



1931 - 2021

STELLA MARIS NEWSLETTER

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www.stellamaris.nsw.edu.au

Term 4 Issue 7

19 November 2021



Dear Stella Community

Year 10 Advancement

Year 10 have commenced their preparation for senior years, starting with a Liturgy with the theme of New Beginnings. During the week students were engaged in learning sessions that gave them a taste of the Preliminary Year without using content that will be explored next year.

Over the past few years this advancement program has been successful in ensuring that students have chosen subjects they know are suited to their preferred pattern of study and so are less likely to change their subjects early in Year 11.

Other activities will prepare Year 10 for their more independent study program, a feature of the senior program at Benedict Campus. Students will be engaged in the Urban Challenge and also attend RYDA at Homebush. We wish Year 10 all the best with the program and thanks to Mr Cruise for his effective planning that allowed this to go ahead.

Parents and Friends

The P&F's Comedy Night is on TONIGHT in the Star of the Sea Theatre. Hopefully you have booked your tickets for a great night out and a chance to meet other Stella parents.

Year 7 2022

This week we have welcomed Year 6 students who will be joining us in 2022. The girls have completed academic testing and oriented themselves on Main Campus. They met with Mrs Burke (their Head of Year) and Mrs McKew who ran the program for the girls. Thanks to all who assisted with the Orientation Day program.

Elizabeth Carnegie, Principal

New Beginnings

*In out-of-the-way places of the heart,
Where your thoughts never think to wander,
This beginning has been quietly forming,
Waiting until you were ready to emerge.*

*For a long time it has watched your desire,
Feeling the emptiness growing inside you,
Noticing how you willed yourself on,
Still unable to leave what you had outgrown.....*

*Though your destination is not yet clear
You can trust the promise of this opening;
Unfurl yourself into the grace of beginning
That is at one with your life's desire.*

*Awaken your spirit to adventure,
Hold nothing back, learn to find ease in risk;
Soon you will be home in a new rhythm,
For your soul senses the world that awaits you.*

John O'Donohue

<https://www.ordinarywandering.com/blog/2018/1/1/for-a-new-beginning>



Diary Dates

- | | |
|--------|---|
| 19 Nov | Comedy for a Cause P&F Event |
| 1 Dec | Years 7, 8, 11 Academic Presentations* |
| 2 Dec | Years 9, 10 Academic Presentations* |
| 2 Dec | End of Term. Students dismissed 12.10pm |

*Presentations are during class time



Northern Beaches Women's Shelter

Wednesday 17th November, Stella had a visit from Kristie and Trish from the Northern Beaches Women's Shelter where Molly Burns and Freya Johnstone, representing Year 10, were able to give gift card vouchers and care packs that were raised by the Stella community in Term 3. In the reflective words from Molly and the NBWS on the meeting:

Today we had the privilege to meet with the Northern Beaches Women's shelter Representatives Kristie and Trish. There we gave them the donations and funds we raised to help support the shelter and the women, including twenty gift cards and bags filled with essential items. We spoke about the shelter's contributions to the community and future ways to continue our support with the beautiful shelter. As a Stella Maris community we thanked the Northern Beaches Women's shelter for the love and care they give to help the vulnerable women who enter their shelter. We hope this inspires other acts of kindness within our community. - Molly Burns, Year 10

Molly and Freya are two impressive young ladies with whom we held meaningful conversation and shared ideas for future initiatives. Let's continue the conversation!

Hats off to the College community, staff and Year 10 students. Not only does your generous donation support our women and service with much needed funds, fundraising increases community awareness. Encouraging and supporting fundraising at a young age cultivates leadership, hard work, teamwork, responsibility and a sense of citizenship... community supporting community. - NBWS



Christmas Mufti Day Friday 26th November

Please note that you can pay the \$2 donation to participate in the Mufti Day at any time throughout next week via your daughter's MSA Student Card. Money raised will be donated to the Good Sams in the Philippines.



Catholic Earth Care Summit

Stella girls stand up for Environmental Justice and discuss the importance of COP26

On Wednesday 10th November, a number of Stella students from years 9-12 attended the Catholic Earth Care Youth Summit with the theme, "From little things, big things grow". The focus of the day was empowering students to make ecological change and promoting sustainability in our everyday lives. It was an incredible experience to listen to all the guest speakers and fellow students using their faith and knowledge to strive for a more eco-friendly society.

The summit also gave us the opportunity to connect with other Catholic schools across the state who share our same values of stewardship and social justice. Our own senior Stella students; Ella Mcleod, Emily Varde and Ashling Carroll, presented their well-researched ideas on how we can combat climate change on a personal and international level. They did an incredible job!

