

STELLA MARIS NEWSLETTER

administration@stellamaris.nsw.edu.au www.stellamaris.nsw.edu.au

Term 2 Issue 05

21 May 2021

Loving heavenly Father,

We come to you asking for your blessing and help as we work together for the good of our students.

We pray for guidance and ask that you clearly lead us in embracing our work with a spirit of joy and enthusiasm.

Deeply instil in us the desire to find ways to excel every day.

https://thoughts-about-god.com/prayer_/opening-prayer

Diary Dates

26 May Year 10 Parent Information Evening

28 May Stella Day

31 May90th Anniversary Mass10 JuneYear 7 Meet and Greet11 JuneStaff Day (student free)

14 June Queen's Birthday Public Holiday

15 June School Photos19 June End of Term 2

13 July Term 3 commences for students



School Photos 15 June ORDER NOW!

Go to

www.advancedlife.com.au

and enter the code

KY8 HAC 97W

School photograhs are scheduled to be taken by Advanced Life on 15 June. Please complete your order online before 15 June. For those unable to complete an online order, an envelope and flyer will be distributed in the near future.

Portrait and group package orders are due by 15 June

Sibling photo orders no later than 14 June. Sibling photos will only be taken if an order has been placed.

Should you have any queries concerning school photos or ordering online, please contact Advanced Life at www.advancedlife.com.au/contact

Dear Stella Community

Our Student Learning Conferences wrapped up this week with the last session on Wednesday. We thank all parents who took the opportunity to strengthen their relationship with key staff in the lives of their daughters. I witnessed many rich and frank conversations, affirming the great work being produced by students and providing expert advice to drive learning forward. The most positive outcomes can be achieved when the three pieces in the puzzle – students, parents and teachers – connect. I encourage you to keep the conversation going at home, setting high expectations and supporting your daughter to reach beyond.

I'll go a step further and thank parents who value the input from our staff - teachers with multiple degrees, constantly updating their qualifications, as trained professionals who sometimes make a complex job look easy.

Teaching is a highly nuanced profession with lifelong consequences for our young learners. Accountability is high with many key stakeholders creating a web of checks and balances that ensure our teachers are supported and trusted in their efforts to bring best practice to their classrooms every day. Parents who understand this complexity, along with the demands of a crowded, changing curriculum, are the most effective at supporting their daughters' learning. When we work together focussed on our girls, balancing educational outcomes with wellbeing, we secure the pieces of the puzzle for the journey.

Finally, some playground talk to warm your soul this week. Some things *don't* change!

"Just tell her the dog took your homework."
"Say you had a bug and vomited on it."
And this light bulb moment: "Tests are actually much easier when you study."

Enjoy a wonderful week ahead with your fabulous Stella girls.

Louise Yeates Assistant Principal Learning & Teaching

Very Short Parent Survey

Thanks to the parents who spent an average of 37 seconds to respond so far. (I promised it was a very short survey!) You've given us some really interesting feedback to consider.

If you haven't already, please take a moment to complete this two-question survey on our weekly newsletter. We are always looking to improve communication channels and your feedback is vital.

Click here Thank you Donna Stimson Newsletter Editor





Our P&F are making a huge impact on the social life of the College community. We strongly urge you to support them by getting involved in whatever capacity your are able. Stella is a close community full of great people. We can't recommend joining in with the P&F enough! Here are their current activities...

WhatsApp

The WhatsApp group links have now been sent out and we are excited that there has been an excellent response in joining.

Year 11

We are still looking for an administrator for Year 11 in order to set up their group — if you have a daughter in Year 11 and would be interested, please email us at pandf@stellamaris.nsw.edu.au. The Admin job is not onerous — it involves setting up the group and emailing the link to us so that it can be shared. Then it's just a matter of sending out the details of one social event per term. Perhaps you have a friend who could do it with you?

First Social Events Now Organised!

