Dear Stella Community,

Prayer for Lent

God of power and mercy, give us the spirit of prayer and repentance, with love for you and for all humankind.
Help us to work with you in making all things new in Christ, and in spreading justice and peace throughout the world.
Teach us the meaning and value of creation, so that we may join its voice to ours as we sing your praise.
Help us to see Christ in others and support the work we do for the community this Lent.

AMEN

We ask for your prayers for Rose Ebadatt (Year 9) whose father died this week. Let us keep Rose and her older sister Matilda in our thoughts as they support their mother at this difficult time.

International Women’s Day

This year ONE, an anti-poverty charity, highlighted the alarming facts that globally, 500 million women cannot read, 62 million girls are denied an education and 155 countries still have laws that discriminate against women. When I spoke with Year 10 and their families at our Year 10 Information Night I reminded the girls that they need to value the fact that they have access to education and have an opportunity to make a difference in the world.

Ms. Carter, Mrs. Heraghty, Hayley Jago, Bella Filacuridi, Lily Mills and Gemma Williams attended the Manly Council International Women’s Day breakfast where they heard about the work of Bear Cottage in support of families. Thank you to the girls for attending this event on behalf of the College.

Congratulations and Thanks

The College Musical ‘In the Heights’ was a wonderful production with girls from Years 8-12 involved in the cast and production crew. Thank you to the Performing Arts staff and in particular to Mr. Cartwright for his wonderful work in co-direction.

Thank you to Mrs. Ferguson for all her work in organising the Careers Expo held at Benedict Campus this week. The girls appreciated the opportunity to speak with universities and other tertiary agencies about post-school opportunities available to them and many other students from local schools took advantage of the careers event.

Thank you to Ms. Smith and the Year 10 Pastoral Care team who met the families of the girls they are working with this year at our Information Night. During the evening I mentioned a recent publication from the Centre of Education Statistics and Evaluation, Does Changing Schools Matter? The data analysis indicated that the more times students move schools, the greater the negative impact on outcomes. Moves made during the year have a greater negative impact than moves made between year and mobility has an impact on both reading and numeracy, although the impact in the upper primary years appears to be greater for numeracy than for reading, irrespective of the level of mobility students experienced during that period of time.

Thank you to Mrs. Yeates and Mr. Foster who hosted a Stage 4 Parent Learning Seminar this week at Stella. Discussion about 21st century learning strategies and fixed and growth mindset were discussed with families. Parents were given some insight into strategies that they can use in assisting their daughter with homework and assignments.

Our Star Learning Framework guides our planning for teaching and learning and we are focused on Intellectual Quality- High Expectations this year. John Hattie in his book Visible Learning for Teachers (2012) says that high expectations are incredibly important in the learning process. Students already have reasonably accurate understandings of their levels of achievement but Hattie suggests the best approach is for teachers to provide opportunities for students to predict their performance once they are given clear learning goals and success criteria. Then assisting them to develop high, challenging, appropriate expectations is one of the most powerful influences in improving their achievement.

Congratulations to Julia Altenburger who won a Bronze medal in the Year 10 schoolgirl single scull at the Head of the River last weekend. Julia rows at Mosman Rowing Club.

One more congratulations to our former Deputy Principal Mary Ryland awarded Manly Woman of the Year. Please see attached Article on page 4.
FROM THE DEPUTY PRINCIPAL

Sports Uniform -

Recently a number of students have been wearing black shorts instead of the Stella green shorts for PE. A reminder that PE uniform is just as important and should be worn correctly. Green shorts are available for sale in the Uniform Shop. Could all girls please check that their green PE shorts are in good repair, out of lockers are available for them to wear for PE, sporting events and excursions (when required).

Term Dates -

Please find the 2017 Draft Term Dates below. Families should strongly consider these dates when planning family trips in 2017. This is important for all students Year 7 to 12 as outlined in last weeks newsletter by Margaret Heraghty.

Sarah Carter, Deputy Principal

STELLA MARIS DRAFT STUDENT TERM DATES 2017

<table>
<thead>
<tr>
<th>Term</th>
<th>COMMENCES</th>
<th>CONCLUDES</th>
<th>LENGTH</th>
</tr>
</thead>
<tbody>
<tr>
<td>Term 1</td>
<td>Tuesday 31 January -Yr 12,11&amp;7</td>
<td>Friday 7 April</td>
<td>10 weeks</td>
</tr>
<tr>
<td></td>
<td>Wednesday 1 February-Yr 8,9,&amp;10</td>
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</tr>
<tr>
<td>Holidays</td>
<td>Monday 10 April</td>
<td>Tuesday 25 April</td>
<td></td>
</tr>
<tr>
<td>Term 2</td>
<td>Wednesday 26 April</td>
<td>Friday 23 June</td>
<td>8 ½ weeks</td>
</tr>
<tr>
<td>Holidays</td>
<td>Monday 26 June</td>
<td>Friday 14 July</td>
<td></td>
</tr>
<tr>
<td>Term 3</td>
<td>Tuesday 18 July</td>
<td>Friday 22 September</td>
<td>10 weeks</td>
</tr>
<tr>
<td>Holidays</td>
<td>Monday 25 September</td>
<td>Friday 6 October</td>
<td></td>
</tr>
<tr>
<td>Term 4</td>
<td>Monday 9 October</td>
<td>Wednesday 6 December</td>
<td>8 ½ weeks</td>
</tr>
<tr>
<td>Holidays</td>
<td>Thursday 7 December</td>
<td>Monday 29 January 2018</td>
<td></td>
</tr>
<tr>
<td>Other holidays</td>
<td>Good Friday 14 April</td>
<td></td>
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<tr>
<td>Easter</td>
<td>Easter Monday 17 April</td>
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<tr>
<td>Staff Dev Days</td>
<td>Friday 27 January</td>
<td></td>
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<tr>
<td></td>
<td>Monday 24 April</td>
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<tr>
<td></td>
<td>Monday 17 July</td>
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<td></td>
<td>Thursday 7 December</td>
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<td></td>
<td>Friday 8 December</td>
<td></td>
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<tr>
<td>Anzac Day Queen’s Bday</td>
<td>Tuesday 25 April</td>
<td></td>
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<td></td>
<td>Monday 12 June</td>
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FROM THE HEADS OF YEAR

School Avoidance

I recently had the privilege to attend a lecture by Professor Michael Gordon (psychiatrist) at the University of Technology on the topic of “school refusal”. School refusal is an extreme condition where students refuse to go to school for long periods. It affects around 5% of students.

