child sees the world.”

Ruth Longworth, Gifted & Talented Coordinator
HSC PREPARATION DURING THE HOLIDAYS

The library was open during the holidays. The ladies preparing for the HSC seemed to enjoy the quiet study space; whether it was the Tim Tams, teachers being available to mark essays, or at the end of an intense study period - being rewarded by having a coffee break with a friend. They all worked well and we are very proud of their efforts. Visit [www.stresslesstips.org](http://www.stresslesstips.org)

MINI-RECYCLING STATION IN THE LIBRARY

Stella Maris College is a member of the ‘Cartridges 4 Planet Ark’, Mobile Musters and Battery World programs.

To help you make your home a little greener, you are invited to bring your used printer cartridges, old mobile phones, and used batteries from home, and drop them into our recycling boxes. The boxes are located in the library entrance.

To find out more visit:
- [http://cartridges.planetark.org](http://cartridges.planetark.org)

Jocelyn Christensen, Teacher Librarian, 9976 1840

Jennifer Murray, Head of Languages

Kim Naylor, Head of Mathematics

Jocelyn Christensen, Teacher Librarian, 9976 1840
SCIENCE

2016 TRIP TO HASSE SPACE SCHOOL, HOUSTON TEXAS

During assembly Ms Amy Smith announced this program. For the first time the Alliance of Girls’ Schools Australasia (AGSA) is offering this unique opportunity to member schools for girls to be part of an internationally recognised program.

AGSA has partnered with iVicon the exclusive Australasian partner for HASSE Space School. HASSE Space School immerses students in the world’s most profound and impactful STEM environment – that of space exploration and science in conjunction with NASA. Overlaid on this experience is a learning framework that incorporates personal development in areas such as self-motivation and reliance, goal setting, teamwork, curiosity and imagination... the multi-disciplinary skills necessary to empower our young women to take on the changing technological landscape they will face in their careers and life.

As part of our partnership, the Alliance is working with iVicon to organise a composite expedition from our member schools. The plan is for an expedition of both juniors (16 students from Years 7-9) and seniors (20 students from Years 10-12) to head to the USA in the June school holidays in 2016.

It is estimated that the cost of this trip will be $8,000 - $10,000 per student. iVicon can also work with the schools to offer families a payment instalment schedule so as to allow families with varying financial situations the ability to participate.

To register your interest or for further information, please email Amy Smith (amy_smith@stellamaris.nsw.edu.au) or Kylie Andrew (kylie_andrew@stellamaris.nsw.edu.au).

SPORT

ELITE SPORT CAMP

Stella will be launching the new Talented Athlete Program this term. This is a program designed to assist the many high level athletes we have from many different sports here at Stella.

We will be holding an Elite Sport Camp which will be at the Sydney Academy of Sport in Narrabeen on 21 and 22 October. This overnight camp will involve practical sessions and guest speakers in areas such as nutrition, fitness testing, recovery, injury prevention, leadership, core strength and flexibility. There will be a cost of approximately $150 for the camp. Places are limited and students will need to apply to be part of this program. Selection into the program will be considered according to the level and sports that the students are involved in, and the training requirements of their sports.

An application form has been emailed to all students in Years 7-10. Students will need to complete this application form and return to student reception by MONDAY 12 OCTOBER.

ATHLETICS

Good luck to the four Year 8 students who are competing at the NSW All Schools Athletics Championships at Homebush this weekend; Amy Polikowksi, Sophie Wickham, Skye Cselko and Sydney Kania.

Jenny Wickam, Sports Coordinator
Year 12 2015 Graduation Assembly, Graduation Mass and Presentation

Thursday 17 September was the final day of schooling for the current Year 12 cohort and there was a degree of apprehension in the air as the weather forecast for the day was very grim and contingences were being considered for the morning outdoor event rather than a sad cancellation. The weather gods proved to be favourable and the morning session commenced in a cool spring sunlight with blue skies. All were very excited and to add further to the great sense of expectation was the attendance of 100 plus parents and friends.

