



STELLA MARIS NEWSLETTER

www.stellamaris.nsw.edu.au | administration@stellamaris.nsw.edu.au

Term 3 Issue 06, 28 August 2020

from the Principal



Reflection: On Stability

Stability is the rod around which compassion can take root. Our fidelity to those we promise to stay with, care for and learn from, teaches us faithful compassion during good times and bad.

We learn that the red letter meaning of forgiveness is seventy times seven.

We learn that the path to union with God can never be achieved alone.

It is our relationships that will carve out our better selves to present before God.

It is acceptance that this time, this place I find myself in, is exactly where God wants me to be.

If listening, obedience, ora et labora, lectio, hospitality and humility are the yarns of our tapestry of life, then stability is the divine weaver that pulls and draws us through the loom to form the picture, the plan of our life.

—Benedictine Oblates, Lynn O’Gorman Latchford and Megan Boyle.

Dear Stella Community

Celebrating Year 12

The Year 12 Music class performed to family and friends on Tuesday evening. Ms Ferguson, Mrs Yeates and Ms Smith attended on my behalf.

On Tuesday evening we celebrated our Year 12 HSC Music students who gave a wonderful performance to family members in the Theatre. Each girl sang a mix of core and elective repertoire which consisted of songs from varying styles that really showcased their range of abilities. The girls performed from the heart and it was clear they relished the opportunity to finally be on stage and sing for their families. Congratulations to Sara Wymer, Lydia Virgo, Tara Brain, Ella Sheppard and Tiffany Marshall. Unfortunately, Sophie Tetley was unable to perform on the night. It was a fabulous evening of entertainment and we wish the Music class all the very best for their upcoming HSC exams. Thank you to their teacher, Evan Browett, for his care and guidance of the girls.

Kristie Ferguson, Head of Year 12

Looking after our Mental Health

‘The impacts of the coronavirus (COVID-19) outbreak, physical distancing and isolation can make us feel anxious, stressed and worried’, according to an article published recently on the Australian Government Health website.

‘The COVID-19 pandemic has greatly changed the way we live. To help keep us safe, it is likely that our lives will be different for a while.’

The health website advised that all the normal things we are used to doing each week have now been changed. Involvement in sport means a limit to spectators and social celebrations have restricted numbers. Life has altered and there is no clear end in sight.

People who work in health care and essential services are under even greater pressure and may have concerns about their health and the health of their families. People around Australia face uncertainty about how they may be affected by the pandemic in the next weeks or months.

What can we do?

- Keep connected
- Develop new routines
- Take breaks
- Reach out to others

The College Wellbeing staff have been working with your daughters to ensure they have access to the ongoing support they need. We encourage you to connect with your daughter’s Pastoral Care Teacher or Head of Year if you have concerns about their wellbeing at this time.

<https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert/ongoing-support-during-coronavirus-covid-19/looking-after-your-mental-health-during-coronavirus-covid-19-restrictions>

Supporting Stella Families

I thank those families who have been able to commit to regular payments for College fees during this challenging year. We have been able to assist many families with extended payment plans, and aim to continue doing so as the pandemic continues to impact on family income and job security.

We are aware that several social, excursion and co-curricular activities, including camps and retreats, have not run as planned this year and that Year 12 Graduation events have had to be changed to meet the restrictions of NSW Health guidelines. We are still hopeful that some of our remaining College events will proceed, not least to provide students with important social and relationship building opportunities.

At our upcoming meetings in September the College Board and Senior Leadership Team will be assessing the impact of relevant restrictions on our costs and are committed to ensuring that benefits are shared appropriately.



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From the Principal continued...

If your personal financial circumstances have changed since we wrote to you last term and you need to discuss your current situation, please contact the Fees Office to ascertain how we can best support you. The fees team can best be contacted on the confidential email address fees@stellamaris.nsw.edu.au.

Providing a Term's Notice

Families are reminded that the College requires one term's notice of any move to another school or learning environment. There are several reasons for this. Firstly, budgets are set on current numbers, and, as the annual budget is set in September, we need to ensure that we are calculating costs and student numbers accurately. Secondly, once school returns at the start of the year, we are unlikely to make up numbers lost for any students who choose to leave without providing the required notice. Please ensure that if your daughter is leaving at the end of 2020, you have informed Kerrie Dudley, the Registrar, by the end of Term 3.

Here is a link to the Good Samaritan Online magazine.

