



Prayer

*God of tenderness and compassion
Teach us to be neighbour, especially to the
excluded and disenfranchised
Empower us to stand with and be a voice
for those who are voiceless
And to seek peace through justice.*

*As partners in the call of the Gospel, co-
workers in the mission of Jesus Christ*

*Give us clarity of understanding and
determined hearts to lead wisely, to
listen deeply and to treat all people and
all creation with justice, love and the
compassion of Christ.*

AMEN

REMINDERS

Winter Appeals

If you were unable to deliver your donations to the front reception during this term, you can bring them in once you return to school in Term 4. Email sarah_metcalfe@stellamaris.nsw.edu.au if you need more information.

Fees Help

The College understands that the pandemic has brought with it unexpected hardships for many of our families. We kindly urge you to contact the Finance Office if you have any concerns about school fees now or in the future.

There are options so please email fees@stellamaris.nsw.edu.au and we will contact you to talk about how we can best support you during this time.



Diary Dates

17 Sept	End of Term 3
4 Oct	Labour Day long weekend
5 Oct	Start of Term 4
1 Nov	Year 12 Graduation
8 Nov	HSC begins
15 Nov	Year 10 Advancement Program begins
19 Nov	Comedy for a Cause P&F Event
1 Dec	Presentation Night
2 Dec	End of Term 4 for students (half day)

Dear Stella Community

Thank you

I would like to thank the Stella Maris community for the support you have given the College during what have been some quite difficult weeks. Our senior staff have had to move quickly to plan for and manage the health and safety of the whole community as the situation changes.

As you might realise, we hear of changes through the media before we have been briefed by AIS, NSW Health or the NSW Department of Education. This can be quite challenging when parents ask us for policy and procedures, when we have not been given guidance with regard to implementation of the health and safety requirements needed.

As always, we will brief the school community once we have clear direction from the authorities, and follow what the NSW Government and NSW Health require.

Our Good Sam Friends

This week I received an update from the Good Sams Foundation about our communities in the Philippines, Kiribati and Timor Leste from Catherine Cresswell, Executive Director of the Good Sams Foundation.

In the Philippines, where the Good Samaritan Sisters have worked for over 25 years, they have been supplying 170 food packs and 100 hot meals each day to the families living under strict Covid19 lockdowns in the squatter settlements of Bacolod.

Work in Kiribati on a new toilet block and building for the Early Childhood Centre has been completed but because of a Covid19 outbreak, has not been given a certificate of occupation. The outbreak came from an infected sailor on a ship that berthed in Kiribati harbour.

In Timor Leste, where a Good Samaritan program to help young people to achieve practical qualifications to assist their communities (working with the Alola Foundation in Dili) has been running for 15 years, this year over 120 young people have been supported to attend university and high school.

The work of the Good Sams Foundation is possible because of the generosity of the many Australians who donate. If you are interested in supporting their work or finding out more information about the Good Sam ministries here and overseas, go to www.goodsamsfoundation.org.au

Holiday Break

I encourage all our girls to take some time away from screens during this holiday break. The computer has been the main medium of their education during this term and it would be wonderful for families to help the girls to get away from the technology, enjoy exercising outdoors, perhaps read a book or do something creative.

Providing a Term's Notice

Please ensure that if your daughter is leaving at the end of 2021, you have informed the Registrar via email by the end of Term 3.

Elizabeth Carnegie, Principal

What's New This Week?

Careers

Job of the Week: Public Relations Officer

What does a Public Relations Officer do?

Public Relations Officers use their communication skills to build relationships between businesses and organisations and the public. They implement marketing strategies that help people understand what businesses and organisations do and sell, and help maintain a business or organisation's good reputation.

If you're a skilled communicator, confident with public speaking, and want a job that can take you almost anywhere in the world, becoming a Public Relations Officer could be perfect for you.

How do you become a Public Relations Officer?

Click [here](#) to learn more about this job and pathways to get there.

Stella Careers Website

Please visit our very own Stella Careers website at www.stellacareers.com for all your career needs, PLUS, see our regular weekly Careers newsletters [HERE](#)

Lisa Walsh, Careers & Pathways Advisor

Title Tales

We know books have great stories in them - but who knew they could also have great stories ON them? Sharon and Marina, that's who! These two lovely and creative Library staff, have been making up stories from book titles. Can you read the titles to tell the timely tales?



CLICK AND COLLECT from our online Library catalogue to create your own Title Tales! Call (9976 1840) or [email the Library](#) to organise pick up of your selection from College Reception.

Stella Facebook Group for Buy, Sell, Swap Launched

The P&F are excited to announce that we have set up a new Facebook group for the purpose of buying, selling and swapping Stella uniforms, books, equipment and sports gear. It is called Stella Maris – Buy, Sell + Swap Uniforms, Books/Equipment and Sports Gear. It is a private group and to join you will need to answer a question to prove that you are a parent/guardian of a Stella student.

This will be a fantastic way to recycle uniforms and save money on all the extras. Please ensure that you only buy or sell CURRENT uniforms – to check what's current visit the uniform shop at <https://uniformshoponline.stellamaris.nsw.edu.au/>.