School avoidance is a much more common scenario which affects most families at some stage of their child’s education. This is when a child avoids school intermittently because they are “sick” or “unwell”. Sometimes they may be blatantly obvious to their parents and just ask for the day off because “they aren’t really doing anything anyway” or “I need to work on my assessment task” or some other excuse that parents may be suspicious of.

As mentioned in previous newsletters, the importance of school attendance cannot be underestimated. Students will feel anxious about missing classwork, falling behind academically and also being socially excluded when they have a lot of time off school. Anxiety breeds anxiety, so it becomes harder for the student to return to school and the problem snowballs.

So, how can you encourage your child to go to school, even on the “bad days”? Dr Gordon gave several strategies.

- Understand your child is probably ambivalent about school – they kind of do want to go to school and they kind of don’t want to. Speak to the side of them that does want to go.
- Ask your daughter to list reasons for going to school as opposed to staying at home.
- Stress that attending school is your daughter’s responsibility – teenagers are big on rights but low on responsibility. Set educational goals together.
- School avoidance is most common on Mondays and after school holidays, so be prepared.
- Ask yourself if your daughter is somehow being rewarded by staying at home? Is she gaining time with you or extra screen time? Maybe she just wants more sleep?
- Be organised. Lights and screens off at 10:00pm, bag packed for school. Dr Gordon pointed out if a family cannot enforce a bedtime, how can they get their “avoiding” child to school.

And finally from the HOYS, if you can get your daughter to the gate, we will take it from there. In almost all cases students will just “get on with it” once they are here. We have seen many students who try to avoid school, we know how to deal with them, you don’t have to cope alone.

Heads of Year
### UPCOMING EVENTS AND IMPORTANT INFORMATION

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>16 Mar</td>
<td>Year 7 Camp till 18 March</td>
</tr>
<tr>
<td></td>
<td>Open Night — 4pm til 8pm — See Page 3</td>
</tr>
<tr>
<td>25 Mar</td>
<td>PUBLIC HOLIDAY Good Friday</td>
</tr>
<tr>
<td>28 Mar</td>
<td>PUBLIC HOLIDAY Easter Monday</td>
</tr>
<tr>
<td>4 Apr</td>
<td>Benedictine Day</td>
</tr>
<tr>
<td>8 Apr</td>
<td>Term 1 Ends</td>
</tr>
<tr>
<td>25 Apr</td>
<td>PUBLIC HOLIDAY ANZAC Day</td>
</tr>
<tr>
<td>26 Apr</td>
<td>Term 2 Starts</td>
</tr>
<tr>
<td>6 May</td>
<td>Mother’s Day Breakfast</td>
</tr>
</tbody>
</table>

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### OPEN EVENING

Due to Open Night on **Wednesday 16 March** all students will be **dismissed at 1:45pm**.

Thank you to those students who are staying back to assist staff with set up for the event, and students who will act as hostesses/performers or helpers for the night.

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If you are interested in making a charitable donation towards Mater Dei, please email [carolyn_collins@stellamaris.nsw.edu.au](mailto:carolyn_collins@stellamaris.nsw.edu.au)

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**ST PATRICK’S DAY FUNDRAISER**

**Tuesday 15th March**

- **Green Muflti $2**
- **Bring in green cakes to sell**

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**Raising money for Mater Dei**

Mater Dei is our Good Sam sister school in Camden—a school that provides opportunities & dignity for students with additional needs.

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**Stella Maris College**

**Open Evening**

**Wednesday 16th March**

4.00pm - 8.00pm

**All Welcome**

52 Eurobin Avenue, Manly

www.stellamaris.nsw.edu.au

9977 8144

**inclusive innovative inspiring**
Dear Schools,

Over 350,000 students eligible for subsidised travel under the School Student Transport Scheme have been provided with a School Opal card for travel within the Opal network.

This year, Transport for NSW and transport operators have allowed eligible school students to travel without a School Opal card for the first six weeks of the school year, provided they are in school uniform or can provide evidence they are attending school (i.e. school student ID card or copy of class timetable).

As most students have now settled in to their new travel patterns for the year and have received their School Opal cards, the grace period will end on Monday 14 March 2016.

How schools can help:

**Endorsing forms** you receive and returning these to Transport for NSW as soon as possible to ensure eligible students can get their School Opal cards for travel.

**Remember:** you are only required to endorse the enrolment status, grade and home address of the student. You are not required to endorse the nominated transport mode and operator, as Transport for NSW is responsible for managing SSTS compliance.

**For schools with international students who have applied for school travel,** please complete the schedule of international students, where applicable, and return it to Transport for NSW to allow us to process applications for School Opal cards or subsidies. Without the required validations these applications cannot be processed and will be declined after seven calendar days.

**Remember:** Schools should validate students using the AASE or ATE records held by the school and return confirmation via fax on 02 9891 8985. Transport for NSW may request copies of the AASE or ATE records for some students when necessary or for audit purposes.