At the end of the summit, we gathered as a group to come up with our own "Stella pledge". Through this we discussed many initiatives we can introduce to the school in order to promote our value of stewardship and ultimately create a more sustainable school environment.

It is guaranteed that every student that attended gained a practical piece of wisdom on how we can use our voices and actions to positively impact the environment, as well as an enlightened understanding of our duty on this earth. This is our future and our shared home, we must treat it as such.

Ruve Bauer Year 11

Students Voice Action for Afghanistan

Afghanistan Letter goes viral on Twitter! [@JRS_Aus](#)

In early November the Jesuit Refugee Service invited Stella Maris College to engage with an initiative to write a letter to the Immigration Minister, Mr Alex Hawke, to voice their concerns regarding women and children facing severe restrictions under the Taliban regime in Afghanistan, as for example girls not being allowed to attend school. Stella girls responded and put their thoughts into the action of writing a letter. As a result of this student led initiative JRS issued a press release and a huge groundswell of support resonated out within the wider community and the story received a lot of traction on Twitter!

Well done Stella girls for being advocates for social justice.

Next step is the hope that Mr Alex Hawke will agree to meet with student representatives to discuss the letter.



Isabelle Churchus, Year 9, voicing her concerns about girls missing out on the basic right to an education. Here is an extract from Isabelle's Letter:

"Without education you have no freedom. Without being able to use your voice you have no say in your life. In Australia, it is a right and a law that all children must go to school or have some sort of education. We are so fortunate. We can share that with people from Afghanistan and help them get equal education, health care and safety. We have the power to do that. We have the power to do that!"



Vinnies Christmas Hamper Appeal

By Friday 26th November

As we head into the final week of the Appeal we wanted to thank the College community's support so far with all of the generous donations received for the hamper boxes. Please remember to bring in donations by Friday 26th November.



Convent Staff and Teachers hampers are almost complete. Time to get your PC hampers ready too!

Duke of Ed

Are you up to your GOLD award?

Residential Opportunity – GOLD Award only
Pittwater Youth Hostel Environmental Project – Residential Project

There are very limited spaces available for a residential experience working with the National Park Sustainability team at Morning Bay. Students would be completing training in bush regeneration around the Pittwater hostel, residing with other Year 12 students from PLC at the Pittwater hostel. Please register through the following link:

<https://www.pittwaterecoadventures.com/dukeofed>

Have you completed your service hours?

Service opportunities:

Bear Cottage have kindly asked for volunteers for their annual Christmas wrapping store at Warringah Mall. If you are interested please contact Ms Silburn or Ms Metcalfe for details. Limited spaces available.

Lifeline Book Fair is planned for 9th – 12th December at St Augustine's College. Now more than ever Lifeline need our help in raising vital funds for community mental health support. If you would like to help out over one or more days please contact Glenice on 0419 269 821

Vinnies Hampers please email stella_guberina@stellamaris.nsw.edu.au asap if you are interested in helping pack the Vinnies hampers next week.

Have you finished but yet to sign off?

Now is the time to finish off your Award ready to move on before 2022. Please ask your assessors kindly to sign you off and send your Awards to me or Ms Rudolph for Award sign off. Any problems please don't hesitate to ask.

Linda Silburn
Duke of Ed

Got Any Magazines?



The Mission Team is collecting magazines for activities at the next round of Retreats. If you have any old magazines you've finished with please drop them into Main Reception as soon as possible.

Virtual Vinnies

Registration closes on Monday 22nd November so please email Ms Metcalfe before then if you are interested. sarah_metcalfe@stellamaris.nsw.edu.au



Careers

Job of the Week: Marine Biologist

What does a Marine Biologist do?



Marine Biologists study all different kinds of marine life, both in their natural habitats and in captivity. They learn about their habitats, behaviour, anatomy,

and any diseases and environmental factors that might impact them. They then record this learning and use it to develop conservation programs and provide advice and guidance to industry.

If you love animals and the ocean, are inquisitive and analytical, and want to help protect marine life for future generations, becoming a Marine Biologist could be perfect for you.

How do you become a Marine Biologist?

Click [here](#) to learn more about this job and pathways to get there.

Stella Careers Website

Please visit our very own Stella Careers website at www.stellacareers.com for all your career needs, PLUS, see our regular weekly Careers newsletters [HERE](#).

