

STELLA MARIS NEWSLETTER

administration@stellamaris.nsw.edu.au www.stellamaris.nsw.edu.au

Term 2 Issue 07

4 June 2021

Prayer to Mary, Star of the Sea

Star of the Sea so radiant in the glory of God's Love, Your crown outshining all the stars of heaven up above, O, lovely Queen of Peace, gowned in azure's of the sea, Help us find the way to Jesus, in your wise serenity. We ask you Pearl of Grace to grant us vision, courage, will, So 'peace on earth', that miracle, at last might be fulfilled! Dear Mother of the Church blessed beacon of God's Light, May you always guide your children on the stormy seas of life. Make our hearts into safe harbours, where dear Jesus is received Hear our prayer, O, Spiritual Vessel, Mother of God, Star of the Sea.

Anne Frasca copyright 2000 - anne2000@mah-online.com

Diary Dates

10 June Year 7 Meet and Greet11 June Staff Day (student free)

14 June Queen's Birthday Public Holiday

15 June School Photos19 June End of Term 2

13 July Term 3 commences for students

17 Sept End of Term 3



School Photos 15 June ORDER NOW!

Go to

www.advancedlife.com.au

and enter the code

KY8 HAC 97W

School photograhs are scheduled to be taken by Advanced Life on 15 June. Please complete your order online before 15 June. For those unable to complete an online order, an envelope and flyer will be distributed soon.

Portrait and group package orders are due by 15 June.

Sibling photo orders no later than 14 June. Sibling photos will only be taken if an order has been placed.

Should you have any queries contact Advanced Life at www.advancedlife.com.au/contact

Dear Stella Community

Stella Day

It was great to see the engagement of the girls and the staff last Friday at Stella Day. I would really like to thank Ms Chin and Ms Metcalfe for their work in preparing the morning with our prayer and fundraising for Santa Teresa, organising our visiting indigenous dancers from our sister school, St Scholastica's, and arranging Teagan Murdock (from Ngumpie Weaving) to share a little of her story. Teagan then spent several hours teaching the girls how to weave.

On her website Teagan explains, 'I am a proud member of the Barkindtji tribe originating from Coomealla, Lake Victoria and the Mungo regions from my mothers ancestors. While also belonging to the Yorta Yorta and Dhudaroah tribes originating from the Shepparton area from my father's ancestors.

My beautiful mum Margaret taught me to weave several years ago. I started weaving earrings and then kept creating new pieces as the inspiration came to me. I now create jewellery and wall pieces as well as teach others to weave in face-to-face and online workshops, school visits and corporate staff development days. https://ngumpieweaving.com/about

I also thank Ms Cavallaro, Ms Riley, Mr Jones and the Year 12 Leaders (particularly SRC Prefects Emily Bran and Jessica Dunn) and the many staff and students who helped with the day's activities. It was a great community day.

90th Anniversary Mass

On Monday we celebrated 90 years of Stella Maris College. Bishop Anthony Randazzo celebrated the mass and Sr Patty Faulkner sgs, Congregational Leder of the Sisters of the Good Samaritan, was our guest speaker. Both Bishop Anthony and Sr Patty encouraged the girls to recognise the importance of the achievement of the Sisters of the Good Samaritan in their mission to women and children and Sr Patty reminded the girls that they are known and loved as God's unique creation and they should be courageous and empowered as they leave our gates.

I thank Ms Chin, the Performing Arts staff and the many other staff who assisted with the day. The girls contributed so much to the mass - as choir and altar servers, in assisting with readings and prayers as well as our Gospel procession. It was a beautiful celebration and the many guests and alumnae who attended commented on how uplifting the mass was. It was a perfect celebration of who we are as a Good Samaritan Benedictine Catholic school.

Congratulations

Congratulations to the Stella dancers who gained some amazing results in the IRBD. The Lyrical Company gained a first place and highly commended and the Senior Jazz scored a second place. The Year 11 Elective Dance, Commercial Jazz Company and Junior Jazz Company were also highly commended. Congratulations girls and thank you Ms Jones!

Archdiocese of Sydney Youth Camp

Sydney Catholic Youth (SCY) are hosting a 4-day youth camp from 5 to 8 July for students in Years 7 to 12 at the Benedict XVI Retreat Centre. For more information contact SCY (ph: 93078152) or the Manly Freshwater Youth Ministry (search on Facebook and Instagram).