Please return any forms or cards unable to be issued to students to:

**Transport for NSW**
Locked Bag 5085
Parramatta NSW 2124

If you have any questions or need further information, please contact us at: [concessions@transport.nsw.gov.au](mailto:concessions@transport.nsw.gov.au).

Thank you for your support.

The Concessions Team

Use public transport... plan your trip at [transportnsw.info](http://transportnsw.info)

Get on board with Opal at [opal.com.au](http://opal.com.au)
The Year 12 Examination period begins after the Easter break, on Tuesday 29th March.

It continues with two exam time slots per day until the end of term on Friday 8th April.

The girls have been given the exam timetable, it will be emailed to parents and will appear in Newsletters.

At their recent Year Meeting, I spoke to the girls about the importance of keeping balance in their lives during the exam period. Maintaining exercise, healthy eating and ensuring there is enough sleep, are all contributing factors needed for the brain to function at its best.

The girls were reminded to allow adequate time so as not to arrive for exams in a panic. We discussed the issues with parking, especially on the first day when EVERY student will be present for the English exams.

Regular illness / misadventure procedures apply. If your daughter is unable to attend an exam please phone the Head of Year, Ms Margaret Heraghty. We will reschedule the exam when the appropriate forms have been completed with relevant supporting documentation.

Our Year 12 students have been working toward these exams since the beginning of Term 4 last year. We wish them well in their preparation and hope they can demonstrate their best. We ask the College community to keep Year 12 in their prayers.

Louise Yeates, Director of Curriculum

Yr 12 Mid-Course Examination Timetable 2016

<table>
<thead>
<tr>
<th>First Week Date</th>
<th>Session 1 (Gather at 8:45am) All exams have reading time</th>
<th>Session 2 (Gather at 12:30pm) All exams have reading time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tues 29th March</td>
<td>English Advanced -2 hrs</td>
<td>Chemistry -2hrs</td>
</tr>
<tr>
<td></td>
<td>English Standard -2 hrs</td>
<td>Music 2 -1.5 hrs</td>
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<tr>
<td></td>
<td>English Studies -1 hr</td>
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<tr>
<td></td>
<td>ESL- 1.5 hrs</td>
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</tr>
<tr>
<td>Wed 30th March</td>
<td>Hospitality -2 hrs</td>
<td>Japanese Beginners – written exam -2hrs 10 min</td>
</tr>
<tr>
<td></td>
<td>French Beginners – written exam -2hrs</td>
<td>Entertainment – 2 hrs</td>
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<tr>
<td></td>
<td>10 min</td>
<td>Modern History -1.5 hrs</td>
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<tr>
<td></td>
<td><strong>Music 1 performance exam – College Theatre begins at 10am</strong></td>
<td></td>
</tr>
<tr>
<td>Thurs 31st March</td>
<td>Studies of Religion 2 unit – 2 hrs</td>
<td>Design and Technology -2 hrs</td>
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<tr>
<td></td>
<td>Studies of Religion 1 unit – 1 hr</td>
<td>Earth and Environmental Science -2hrs</td>
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<tr>
<td></td>
<td></td>
<td>Dance – 1 hr</td>
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<tr>
<td>Fri 1st April</td>
<td>Business Studies -2 hrs</td>
<td>Geography -2 hrs</td>
</tr>
<tr>
<td></td>
<td>Economics -2 hrs</td>
<td>Maths Ext 2 – 2 hrs</td>
</tr>
<tr>
<td>Second Week Date</td>
<td></td>
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<tr>
<td>Mon 4th April</td>
<td>Biology -2 hrs</td>
<td>Textiles and Design -1 hr</td>
</tr>
<tr>
<td></td>
<td>Music 1 -1 hr</td>
<td>Society and Culture -1.5 hrs</td>
</tr>
<tr>
<td>Tues 5th April</td>
<td>Mathematics – 2 hrs</td>
<td>Food Technology -2 hrs</td>
</tr>
<tr>
<td></td>
<td>General Maths - 2 hrs</td>
<td>Legal Studies - 2 hrs</td>
</tr>
<tr>
<td>Wed 6th April</td>
<td>Drama – 1.5 hrs</td>
<td>Italian Continuers</td>
</tr>
<tr>
<td></td>
<td>Community and Family Studies -2 hrs</td>
<td>(Written) - 2.5 hrs</td>
</tr>
<tr>
<td></td>
<td>French Continuers (Written) – 2.5 hrs</td>
<td>Ancient History – 1.5 hrs</td>
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<td></td>
<td>Tourism – 2hrs</td>
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<tr>
<td>Thurs 7th April</td>
<td>Visual Arts -1.5 hrs</td>
<td>Chinese Background Speakers (Written) – 2.5 hrs</td>
</tr>
<tr>
<td></td>
<td>Spanish Continuers (Written) – 2.5 hrs</td>
<td>IPT -2 hrs</td>
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<tr>
<td></td>
<td></td>
<td>Physics -2 hrs</td>
</tr>
<tr>
<td>Fri 8th April</td>
<td>English Ext 1 -1 hr</td>
<td>PDHPE -2 hrs</td>
</tr>
<tr>
<td></td>
<td>Maths Ext 1 – 2 hrs</td>
<td></td>
</tr>
</tbody>
</table>
Mission

Thank you all so much for your contributions to our pen and rubber thong donation. What a success! everyone has been so generous and we have been able to pack up these items, along with text books, to send to Kiribati and make a difference to the lives of others.

Thank you also to Humphreys Newsagency for their contributions and Katrina Mitchell for the many pairs of men’s casual shoes we also received.