Lisa Walsh
Careers & Pathways Advisor



SMESA News

Stella Maris Ex-students' Association

Let Us Know

Are you (or your ex-Stella daughter) getting married, having a baby, starting a business, doing something creative or otherwise interesting? Email exstudents@stellamaris.nsw.edu.au to share it with our SMESA and College community.

Business Network

SMESA Business Network is a newly-created register for ex-students to promote their businesses to other ex-students. The Register for is ex-students only and the business must belong to the ex-student or their immediate family.

If you are a former student of the College and would like to add your business to the register, enter the details [HERE](#). The Network appears on the College website and will also be pinned to the SMESA Facebook page. Be one of the first to join!

New Members

The Stella Maris Ex-students' Association is always looking to reconnect with former students of the College and to help them reconnect with each other.

[JOIN SMESA HERE](#)

Donna Stimson
SMESA Coordinator

IGSA SPORT

It was fantastic to see our Stella girls back on the sporting field again last Saturday. Stella entered teams into the IGSA Term 4 touch and tennis competitions. It has been some time since the girls have been able to play in any competition so it was wonderful to have our teams running around and enjoying sporting competition again!

TOUCH FOOTBALL

Stella played against Monte at Macquarie University on Saturday 13th November. Our girls were outstanding, with many of them backing up to play two games in a row – a definite test of fitness after such a long time since we last played. The standard was excellent, and well done to our teams who all won or drew their games!

TENNIS

The tennis teams played at Lane Cove against Monte and Loreto Kirribilli. This is the first time Stella has played in the IGSA tennis competition and the students really enjoyed it. All games were very evenly matched, with all of our players winning and losing some games. Well done to all of our players on their great efforts!

BASKETBALL

A reminder that we are currently grading our 2022 basketball teams. We will have teams in all Year groups. Years 7/8 will play on Monday nights, Years 9/10 will play on Wednesday nights, and Years 11/12 will play on Friday nights. There is still room for players in all Year groups. We are especially looking for more players in the current Year 10 group (Year 11 2022). Please contact Mrs Jenny Wickham if you would like to play but you have not yet signed up.

ATHLETICS

It was very disappointing that most of the school athletics season was cancelled again this year due to COVID. We are all looking forward to a great season again next year, hopefully with no disruptions!

The good news is that Athletics NSW will still be running the NSW All Schools Championships this year. This will be held at Sydney Olympic Park from Dec 9th – 12th. Athletics NSW is encouraging students of all ability levels to take part in this event. Students/parents must register themselves directly through the Athletics NSW website:

<https://www.nswathletics.org.au/events/114921/>



Canteen and Uniform Shop

Canteen

From next Monday 8th November the new online ordering cut off time is

8.30am every day

Parents may put in orders the night before but no advance orders please.

A reminder that the canteen will **NOT** be open at recess - girls have been asked to please bring their recess. All lunch orders are to be made **online only** on the Portal via My Student account. The canteen will not be open for walk ins.

If you cannot make your day, please let the Canteen know on 9976 1826 and leave a message or ring Bernie on 0414519108. Please bring a mask and proof of vaccination for our register.

Monday November 22

Nicky Lawson
Bernadette Hickey
Milu Rich

Tuesday November 23

Michelle Lewis
HELP NEEDED PLEASE

Wednesday November 24

Peta Alpen
Jude Furniss
Nell Laime

Thursday November 25

Lesha Evans
Michelle Malouf
Riany Tanner

Friday November 26

Alison Kelly
Alyson Perry
Simone Selinas
Tara Edgton
Sandra Berryman

I have sent emails to our current volunteers asking if you can come in for the remainder of this term and ALSO your plans for next year.

If you haven't already, I need you to let me know ASAP if you would like to stay on your day, change to another day or not come back at all. I will be preparing next year's roster soon but I can't assume that because you are on the roster now, that you will be doing the same next year.

Responses are coming in from next year's new parents with their preferences, so if I haven't heard back from our current volunteers, I can't guarantee you will get your preferred day.

*Thank you
Bernie and Cheryl*

Uniform Shop

Opening Hours

Open 8.00am to 4.30pm Tuesday, Wednesday and Thursday. Limit one student at a time; mask and sanitising essential.

Uniform Supplies

Factory closures due to Covid have delayed the shipment of dresses and sports uniforms. Stock is currently very low. If your daughter desperately needs a new item, please email the Uniform Shop and I will check availability.

The junior and senior dresses will not be available for sale this term. When they are available the online ordering will be open. Orders can be collected early January. The Uniform Shop opening times in early January will be on the Stella website next week.

Please see the Online Uniform Shop link below. Remember to order under your daughter's name.

2022 Booklists

These are now available for online ordering at www.campion.com.au Use code KV6K to access.