The morning Graduation Assembly has its foundations in a school based farewell to Year 12 and is hosted by the Year 11 cohort with their newly elected College Captain and Vice Captains for 2016 as the masters of ceremony.

Each of the Pastoral Care classes were presented to the community with a small memento gifted to each student. Fragmenting the presentation of the students was an historical perspective of the growth of the group through Years 7 and 8 (Mrs Marisa Quick), Year 9 (Mrs Amy Smith) and Years 10, 11 and 12 (Mr Colin Macallister). The memories of days gone by brought tears of joy and laughter with the Heads of Year bringing great perspective to the growth and maturity of Year 12.

The College Captains and Vice Captains were next to take control and introduced a new way honouring their teachers. Each teacher had a Year 12 student talk for short time highlighting the contribution to learning and the personal impact on the student. Although it was a little long, the sentiment and respectful tribute to the teachers was very heartfelt. All three of the captains, Matilda Gould, Ashley Bekker and Olivia Learmont, addressed the community saying farewell, outlining their viewpoints on the closure of their schooling experience at Stella Maris College. The trinity spoke extraordinarily well and the community hanging off each word they spoke.

The second component of the Year 12 address to the community was the traditional gift to the College. This year, after a great deal of thought, the group decided rather that purchase a token gift that would not live long in perpetuity, it was decided to gift money, a large amount of money, to the Good Samaritan Mission in the Philippines. The money to the value of $3700 was for a small ‘kinder school’ outside Bacolod City on the Island of Negros, a school missioned by the Good Samaritans for very poor little children. A gift that will influence and change lives of many. A wonderful initiative!

After the completion of the formalities the Year 11’s hosted a morning tea for graduating students, parents and teachers with the final act being the cutting of the Year 12 Graduation cake which was executed by Matilda Gould, Ashley Bekker and Olivia Learmont.

And 35 minutes after the conclusion and all guests had left the College grounds, down it came; a very severe hail storm! Very fortunate!

The evening Graduation and Presentation was a far more formal affair, with a Mass and the involvement of many students, choirs, and choralists. There were academic awards and formal speeches from the Leadership Group, Head of Year 12 and the Principal. Very enchanting and memorable night.

With the conclusion of Mass there was a presentation of each Pastoral Care grouping with each student named, an image projected onto the Church viewing screens and the gifting of a Graduation folder containing a Graduation Certificate with a photo of the student embedded and some personal information generated at the Year 10 Retreat. All were most impressed.

The evening concluded with an address by the Principal that congratulated the students on their gracious and dignified conclusion to the schooling year followed by a categorical revisiting of the merits of the Rule of Benedict, the foundation of the College ethos.

The supper that followed could only be described as a room full of energy, with many happy students, parents and other members of our community. A momentous day. Congratulations to the students of Year 12 2015.

Colin Macallister, Head of Year 12
VOLUNTEERS’ THANK YOU EVENING
Our Volunteers’ Thank You Evening is coming up. Please remember to RSVP by Tuesday 3 November.

HEALTHY OPTIONS CAMPAIGN
Students receive points on their My Student Account for purchasing healthier foods, e.g. water, salad rolls and multigrain/wholemeal rolls. Prizes are awarded at the end of the year for one girl in each year group (the Year 12 prize is one formal ticket paid for) so think about what you’d like to order and get those points accumulating.

SAFETY NOTICE
For students safety, the Canteen only provides boiling water for noodles to students who either buy the Fantastic Noodles from the Canteen or bring the 70g ‘Fantastic Noodles’ or ‘Simplee’ (available from ALDI) from home. These containers are sturdier than others and can withstand boiling water.

VOLUNTEERS
Please be aware that electronic number plate identification is now in force in our parking areas. It may mean you could be booked for overstaying, even if you move after 2 hours to another spot within the same zone. You can still park above the stairs at Queenscliff, in Kenneth Road or over the bridge on Pittwater Road, toward the Mall as this is all Warringah Council area and therefore no restrictions. Sorry for the inconvenience but this is out of our control.