Nicole Boyde, Head of Year 9

Kiribati Fundraiser

Our PC groups are collecting spare change over the Easter period to contribute to Caritas: Project Compassion. So far we have raised close to $2000. 2 Weeks to go –Let’s try to double this! Only 20c/student a day!
The Good Chocolate Guide to Australia

Your easy guide to buying chocolate free from forced, child and trafficked labour.

Companies that ethically source all their cocoa:
- **Alter Eco** (Fairtrade Certified)
- **Cocolo** (Fairtrade Certified)
- **Divine Chocolate** (Fairtrade Certified)
- **Green & Black's** (Fairtrade Certified) This refers only to the range of confectionery, not to other products, such as ice cream.
- **Jasper Coffee-** Drinking chocolate (Fairtrade Certified)
- **Lindsay and Edmunds** (Fairtrade Certified)
- **Oxfam** (Fairtrade Certified)
- **Nestlé** (UTZ Certified) This refers only to the range of confectionery, not to other products, such as drinking chocolate or chocolate spreads.
- **Republica Coffee-** Drinking chocolate (Fairtrade Certified)
- **Sacred Grounds-** Drinking chocolate (Fairtrade Certified)
- **Seed & Bean** (Fairtrade Certified)
- **Scarborough Fai** (Fairtrade Certified)

Companies that ethically source cocoa in some products:
- **Absolute Organics** (Fairtrade Certified)
  - Chocolate coated Aztec berries
  - Chocolate coated puffed quinoa
  - Chocolate coated dried banana
  - Chocolate coated cocoa nibs
- **Aldi – Just Organic** (Fairtrade Certified)
  - Dark Organic
  - Milk Organic
- **Cadbury** (Fairtrade Certified)
  - Dairy Milk milk chocolate range (solid milk chocolate only)
  - Dairy Milk Easter Magic Egg
- **Chocolatier Australia** (Fairtrade Certified)
  - Flow Wrapped Milk Chocolate Thins
  - Flow Wrapped Dark Chocolate Thins
  - Milk Chocolate Pastilles box
  - Dark Chocolate Pastilles box
  - Milk Chocolate Egg
  - Dark Chocolate Egg
  - Milk Chocolate Bunnies and Mini Eggs
- **Haigh’s** (UTZ Certified)
  - 70% of cocoa used is UTZ certified
- **Heritage Fine Chocolate** (Fairtrade Certified)
  - Dark Chocolate
  - Milk Chocolate
- **Mars** (Rainforest Alliance Certified)
  - Mars Bar
- **Whittakers** (Fairtrade Certified)
  - Creamy Milk block
- **Woolworths** (Rainforest Alliance Certified)
  - Select Block Almond
  - Select Block Dark
  - Select Block Fruit & Nut
  - Select Block Hazelnut
  - Select Block Milk Chocolate
**Short Courses at AFTRS**
11 April. The Real Filmmaking Workshop.
18 April. Teens Digi Animation.
With instruction by industry professionals.

**Academy of Interactive Entertainment Events Animation and Games Design**
Industry Experience Days
6 and 20 April
http://www.aie.edu.au/ied
Open Day
21 May
http://www.aie.edu.au/openday
Online Experience Day
26 May
http://www.aie.edu.au/oed

**College of Event Management Information Session**
18 March
Level 9 Foveaux Street, Surry Hills
Diploma and Certificate III course advice and information on career opportunities.

**Scholarship opportunities for future teachers**
Years 10–12 interested in teaching as a career. The NSW Department of Education offers presentations via video conference students interested in teaching. Students hear about all the scholarships and cadetships available to them and get an insight into teaching as a career. Register your interest and contact emma.vandermoezel@det.nsw.edu.au.

**Defence Work Experience Opportunities**
See the list of opportunities.
https://defencecareers.nga.net.au/cp/index.cfm?
event=jobs.list&audiencetypecode=defenceworkexp

**Defence Jobs Australia Youtube Channel**
Prospective ADF applicants can gain understanding about Defence Force life and research job roles.
https://www.youtube.com/defencejobsaustralia

**How to become a psychologist**
Enter your name & email address to subscribe for free.

Jeanette Ferguson, Careers Advisor

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**Coco Republic Design School Online Courses**

**JMC Information Session**
7 March. 6pm to 7pm
561 Harris Street, Ultimo NSW 2007
Animation, Film and TV, Music, Song Writing, Game Design, Entertainment Management, Audio Engineering and Digital Design course information and employment opportunities advice given.
http://www.jmcacademy.edu.au/events/information-sessions/jmc-academy-information-sessions

**Raffles College of Design and Commerce 2016 School Holiday Workshop**
11 to 14 April
Digital media, fashion design, photography, fashion marketing, interior design and graphic design workshops. Register on http://www.rafles.edu.au/story/detail/school-holiday-workshops.html and then email your reply to contact@raffles.edu.au.

**SHAPE 2015**
27 February to 8 May
2015 HSC graduates innovative design exhibition.
Powerhouse Museum, 500 Harris St, Ultimo
https://maas.museum/event/shape-2015/

**The Lifted Brow Experimental Non Fiction Prize**
Closes 29 May
Write up to 5000 words on non fiction topic. $5000 prize and publication.
http://theliftedbrow.com/experimentalnonfictionwritingprize

**Business Cadetships Program**
Opens on 7 March
Close 11 May
Run by Professional Cadetships Australia.
Year 12 students apply online at www.businesscadetships.com.au
(Under the Program, UBS will continue to offer cadetship opportunities across the firm.
Information on the Program is provided on our website).