Year 7 Picnic

2pm to 5pm, Saturday 5 June, Bilarong Reserve, Narrabeen.

Please come along to this casual afternoon for Mums and daughters (no siblings please due to Covid to keep numbers down). Bring your own drinks/nibbles. Please RSVP to stellayear2026@gmail.com.

Year 10 Picnic

10am to 12pm, Sunday 30 May, North Harbour Reserve, Balgowlah.

BYO morning tea or purchase from the coffee shop nearby. No need to RSVP for this one, just turn up. Your Year 10 Admin, Janet Sajowitz, will be there a little early to reserve a space so please look out for her!

Year 10 Father/Significant Male and Daughter Dinner

There has been discussion regarding organising a Father (or other significant male)/Daughter dinner to celebrate the end of Year 10. This would take place around mid-October. Year 10 Admin Janet Sajowitz is calling for parents of Year 10 to register their interest in attending this event and also for assistance in organising it. Please let her know (via WhatsApp) if this is something your daughter would attend. If you are interested in helping with organising the event please email her at enquiries@janetsajowitz.com.au or call her on 0419 615 693.

Judith Locke Online Webinars 15 and 22 June

Don't forget to register for clinical psychologist and former teacher Judith Locke's two 45-minute online webinars. These are a valuable resource for anyone wishing to build their teen's resilience, wellbeing and competence.

Please note that these webinars are offered to parents as a once only and cannot be recorded or repeated. The second one takes place during the first week of the school holidays so don't forget to take your device, or alternatively hop on from your phone wherever you are.

Kate Lovelace and Andrea Hogan P & F Presidents

Celebrating 200 Years of Catholic Education

Over the course of 200 years, Catholic schools have grown to become the largest provider of schooling in Australia (outside the government) with one in five school age students attending a Catholic school.

This represents some 768,000 students in 1,751 schools across the country and employing 98,000 teachers and staff.

Nearly 40 per cent of Catholic schools are located outside of metropolitan cities in regional, rural and remote communities.

The formal celebrations were due to be held from October 2020 to October 2021. However, due to pandemic restrictions, the celebrations will now be held next week.

A National Mass will be celebrated in every state, territory and diocese across the nation on the Feast of Our Lady Help of Christians on 24 May 2021 at 10.30am. Stella representatives will join local schools at St Mary's Catholic Church Manly to mark this event.

Celebrating 90 Years of Catholic Benedictine Education at Stella

On Monday 31 May we will celebrate our 90th Anniversary with Bishop Anthony Randazzo at St Mary's Cathedral, Sydney. Sr Patty Fawkner, Congregational Leader of the Sisters of the Good Samaritan of the Order of St Benedict, will give an address

Students have been busy rehearsing for this significant event in our College's history. Please sign your daughter's Consent to Go permission form electronically.

Please note: due to Covid restrictions this event is by invitation only. We apologise to those members of our community who are not able to attend because of the restrictions.



Helping your teen become confident and capable

We are excited to announce that Clinical Psychologist, Dr Judith Locke will be offering webinars for parents of students at our school. These two 45-minute webinars (adding up to a total of a 90-minute presentation) assist parents adopt a parenting approach that truly builds their teen's resilience, wellbeing and competence. Topics will be relevant to the ages and will include practical ideas for parents to help teens become more responsible for their schoolwork in the different years, adjust to changing relationships with your child, deal with emotional or defiant behaviour, and maintain family harmony. (Additional time for questions will be given in both webinars.)

Please note these two different sessions are for parents only and children should not attend.

When: Tuesday 15 June and Tuesday 22 June, 7.00pm

Topic: Stella Maris Parents of Years 7 to 12 Register in advance for this webinar:

https://us02web.zoom.us/webinar/register/WN_m_uT1AmDQeGHYGDqClnYRg

After registering, you will receive a confirmation email containing information about joining the webinar. Please note this webinar is offered once only and will not be recorded or repeated. If you wish to access similar content, then you are best to consult Judith's books.

