



STELLA MARIS NEWSLETTER

www.stellamaris.nsw.edu.au | administration@stellamaris.nsw.edu.au

Term 3 Issue 01, 18 October 2019

from the Principal



Prayer

Let nothing disturb you,

Let nothing frighten you,

*All things are passing
away: God never
changes.*

*Patience obtains all
things.*

*Whoever has God lacks
nothing; God alone
suffices.*

St. Teresa of Avila

Dear Stella Community

Single sex schools leave girls more confident

A recent article by Stephanie Bennett (*Single-sex schools leave girls confident*, Sunday Telegraph, October 6 2019) discussed research by the University of Queensland that found that girls graduate with more confidence and are more likely to hold leadership roles if they attended single-sex schools. The work of Dr Terrance Fitzsimmons indicated that graduates from single-sex schools have equal levels of self-esteem and self-efficacy in their senior years. "In single-sex schools, girls are surrounded by female role models in leadership positions," Dr Fitzsimmons said.

I was intrigued by this article and wanted to read more of Dr Fitzsimmons' work so I located the paper: *A Major Study into Confidence and Career Intentions of Adolescent Girls and Boys*. In this work, the formative experiences of male and female CEOs are compared:

The experiences of the female (CEO) respondents differed significantly depending upon whether they went to private or selective schools versus normal public schools. Private schools for the female respondents were predominantly all girl schools where the teachers were predominantly female. Many respondents reported that they were constantly told that there was nothing "girls could not do" and as a result many reported leaving high school with a great sense of self efficacy. As one respondent recalled:

*"The headmistress had been there for years and taught us, never, ever to have anything, to put anything in your way. You went to **** and nothing was ever going to stand in your way. And we used to pride ourselves on beating the boys from the boys' school next door, all the time in everything. It was just quite standard common practice and we never considered there to be any barriers to anything."*

In addition, many of the female respondents reflected upon how important having strong female teacher role models earlier in life had been on their subsequent careers. (p.199)

Read more: *A Major Study into Confidence and Career Intentions of Adolescent Girls and Boys*

When speaking with families about the advantages of an all-girls education, I am sometimes surprised by the perception that there is no difference between academic outcomes for girls in co-educational schools and all-girls school settings. I would encourage you to consider the composition of the top 20 performing schools in the NSW HSC. You will find there are a greater proportion of all-girls schools in that group compared to all-boys and co-ed schools. In 2018, half of the top 20 schools were all-girls schools and the percentage remains sound over the past five years. Given that less than 10% of NSW schools are all-girls schools, there is certainly something that all-girls schools are doing well to encourage girls to achieve such excellent outcomes.

Good Luck Year 12 2019

Year 12 students have commenced their HSC Examinations this week and Benedict Campus has been well prepared for their return. I was pleased to see so many students studying throughout the holidays and I thank the teaching staff and the library staff who supported them through the fortnight. I do appreciate the extra effort that our Stella staff give to the girls at this time. We will keep the girls in our prayers during the upcoming examination period.

Retreat Year 12 2020

This week Year 11 students have been on Retreat at Merroo with Ms Ferguson, Ms Collins and their Pastoral Care teachers. We hope that the opportunity to take a moment to reflect on their hopes and dreams for the future will be a positive one and prepare them for their HSC studies which will start next week.

Elizabeth Carnegie, Principal



17 Oct - 12 Nov	HSC Exams
21 Oct	Dance Night
6 Nov	Year 7 2020 Information Night (Session 1 - 6pm to 7pm / Session 2 - 7.30 to 8.30)
11 Nov - 29 Nov	Year 10 Advancement
12 Nov	Volunteers Dinner
14 Nov	Year 12 Formal

**Stella Maris College
Dance Night**

Monday 21st October

7.30 - 9.00pm
in the Star of the Sea Theatre

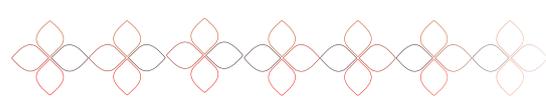
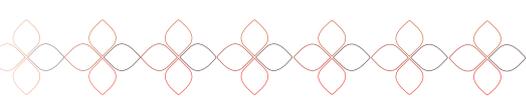
**\$5 entry – all proceeds go to the Northern
Beaches Women’s Shelter**

The Future of the P&F Committee

The current P&F Committee is re-evaluating the role of the P&F and invite you to complete a short survey online.

The survey seeks to capture the input of parents and should take approximately 2-4 minutes to complete.