Join now if you need to buy or sell any items for next term!

P&F Guest Speaker, Brett Foster

Thank you to all parents who attended our online P & F meeting on 1st September and a special thank you to Amy Smith (Assistant Principal Wellbeing) and Kylie Andrew (College Counsellor) for their informative talk on Wellbeing at Stella.

The P & F Meeting for Term 4 will take place online on Teams on Wednesday, 27th October at 7.30pm and will feature guest speak Brett Foster, Director of Innovative Learning, who will present a brief presentation on Innovative Learning during COVID to help parents/carers understand how the girls have been engaging in learning this year. Please put this date in your diaries.

Comedy Night

With school resuming late October it's looking promising that our Comedy Night at The Star of The Sea Theatre will be able to go ahead. We'll keep you updated and in the meantime don't forget to keep Friday, 19th November in your diaries. To book tickets please follow this link comedyforacause.net/SMC.

Thank You

On behalf of all parents, the P & F would like to say a huge THANK YOU to Stella staff for their amazing efforts during this term of home learning. We appreciate that it cannot be easy teaching online from home every day. We are sure that this method of learning presents many challenges, and we are incredibly grateful for the dedication and care shown to the girls at this time that has helped to keep them engaged. The many thoughtful initiatives to inspire the girls while working from home, and add a little humour to their days, have been extremely helpful in keeping their spirits up. We wish all teachers an enjoyable break and well-deserved rest.

*Kate Lovelace and Andrea Hogan
P & F Presidents*



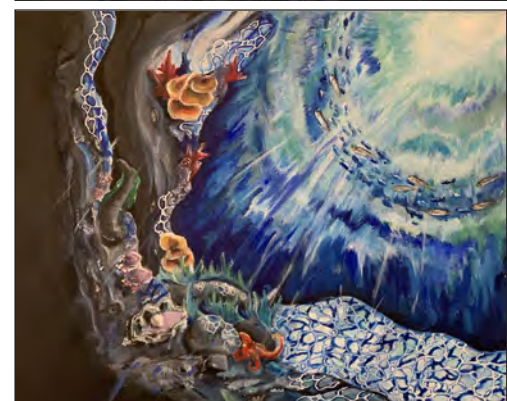
What's New This Week?

Year 11 Landscapes

The Year 11 Visual Arts students have been creating some beautiful landscapes this term. They haven't been able to view each other's work, as they normally would during class time, so here is a selection below plus the whole collection in a fun virtual gallery!

[VIRTUAL LANDSCAPES BY YEAR 11](#)

Congratulations on your work and thank you to the girls who emailed thanks to Ms Silburn for her gallery creation!



HSC Bodies of Work

For 2021, the Bodies of Work Night went virtual.

Mr Wong and his team created a short video of every major work from Design and Technology, Industrial Technology (Multimedia), Textiles and Design, and Visual Arts. The videos have been shared with Year 12 parents and students.

We are so proud of our students' effort and resilience in such an unusual year. The displays looked amazing. This courageous group of Stella Stars have completed their Year 12 HSC major works without missing a beat.

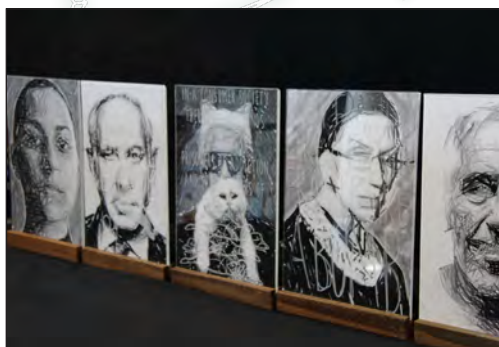
The Year 12 teachers this year have managed to adapt and continue to motivate the students to do their best. We thank Mrs Burke, Miss Cavallaro, Mrs Fitzgerald, Mrs Kelly, Mr Mellis, and Mr Wong for their support.

The assistance of Clare Hodges, Lucy McIntyre & Kim Pynsent has enabled so many students to continue on with work through their amazing organisation of supplies, take-home packs and orders. We cannot thank them enough.

Here is but a small sample of these wonderful Bodies of Work. Photos of all the works will be in the 2021 Stellabration.



What's New This Week?



Online
Session

STEPPING FORWARD

Is someone in your family taking drugs and/or alcohol?
Are you looking for practical down to earth information and support?

Family Drug Support

presents the 'Stepping Forward' series providing

- ✓ Clear & practical information sessions
- ✓ A safe place to share & to feel supported

Families Stages of Change

- The stages of change for those engaged in using.
- The stages of change for families.
- How to cope through self-care.
- Letting go and still remain supportive and caring.

Effective Communication

- Essentials of communication.
- What works and what doesn't.
- Practical strategies that can make a difference.

Saturday, 25 September 2021

9.30 am - 12.30 pm

Online via Zoom

Register here:

<https://steppingforward-stages-of-change-and-effective-communication.eventbrite.com.au>

Setting Workable Boundaries

- Defining & setting boundaries.
- Why setting boundaries is difficult.
- Tips on setting boundaries.
- What to do if a boundary is broken.