Also note: Attendees may only include parents whose children currently attend Stella Maris or staff members of the College.

STELLA MARIS COLLEGE, ALONG WITH THE SUPPORT OF THE COLLEGE P&F, PRESENTS



DR JUDITH LOCKE

a clinical psychologist and former teacher





ONLINE WEBINARS

Delivered as two different 45 min sessions (including 5 mins of Q&A time)

7pm 15 JUNE and 22 JUNE

HELPING DEVELOP YOUR TEEN'S RESILIENCE

To help parents encourage their teen's confidence, resilience and self-regulation in their schooling, in an era where many parents overdo assistance and care for their children. Register in advance for this webinar:

https://us02web.zoom.us/webinar/register/WN_m_u11AmDQeGHY GDqClnYRg

After registering, you will receive a confirmation email containing information about joining the webinar. Please note these webinars are offered once only and will not be recorded or repeated. If you wish to access similar content, then you are best to consult judith's books.

Dr Judith Locke is the
Director of Confident and
Capable®,
an organisation specialising
in delivering psychological
training solutions for
parents, children and
teachers.
She has undertaken
research investigating

modern parenting, family
wellbeing,
and academic
environments. Her
psychological commentary
features regularly in
the media, including a
weekly parenting column for

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Nationally Consistent Collection of Data (NCCD)

Each year, all schools across Australia take part in the collection of data of students who require extra support or who have a disability or medical issue. The fact sheet below will give you information about this. Please do not hesitate to contact me if you have any questions about this.

Cath Douglas, Head of Inclusive Learning

Building for the Future

As we start looking towards the next stage of master planning, we ask that Stella families who are in a position to do so consider making a tax-deductible donation to the College Building Fund, so that the College can continue to provide new facilities and infrastructure over the coming years. The recommended contribution per family is \$400. This is an optional payment and you are able to determine the amount you wish to contribute. The payment can be made to the Stella Maris College Building Fund No. AF 1595C SF 6875 via EFT to our bank account, with your CRN and "Building Fund". Please contact the Finance Office for more information if required and note that receipts will be issued via email.

How to contribute

Nationally Consistent Collection of Data on School Students with Disability (NCCD)

Every Australian school is legislated to participate each year in the Nationally Consistent Collection of Data on students receiving adjustments due to disability.



What is the NCCD?

The NCCD is an annual collection of information about Australian school students with disability



Information collected:

Year of schooling Level of adjustment Broad category of disability



NCCD

The purpose ...

To ensure that all students with a disability have equal access to education



Annual collection

The NCCD is held each year in every Australian School.



First Friday in August



Who is involved?

School staff, students and parents / carers.



Where can I learn more?

Visit the new NCCD Portal www.nccd.edu.au

Equal access to education





Extra-curricular

Da Vinci Decathlon

Last week I shared with you the Year 8 da Vinci Decathlon Cartography success.

Stella girls are great all-rounders. This week the rest of the results came through and we are very proud of our girls' participation in this tough competition, alongside some of the most elite selective schools in Sydney. Congratulations to all participants and their teachers.

Cath Douglas Head of Inclusive Learning

Year 7

Year 7 competed against 75 Year 7 teams and came 13th in Cartography.

Alyssa Trabona Zara Sharp Chloe Root Jessica Oakhill Evie Mulligan Katherine Edgtton Kiki Breure Ava Ziloli

Year 8

Year 8 results against 78 Year 8 teams:

Cartography 2nd Legacy 9th Science 13th

Catherine Barton Jessica * CJ Ward Talia Hogan Charlotte Sole Sienna O'Connor Emma Mathieson Charlotte Young

Year IU

Year 10s competed against 73 other Year 10 Teams resulting in the following places:

Overall 15th
Mathematics 5th
Cartography 8th
Science 11th
Ideation 13th

Sara Dickson Emily Grimes Iona Hearn Macey Sajowitz Jocelyn Dodenhoff Mya Imgraben Hannah Rumble Elly Briggs







Careers

Student wellbeing and career resilience in a rapidly changing world: Parents and carers webinar

Friday, 4 June 2021, 12 pm AEST

Young people face a future working life which will be marked by constant change. The economic impacts of COVID-19 have caused labour market disruption and job losses for many young people who are overrepresented in hard-hit industries such as tourism, hospitality, and arts and culture. Many students have missed important milestones and struggled with the isolation imposed by lockdowns.