LINK: https://forms.office.com/Pages/ResponsePage.aspx?id=J-YznEDEV0iO_gkd0UnzK8DVGjYnc4dHhGarek3o_4dUNTNZUF-BRQ0VTSFE4UTBBWUtWRFQxTU5VMS4u





SANTA TERESA IMMERSION

In the recent school holidays, I had the pleasure of accompanying Olivia, Beth and Gemma from Year 10 on the Santa Teresa Immersion along with staff and students from St Pat's College Campbelltown and Rosebank College in Five Dock. For me it was a privilege to be a guest in this small welcoming Aboriginal community located 80 kilometres from Alice Springs. Over the five days the group spent time at the Community Centre where we prepared lunch and breakfast packs for the older members of the community, at the creche where we played with the pre-schoolers and at the Cultural Centre where we had the opportunity to watch the women paint crosses and other art pieces. We also had a bush dinner where we were treated to damper and kangaroo tail prepared in the campfire.

I will take away many memories of Santa Teresa including the night sky filled with stars and the immense beauty and sounds of the landscape. But equally I come home with a greater understanding of the challenges faced by the Arrernte people in Santa Teresa.

Margaret Heraghty, Head of Year 9



From the Ex-Students Association (SMESA) **Joyce Gow RIP**

The College has recently learned that Joyce Gow (nee Rigby, Leaving Class of 1933) passed away on 23 May at the age of 101 in Armidale. Joyce was, as far as we know, our oldest of 'Old Girls'. She was born Joyce Millward Gow in March 1918 in Queenscliff. Joyce was #17 in the Enrolment Register in the first intake of 4 February 1931. She was active in her local Red Cross until the end, and was spotted by another ex-student out having coffee with friends not long before she died. Also famous by association, Joyce's husband was the original voice of George, the talking clock.

Our deepest sympathy to Joyce's family and friends.

Leaving Class 1933



1932 Graham-Burrows School of Physical Culture Second Place. Joyce seated second from right.

(Also of note for those with ties to St Paul's, is Marie Weston standing behind Joyce. Marie became Marie Prendergast and was the school secretary for many years up until the mid 1980s. Her granddaughter is the current Assistant Principal Wellbeing.)





FOOD TECHNOLOGY

Sydney Tower Excursion

On the excursion, we were given a tour of the commercial kitchens that supply all the food for the restaurants in Sydney Centrepoint Tower. The exclusive tour showed us how the kitchens cater for the amount of people visiting the restaurants each day and gave us the opportunity to learn more about the process from one of the head chefs. Finally, we were given access to a beautiful lunch at the Sydney Tower Buffet. Unfortunately, due to weather we were not able to enjoy the views from the tower but the experience was overall enlightening as we gained a greater understanding of the process in which the food is stored, prepared, then put on our plates. - Alex Alle, Year 9



ENGLISH NEWS

Read For Your House Term 3 Results

Read For Your House closed this week for Term 3 after a few classes added some last minute books that they had read over the holidays. Congratulations to everyone who participated as the numbers for Term 3 are fantastic! Your efforts will go towards your overall House points for the year, and we will see the final winner of the house trophy at Presentation Night.

Chisholm 68
Shinnick 43
Noonuccal 34
Egan 30
Smith 28
Bashir 26
Wood 22
Mackillop 12

Well done Chisholm on a wonderful effort. That's a lot of reading! A reminder that Read For Your House doesn't run in Term 4, so we'll start the new year fresh and see if we can read even more books in 2020. All the keen readers who want to stock up on some new books for the Christmas break can pop into the Library anytime and see Mrs Christensen who will recommend some great holiday reading.

Writing Competition Results

Congratulations to Carla Krnel, Year 12, who won first prize in the senior division of *The Hilary Lindsey Short Story Competition* for Australian School Students. Maisie Norton, Year 12, was commended for her entry in the *Dorothea Mackellar Poetry Competition* 2019, as well as being short listed for the Mosman Youth Awards in Literature competition 2019. Well done Carla and Maisie!

HSC English Exams

I would like to congratulate Year 12 on the tremendous effort they put into their HSC exam preparation. They sat for their English exam this week after lots of hard work and preparation in the holidays. I was inundated with emails all through the holidays with dozens of practice papers completed by the students, as were all the Year 12 English teachers who supported their students all through the holiday break. I'm confident that the students have given their best effort and I wish them well in all their exams.

Alison Tedman, Head of English





CANTEEN ROSTER

Hours are 9.30am - 2.30pm

If you are unable to attend on your rostered day PLEASE call Bernie to arrange a replacement on 9976 1826.