<https://www.goodsams.org.au/the-good-oil-email/>

Elizabeth Carnegie, College Principal



Upcoming Events and Important Information



Start your *Stella* story

ENROLLING NOW for YEAR 7 2023

If you wish to enrol your younger daughter for Year 7 2023 at the College, the Registration form needs to be received by the Registrar no later than Friday 18 September 2020.

To download a Registration form, please visit our website www.stellamaris.nsw.edu.au (or have your older Stella daughter collect one from Main Reception)

Interviews for Year 7 2023 will be conducted early in Term 1 2021.

Limited places still available for Year 7 2022.

Diary Dates

Monday 17 - Friday 28 August
HSC Trials

Friday 4 September
STELLA DAY

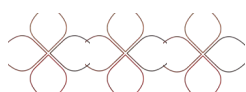
Friday 25 September
Term 3 Concludes



Year 12 Music Night

Lydia Virgo, Ella Shepherd, Tara Brain, Tiffany Marshall and Sara Wymer

Congratulations to our wonderful Year 12 Music students who performed on Tuesday Night. We wish you all the best for your upcoming HSC Music Performance Exam. Special thanks to Mr Browett, Mrs Pells, Mr Arnold and Mr Arnott for their support.



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Languages Department

Year 7 students participated enthusiastically in Japanese, French, Italian and Spanish introductory lessons over the last two weeks.

Each student will select one language for Year 8.

Selections are due 31 August. If there are insufficient students to run a class, students will have to select a second language.

Selections will be confirmed in November.

Ms Laurina Barbetti, Ms Ana Gonzalez, Ms Mika Sennett and I are looking forward to our Year 8 languages classes next year.

Ms Jennifer Murray, Head of Languages



Drama Productions and Auditions

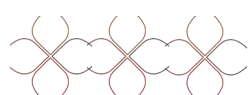
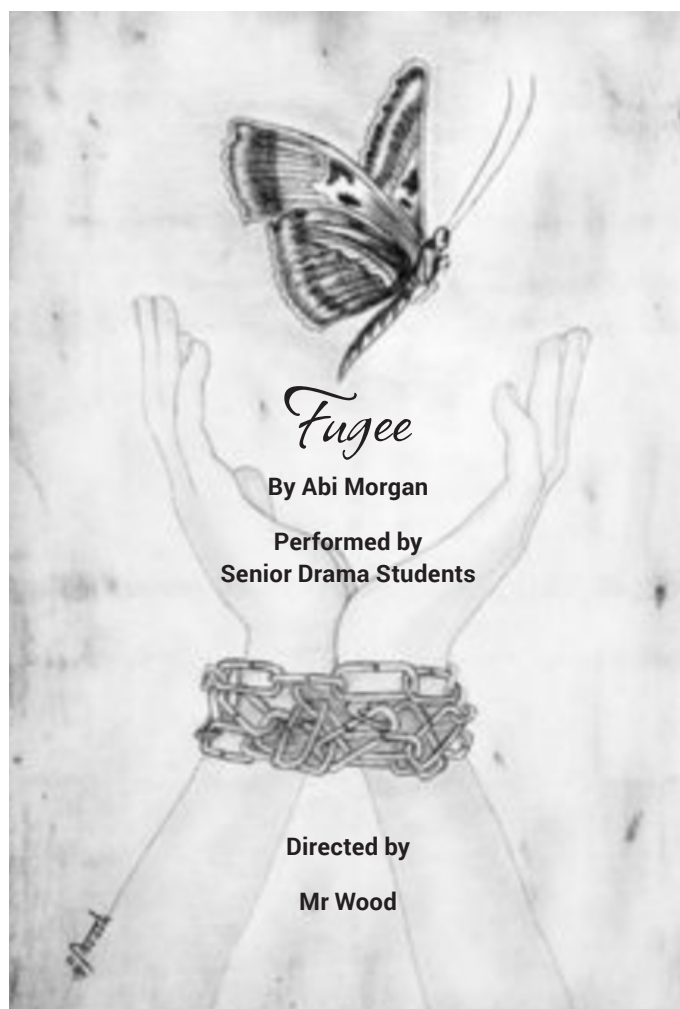
Due to recent regulations and restrictions imposed as part of the Covid response we have decided to slightly change our plan for our upcoming Drama productions.

So as to best offer the students at Stella Maris an experience of theatre that can be genuinely fulfilled in our current restrictive environment, we have decided that we will be producing some shorter productions with a focus on Year groups.

The Productions for the younger Year groups will audition in Term 4 and begin rehearsals in Term 1 2021 with the productions to be staged before the end of Term 2 2021.

If you are interested in being part of our Drama productions for 2021 please complete the form to sign up for auditions.