Thursday, 30 September 2021

6.00 pm - 8.00 pm

Online via Zoom

Register here:

<https://steppingforward-online-boundaries.eventbrite.com.au>

For more information:

email or call Amy: amy@fds.ngo.org.au 0457 260 079



Our Local Community #supportingeachotherthroughcovid

Advertising Policy: The College newsletter is usually not open to advertising for commercial businesses; however, at this point in time we are supporting our Stella families in any way we can. If you are a business owned and operated by a Stella family feel free to send your advertisement to administration@stellamaris.nsw.edu.au. Under normal circumstances, we are sure you understand the practical nature of our decision.

Get scroll-stopping content that wows!

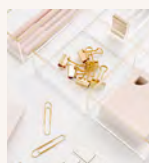
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Parties at The Sydney Chocolate School.



We offer a full high tea service after your party for an additional \$40pp. Please note our high tea is an outdoor event only.

Alternatively there is a lovely BBQ area that many parents have a party and cake at after. Please note the BBQ area is a public facility, so we recommend you get there early to try to get the space. Our front lawn is an excellent alternative to bring a picnic rug and watch the boats sail by on the harbour foreshore while enjoying your cake.

If you would like our balcony with tables and chairs and plates for the cake; this space can be leased for 1 hour for an additional \$150 per hour. This way you can have full access to our harbourside outdoor deck to celebrate with cake and snacks that you bring on the day.

Please note we are a fully licensed venue, so can serve adults sparkling wine and champagne at this time. For BYO we charge an overall \$25 corkage for the hour. Please advise us if you are bringing alcohol on the day.

HOW TO BOOK

We hope to welcome you in the future. All bookings are confirmed with a 50% deposit. You can [book online](https://www.cocochocolate.com.au), email rebecca@cocochocolate.com.au or phone 0414701477 to 1:00pm.

LOCATION

The Sydney Chocolate School
Coco Chocolate Studio
Building 21, 1110 Middle Head Rd
Mosman NSW 2088



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Faye James


THE Long Life PLAN

FAYE JAMES

AGE DEFYING RECIPES
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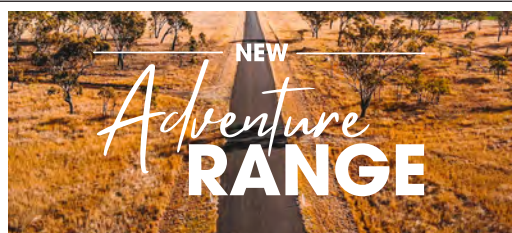
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Hanging
Bags

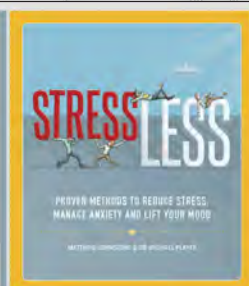


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As a Senior Level 3 teacher, I have created 200 and 350 hour yoga teacher training programs Yoga Australia approved and recognised. Combining the best of an online program that fits with your lifestyle, and personalised training with webinars and interaction with your online yoga family.

I am excited for my upcoming LIMITED GROUP LAUNCH starting on 25th October. Doors close for this on 15th October and it is highly discounted.

Limited spots, so get in quick. Get ready for the journey of a lifetime!

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Why Train with Heidi Horne

- ✓ Learn at your own pace (even sit in your PJs) in your own home. Fit in with your lifestyle, family, and current commitments.
- ✓ Join the community with regular contact with Heidi and the other students (monthly live webinars and breakout group training)
- ✓ Other students will be your new tribe. Go on the journey together, build a community, and meaningful connections to support each other.
- ✓ Be Yoga Australia Level 1 (350hours) or provisional (200hours), PLUS able to get insurance and teach classes straight away
- ✓ Be a knowledgeable and diverse teacher, capable and confident to deliver a world-class standard yoga class.
- ✓ Can't do the perfect dancer pose? Start at any age and yoga ability - from 18-80 (Minimum 1-year practice)
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- ✓ Heidi Horne Yoga teacher training has the reputation for excellence and experience



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DOORS CLOSE 15th OCT
Limited Group Launch starts 25th Oct
Prices increase after this date



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someone you
know a former
Stella girl?

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TO JOIN or email
exstudents@stellamaris.nsw.edu.au
for more information

Join SMESA!

Get on our mailing list
for your copy of [IOGD](#) - our Stella Maris
Ex-students' Association newsletter and future
invites to events and activities. You can also
register your business in our
SMESA Business Directory.

Sydney Harbour Kayaks

Stella-Paddlers

All Stella families are invited to come down and rent a kayak with us (for ‘fitness’ of course!)

Paddle with us in a double deluxe sea-kayak for 2 hours
Usual price \$90.00 but...

Stella Family Price for August \$50.00

Save another \$25.00 with your NSW ‘Discover Voucher’

Bookings are a must: 02 9969 4590
Location: The Spit Bridge, Mosman.



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