Elizabeth Carnegie, Principal

Read Me!

*

90th Anniversary Mass

Address by Patty Fawkner SGS Congregational Leader Sisters of the Good Samaritan

Good morning everyone and congratulations. It's an honour for me to be with you on your 90th Anniversary. And this during the 200th anniversary of Catholic Education in Australia. I am proud to say that the Sisters of the Good Samaritan have played an uninterrupted role in Catholic education for 160 of those 200 years.

Stella Maris has a wonderful tradition founded upon Good Samaritan Benedictine values. We all know what it means to be a Good Samaritan and you often see someone being described as that in the media for some random act of kindness.

Pope Francis devoted a whole chapter with a reflection on the Good Samaritan in his latest encyclical, Fratelli Tutti. The Pope says that there are only two kinds of people, we could say only two kinds of Stella students or staff members: "Those who care for someone who is hurting and those who pass by; those [students and staff] who bend down to help and those who look the other way and hurry off". (#70) What type of person do you choose to be?

The thing about the Good Samaritan in the parable is that he was the most unlikely helper. He was the hated enemy of the wounded man, from a different ethnic group and religion. It's akin to an Hamas militant helping an Israeli soldier or vice versa.

The parable is about helping the "other", the one who is different from me.....Who is the "other" for you? Is it someone from another religion or race, school or gender? Is it a richer person, a less intelligent person? We humans can "other" anyone.

Hospitality is one of the key Benedictine values that inspires your College community. So, you have a special call to be hospitable to the one who is other...

...Each of you has your own vocation, or calling in life that only you can fulfill. I've heard it said, that you find your particular vocation where your deep gladness meets the world's deep hunger or need. Don't go and volunteer in a refugee camp, worthy though that may be, if you're depressed all the time. It's a deep need, but not your deep gladness. But neither devote your life to trivial pursuits which may be your deep gladness, but hardly the world's deep need.

I hope each of you comes to find that intersection between gladness and need, something which is deeply meaningful for you – something worth living for, perhaps even worth dying for. No-one else can tell you what it might be. That's for you to find, and then to go for.....

.....I wish to leave you with a blessing from a 4th century Saint Ambrose, Bishop of Milan. Ambrose said, "See how beautiful God's grace has made you".

Each of you is beautiful, beautifully made and loved by God. May you believe with every fibre of your being how beautiful God's grace has made you. This is my hope for you, my prayer for you and my blessing on your 90th Anniversary.

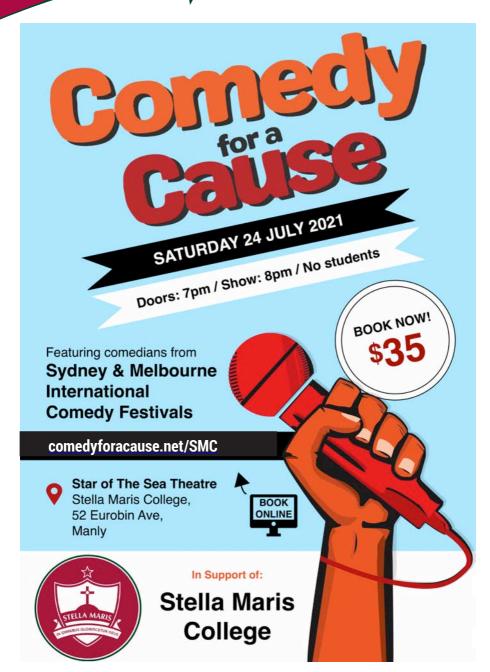












Parents & Friends

Comedy Night - Saturday 24 July

Tickets are now on sale for the Comedy Night which will take place at our own Star of the Sea Theatre on Saturday, 24 July. Doors open at 7pm for an 8pm start, and drinks/snacks will be available prior to the show. Please support this evening which will be a great night out—all proceeds go to the school. Please note that parents are welcome to bring friends, but it is an **adults-only show** and not for students. Follow this link to secure your tickets. comedyforacause.net/SMC

Year 7

Year 7 Picnic, 2pm-5pm Saturday 5 June, Bilarong Reserve, Narrabeen

Reminder that the Year 7 picnic is this Saturday, 5 June. Please come along to this casual afternoon for mums and daughters (no siblings please due to Covid to keep numbers down). Bring your own drinks/nibbles. Please RSVP if you haven't already done so to stellayear2026@gmail.com.