In this webinar, Dr Lyn O'Grady, a psychologist specialising in the mental health and wellbeing of children, young people and their parents, will explore the potential impacts of the COVID-19 pandemic on student emotional and psychological wellbeing which may create obstacles for students facing complex career decisions and transitions. Lyn will offer practical advice, strategies and resources for parents and carers supporting students in extraordinary times of change.

Register now



Duke of Edinburgh Update

Good luck to our very large group of Year 9 Bronze girls who are heading off Sunday morning on the Lane Cove National Park to hike from Thornleigh to Hunters Hill. This group have been a pleasure to work with and have impressed the Duke of Ed team with their organisation and enthusiasm for the hike ahead. Please remember all information covered in our training sessions about equipment, the Award and cooking is on your Year 9 Duke of Ed TEAMS page.

Congratulations to the twenty Years 11 and 12 girls who successfully completed their Gold preliminary hike in the Royal National Park last weekend and thank you to the staff who generously gave up their time and warm beds to accompany the girls. The photos are spectacular!

Year 10 – please keep the Bronze qualifying reports coming. Remember to upload your document to TEAMS and to your ORB.

Thank you to the five Year 10 volunteers who were of great assistance at the Avalon School Band Camp last weekend. Your encouragement and help was greatly appreciated by the staff and students.

Beach2Beach 2021 Charity fun walk (formerly the Pub2Pub) – Please bring your family and friends and help Stella Maris College retain our crown of largest group and largest school group by joining our 2021 team for the 3, 6 or 10 km walk/run. Follow the link below to join our team:

https://www.registernow.com.au/secure/Register.aspx?E=37696&G=131699

All money raised goes directly to the Happy Days Cambodian Village school. Please note all Year 9 Bronze Duke of Ed participants will have their registration completed by the school. The Duke of Ed team would also love to hear from anyone interested in sponsoring our 2021 team with fun run t-shirts or printing. Please contact Ms Bradstreet or Ms Silburn for more information, thank you.

Linda Silburn, Duke of Ed Coordinator









The Removalists are in Newtown with Year 12

On Sunday 16 May some members of our Year 12 Drama class had the fabulous opportunity of attending a production of David Williamson's *The Removalists* at the New Theatre in Newtown. With a full house of facemask-wearing HSC students studying the play, words on a page came to life on stage. While reading the play in the classroom helped us to grasp the fundamental themes, seeing it performed ensures we understand the intended nuances, subtle implications and inflections of the characters and situations they find themselves in. To see a manifestation of a play we are studying was hugely profitable.

Although written in the 1970s, the actors and director incorporated modern references and a contemporary approach to the lighting and set. Williamson crafts an ingenious play; the dark subject matter of domestic violence and police brutality is offset by light comedic moments such as an overt short shorts wearing removalist constantly interrupting to remind everyone, "I've got fifty thousand dollars' worth of equipment ticking over out there in the drive." Seeing the live production certainly enhanced our understanding of the play and being immersed in the characters interactions and idiosyncrasies deepened our perspectives on the human experience of the grey area explored and exploited through the abuse of power and authority.

We also had the unique privilege of the actors and set designer holding a Q & A session post the performance. Here we could ask questions that delved into the minds of each character in order to understand the dramatic choices they made. This was particularly insightful, as even though this play is set in the 1970's, their casting choices deliberately wanted to draw parallels with the current 'Black Lives Matter' movement and Indigenous deaths in custody to highlight the relevance of the play's themes to today's society.