Due to the amazing interest from our Year 11 girls, we will first be staging the play Fugee in Term 4 this year.





Semester 2 Music Night In

With the current Covid restrictions affecting vocal and group performances we have decided to put together another 'Music Night In' this Semester.

Students are encouraged to submit video performances to take part.



Covid Restriction's and Opportunities for Musicians

Last week the NSW Government implemented restrictions on choirs and wind instruments in schools. We are not permitted to hold choral rehearsals or rehearsals with wind instruments for the remainder of Term 3.

Though we cannot rehearse in our usual way Vocal Ensemble and Senior Band will keep meeting each week at our usual time of 7.30am and place (G201), to work on solo performances and recording projects.

Each member of Senior Band and Vocal Ensemble have been asked to prepare and record a solo performance with accompaniment to be recorded by the end of this term. We will be recording during our usual rehearsal times.

All of our tutors are still offering private lessons. Private lessons are available at Stella for all of the instruments the girls have studied in Years 7 and 8 and more! Lessons take place on site at Stella and no previous experience is necessary.

Private / small group lessons are available in:

Singing

Trumpet

Piano

Drum kit & Percussion

Guitar, Bass & Ukulele

Woodwind (Clarinet/Flute/Sax)

If you're interested, please e-mail me on jessica_maker@stellamaris.nsw.edu.au, otherwise, I'm always happy to answer any questions or just generally talk about music. So why not take the plunge (on your own or with a friend) and learn an instrument!

We also have our Lunchtime Ensembles:

Monday Lunch: House Band with Mr Browett and String Ensemble.

Tuesday Lunch: Junior Music Club open to all students in Years 7 and 8.

Thursday Lunch Jazz Band – for a recording session.

Jessica Maker, Head of Performing Arts





The Duke of Edinburgh's International Award Update

Capes 4 Kids

CALLING ALL PARENTS – are you able to help with donating fabric for capes or good quality used children's bed sheets or quilt covers? Any donations would be greatly appreciated.

August Stella Star

Congratulations to Vanessa Hazell and Molly Crotty for achieving their Silver award.

Please keep sending in pics of your amazing achievements with your award in any area.

Stella Maris Joins the Manly Fun Run and Walk

The Manly Fun Run & Walk is now virtual! This means that not only Duke of Ed participants but also their families can now get involved, have a great day out and 100% of your support goes to Lifeline Northern Beaches and their programs in crisis management and suicide prevention.

This year Stella Maris has TEAMED UP WITH A CHARITY THAT'S SAVING LIVES RIGHT IN OUR OWN BACKYARD - LIFELINE. We are going to help Lifeline reach their fundraising goal of \$10,000 to continue to operate and deliver their core services to the public. You are invited to join Team LLNB!

How does it work? We will register all our Year 9 Duke of Ed Bronze girls and provide all Year 10, 11 and 12 girls with the details on how to sign themselves up. We would love to get as many people as possible to support our team and Lifeline.

You can choose to run or walk 2km, 5km or 10km and you will be provided with a free Lifeline NB running t-shirt and access to the event app. Share on social media and spread the word about your challenge and ask family, friends or colleagues to sponsor you. We are currently working hard to secure some great prizes for those Stella girls who are most successful in their fundraising effort.

Download your race bib and the app before the race and take a photo of yourself/your family competing in the event for our Stella Maris Team Wall. You can complete your run or walk anytime and anywhere from the 2 – 6 September.

This is a great way for our Duke of Ed group to get involved and show their support for the work Lifeline do to support the community. Your contribution will prove invaluable in contributing financial resources towards Lifeline's 24-hour Crisis Support Line: 13 11 14. In response to COVID-19, Lifeline are receiving over 3,000 calls a day (that's a 25% increase from this time 6 months ago) – A CALL EVERY 30 SECONDS.

Team Lifeline Link to join:

<https://manlyfunrun20.grassrootz.com/lifelinenb?fbclid=IwAR2V9yvPBHKICnORxmJ-nhWAWeJktBNIMTKJBdyM6f7jtRcNbT6LLUqKrc>

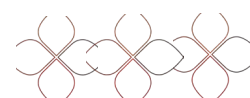
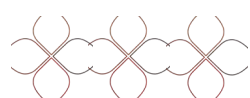
Covid Friendly Community Service Options

Eating Stone Australia Children's Charity – Ms Stimson is looking for a small number of students to work on developing some graphic design and photo editing for Eating Stone charity. You would be helping fundraising efforts in Australia that assist orphaned and under privileged children in a home called Eating Stone in Kenya. Eating Stone Australia contributes to food, clothing, education and a secure place to call home for 60 children. Flexible service times.

