

STELLA MARIS **NEWSLETTER**

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Term 1 Issue 04

26 February 2021

Dear Stella Community

Congratulations to the 2021 College Leaders

An excerpt from my address at the Opening College Liturgy

"I commend to you today the young women who will lead our college community this year - our Stella Maris College Senior Student Leaders. These young women are proud of their school and they want every girl to have that same connection - to understand and know what it means to be a Stella Girl.



In 2019 a new Philosophy of Education was created for Good Samaritan Education Colleges. The document begins, Catholic education in the Good Samaritan Benedictine tradition is committed to developing students who will engage with today's world as grounded, hope-filled young people who are equipped to lead wisely, to listen deeply and to treat their neighbour and their environment with justice, love and the compassion of Christ. At Stella Maris we encourage our girls to take their place as resilient young women - inspired to create a better world. I know these leaders before you are grounded and hope-filled young people who will relish the opportunity to lead wisely, listen deeply and to respond to the needs of both neighbour and the environment. I have great trust in these young women and their ability to fully live out the Good Samaritan Philosophy of Education. I believe we won't need to wait long to see these young women make a difference in this world.

Ninety years ago, the Sisters of the Good Samaritan opened the College to provide Catholic education - impelled by the Parable of the Good Samaritan and guided by the Rule of St Benedict. Today, nurturing Gospel values that foster social justice ensures that the wider community is enriched by its relationship with Stella Maris College. I want to assure you that the work of the Sisters continues and that Stella remains a place that challenges and inspires young women to be the best version of themselves, reaching out to ensure no one is left behind. For me, one of the most striking characteristics of the Stella community is its focus on building positive relationships.

This year, our Year of Peace and Justice, asks us to focus on how we can bring these values into our lives. In our world, however, there is much unrest and uncertainty. We have seen riots in the US Capitol Building, a military coup in Myanmar that placed Aung San Suu Kyi in detention and civil unrest in Russia over Alexei Navalny's imprisonment. We have lived through a year of COVID-19 and watched as the numbers of infections and deaths increased until recent news of vaccines has finally brought the world some hope. We need Peace and Justice in our time.

Benedictine Sister Joan Chittister OSB wrote in Wisdom Distilled from the Daily. 'The peace you see in the life of Christ clamours for justice so that others, like us, may take their own right places in the universe as well. Benedictine peace calls us to value that other. Benedictine peace is founded on justice: give to the poor; be open to the stranger; care for the weak; respect one another; be gentle with one another; work for the community; quard the earth. The Rule requires it.'

The Rule of Benedict calls on us to be just, as justice is the foundation of life in community. God's love shared with us in Christ, cannot remain inactive - it demands we work for justice. For peace to reign, justice is fundamental. Let us work together to bring about justice in the communities where we have the opportunity. Let us work every day to bring peace and justice into our community here at Stella.

Thank you to Father Dave from St Kieran's parish and to Nicky Chin, Jess Maker and the music and IT teams (particularly Lawrence Wong and Natalie Cavallaro) for the work in preparing and sharing the liturgy. Thank you also to the students who participated so reverently in the service both in the Theatre and in pastoral care class."



Lenten Prayer God of justice,

lead us to make a change to our own lives so that all your people may flourish.

Grant us the courage to stand up for what is right and to call on others to do the same.

Amen.

https://cafod.org.uk/ Pray/Lent-calendar/24-February

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Elizabeth Carnegie, Principal



Diary Dates

06 March Year 7 2023 Interviews

08 March Swimming Carnival

19 March Year 7 Surf Survival

22-23 March Year 12 Retreat

29-31 March Year 7 Camp

YEAR 7 2023

The College is currently interviewing for Year 7, 2023

Do you have a daughter in Year 5? Is she enrolled at Stella? If not, please complete the online <u>Registration Form</u>

or go to

www.stellamaris.nsw.edu.au and click on 'Enrol Now' to complete the Registration form



* Limited places for Year 7 2022 Complete an online <u>Registration Form</u>now

EXPRESS YOURSELF

Towards the end of last year four Year 12 Visual Arts girls were invited to exhibit their work at the Manly Art Gallery and Museum as part of its annual Express Yourself exhibition of the best high school works on the Northern Beaches.

The exhibition is currently open and we are proud to announce that Natalya Munro's artwork, *Metamorphosis*, has been awarded a Highly Commended. She has been talking at the Gallery about her work.



Position Available Teacher of Italian

The College is looking to expand our team of teachers who engage students in a challenging, yet nurturing learning environment.