Year 11

We are still looking for an administrator for Year 11 in order to set up their group — if you have a daughter in Year 11 and would be interested, please email us at pandf@stellamaris.nsw.edu.au . The Admin job is not onerous — it involves setting up the group and emailing the link to us so that it can be shared. Then it's just a matter of sending out the details of one social event per term. Perhaps you have a friend who could do it with you?

Next P & F Meeting – Wednesday, 14 July

Please come along to our next P & F meeting on Wednesday, 14 July at 7.30pm in the Old School Library. Amy Smith, Assistant Principal Wellbeing and Kylie Andrew, College Counsellor, will be speaking about their work focussed on the wellbeing of Stella students, including the Positive Education Program and acceptable use changes for mobiles and technology.

Hope to see you there! Kate Lovelace and Andrea Hogan P & F Presidents

Confident and Capable with Dr Judith Locke

REGISTER HERE

Webinars for parents of Stella girls by clinical psychologist Dr Judith Locke.

2 x 45 minute webinars (full presentation is 90 mins) 15 June and 22 June at 7pm

These webinars will help parents adopt a parenting approach that truly builds their teen's resilience, wellbeing and competence. Topics will be relevant to the ages and will include practical ideas for parents to help teens become more responsible for their schoolwork in the different years, adjust to changing relationships with your child, deal with emotional or defiant behaviour, and maintain family harmony. (Additional time for questions will be given in both webinars.)

After registering, you will receive a confirmation email containing information about joining the webinar. Please note this webinar is offered once only and will not be recorded or repeated. If you wish to access similar content, then you are best to consult Judith's books.

Please note these two different sessions are for **parents only** and children should not attend. Attendees may only include parents whose children currently attend Stella Maris or staff members of the College.



Good Reads for Parents and Daughters these Upcoming School Holidays

The Library has put together the following recommendations and an invitation to read with your daughter these holidays.

Our 'Stella Reading Together' program is designed to promote reading engagement by getting students and parents to read the same book at the same time and discuss what is happening.

Reading for enjoyment is linked to enhanced learning outcomes as well as building empathy and imagination.

READ THE RECOMMENDATIONS HERE



Lost Property

Canteen: Please ask your daughter to collect her container from the Stella Day cake stall. There are also many drink bottles and lunch boxes waiting to be collected. Sadly, they are off to landfill if not collected by the end of the term.

Student Reception: There are a number of items to be collected before they are disposed of at the end of term. Surprisingly, there are a number of expensive retainers unclaimed.

Building for the Future

As we start looking towards the next stage of master planning, we ask that Stella families who are in a position to do so consider making a tax-deductible donation to the College Building Fund, so that the College can continue to provide new facilities and infrastructure over the coming years. The recommended contribution per family is \$400. This is an optional payment and you are able to determine the amount you wish to contribute. The payment can be made to the Stella Maris College Building Fund No. AF 1595C SF 6875 via EFT to our bank account, with your CRN and "Building Fund". Please contact the Finance Office for more information if required and note that receipts will be issued via email.

How to contribute



Extra-curricular

Weekly Careers News

An extensive list of the latest of what is happening at University, TAFE, colleges and other interesting events at your fingertips EVERY WEEK.

You can find our Weekly Careers News on our Careers Website <u>here</u> or under IMPORTANT INFORMATION on our Stella Careers Website

Please visit <u>www.stellacareers.com</u> for all other information careers related.

Lisa Walsh, Careers and Pathways Advisor lisa_walsh@stellamaris.nsw.edu.au

Back on Stage at Last!

The Stella Dancers had their first competition since 2019 on the weekend. What a way to start the season!

The girls did us proud. They were professional, showed lovely support and spirit to each other and the other schools, and were brimming with positivity and excitement! The competition was tough – 40 competitors overall!

IRBD RESULTS

1st Place – Lyrical Company "Scars To Your Beautiful" (James Maras)

2nd Place – Senior Jazz Company "Ba Bing" (Miss Jones) Highly Commended – Lyrical Company 2020 "Old Days" (Miss Jones & Shayne Samoley)

Highly Commended – Yr 11 Elective Dance "Bad Romance" (Miss Jones)

Highly Commended – Commercial Jazz Company "Get Me Bodied" (Lauren Elton)

Highly Commended – Junior Jazz Company 2020 "Timebomb" (Miss Jones)

Rochelle Jones



Two weeks to go - Stella Shorts Story Competition

Everyone is invited to participate in the Stella Shorts Very Short Writing Competition. You get **140 characters** to tell a story.