Stella Museum – If any students have an interest in history, particularly the history of the school, Ms Stimson is looking for a few students who would like to digitise and organise old photos or transcribe old documents of Stella school life. Lunch times or after school - flexible days.

Capes for Kids – Is now full for this term. The girls are very busy sewing beautiful super hero capes for children needing a little boost in hospital. This week the charity Capes for Kids were able to send 150 super hero capes to bear cottage in lieu of their annual Teddy Bear Picnic. What a great Charity to be partnered with. Please remember we would love any fun kid type material you may have lying around. Donations can be taken to Student reception or given to Ms Silburn.

Keep working hard on your Award, girls!
Ms Silburn





CAREERS NEWS

Hello again from Careers!

NEW Stella Extra-Curricular Activity: Year 10 E-Portfolio Workshops in Library

On Week B of the timetable, during Monday and Thursday lunchtimes, there will now be Careers workshops available for Year 10 students in the Library, room S2-20. These will be conducted with Mrs Barbetti beginning on Monday 7 September and will continue for Term 4. There will be limited places and each group, the Monday group and the Thursday group, will have a limit of ten students each. By the end of the year, each student will have worked on an e-portfolio such as the example in this link <https://careertools.com.au/portfolio/view/DAKJZAaf>

This will be an ongoing career task that students will be able to build on as they progress through secondary school which will showcase their skills, experiences, achievements and interests. It is evidence of the life-long learning journey which is a must for the future of work. Anybody in Year 10 can join and it will be on a 'first come, first served' basis. Those who wish to join one of these groups, need to email Mrs Barbetti (laurina_barbetti@stellamaris.nsw.edu.au) stating which time works best so that groups can be organised. Looking forward to working with you!

There is a wealth of information for everyone to explore in our Careers Newsletter which can be accessed on our dedicated Stellacareers website www.stellacareers.com

REMEMBER THAT there are two sets of newsletters on this site. One is public and can be accessed at the top of the main webpage in the IMPORTANT INFORMATION tab under Careers Newsletter.

The other is a Stella specific newsletter that can be accessed in the SECURE STUDENT SECTION by logging in if you already have an account. After logging in to the SECURE STUDENT SECTION, scroll down the left-hand side of the page until you get to 'newsletter'.

If you don't have an account, you can sign up to subscribe. Parents are encouraged to subscribe to help support their young person's career journey.

Here is a link to help <https://www.stellacareers.com/newsletter>

There is something for everyone! Whether you are

- planning to go straight to university
- thinking of undertaking an apprenticeship, or
- worried that your marks might not be what you had hoped but are persevering and thinking in terms of a pathway course to help you continue on your desired path,

There is sure to be something that will catch your eye!

There are many more links to explore in our dedicated careers newsletter but here are a few to get you started:

UTS Virtual Open Week - Are you an elite athlete or performer who represented your school or state at a national level competition/ event?

UTS has said that there is a mistake on the site and it says applications are closed, but disregard this as they are open: <https://www.uts.edu.au/node/260596/elite-athletes-or-performers>

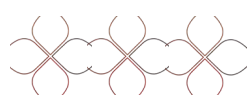
Additionally, please keep next Monday 31 August 4-8pm free, for virtual UTS Open Week. This is an opportunity for teachers, student athletes and their families to utilise the online chatrooms to speak with UTS Sport staff, and representatives from some of our High Performance Sports Clubs. This is the go-to place to get specific club information straight from your future teammates, coaches and managers, to best prepare you for your student athlete life at UTS.

There is an online webinar from 5pm-6pm. UTS Elite Athlete Program scholarship holders Alice Williams (Water Polo) and Michael McCrea (Rowing) will join in to run through the application process and benefits for both programs (UTS Elite Athlete and Performer Special Admission Scheme, and the UTS Elite Athlete Program), along with valuable student insights from both Alice and Michael.

REGISTRATIONS ARE ESSENTIAL to access online chat & webinar platforms <https://openweek.uts.edu.au/>

TAFE NSW goes virtual for Open Day! TAFE NSW Virtual Open Day 2020 is on from 9-10 September. Students and parents can connect their own way – from anywhere. They'll have access to all the information and expert advice they need to find the career path that's right for them and their teen. Register to secure your place at <https://www.tafensw.edu.au/open-day>

ACU Year 12 Revision Workshops: Register now for a series of free online webinars run by experienced Year 12 exam markers and assessors. They'll guide you through how to respond to possible exam questions, help you get your head around the class content to deepen your understanding, and offer plenty of tips and strategies along the way. <https://www.acu.edu.au/about-acu/events/year-12-revision-webinars>



Careers continued...