StellaBay

Some Year 7 and 8 textbooks can be sold to Year 7 2022. Details are on StellaBay. ONLY those books listed can be sold. Please post now as the new parents will soon be looking for second hand textbooks. Make the exchange after the exams. All years have been emailed the list of books that can be sold second hand. These are also shown on StellaBay.

Disposable Face Masks \$2

It is the girls' responsibility to bring their own face masks. On the odd occasion they are forgotten, masks can be purchased from the Uniform Shop Tuesdays to Thursdays and Student Services on Mondays and Fridays. Cost is \$2.

Online Uniform Shop

The College now has an online Uniform Shop allowing parents and students to conveniently purchase items online. Please order under your daughter's name. All items are available for pick up from recess the next Uniform Shop trading day. Please see link below to access our online store. This link can also be found on the portal and College website. If you have any queries, please email us.

Some sizes may show as "Out of Stock". This may be because stock is low in that size. Please check with the Uniform Shop.

There is a 1pm cut-off for placement of orders for same day collection Tuesday to Thursday.

[ONLINE UNIFORM SHOP](#)

Please collect orders shortly after the 'Ready for Collection' notice is sent.

Student Card

There are many girls who do not have enough money on their student cards to pay for face masks, replacement cards, or lunch. Please ensure there is a reasonable balance on the card.

*Gail Hickey 9976 1819
uniform_books@stellamaris.nsw.edu.au*

Our Local Community

Advertising Policy: The College newsletter is not open to advertising for commercial businesses; however, we are open to supporting a range of local community groups and charitable organisations' events and initiatives. We are sure you understand the practical nature of our decision and thank you for your understanding.

Help Support your local Scout Group
1st/2nd Harbord Scout Group

Sat 11th & Sun 12th
December, from 7am

Freshwater Senior Campus
Carpark, Harbord Road

Freshly Cut Christmas Trees

& stands

Christmas Cakes & Puddings

No Cash,
Credit Cards Only



Our Stella Community #supportingeachotherthroughcovid

The College newsletter is usually not open to advertising for commercial businesses; however, at this point in time we are supporting our Stella families in any way we can. If you are a business owned and operated by a Stella family feel free to send your advertisement to administration@stellamaris.nsw.edu.au. Under normal circumstances, we are sure you understand the practical nature of our decision.

Get scroll-stopping content that wows!

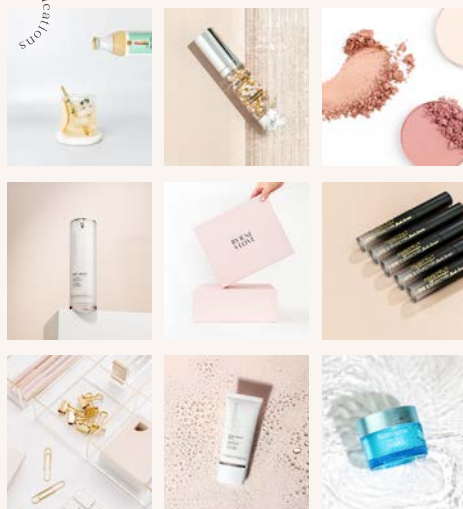
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Parties at The Sydney Chocolate School.

The minimum number of children to attend is 6 with no maximum numbers (up to 50 can be catered for). The price is \$80 per child. The minimum age is 5 years and again no maximum as all ages enjoy the parties and they are designed for the age group booked.

The fun filled 1.5 hours includes the children hand tempering chocolate on marble and making a selection of chocolates – all of which they take home on the day in generous goody bags (so you do not have to create these yourself!). The children make chocolate bars, artwork lollypops, chocolate stars and freckles (this can be adjusted or changed on request).

You can choose to use organic milk, white or dark chocolate. You will need to make the selection before the event. All children get a certificate, celebrating the day.

The birthday parties usually are hosted 2-3.30 on Saturdays and Sundays but other days and times can be booked if we have availability.



We offer a full high tea service after your party for an additional \$40pp. Please note our high tea is an outdoor event only.

Alternatively there is a lovely BBQ area that many parents have a party and cake at after. Please note the BBQ area is a public facility, so we recommend you get there early to try to get the space. Our front lawn is an excellent alternative to bring a picnic rug and watch the boats sail by on the harbour foreshore while enjoying your cake.

If you would like our balcony with tables and chairs and plates for the cake; this space can be leased for 1 hour for an additional \$150 per hour. This way you can have full access to our harbourside outdoor deck to celebrate with cake and snacks that you bring on the day.

