

# CANTEEN MENU



The Canteen is open from 8.30am to 2.20pm  
Prices may vary from time to time



<b>ROLLS AVAILABLE ALL YEAR</b>		<b>FRUIT &amp; YOGHURT</b>	
Unbuttered	\$1.00	Fruit	\$1.00
Buttered	\$1.10	Fruit Salad (all year)	\$3.50
Vegemite	\$1.20	Yoghurt - Yoplait	\$2.10
Egg	\$2.20	<b>HEALTH FOOD &amp; SNACKS</b>	
Curried Egg	\$2.20	Euco Drops	\$1.00
Cheese	\$2.10	<b>Emma &amp; Toms Seed slice Goji G/F</b>	<b>\$1.70</b>
Cheese & Tomato	\$2.20	Grainwaves	\$2.80
Salad with Beetroot	\$3.90	Sesame Snaps	\$1.70
Leg Ham & Tomato	\$3.40	Sunfruits	\$1.15
Red Salmon	\$4.00	Glucose Lollies	\$1.50
Chicken	\$3.80	Mamee Noodles	\$1.40
Roast Chicken, Mayo, Lettuce	\$4.20	Piranhas-Vege crackers G/F	\$1.60
Leg Ham & Salad	\$5.00	Werther's Original	\$2.50
Roast Chicken & Salad	\$5.00	Emma & Toms Chia Bars	\$2.30
Red Salmon & Salad	\$5.00	Chips-Red Rock	\$2.20
Wraps: (Chicken , avocado salad)		B Natural Nut Bars	\$3.60
<b>Extras on rolls</b>			
Lettuce, Onion, Beetroot, Mayo etc	\$0.20	Soothers	\$2.90
Tomato & Cheese	\$0.20		
Avocado & Egg	\$1.00/\$0.50	<b>ICE CREAMS</b>	
<b>ALL ROLLS EXCEPT VEGEMITE DO NOT HAVE BUTTER</b>		Thickshake-choc	\$2.50
Salad Tub (chicken, ham avocado \$1)	\$4.80+	Frozen Fruit Juice Cup	\$1.15
		Ice Cream tub	\$2.20
<b>FOOD AVAILABLE ALL YEAR</b>		Icy Twist	\$2.00
Hot Special	\$4.70	Paddle Pop	\$2.40
Fried Rice	\$4.00	Calippo Minis	\$1.60
Dim Sims, dumplings, gyozas	\$1.50	Frozen Yoghurt	\$2.90
Rice paper rolls	\$3.50	TNT	\$1.15
Sushi	\$3.70	<b>ISLAND WAY SORBETS</b>	\$2.80-\$3.40
		<b>DRINKS</b>	
<b>BREAKFAST FOODS ALL YEAR</b>		Emma & Toms Milks	\$2.70
Finger Buns	\$2.40	Juice Berri 250ml	\$1.50
Banana Bread	\$3.00	<b>Just Juice 200ml</b>	<b>\$1.05</b>
Cheese & Bacon Rolls	\$2.60	Emma & Toms 250 ml juice	\$2.70
Muffins	\$2.60	<b>Emma &amp; Toms Smoothie 350ml</b>	<b>\$3.10</b>
Bircher Muesli/Granola	\$2.60	Plain Milk 300ml	\$2.50
<b>HOT FOOD</b>		Milkshakes	\$3.10
Hot Cheese Rolls (All year)	\$2.10	Flavoured Milk/Moove/Nippys 375ml	\$2.60/\$3.20
Hot Cheese & Tomato Rolls (All year)	\$2.20	Emma & Toms 600ml water	<b>\$1.50</b>
Garlic Bread (All year)	\$2.20	Up & Go	\$2.80
Soup (Terms 2 & 3)	\$2.50		
Hot Chocolate (Terms 2 & 3)	\$2.20	Mount Franklin Sparkling	\$2.50
Sausage Roll (Terms 2 & 3)	\$3.50		
Pie (low fat & salt) (Terms 2 & 3)	\$4.00		
Sweet Chilli Chicken Tenders Roll	\$4.50		
Spinach & Ricotta Roll	\$3.40		
Toasted Sandwiches	\$1.80-\$3.40		