Don't miss out on ACU's Virtual Open Days - register now! This year ACU will host three 2020 Open Days for NSW/ACT on 29 August, and the 5 and 12 of September. Open Day gives students the opportunity to ask teaching staff any questions they might have about their course, the application process, pathway options, entry schemes and more. Register here <https://www.acu.edu.au/study-at-acu/register-your-interest>

Register for a Teaching 101 webinar with the NSW Department of Education. Scholarships for future teachers are now open. Don't miss out, visit: bit.ly/Teaching101Webinars to find your preferred session. Alternatively visit: bit.ly/futureteacherscholarships to find out more about the scholarship programs.

... and find out about TEACHING SCHOLARSHIPS

<https://teach.nsw.edu.au/getpaidtostudy>

Interested in an APPRENTICESHIP in the automotive industry? Explore this program developed in partnership with a Chatswood automotive business

Autohaus Hamilton: Click here to view the Autohaus Hamilton Virtual Industry Tour resource.

The University of Sydney | Changes to 2021 entry for Bachelor of Oral Health For 2021 entry only, all eligible applicants must attend the Multiple Mini Interviews (MMIs) via Zoom. Eligible international applicants are required to participate in the online MMIs in September. Eligible domestic applicants are required to participate in the online MMIs in December. | <https://www.sydney.edu.au/medicine-health/study-medicine-and-health/study-areas/dentistry-and-oral-health.html>

Please do get in touch if you have questions about any of the information you are exploring. Remember that Mrs Ferguson is available on Tuesdays and Wednesdays in her Careers Office in the Scholastica building; why not book an appointment?

Happy exploring ...

The Careers Team

2020 **FREE ZOOM EVENT for school students** **INSPIRING WOMEN**

Meet and interact with inspiring women in:
Engineering, Design, IT, Hairdressing, Construction, Automotive, Tourism

Wednesday 23rd September 11:00am - 12:00pm (AEST)

Registration link: <http://tiny.cc/c6losz>



inspiring
the
future
Australia



inspiring
women
Australia



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Canteen Roster

Hours are 9.30am - 2.30pm

If you are unable to attend on your rostered day please call Bernie to arrange a replacement on 9976 1826.

Mon 31 Aug	Tues 1 Sept	Wed 2 Sept	Thurs 3 Sept	Fri 4 Sept
Sharon Marosa Deb Ristuccia	Belinda Vumbaca Amy He Karen Joseph	Francene Scali Janine Silva Libby Beaumont	Justine McKee Vanessa McCullum Lisa McGregor	Lisa Thorpe-Apps Colleen Dopfer Andria Koolloos Liana Hearn



Uniform Shop

Opening Times

During School Terms: 8am – 4.30pm Tues/Wed/Thurs.

Under these current conditions the Uniform Shop is only serving students unless other arrangements are made.

Year 12 2021 booklist

Year 11 have been emailed the details of ordering their Year 12 2021 text books through Campion. Online orders are to be placed by 17 September for delivery during the October school holidays.

Parents On Site

As noted in the Protocols for Students and Parents emailed to all families recently, parents are asked not to come onto the College grounds unless specifically requested, this includes visits to the Uniform Shop.

The girls can make any purchases that are required so please load their My Student Account cards with the funds they will need. Please load student cards well in advance, as often it takes longer than the 30 minutes quoted on the MSA site to appear on our system.

They can also bring credit card details, or these can be phoned in by the parent.

If you have made prior arrangements with the Uniform Shop to visit, please go to Reception first to have your temperature checked and attendance logged (for tracking if needed) and to be issued with a Visitors lanyard.

Winter Uniform Prices

Junior blazer \$170	Wool or cotton jumpers \$72
Senior blazer \$205	Red shorts (soccer and basketball) \$28
Junior skirt \$70	Soccer socks \$12
Senior skirt \$120	Athletic shorts \$50 (for extra-curricular activities)
White blouse \$35	Sport shorts \$34
Pink blouse (Years 11 & 12) \$35	Sport polo \$43 (Only the current style polo with the red collar is to be worn.)
Scarf \$10	Track top \$67
Gloves \$7	Track pants \$45
Collapsible "Stella" umbrellas \$15	

Full Uniform and Stationery Price Lists

These are available on the website. Please refer to [Enrolments>Our Uniform](#).

Volunteers

None required thank you.

Gail Hickey and Peta Creighton

9976 1819

uniform_books@stellamaris.nsw.edu.au