**UNSW Year 12 Medicine Information Evening**
24 March. 6pm to 8pm
Sir John Clancy Auditorium, UNSW Kensington
Application advice, admissions. Included are tips for the UMAT exam. https://www.futurestudents.unsw.edu.au/year-12-medicine-information-evening

**Engineering & Technology Cadetships (ETCAD) Program**
Opens on 26 April.
Applications close 17 June
Run by Professional Cadetships Australia.
The 2016 Program provides Year 12 students with the opportunity to apply for a Technology Cadetship at Westpac. On completion of their cadetship, Technology Cadets are well-placed to pursue a career in IT and in business. (This year Rolls-Royce will not be offering Engineering Cadetships).
Information on the ETCAD Program may be found at www.etcad.com.au

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**Academy of Interactive Entertainment Events Animation and Games Design**
Industry Experience Days
6 and 20 April
http://www.aie.edu.au/ied
Careers Expo

The 5th Stella Maris Careers Expo held on Tuesday 8 March was again well attended with not only our girls but students from St Paul’s and St Augustine’s and over 100 students from Mater Maria, St Luke’s, Monte, Freshwater Senior Campus, Manly Selective, Mackellar Girls, Balgowlah Boys and Pittwater House, plus several parents.

There were exhibitors from all the major Universities including Central Queensland as well as the Defence Forces and a great variety of colleges and overseas exchange and gap year providers. It was a busy evening helped to run smoothly by the teachers and many marvellous Year 10 volunteer ambassadors. I have received many compliments about their friendliness and willingness to help. We look forward to providing another successful Expo in 2017.

I would like to thank you for organising such a fantastic careers expo yesterday. We thoroughly enjoyed meeting the Stella Maris College students, what a lovely group of young ladies. We hope to see Stella Maris budding designers joining us on campus in the near future.

Nadia ISCD

International Women’s Day

On International Women’s Day two of our Year 11 students, Nina Longfellow and Jessi Douglas and myself had the privilege of attending the Women in Defence High Tea at Gunners Barracks. The theme was Dare to Lead: Respect and Empowerment in today’s ADF. The girls had the opportunity to chat with several personnel including the organiser of the event, our own ex-Stella lady Natalie Adams, who has had a distinguished career in the ADF.

It was a wonderful experience for the girls who enjoyed the High Tea and access to all the information they needed to help choose a career path.

Jeanette Ferguson, Careers Advisor
On Tuesday morning, the leaders, Ms Carter and Ms Heraghty attended Manly Council's International Women's Day breakfast celebrating the empowerment of women. 130 people attended the breakfast at Manly Golf Club marking the 20th year of the Manly event.

In her welcoming address, Manly Mayor Mrs Jean Hay spoke about global gender parity and how based on current trends, parity won't be reached until the year 2133. This statistic gave us a greater appreciation for days like International Women's Day. As part of the celebration, Mrs Hay renamed Manly "Wo-Manly" for the day. The special guest speaker at the event was Bonnie Redman, a representative of Bear Cottage - a local service that provides support, respite and end-of-life care for children with life limiting conditions, and their families. She spoke of the fact that the Cottage need $3 million a year to continue running and therefore public donations are everything.

Founder of Manly-based women's business networking group "Wo-Manly" Luisa Manfredini, spoke about continuing the awareness in our local area about gender parity.

All money raised is being donated to Bear Cottage. We are very thankful for the opportunity to attend the breakfast.

Go Girls!

Hayley Jago, Gemma Williams, Lilly Mills and Isabella Filacuridi, College Captains
REUNION: Class of '91 and all who joined them along the way - 25 year Reunion

17 September 2016
3.00-9.00pm at the Ivanhoe Hotel (Level 2 Lounge), Manly Corso
$20 - includes food. Buy your own drinks.
Facebook page: Stella Maris College 25 Year Reunion Class of 1991
Contact Anita Wildash or Donna Stimson on donna_stimson@stellamaris.nsw.edu.au

REUNION: Intermediate Class of '56 / Leaving '58 - and all those who started in 1954 - 60 years

24 September 2016
11.00am at the College for a tour
12.30pm lunch at a venue to be advised (Manly area)
Email Lyn Martin or call her on 0425 302 501 OR call Theresa Powell (nee Peers) on 0406 079 441.

Donna Stimson, Ex-Students Association Coordinator

ATTENTION!!
PRODUCT RECALL
Mac - AC wall plug adapter exchange

Apple has announced a voluntary recall and exchange program for a select number of AC wall plug adapters used in Australia. Apple says that in “very rare cases” the two-pronged Apple wall adapters could break and create a risk of electrical shock if touched.

The library will be visiting P.C. classes to EXCHANGE each student's MAC AC wall plug adapter. Please assist us by checking your daughters bring the old AC wall plug adapters to exchange on the day we visit her P.C., plus check with your daughter that an exchange has occurred.

STUDENTS AND PARENTS WILL BE NOTIFIED ONE DAY PRIOR TO EXCHANGE BY EMAIL.

Thank you for your help in advance.

If you have any questions please ring the Information Centre on 9976 1841
Young and keen. Determined and driven. These are just a few words that summed up the mood amongst the under 13s BBSSSA touch football team before the start of the gala day. Under the skilled eye of Bailee the girls were pumped at the chance to bring some silver back to the College.

With the mercury hovering around 30, the conditions called for plenty of quick substitutions to conserve energy for the gruelling day ahead. The first game had plenty of anticipation about it with the girls lining up against a strong Mercy team. But electric tries to Bella, Molly and Becky helped Stella win 3-1.

Mackillop was next on the teams hit list, and Lucy made it her personal mission to take them down by scoring a hat trick of tries topped off by Chiara’s efforts in the corner to help the girls win 4-2.

In our last of the pool games the girls played St Joseph’s. This team had a number of representative players which showed early. Our girls played very hard but unfortunately had their first loss of the day going down 4-1. Lani and Mika were standouts in this game by setting up a try for Bella.