Please note we are a fully licensed venue, so can serve adults sparkling wine and champagne at this time. For BYO we charge an overall \$25 corkage for the hour. Please advise us if you are bringing alcohol on the day.

HOW TO BOOK

We hope to welcome you in the future. All bookings are confirmed with a 50% deposit. You can [book online](https://www.cocochocolate.com.au), email rebecca@cocochocolate.com.au or phone 0414701477 to 1:00pm.

LOCATION

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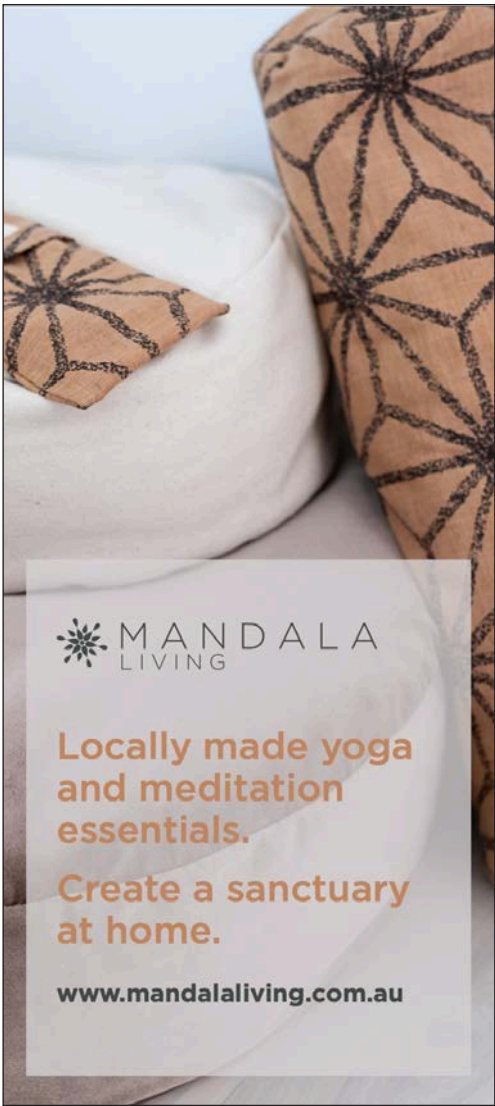
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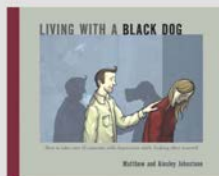
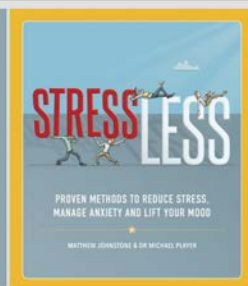
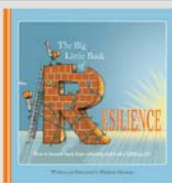
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YOGA & WELLNESS

200-350 hrs

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- ✓ Learn at your own pace (even sit in your PJ's) in your own home. Fit in with your lifestyle, family, and current commitments.
- ✓ Join the community with regular contact with Heidi and the other students (monthly live webinars and breakout group training)
- ✓ Other students will be your new tribe. Go on the journey together, build a community, and meaningful connections to support each other.
- ✓ Be Yoga Australia Level 1 (350hours) or provisional (200hours), PLUS able to get insurance and teach classes straight away
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- ✓ Can't do the perfect dancer pose? Start at any age and yoga ability - from 18-80 (Minimum 1-year practice)
- ✓ Spaces are limited for personalised attention in this last group class for 2021
- ✓ Heidi Horne Yoga teacher training has the reputation for excellence and experience



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DOORS CLOSE 15th OCT
Limited Group Launch starts 25th Oct
Prices increase after this date



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Have you always wanted to research your family tree but haven't had the time?

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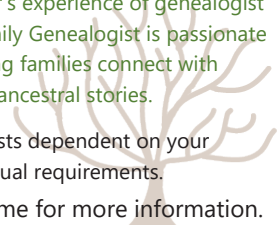
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Recipes for beauty tonics, beauty lotions, masks, bath soaks and how to make creams at home.

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Sydney Harbour Kayaks

Stella-Paddlers

All Stella families are invited to come down and rent a kayak with us (for 'fitness' of course!)

Paddle with us in a double deluxe sea-kayak for 2 hours
Usual price \$90.00 but...

Stella Family Price \$50.00

Save another \$25.00 with your NSW 'Discover Voucher'

Bookings are a must: 02 9969 4590
Location: The Spit Bridge, Mosman.



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3 BEDROOMS 2 BATHROOMS

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