Bernie McGrath & Cheryl Young, Canteen Supervisors

CANTEEN ROSTER
Hours are 9.30am-2.30pm approx. Call Bernie to arrange a replacement 0414 519 108 or 9976 1826.

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<thead>
<tr>
<th>Mon 12 October</th>
<th>Tue 13 October</th>
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<th>Fri 16 October</th>
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<tbody>
<tr>
<td>Jo Carmichael</td>
<td>Liz Brun</td>
<td>Myriam Facer</td>
<td>Ruth Mayoh</td>
<td>Robyn Lavings</td>
<td>Jodie Bolin</td>
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<td>Katy Griffith</td>
<td>Amanda Grant</td>
<td>Lara Bullman</td>
<td>Rebecca Harris</td>
<td>Trish Chapman</td>
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<td>Anne Van Rooyen</td>
<td>Linda Halligan</td>
<td>Jemma Baldwin</td>
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<td>Dee Merry</td>
<td>Veronique Guichon</td>
<td>Donna McCabe</td>
<td>Fiona Armstrong</td>
<td>Sandra Draguns</td>
<td>Kerrie-Ann Foresto</td>
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C A N T E E N

UNIFORM SHOP
OPEN (During School Terms): 8:00am-4:30pm Tue/Wed/Thu.
PAY BY: Cash, Visa, Mastercard, American Express, EFTPOS, cheque (made out to 'Stella Maris College') and Student Card.

CHECK THE COLLEGE WEBSITE FOR:
*Uniform Regulations
*Second Hand Uniform Policy
*College Shoe Policy
*Uniform & Stationery Price Lists

SECONDHAND UNIFORMS
Please contact us prior to bringing in items to check if they will be accepted.

NEW ITEM
We are now selling compact folding umbrellas. They are green with ‘Stella’ printed in silver and can easily be carried in the backpack or kept in a locker. Cost is $30. Available to students, family, friends and staff.

VOLUNTEERS DINNER
The Volunteers Dinner will be held Tuesday 17 November 6-8pm on the deck at the main campus. If you have volunteered this year and not received an invitation, please contact the Uniform Shop. Please RSVP by Tuesday 3 November in order to organise numbers for catering.

PRICE LIST
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<th>Item</th>
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<tbody>
<tr>
<td>Summer Dress</td>
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<tr>
<td>Jumper (cotton &amp; wool)</td>
<td>$65.00</td>
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<tr>
<td>Socks</td>
<td>$7.50</td>
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<tr>
<td>Sport polo</td>
<td>$30.00</td>
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<tr>
<td>Sport shorts</td>
<td>$26.00</td>
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<tr>
<td>Sports bag (compulsory for Yr7 / optional for Yrs 8-11)</td>
<td>$15.00</td>
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Gail Hickey & Maree Sewell, Uniform/Book Shop Supervisors
9976 1819 or uniform_books@stellamaris.nsw.edu.au
Discover International Volunteering

Do you want to nurture opportunities:

- For those who have not had the advantage of an Australian education?
- To improve the operations of organisations in vital sectors of local communities?
- To assist self-reliant and sustainable communities?

Communities in **East Timor, PNG, Kenya, Kiribati, Samoa and elsewhere** are asking for qualified and experienced Australians to assist in education, health, administration, agriculture, trades and other sectors.

For 55 years Palms Australia has assisted communities to recruit and prepare Australian volunteers to share their lives and skills.

**Join Palms Australia for a weekend of Discovery to:**

- Hear the experiences of present and past volunteers
- Witness the testimony of Palms partners
- Develop a cross-cultural toolkit with strategies for self-care, cultural adaptation and relationship management.

**Where and when?**

A Discovery Weekend (**www.palms.org.au/volunteer/discovery**) will be held on **24-25 October**, at **Peter Canisius House** (102 Mona Vale Road, Pymble).

RSVP to **leanne@palms.org.au** by Sunday 18 October 2015 or call 02 9518 9551 (Mon-Fri, 9am-5pm).