Mon 21 Oct	Tues 22 Oct	Wed 23 Oct	Thurs 24 Oct	Fri 25 Oct
Freya Elliott Francine Scali Terese Cunningham Libby Hampson Stephanie La Greca	Rose Giardina Margie Mort Karen Joseph Sam Lynch Milu Rich	Adele Kelly Leoni Graham Jennifer Wood HELP NEEDED PLEASE	Kate Caraccio Brigid Tysoe Leshia Evans Michelle Malouf Amanda Whitehead	Alison Kelly Elia Royle Sandra Berryman HELP NEEDED PLEASE

It's that time of year again when we start to compile next year's roster. When you are next on canteen, you can put your name down again on your same day or whatever you choose. We don't assume that you will be coming back so we need all our volunteers to let us know please of your plans for next year.
Thank you, Bernie & Cheryl

UNIFORM SHOP

Opening Times

During School Terms: 8.00am-4.30pm Tues/Wed/Thurs. Entry via Scholastica building on Eurobin Ave.

Second Hand Uniforms

The Uniform Shop is now accepting summer dresses to be sold second hand. Please wait until early February to bring in winter uniforms.

Summer Dresses

These are now available for purchase. Some second hand dresses are available in limited sizes.

Year 10 2020 Summer Dresses

Year 9 wear the senior dress next year when they move up to Year 10. We encourage the girls to come and buy their senior dresses during October before we get busy in November with Year 7 2020 fittings. Dresses cost \$80.

The girls can come to the Uniform Shop before or after school or during lunchtime. Payment can be made by Student Card or credit card.

New Students in 2020

If you have a daughter starting at Stella next year, we require you to book online for her summer uniform fitting and stationery purchases. Please go to www.trybooking.com/BEZCN. Online fitting dates are from 12 – 28 November.

Uniform Prices

- Junior and senior dresses \$80
- Cream socks \$8
- Collapsible "Stella" umbrellas \$15
- Wool and cotton jumpers \$72
- Sport shorts \$34
- Sport polo \$43
- Previous style water polo costume (can be used for water sport) \$65

Full Uniform and Stationery Price Lists

These are available on the website. Please refer to [Enrolments>Our Uniform](#).

Volunteers

None required thank you

Gail Hickey and Peta Creighton
9976 1819

uniform_books@stellamaris.nsw.edu.au





CAREERS

Uncovering UCAT

30 November. 1pm to 3pm

UNSW - Mathews Theatre C, Kensington

Admission into Medical and Dental Schools across Australia and New Zealand is based on the University Clinical Aptitude Test (UCAT). The UCAT is a new test (launched in 2018) based on the British equivalent, the UKCAT.

The UCAT is a 2 hour, computer based test which is divided into separately-timed sections, each examining key areas important to success in the medical field. This event is an introduction to studying for the UCAT and offers insights from a UCAT expert and a detailed exploration of each section of the UCAT. If you have questions about the sitting the UCAT, or you are interested in learning about how MedView can help you prepare, be sure to attend this event. <https://www.eventbrite.com/e/uncovering-the-ucat-sydney-tickets-69988133391>

Study Western Civilisation scholarships

High achieving students interested in the humanities will soon be able to undertake two new programs of study and have the opportunity to apply for one of Australia's most generous scholarship schemes, thanks to a new partnership between The University of Queensland and the Ramsay Centre for Western Civilisation. Thirty scholarships of approximately \$30,000 per year for the duration of the program are planned to be offered to students commencing studies in Western Civilisation in 2020. Students will be able to study Western Civilisation in two ways - as an extended major in the Bachelor of Advanced Humanities (Honours) or in the new Bachelor of Humanities/Bachelor of Laws (Honours) dual program. If you are interested in learning more about the scholarships or the programs please contact the UQ School Liaison team on (07) 3346 9649 or school.liaison@uq.edu.au.

TAFE

Music, Fashion, Art, Floristry, Photography, Sound, Design, Signs, Graphics, Film and Screen

Creative, fashion and music courses offer students a chance to explore their passions and bring their artistic ideas to life. Courses in this sector are formulated to equip you with the practical skills and background knowledge you need to accomplish detailed design tasks and utilise the latest technology within any organisation. https://www.tafensw.edu.au/courses/arts-design-digital-media?utm_campaign=20191015%20002%20b2c%20Career%20Advisor%20edm%20october%20newsletter%20initial%20SCHOOLS%20awareness&utm_medium=email&utm_source=Eloqua

Jeanette Ferguson, Careers Advisor