We have a temporary part-time position (Monday, Tuesday, Friday) for the remainder of the 2021 school year, teaching mainly Stage 4 Italian.

Please visit the Stella Maris College website for the application form.

http://stellamaris.nsw.edu.au/employment

Applications close at 9.00am on Monday 1 March 2021

Covid-19 guidelines

The latest College Covid-19 Protocols were sent to you last week in the Principal's email. One pertinent point to note is the new rules around the presence of Covid-19 symptoms.

The new ruling around this is:

Allergies – if students display any symptoms, they still need to be tested. If allergy symptoms are ongoing, a medical certificate is required to confirm. New/changed symptoms will require retesting.

If a student has symptoms and is NOT tested, the student will be unable to return to school for a full 10 days + 3 days symptom free. This is NSW Health advice. Please get tested!

THE GOOD OIL

The Good Oil, the free, monthly e-magazine of the Good Samaritan Sisters, publishes news, feature and opinion articles, and reflective content which aims to nourish the spirit, stimulate thinking and encourage reflection and dialogue about issues of the day from a Christian, Catholic, Good Samaritan perspective.

https://www.goodsams.org.au/article/2021/02/



Online Ordering

We have online ordering through My Student Account. Instructions below. You can also deposit funds to your daughter's account via this method.

Please make sure you have your **LUNCH order in by 10am**. This is the only way to order your lunch.

Please only order for the following day (no advance orders) as we can run out of items. The girls will pick up their order at a register – they don't have to line up with everyone else in the undercroft.

The MyStudent Account link is available on Stella Online, our new parent portal. It is not on the SEQTA app. (You would have received an email about this.)

To access MSA:

- 1. Login to Stella Online (link is available in our website, at the top)
- 2. Click on "My Student Account"
- 3. Top up the card and do online orders.

For any issues please direct your query to IT itsupport@stellamaris.nsw.edu.au

SMC SWIMMING CARNIVAL Fitness Fling!

DATE: Monday 8 March 2021

VENUE: Manly Pool (Andrew Boy Charlton Pool) **DRESS:** House colours in the theme of Fitness Fling

The Stella Swimming Carnival is a **compulsory** school day for all students in Years 7 to 12.

TIME: All students should be at school by 8.40am for PC. Students will walk to the pool in PC groups. All students are required to walk back to Stella at the conclusion of the carnival and will be dismissed from school at 3.20pm.

WHAT TO WEAR: All students will need a one-piece swimming costume and House coloured swimming cap. You may purchase these from the Uniform Shop. Students are to wear House colours in the theme of 'Fitness Fling' or full PE uniform. Students must wear sandshoes to and from the carnival and when not competing (no thongs are to be worn to school). No singlet tops or inappropriate length shorts.

CARNIVAL COVID19 SAFE PROCEDURES

Unfortunately there will be NO SPECTATORS at the carnival. There will be NO CANTEEN for any student at the carnival.

This year we will not be cheering, but we have plenty of other COVID19 safe activities planned so the students can show their House spirit on the day. Students must stay with the Stella group in the outdoor pool area all day.

OTHER IMPORTANT INFORMATION

- Bring a hat and plenty of suncream
- No coloured hair spray or coloured streamers allowed at the pool
- Students must remain in colour house areas when they are not competing. The indoor pools and children's pools are out of bounds.
- · Normal school rules apply for the day.
- Parents will receive an email to give permission on Consent2Go.

THE EVENTS

There will be two divisions of races: Championship and Non-Championship. To be considered for age champion or the Stella swimming team, you must compete in the Championship event for that stroke.

Entries for the Championship events are open now and will on close on 1 March. To enter, students must log onto Moodle and enter the events that they wish to compete in. The age group is the age that you turn this year. The carnival will determine the champion house through participation and performance in both Championship and Non-championship events. You may enter non-championship events on the day.

IT IS EXPECTED THAT ALL STUDENTS WILL PARTICIPATE.

Students who do not want to enter championship events will be able to enter non-championship races on the day. Ribbons will be awarded in both championship and non-championship events. You do not need to preregister for non-championship events.

You can only swim each stroke and distance once. For example you cannot do 50m championship freestyle and 50m non-championship freestyle. However, you may do 50m championship breaststroke and 50 non-championship freestyle.

There is no scheduled lunch break. Students are encouraged to bring their own healthy snacks and lunch for the day. THERE IS NO CANTEEN AVAILABLE FOR THE STUDENTS THIS YEAR.

NO SPECTATORS WILL BE ALLOWED AT THE CARNIVAL THIS YEAR.