We all thoroughly enjoyed experiencing the play and thank Mr Smith for organising it. It was a great night of theatre!

Phoebe O'Brien & Amelia Chapman, Year 12









Sport Report

Basketball

The Stella teams are doing well in the current MWBA basketball competition. We will have a number of teams qualify for the finals series later this term.

We are now preparing for the Semester 2 competition. The competition will run throughout Terms 3 and 4. Games are run through the Manly Warringah Basketball Competition and held at various venues, including NBISC and Narrabeen Sports High. Years 7 and 8 will play on Monday evenings, Years 9 and 10 on Wednesday evenings, Years 11 and 12 on Friday evenings. At this stage we are calling for expressions of interest. Any player who would like to play basketball for Stella in Semester 2 will need to complete the form which can be found on the following link:

Basketball form

Please complete this form by 31 May. Information about the competition and training can be found on the portal. Permission notes will be sent to interested students via Consent2Go. Trials will be held at school on the week of 7-11 June. These trials are for grading purposes only, as all interested students will be placed in a team.

Netball

The Stella teams are doing very well in the Peninsula Cup Netball competition. It is fantastic to see so many Stella girls out there playing netball for Stella and having a great time with their friends! The competition will continue to the end of Term 2. Teams for the BBSSSA Netball Gala Day will be selected in the coming weeks. We will have four teams play at the BBSSSA Netball Championships in Term 3.

Rugby League

The first ever BBSSSA rugby league trial was held on the Central Coast on Wednesday 19 July. Congratulations to Piper Simons and Charlotte Byrne who represented Stella at this event. Both students have been selected to represent BBSSSA and will play against Parramatta later this term. Well done girls!

Athletics Squad

A reminder that the Athletics Squad is continuing to train this term in preparation for the carnival season in Term 3. Any interested students are invited to attend the trainings sessions. The Friday afternoon sessions have been fantastic! These are held at the Academy of sport, Narrabeen. There are coaches available for all events. Students will need to be part of the squad in order to take part in the carnivals in Term 3.

Touch Football

The Stella touch football teams are busy training for the NSW All Schools Championships which will be held at Penrith in June. Well done to all of the students who have been selected into teams and are training hard for this event.

Soccer

Good luck to the Stella Students who are playing at the NSWCCC Soccer Championships next week. Izzy Stein, Beth Moran, Piper Simons and Shay Hollman are all part of the BBSSSA team and will play in the two day event. Good luck girls!

Signing Up in Term 3

The Sport Department will no longer be using paper permission notes to sign up for sports. From the end of this term, students will be required to complete a survey to express interest in joining an extra-curricular sport. All students will be sent a link to the forms for each individual sport. Once the survey is completed, students and parents will be sent the sport details and permission note through Consent2Go. Parents must then accept or decline the invitations to that sport. Payments will be processed through Consent2Go when the invitation is accepted. Payments will be required before the commencement of the sport. All sport details as well as the link to the surveys will be available for parents and students on SEQTA.

Jenny Wickham Head of Sport

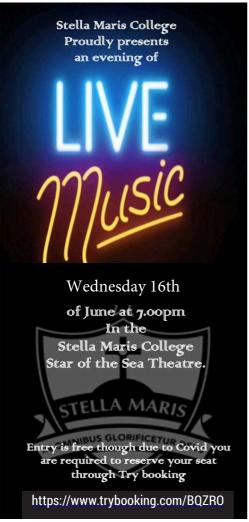




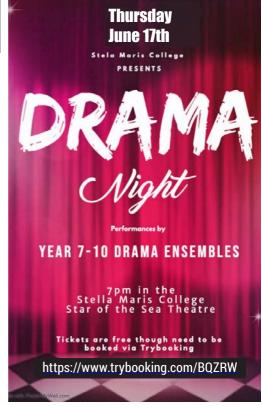


Performing Arts

Got your tickets yet? Don't leave it until the last minute! Numbers are limited.