In the Quarter Final we had a rematch with a fired up Mackillop but the girls were starting to show signs of fatigue. We got over the line through Lelah as she scored a sensational try in the corner to give Stella a 1-0 win.

The Semi Final put Stella up against an undefeated Mater Maria team who were extremely strong in the opposite pool. The girls had a really strong effort in the game holding the semi to a nil all full time score which meant the game was heading into overtime. Juliette and Molly were very strong in this extra time but unfortunately Stella lost in the final minute.

The junior girls played in great spirits and sportsmanship all day and represented the College with pride. The biggest thankyou goes to Bailey who was a great influence on the girls and showed signs of a natural leader. Congratulations to the entire team.

Mr. Cruise.

SURF SURVIVAL

On Friday 4 March we went to Manly for our Surf Survival day. We walked from school, all the way down to the Surf Life Saving Club at Manly. On the way we passed the Australian Open competition Surfing which was really cool. Once we got there we ate morning tea and split up into PC groups. My group’s first activity was down at Shelly Beach, so we had to walk there. Then we found out we had to do a 200m swim in 5 MINUTES!!!! It was really easy at first, but on the second lap I started struggling. Then our next activity was a relay and my team came 1st and 2nd. Then we did nipper boards which was hard, but fun. Next we had an iron man race in which I came like last!! But I didn’t care. Next we had a Run and I came 3rd, then we had a run, swim, run, which I came 4th.

Overall it was a really good day, and I had so much fun.

Vanessa Hazell

Last Friday (4 March) we had our surf survival day, during the day we had a 200-meter swim at Shelly and we got taught the basic surf skills in the water. We then had recess and then did an iron man race where we had to board ride and run and then run, swim, run.

Josephine Kelly

Surf Survival day had finally come and the morning started off nicely as we walked down to Manly Beach to do our surf survival course. Starting off by walking from school to Shelly beach. PC1 and 2 had to do the 200m swim first. We started at the shore line and had to swim out to the instructor and back to the beach in five minutes (Luckily since it was Shelly the waves weren’t too big). It was a great experience as I learnt what to do if I ever need help at the beach or in the ocean, we also learnt lots of techniques on how to help yourself.

We then got to walk back to Manly to go have a try at (what I was most excited about) BOARD RIDING. We got to take it in turns and catch a wave on the board back to the shore line. I had lots of fun and I even caught a really big wave.

Throughout the day we did a bit more swimming and board riding as well as running, getting us prepared for what was in store in the afternoon.

In the afternoon we had our final task to do; we had to complete two small iron mans which included

Swim, Board, Run
Run, Swim, Run

I participated in both and was proud of what I achieved in both as I don’t characterise myself as a swimmer or runner. It was lots of fun at the end of the day as we got to have a bit of free time in the water, having fun and splashing around with my friends. After that we got to walk back to school in perfect timing for the end of school.

Tayla Silverthorne
PERFORMING ARTS

The Performing Arts Department staff and the wider Stella Maris College community extend their sincerest congratulations to the cast, orchestra and crew of the In the Heights company. Rarely do such works generate the unbridled joy and exhilaration that the show’s audiences experienced. The production was a singular success, due to your dogged determination to realise the common goal of telling the story of the play, to the unwavering support you offered one another and the joy and determination in equal measure that you brought to the rehearsal and performance process. You have every right to feel immensely proud of yourselves. We in our turn are immeasurably proud of you.

16th March Open Evening
We have our College Open Evening on 16th March from 4-8pm. There will be performances by:
- Senior Band
- Choir
- Vocal Ensemble
- HSC Soloists
- Vocal Solos from Years 9, 10 and 11 Elective Music students.

30th of March Vocal Night
We have a Vocal Night coming up on the 30th of March, beginning at 7pm in the Chapel. Vocal Ensemble, Choir and selected Soloist will be performing. If you are interested in performing a Solo or Duet on the Night please contact the Music staff.

28th – 29th April Band Camp

WATER POLO
Good luck to our open teams who will commence playing in the NSSWPA competition this Friday night. We have 2 teams playing in this competition.

CROSS COUNTRY
The Stella cross country carnival will be held on April 7th. More details will be emailed to students and listed in next week’s newsletter. Running training will commence after the Easter break.

TRIATHLON
Congratulations to the Stella girls who competed in the NSW All Schools teams triathlon on Wednesday 2nd and Thursday 3rd March.
The girls battled very hot conditions to complete the gruelling course. Our junior teams swam 400m, cycled 10km and ran 3km. The intermediate teams race was shortened due to the extreme heat.
All of our teams performed exceptionally well. A special mention to Jessi Douglas, Jessie Purvis and Bailee * who finished 7th in the NSWCCC section of the race.
A big congratulations to Tasma * who competed in the individual event, and finished 7th in the novice division.

Well done to all of our competitors:
- Tamsyn Curley
- Charlie Gilbert
- Taya Radford
- Charley Porter
- Bella Condon
- Molly Opie
- Louise Smith
- Amelia Chapman
- Kayla Kimball
- Jessi Douglas
- Jessie Purvis
- Bailee *
- Rebecca Chant
- Hayley Hopkins
- Isobel Tulevski

SPORT

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- Jessie Purvis
- Bailee *
- Rebecca Chant
- Hayley Hopkins
- Isobel Tulevski

Music Rehearsals

Tuesday—String Ensemble 7.30am Music Room
- String Trio at Lunch in the Practice Rooms
- Choir in the Music Room at Lunch

Wednesday—Morning 7.30 Concert Band in the Theatre

Thursday—Senior Band 7.30am in the Music Room
- Vocal Ensemble 7.30am in the Chapel

Drama Ensembles:
7.30am in the Drama Studio
- Year 7 Monday
- Year 8 Tuesday
- Year 9 Wednesday
- Year 10 Thursday
- Year 11 Friday

Jessica Maker, Head of Performing Arts
DANCE GROUPS REHEARSAL TIMETABLE:

All Dance Groups have begun their rehearsals and have started getting their routines together. Please make sure you know when your group is rehearsing so you don’t miss out!