WE ENCOURAGE ALL STUDENTS TO PARTICIPATE! IT IS A FUN DAY AND WE LOOK FORWARD TO THE STELLA GIRLS SWIMMING, CHEERING AND BEING INVOLVED IN THIS GREAT EVENT!





NAPLAN

During May 2021, students in Years 7 and 9 will sit NAPLAN. The schedule for the tests is as follows:

TUESDAY, 11 MAY
Language Conventions Test (spelling,
grammar and punctuation)
Writing Test

WEDNESDAY 12 May Reading Test

THURSDAY 13 May Numeracy Test

On Friday 14 May – a 'catch-up' day is scheduled for students who missed a test or were absent on a test day.

Students may be exempt from the NAPLAN test if they:

- are from a language background other than English, have arrived from overseas and have been attending school in Australia for less than a year before the test; or
- have significant intellectual disability and/or significant co-existing conditions which severely limit their capacity to participate in the tests.

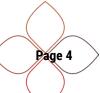
Students may be withdrawn from NAPLAN by their parent or carer after consultation with the Principal.

- A parent or carer consent form must be signed.
- Exemption from the tests must be discussed with the Principal.

All other students are expected to participate in the tests.

Disability adjustments which reflect the student's normal level of support in the classroom may be provided. Alternative format test materials are available to meet the needs of individual students (e.g. braille, large print, black and white test material or the electronic test). Access to disability adjustments can be discussed with the College Inclusive Learning Department via Ms Cath Douglas Cathy_Douglas@stellamaris.nsw.edu.au

For further information about NAPLAN, visit NESA's NAPLAN website.



PERFORMING ARTS

Thank you to all our performing arts community for a great start to the year. Rehearsals and auditions are all underway.

DRAMA

We have welcomed many new students to our Drama ensembles this term, which is fabulous!

Please contact Phillip Wood at Phillip_Wood@stellamaris.nsw.edu.au if you have any queries regarding Drama.

Ensembles

- Year 7 Drama Monday Mornings 7.30am in the Drama Studio directed by Mr Wood.
- Year 8 Drama Monday Mornings 7.30am in the Theatre directed by Tabitha Magnan.
- Year 9/10/11 Drama Friday Mornings 7.30am in the Drama Studio directed by Tabitha Magnan.

MUSIC

Please come if you would like to join these ensembles at the below times. New members always welcome. Please contact Leanne Haines at leanne_haines@stellamaris.nsw.edu.au if you have any queries regarding Music.

Rehearsals

- Performance Band Wednesday mornings 7.30am in G201 directed by Mrs Maker.
- Vocal Ensemble Thursday mornings 7.30am in G201 direct by Mrs Maker
- Jazz Band Thursday Lunch in G217 directed by Mr Browett
- Junior Music Club Monday Lunch G217 with Mr Sutcliffe
- · Group AMEB Theory Lessons Please contact Leanne Haines at <u>leanne_haines@stellamaris.</u> nsw.edu.au

At the College we offer private lessons in: piano, guitar and bass, vocals, flute, clarinet, saxophone, trumpet, french horn, trombone, euphonium and drums. Please email. leanne-haines@stellamaris.nsw.edu.au if you have any questions or to sign up for lessons.

DANCE

Auditions for our Dance Companies and ensembles have been taking place this week. As soon as the groups are formalised students' families will be notified of the rehearsal schedule, performance commitments and fees.

2021 Junior Performing Arts Scholarship

We are pleased to announce the opportunity for Year 7 students to apply for a Junior Performing Arts Scholarship

The successful applicant will:

- become an active and committed member of the Performing Arts community at Stella Maris College.
- select Music, Dance or Drama as an elective subject in Year 9.
- be achieving outstanding academic results in their preferred discipline.
- reflect and support the Benedictine values of our College.

The Scholarship covers the tuition fee component of the annual student fees for Years 7, 8 and 9 and is subject to an annual review of commitment and performance. The Scholarship does not cover the cost of resource fees or any other non-tuition fees.

Please complete the application if you are interested in applying for the Junior Performing Arts Scholarship. An email with the link to the application has been sent to all Year 7 students and their families.

Applications close at 3.00pm on Thursday 11 March.

The selection process of a successful applicant is as follows:

- All applications will be considered, and a shortlist created.
- Shortlisted applicants will be invited to an interview and an audition with the Head of Performing Arts and a teacher of the appropriate discipline.
- Those applicants proceeding to the next step, with their parents, will be invited to an interview with the Head of Performing Arts and the Assistant Principal Learning and Teaching
- Recommendations will be considered by the Principal who will award the scholarship.
- Unsuccessful applicants will be informed as their journey in the process comes to an end.