Canteen Roster

Hours are 9.30am to 2.30pm

Monday 10 May

Ikuyo Feldman Milu Rich Bernadette Hickey Emma Cousins

Tuesday 11 May

Riany Tanner

HELP NEEDED PLEASE

Wednesday May 19 Peta Alpen Jude Furniss Helena Mooney Sharna Mulcahy

Thursday May 20

Daniella Hazell Lesha Evans Michelle Malouf

Friday May 21

Alison Kelly Tara Edgtton Simone Selinas Sandra Berryman Hollie Napper

Please note

- 9.30am is the cut off for lunch orders. This is the only way to order lunch.
- only order for the following day (no advance orders) as we can run out of items.
- don't order on a Sunday night for a Monday order. These don't always come through.

The My Student Account link is available on Stella Online (the new parent portal), not the SEQTA app. You would have received an email about this.

To access MSA, you have to login first to Stella Online (link is available on our website, at the top) and then click on "My Student Account" link where parents can top up the card and do online orders.

For any issues please direct your query via email to IT Support

Regards, Bernie & Cheryl

Can't make it or would like to volunteer?

Please call Bernie 9976 1826 or 0414 519 108

Uniform Shop

- **1. Year 7 Art Pack to be purchased this term.** For the girls doing Art in Terms 3 and 4. \$60. Please order online for next trading day pickup.
- 2. Stella Pants: Please come to the Uniform Shop for sizing. The pants can be worn in Terms 2 and 3 by all Years. Cost \$65. The pants look best and will wear well when they are worn at the correct length. If they need to be hemmed, the Uniform Shop can recommend someone.
- 3. Collapsible 'Stella Brella'. Handy to carry in your daughter's backpack. Cost is \$15.
- 4. Soccer socks \$15
- 5. Scarves \$12.

Open

8am to 4.30pm Tues, Wed, Thurs during term.

At this time Stella Maris is not encouraging parents on site. Your daughter is able to come to the Uniform Shop to make her purchases so there is no need for parents to come to the Uniform Shop. If payment cannot be made by Student Card, please contact us for alternatives. This is particularly important now there have been local Covid cases reported.

Student Card

Does your daughter have sufficient funds on her Student Card for purchases at the Uniform Shop? Please top up her card the night before as it can take a few hours to load. We also accept debit/credit cards.

Online Uniform Shop

The College now has an online Uniform Shop allowing parents and students to conveniently purchase items online. Please order under your daughter's name. All items are available for pick up from recess the next Uniform Shop trading day. Please ask your daughter to collect her order the next day. We have been holding uncollected paid orders for some time. Please see the link below to access our online store, this link can also be found on the portal and school website. If you have any queries please email us.

There is a 1pm cut off for placement of orders for same day collection Tuesday to Thursday.

https://uniformshoponline.stellamaris.nsw.edu.au/

Please collect orders shortly after the *Ready for Collection* notice is sent.

Disposable Face masks \$1

More Uniform Information
Click here for full price list
Click here to go to the College Uniform webpage

You can also contact Gail Hickey 9976 1819 uniforms_books@stellamaris.nsw.edu.au



Our Local Community

Advertising Policy: The College newsletter is not open to advertising for commercial businesses. We are sure you understand the practical nature of this decision given the size of our community. Within limits, we promote events run by the local council and by registered not-for-profit organisations working in the local area. Thank you for your understanding.



Crisis Support. Suicide Prevention.

CHILDREN'S BOOK SALE (ages 0-18)

Brookvale
Lifeline Book Depot
18 Roger Street

MAY 22

Saturday 9am-1pm

Picture Books, School Resources, Text Books, Junior Fiction, Young Adult, Activities, Non-Fiction