Rochelle Jones, Dance Teacher

<table>
<thead>
<tr>
<th>DAY</th>
<th>MONDAY DAY 1</th>
<th>TUESDAY DAY 2</th>
<th>WEDNESDAY DAY 3</th>
<th>THURSDAY DAY 4</th>
<th>FRIDAY DAY 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>BEFORE SCHOOL</td>
<td>7:30am – 8:30am Company Lyrical (C24)</td>
<td>7:30am – 8:30am Year 8 Fun Dance Class (C24)</td>
<td>7:30am – 8:30am Years 7-10 Lyrical Ensemble (C24)</td>
<td>7:30am – 8:30am Years 7-10 Jazz Ensemble (Theatre)</td>
<td>7:30am – 8:30am Company Jazz (C24)</td>
</tr>
<tr>
<td>LUNCH</td>
<td>1:20pm – 2:20pm Year 7 Performance Group (Theatre)</td>
<td>1:20pm – 2:20pm Year 7 Fun Dance Class (Theatre)</td>
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<tr>
<td>AFTERSCHOOL</td>
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<tr>
<th>DAY</th>
<th>MONDAY DAY 6</th>
<th>TUESDAY DAY 7</th>
<th>WEDNESDAY DAY 8</th>
<th>THURSDAY DAY 9</th>
<th>FRIDAY DAY 10</th>
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<tr>
<td>AFTER SCHOOL</td>
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<td></td>
<td>3:30pm – 4:30pm Year 8 Fun Dance Class (C24)</td>
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</tbody>
</table>
It was with great pleasure I was able to attend the TEXSTYLE Presentation Night on the 3rd March, at the Rosehill Gardens Racecourse, Stitches and Craft Show. This is the exhibition of the top 20 HSC Major Works for Textiles and Design from 2015 and is an extremely prestigious award of excellence for Stage 6 Textile and Design. We are extremely proud of our very own Ruby Costello who was selected from a candidature of 1,643 students, to showcase her beautiful English Garden and 1970s inspired Textiles Major Project. Her apparel range consisted of a sheer silk organza blouse and flared pants with soft pink silk dupion, hand embroidered bodice and high waisted shorts. It was wonderful to celebrate this night with Ruby and her family and we congratulate her on her fantastic achievement.

Luci Kelly, Teacher of Textile Design

Ruby with her parents Leoni and Robert and her sisters, Lauren and Jasmine

Ruby receiving her award from the NSW Board of Studies Inspector for Technology Mark Tyler.

Ruby’s project on display

**TEXTILES**

2016 GUEST SPEAKER — ‘SAVE THE DATE’ Wednesday 6 April at 7pm

Stella Maris College P and F is excited to announce our guest speaker for 2016 – Dr Judith Locke, Clinical Psychologist and author of The Bonsai Child.

Helping your teen become confident and capable

Clinical Psychologist Dr Judith Locke, is offering a 2-hour parenting session (with 15 mins question time) to parents of students at our school. Judith uses latest research and clinical experience to show positive and effective strategies parents can use to help their teens become more confident and capable at school and beyond. The session

- assists parents help their teen experience happy, fulfilling years at school and build their resilience and confidence in a range of areas
- gives parents strategies they can use to improve their relationship with their teen through, what can be, tricky adolescent years
- helps parents assist their teen start to become ready for the demands of the young adult years, particularly if they’ll remain under your roof!

* This is a free event for SMC parents. As places are limited, admission will be on ticket only. Please watch this space for details on ticket allocation.

Kylie Andrew, College Counsellor
Stella Maris Trivia Night 2016

6:30pm Saturday May 21st
Benedict Campus, Pittwater Rd, Manly

The theme this year is The Olympics! Your table will represent any country you choose and those sitting at your table can come dressed as their favourite athlete, coach, athletic supporter, the country’s flag or whatever!

There will be prizes for the most innovative, patriotic and so on...

Come along for a great night, testing your trivia skills, bidding on some great prizes at both a silent auction and live auction—whilst having fun with the Stella Community.

Live auction grand prize is a week long accommodation for 6 on the gorgeous Hawaiian island of Kauail

BYO food & drinks, tables of 10 (free seating on the night).

$25 per ticket for adults
$10 per ticket for Year 11 and Year 12 students
Free for Stella Maris Staff (with promotional code)
To buy tickets go online to http://www.trybooking.com/182091
Stella School Fees Raffle 2016

Win one year of school fees to the value of $7000

The P&F are holding a raffle with the opportunity for you to win $7000 towards your daughter’s school fees.

Only 200 tickets available! *
$50 each

First in, first served so be quick! Limited opportunity to participate.
These are very good odds!

Please note that if all 200 tickets are sold then a full refund will be given for tickets purchased.
*Limit of 10 tickets per family.

This raffle is our big fundraiser for the year for the school.
Please note, once all tickets are sold, the raffle drawing date will be published in the school newsletter. Best of Luck!

To buy tickets:

- Please use your credit/debit card and go online to http://www.trybooking.com/177465.
- You will receive an email with your ticket number once your purchase is processed.
HEALTHY OPTIONS CAMPAIGN
Students receive My Student Account points for purchasing healthier foods, e.g. water, salad/multigrain/wholemeal rolls. Prizes are awarded at the end of the year to a girl in each year group (Year 12 prize is one formal ticket paid for) so consider what you’d like to order and get those points accumulating.