Applicants are to prepare the following for the audition:

Music - an accompanied performance on student's principal instrument.

Dance - a prepared solo in preferred style.

Drama – prepare a short monologue (no longer than 2 minutes).

Performing Arts Extra-curricular Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
7.30am - 8.30am	Drama Year 8 Directed by Tabitha Magnan		Performance Band Directed by Jessica Maker in G201	Vocal Ensemble Band Directed by Jessica Maker in G20	Drama Year 9/10 Directed by Tabitha Magnan
	Drama Year 7 Directed by Mr Wood				
		Company Directed Ms Jones K204	Company Directed Ms Jones K204	Company Directed Ms Jones K204	
			Dance Ensemble Directed by Ms Slennett in the Theatre		Dance Ensemble Directed by Ms Preece K214
LUNCH	Junior Music Club G217 directed by Mr Sutcliffe			Jazz Band Directed by Mr Browett in G217	

Subject Departments





BBSSSA TOUCH FOOTBALL

Congratulations to the Stella Open and Under 15 touch teams who competed at the BBSSSA Touch Football Championships at Nolan's Reserve on Tuesday 23 February. The Stella teams were absolutely outstanding all day.

Both Stella teams went through the whole day undefeated. After winning all their round games and semi finals convincingly, both teams made it to the Grand Final!

The Under 15 team played against a strong St Brigid's team, and came away with an amazing 9 – 1 win!

The Open team played Mt St Benedict in the grand final, and had a very strong 7 - 4 win.

Well done to both teams on dominating the Championships.

Congratulations to Emily Smith and Piper Simons who were selected into the BBSSSA Open team, and also to Grace French, Jemma Kalms, Sophie Bishop, Ashton Reimer, Andie Milligan and Annabel Lynch who were selected into the U15 team.

Stella Under 15 touch team: Sophie Bishop, Roxy Burkett, Grace French, Evie Fox, Jade Guichon, Jemma Kalms, Annabel Lynch, Andie Milligan, Tara Nesbitt, Ashton Reimer, Lucia Rich and Kaila Tuckfield

Stella Open touch team: Bella Burkett, Anastasia Colahan, Lucia Curtin, Abi Gartner, Carys Gibbons-Maurer, Taylor Jones, Mischa Morrell, Georgie Sidd, Piper Simons, Grace Shanahan, Emily Smith, and Holly Wickham

Junior touch: The U13 touch gala day will be held at Nolan's on the 17th March. Trials for this team will held next Wednesday 3rd March at 730am at Keirle Park.

The touch football Term 1 development program for Years 7 and 8 will commence next Tuesday. Permission notes have been sent to all students.



Touch Football

NSWCCC SPORT REGISTRATIONS

A reminder that there are a number of NSWCCC sport registrations closing soon. The CCC sport trials are for students of a representative or elite level. Please go to the Catholic Schools NSW website for more information: https://csnsw.sport/

The following registrations will close soon: Volleyball: Closes on 5/3/21

Water Polo: Closes on 173/21 Triathlon: Closes on 15/3/21 Hockey: Closes on 15/3/21

A reminder that nominations for long distance swimming events are open but will close soon for both the NSWCCC and NSW All Schools events. Please go to the BBSSSA website and CSNSW website for more details:

https://www.brokenbaysport.org.au/secondary/swimming/event-information

https://csnsw.sport/

BASKETBALL

All of the Stella teams are doing well in the MWBA competition. We are looking for more players to join one of our Year 8 teams, who play on Monday nights at NBISC. If interested, please email Ms Isabella Rudolph(Isabella_Rudolph@stellamaris.nsw.edu.au) for more details.

SOFTBALL

Congratulations to Gracie Tetz, Minty Tetz and Jaylen Hotchkiss who played at the NSWCCC Softball trials on Monday 22nd February. All of the girls played extremely well, with Jaylen progressing through to the possibles vs probables game on the day. Well done girls on representing Stella at such a high level in your sport.

TRIATHLON

The NSW All Schools Triathlon will be held at the International Regatta Centre on March 30th. This year there will be no teams event. The individual events will be held in 3 age groups:

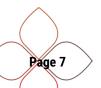
Junior – 12, 13, 14 years: 400m swim, 10km cycle, 3km run

Intermediate – 600m swim, 15km cycle, 4km run Senior – 750m swim, 20km cycle, 5km run

Entries are open on the CSNSW website. Any student who would like to enter should email Mrs Jenny Wickham for more details jenny_wickham@stellamaris.nsw.edu.au



Basketball





Applying to the Australian Defence Force Academy



Applying for ADFA is a competitive, dual application process that can take up to twelve months. It's preferable you apply in Year 11, but you can still apply in Year 12.