It is open to students, staff and parents! Submit your entries to <u>alison_tedman@stellamaris.nsw.edu.au</u> before the end of Term 2! Chocolate prizes for those published in this year's Stellabration.

Parents, time to lead your daughters by example! Get your entries in asap!!

Alison Tedman, Head of English

Duke of Edinburgh Update

Congratulations to the Year 9 Bronze Duke of Edinburgh students who completed their first adventurous journey last weekend in Lane Cove National Park. The girls successfully hiked 30km along the Great North Walk with a great attitude and enthusiasm for life. Thank you to the staff who accompanied the girls who reported back that the group was a pleasure to take away. Could Year 9 please complete the hike report on your ORB and send for approval.

Year 10 – please keep the Bronze qualifying reports coming. Remember to upload your document to TEAMS and to your ORB. This must be done before your award can be approved. Silver Award registration forms are now on your Teams page.

BEACH2BEACH Charity Fun Walk 2021 We need you!!

Beach2Beach 2021 Charity fun walk – Please bring your family and friends and help Stella Maris College retain our crown of largest group and largest school group by joining our 2021 team for the 3, 6 or 10 km walk/run. Follow the link below to join our team:

REGISTER HERE

All money raised goes directly to the Happy Days Cambodian Village school. Please note all Year 9 Bronze Duke of Ed participants will have their registration completed by the school. The Duke of Ed team would also love to hear from anyone interested in sponsoring our 2021 team with fun run t-shirts or printing. Please contact Ms Bradstreet or Ms Silburn for more information, thank you.





Extra-curricular

Duke of Ed in Cambodia

The following is a speech written by Jessica Shearer, now Year 10, on her experience in Cambodia in 2019. She was due to deliver it at the last assembly but time was against us and we didn't get to hear her. Jessica wanted to share her experience with everyone to encourage them to sign up for the Beach2Beach Charity Walk as all money raised goes to the Happy Days school in Cambodia. Since 2021 is our Year of Peace and Justice it is fitting to share it here to give us all something to reflect on and encourage us to act.

Throughout our lives there are moments of profound learning and we are happy that at Stella we provide opportunities that can lead to such moments. We hope you find something of value for yourselves in Jessica's speech...



"Last year, just before Covid hit, I had the honour of visiting Cambodia, a developing country in south east Asia. I travelled with my family to some of the poorest regions in the country and spent time working with the children and families who are supported by the Happy Days Charity. While there, I got to see some of the extreme hardships they go through on a daily basis. It was a very impactful experience that I will remember for a lifetime.

To give some context, about 1/5 of the population in Cambodia experience extreme poverty and suffering. The Happy Days Charity provides support to about 1,300 school children (aged 4 to 25) and their families who live in remote villages near the city of Siem Reap. Many of these people were still affected by the aftermath of the Pol Pot Communist regime that dominated the 1970s and 80s where 2 million Cambodians were executed. A lot of the kids I met had lost one or both parents and many were solely responsible for looking after their younger siblings. Almost all the parents I met had never received an education and could not read or write.

It was not surprising to find out that the average life expectancy in Cambodia was only 65 years old. Most of the families we visited lived on less than \$2 a day and could hardly afford food or other essentials such as housing, sanitation, clothing, education and health care. Children rarely ate more than one meal a day. And sometimes they went days without food. A family of 10 would live in a one room hut with nothing more than bamboo leaves for a roof and the walls. They usually only had one set of clothes which they wore all day every day for years. Many had no shoes. Only 2% of Cambodia's population has access to running water so they rarely bathe or clean except in contaminated water. Sadly, 3/4 of the population don't even have access to fresh drinking

water either and drink swampy, muddy water at best.

As each day is a struggle to survive, there is no way families could ever afford education for their children.

The chance of going to university - where the cost of

education/housing/food would be at least \$2,500 a year – would be completely out of the question. That's why kids, from the age of two, worked in rice paddies with their illiterate parents, or caught fish to sell at markets. I met plenty of teenagers and young adults who had never

It was such a tough existence and such an incredible contrast to our comfortable life on the Northern Beaches. But despite the severe challenges faced by these people, I was overwhelmed by their joy and laughter and genuine happiness. They never complained and fully appreciated even the smallest kindness shown to them.

been to school or learned to read and write.