SAFETY NOTICE
The Canteen only provides boiling water for noodles to girls with 70g Fantastic Noodles (available from Canteen) or Simplee (available from ALDI) as their containers are sturdier than others and can withstand boiling water.

PARKING
Electronic number plate identification is now in force in our parking area - you could be booked, even if you move to another spot within the same zone after 2 hours. You can still park above Pittwater Road, toward the Mall as this is Warringah Council area and therefore not restricted.

Bernie McGrath & Cheryl Young, Canteen Supervisors

Canteen Roster

<table>
<thead>
<tr>
<th>Mon 14 March</th>
<th>Tue 15 March</th>
<th>Wed 16 March</th>
<th>Thu 17 March</th>
<th>Fri 18 March</th>
<th>Mon 21 March</th>
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</thead>
<tbody>
<tr>
<td>Dee Merry</td>
<td>Amanda Arnold</td>
<td>Jennifer Wood</td>
<td>Ruth Mayoh</td>
<td>Sue Hanley</td>
<td>Colleen Dopper</td>
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<tr>
<td>Jo Carmichael</td>
<td>Leanne Thistlethwaite</td>
<td>Margot Knaap</td>
<td>Rebecca Harris</td>
<td>Sandra Draguns</td>
<td>Terese Cunningham</td>
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<tr>
<td>Anne Van Rooyen</td>
<td>Christine Campbell</td>
<td>Mariko Miyagishima</td>
<td>Katina Harvey</td>
<td>Trish Chapman</td>
<td>Kerrie-Ann Foresto</td>
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<tr>
<td>Caroline Beggs</td>
<td>Steph O’Flynn</td>
<td>Teresa Jones</td>
<td>Gina Roncoli</td>
<td>Robyn Laving</td>
<td>Josue Zavaglia</td>
</tr>
<tr>
<td>Sascha Chahwan-Harris</td>
<td></td>
<td>Rebecca McCarthy</td>
<td></td>
<td>Joanne Dettman</td>
<td>Jacqueline Moran</td>
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<td>Natalie Cooper</td>
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<td>Shirley Taylor</td>
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</tbody>
</table>

Canteen Supervisors

Information: 1300 369 783
Add Funds: 1300 884 668
• Card owners must be in attendance if purchasing for others.
• Students should have only ONE card - no old cards.
• Replacement cards cost $5.
• Please check your daughter’s My Student Account to ensure she has sufficient funds to purchase items.

Updated Price List

- Junior skirt $70.00
- Junior blazer (price depends on size) $165.00 - $175.00
- Junior/Senior blouse $35.00
- Senior skirt $120.00
- Senior blazer (price depends on size) $200.00 - $215.00 - $225.00
- Black opaque stockings $9.00
- Black gloves $6.50
- Maroon scarf (new item) $10.00
- Stella umbrella $15.00
- Tracktop $50.00
- Trackpants $36.00
- School Diary $10.00
- Sport polos $30.00
- Sport shorts $28.00
- Socks $8.00
- Dance leggings $17.00
- Dance t-shirt $8.00
- Water polo $88.00
- Basketball singlet $60.00
- Basketball shorts $28.00
- 128 page exercise books $2.00
- Grid books $2.50
- Mathaid 4 template $18.50
- Loose leaf binder paper $2.50
- Senior black Bag $47.00
- New padlock $25.00
- New sports bag (Yrs 7-8 compulsory / Yrs 9-11 optional) $15.00

Gail Hickey & Maree Sewell, Uniform/Bookshop Supervisors
9976 1819 or uniform_books@stellamaris.nsw.edu.au

Volunteers

Tuesday 15 March: Amy Dagassan
Wednesday 16 March: Sandra Marshall
Thursday 17 March: Gee Sun
If you are unable to come, please call 9976 1819 or 0468 518 605

Second Hand Winter Uniforms

The Uniform Shop is now accepting second hand winter uniforms - senior blazers and skirts, junior blazers and skirts (new style with zipper) and junior white blouses, but, not the senior pink blouse. Items must be in good condition and dry cleaned with tags still attached.

Selling Winter Uniforms

The Uniform Shop is now selling winter uniforms. Years 7, 10 and 11 all need to see us. Other years need to check if they need any replacement items. Bookings are not required. Please see us before 31st March to be included in any orders. This is the one and only order that is able to be placed for stock to arrive in time for winter (Terms 2 & 3). We need your daughter to be at the fitting. If a parent cannot come, the Uniform Shop is happy to do the fitting.

The Uniform Shop will be open an extra day on Saturday 12 March 9am - 2pm for parents who wish to come in with their daughters to purchase the uniform and are unable to come during the week while we are open.
COMMUNITY

MANLY BEACH – SUNDAY 20 MARCH 2016
9am (register from 7:30am) | Opposite Steyne Hotel

REGISTRATIONS ARE NOW OPEN SO PLEASE GO TO www.kayakforkids.com.au TO REGISTER.

SPECIAL OFFER: Go to www.sydneybykayak.com.au, click on ‘Fitness and Social Paddles’ timetable and select a paddle, enter LIFESTART at the checkout for 50% off.

Help raise funds for Lifestart... Kayak for Kids is Lifestart’s major annual fundraising event and paddlers are asked to raise as much as they can in support of Lifestart by creating their own fundraising page at https://everydayhero.com.au/event/kayakforkids16. Kayak for Kids is the perfect vehicle for family, friends and workmates to admire the beauty of Sydney Harbour. It is a team building event with a difference while supporting children with disability in our community.

If you would like to be in a relay team but can’t put together a team, email your details to kirilymcanamara@lifestart.org.au and we will set you up in a team.

* Only the students first name has been printed due to Privacy Permissions