To start the ADF application process, use our degree and job match tool to explore the courses through ADFA, and the careers they can lead to. You can choose from a range of UNSW degrees, each of which leads directly to an officer role in the Navy, Army or Air Force. You will also need to ensure you are eligible.

https://www.defencejobs.gov.au/students-andeducation/australian-defence-force-academy/ how-to-apply/

Defence Events and Information Sessions Near You:

Tuesday, 2 March at 18:00 - Grafton: Defence Careers Info Session

Wednesday, 3 March at 18:00 - Glen Innes: Defence Careers Info Session

Thursday, 4 March at 18:00 - Inverell: Defence Careers Info Session

Thursday, 18 MAR AT 18:00 - Gap Year Virtual Info Session

https://www.facebook.com/pg/ DefenceJobsAustralia/events/

Visit our Stella Careers Website

Want a quick overview of what's going on? Click here to take you to our calendar of events

Check out our weekly Careers News here and select the first dot point (25 Feb Career News) to download.



Stella Maris Ex-Students Association (SMESA) Mentoring Program

Are you able to help our girls make their way into their first career? Give them some advice or moral support? It doesn't matter where you are located.

The College is looking to form connections between former and current students by way of a mentoring program for career advice and development.

The program is in the early stages of development but generally, mentoring may take any form that suits the needs of the participants.

If you are a former student of the College and would like to know more about being a mentor, please email donna_stimson@stellamaris.nsw.edu.au

Canteen Roster

Hours are 9.30am to 2.30pm

Monday 01 Mar

Nicole Reber Sonia Hatvany Nicole McNally

Tuesday 02 Mar

Belinda Vumbaca Julia Laaman Karen Joseph Nicole Sheather

Wednesday 03 Mar

Francene Scali Janine Silva Kylie Trabona

Thursday 04 Mar

Cindy Attanasio Joanna Gruber Lisa McGregor Justine McKee

Friday 05 Mar

Lisa Thorpe-Apps Jo McNamara Nicole Covich Joanne Lynsky-Smith Jeremy Stubbs

LOST PROPERTY

There are many lunch box containers, drink bottles (very expensive ones!) and other lunch items outside the canteen. Please ask your daughters if they are missing any items. They have been left here for quite some time and we would like to have them go to their homes as soon as possible! Thank you

Can't make it?

Please call Bernie on 9976 1826 to arrange a replacement

Uniform Shop

Open

8am to 4.30pm Tues, Wed, Thurs during term.

During the pandemic Stella Maris is not encouraging parents on site. Your daughter is able to come to the Uniform Shop to make her purchases.

Student Card

Does your daughter have sufficient funds on her Student Card for purchases at the Uniform Shop? Please top up her card the night before as it can take a few hours to load. We also accept debit/credit cards.

Swim caps

All girls are to swim in the swimming carnival on Monday 8 March. They wear colour House swim caps. These are \$3 and can be purchased online or in-store.

Stella Hat

We are now selling the new Stella hat! Optional for all Years at a cost of \$75. Come to us for sizing.

Online Uniform Shop

The College now has an online Uniform Shop allowing parents and students to conveniently purchase items online. Please order under your daughter's name. All items are available for pick up from recess the next Uniform Shop trading day. Please ask your daughter to come in at this time. We have been holding uncollected orders for some time. Please see the link below to access our online store, this link can also be found on the portal and school website.

https://uniformshoponline.stellamaris.nsw.edu.au/

Winter uniform

Year 10 girls can come in now to buy the senior winter uniform. Parents have been emailed the details.

Year 11 girls needing just the pink blouse can come from next week to purchase. New students in Year 11 will need the full uniform. Year 7 and new students in Years 8 and 9 can buy their winter uniform in March. They will be notified when their uniforms are available.

Face masks

The current advice is that if girls are travelling to school on a bus they must wear a mask. If they forget to bring one, disposable masks are available from the Uniform Shop for a short time for \$1. Policy changes will be updated in the College Newsletter as they arise.

More Uniform Information

<u>Click here for full price list</u> <u>Click here to go to the College Uniform</u> <u>webpage</u>

You can also contact Gail or Peta 9976 1819 <u>uniforms_books@stellamaris.nsw.edu.au</u>