Since 2012, the Happy Days Charity has been involved in many projects in Cambodia with the main aim of helping families break the poverty cycle by improving their living conditions and offering them an education they would otherwise never have. With the support of schools like Stella Maris College, the Charity has been able to raise funds to provide families in remote villages with safe living environments by building houses, installing fresh water pumps and providing medical care when required. Thousands of mosquito nets have been distributed to village areas to help prevent the spread of malaria. The Charity has also built 3 schools so that thousands of kids can now be educated. Each school has fresh water pumps installed, toilet facilities to increase sanitation and hygiene and a breakfast program to ensure that EVERY student receives a meal EVERY day. The Charity also pays for new school uniforms, books, stationery and sporting equipment for every student each year. It pays for the salaries of English teachers to teach all years from K-12. Hundreds of bicycles and a school bus have been donated so that kids living long distances can get to school. Some of the students who have made it to Year 12 have been sponsored to go onto study for a university degree. This is a remarkable achievement for some of the poorest kids in the world.



Apart from fundraising, many people visit Siem Reap to lend a hand to the Happy Days Charity including Duke of Edinburgh students from Stella Maris and other schools around Australia. Volunteers can get involved in building schools, planting rice, making meals for families, going on a 60km bike riding excursion to Angkor Wat with students from the school and even teaching a lesson (in English) in the classroom.

The most important thing I learned from my experience is that it doesn't take much to change a life. Whether it's volunteering your time, sponsoring a student or raising money to support the Charity's projects from events such as the Beach-to-Beach Fun Run, every little bit helps. Even a small contribution can make a massive difference to the lives of those less fortunate than us.

BBSSSA Basketball

Congratulations to our AMAZING Open basketball team who competed in the BBSSSA Basketball Championships at Terrigal on Thursday 3 June. This is one of the strongest school basketball competitions and the Stella team was outstanding.

All members of the team displayed a very high level of skill and athletic ability throughout the competition. They even won one game 60-2! The girls worked so well as a team, but each of them displayed fantastic individual ability:

Beth was outstanding in defence; Emily's interecpets were amazing; Izzy's lay-ups were the best in the tournament; Kayla was the top point scorer; Chloe's speed on the court was unbeatable; Lily was the star at 'Jump to the Ball'; Grace's fitness was unbelievable; Abi fought hard to steal the ball all day and Brooke put her body on the line in every game. They were definitely a star team!

The team was very unlucky not to come away as the 2021 Champions. They only lost one game by one basket, so went as close as can be to winning the event!

Congratulations to all members of the team:

Beth Moran, Emily Smith, Izzy Stein, Kayla Kimball, Chloe Hatvany, Lily Grenegar, Grace Burke, Abi Gartner and Brooke Smith.



Rugby League

Congratulations to Piper Simons and Charlotte Byrne who represented BBSSSA in the first ever Metro League trial this week. The BBSSSA team played against a very strong Parramatta Dioscese so lost the game. The Stella girls played very well and Piper was selected into the Metro team to play at the NSWCCC Championships in August. Well done girls!



Diving

Congratulations to Elissa Mackenzie who competed at the NSW All Schools Diving Championships last week. Elissa dived beautifully and was placed 6th overall and was the second placed CCC competitor. Well done Elissa!



Cross Country

Good luck to the Stella girls who are competing at the NSWCCC Cross Country Championships at Eastern Creek next Tuesday 8 June:

Sophie Lasorsa, Tilly Bridge, Zoe Burke, Emma Morris, Ashton Reimer, Elisha Cuthbert, Holly Wickham, Tilla Garrett, Izzy Stein and Ella Garrett.

Snow Sports

A reminder that any student who is interested in competing at the NSW Interschools, they need to complete the Expression of Interest form by clicking on the link below.

Stella will be entering teams into the NSW Interschools Snow Sports event again this year. Stella will compete in the Northern NSW event which will be held at Perisher from 28 June - 2 July. Stella will enter teams, but students will be required to travel and stay with their own families for this event. Intitial details have been sent to all students.

Snow Sports Expression of Interest

MWBA Basketball

Grading for the Semester 2 basketball teams will take place on Monday to Wednesday next week. Any students who wish to play basketball in Terms 3 and 4 need to have completed the Expression of Interest form (link below) and must attend grading sessions next week.

Basketball Expression of Interest

Jenny Wickham Head of Sport

Performing Arts

Got your tickets yet?

Dance Night 7pm Show Sold Out! But don't despair!

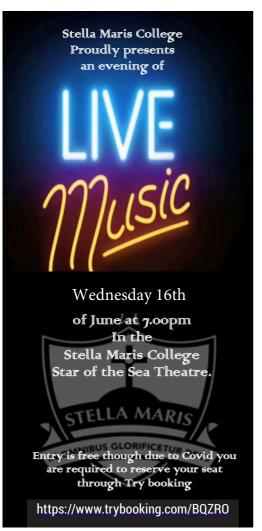
We are looking to put on **another show** at 5pm that same day if there is enough interest. Book before midday, Monday 7 June.

We have published a waitlist for Dance Night through Trybooking. If you have missed out on tickets for the 7pm show or have yet to book tickets, please book a ticket thought this Trybooking link

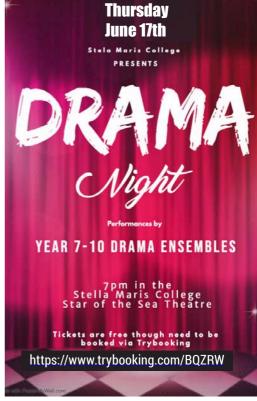
https://www.trybooking.com/BRYQG.

We will contact everyone on the waitlist by 3pm Monday to advise if there has been enough interest for a 5pm show to go ahead.

Jessica Maker Head of Performing Arts









Canteen Roster

Hours are 9.30am to 2.30pm

Monday 7 June

Nicole Reber Sonia Hatvany Nicole McNally Elizabeth Fitzsimon

Tuesday 8 June

Majella Brady Rebecca Kristensen Sharon Fountain Jane Dal Bianco

Wednesday 9 June

Margaret Roberts Jo Daley Amanda McNally Amanda Smerdon Eve Harvey Nell Laime

Thursday 10 June

Brenda Kimball Kelly Hindman Elia Royle Lynda Macadam

Friday 11 June

No volunteers required STAFF SPIRITUALITY DAY Student free day

Regards, Bernie & Cheryl

Can't make it or would like to volunteer?

Please call Bernie 9976 1826 or 0414 519 108

Uniform Shop

1. Stella Pants: Stella Pants (\$65) and smaller size blouses (\$43) on order have arrived. The girls have been emailed to come to pay and collect.

Open

8am to 4.30pm Tues, Wed, Thurs during term.

At this time Stella Maris is not encouraging parents on site. Your daughter is able to come to the Uniform Shop to make her purchases so there is no need for parents to come to the Uniform Shop. If payment cannot be made by Student Card, please contact us for alternatives.

- Year 7 Art Pack to be purchased this term. For the girls doing Art in Terms 3 and 4. \$60. Please order online for next trading day pickup.
- 2. Collapsible 'Stella Brella'. Handy to carry in your daughter's backpack. \$15
- 3. Soccer socks \$15
- 4. Scarves \$12 Gloves \$7
- 5. Disposable face masks \$1

Student Card

Does your daughter have sufficient funds on her Student Card for purchases at the Uniform Shop? Please top up her card the night before as it can take a few hours to load. We also accept debit/credit cards.

Online Uniform Shop

The College now has an online Uniform Shop allowing parents and students to conveniently purchase items online. Please order under your daughter's name. All items are available for pick up from recess the next Uniform Shop trading day. Please ask your daughter to collect her order the next day. We have been holding uncollected paid orders for some time. Please see the link below to access our online store, this link can also be found on the portal and school website. If you have any queries please email us. Some sizes may show as "Out of Stock". This may be because stock is low in that size. Please check with the Uniform Shop.

There is a 1pm cut off for placement of orders for same day collection Tuesday to Thursday.

https://uniformshoponline.stellamaris.nsw.edu.au/

Please collect orders shortly after the *Ready for Collection* notice is sent.

More Uniform Information
Click here for full price list
Click here to go to the College Uniform webpage

You can also contact Gail Hickey 9976 1819

uniforms_books@stellamaris.nsw.edu.au



Our Local Community

Advertising Policy: The College newsletter is not open to advertising for commercial businesses. We are sure you understand the practical nature of this decision given the size of our community. Within limits, we promote events run by the local council and by registered not-for-profit organisations working in the local area. Thank you for your understanding.

