



2022

Our Year of Hospitality

# Stella Newsletter

Term 1 | Issue 04 | 25 Feb 2022

e administration@stellamaris.nsw.edu.au t 9977 5144 w www.stellamaris.nsw.edu.au





# **Principal's Update**



## What to do when the excitement of starting back in 2022 has gone

As a school staff we have been reflecting on the impact of the last two years on learning, as we were challenged by COVID-19 and a lack of connection within the college community. The summer break was important to take stock, but for teenagers, setting up good routines and getting back into the challenge of day-to-day, face-to-face schooling takes grit and persistence.

Some teens look for opportunities to avoid - to avoid perceived conflict, to avoid completing tasks, to avoid social situations, to avoid being challenged in the classroom. It is important that we, as parents and teachers, respond quickly before patterns of school avoidance become a problem.

#### Create a back-to-school plan

I was speaking with a student on Monday about her mismatched socks and she mentioned she only had five minutes to get out the door or she'd miss the bus. Getting ready for school starts the night before, ensuring that uniforms are ready, bags are packed and computers are charged. As a parent, you can help by checking in to see if this has been completed before your daughter goes to

## Help your child be more connected

If you daughter is struggling with a sense of connection to the school, please reach out to her PC Teacher and her Head of Year. Your daughter will be encouraged to get involved in activities at school to make those connections with like-minded students.

Encourage your daughter to set up opportunities to connect on the weekend or after school with other students. Building a broad network of peers will help her develop those connections and offer her a sense of belonging.

## Plan transitions from home to school

Collect some calming kinaesthetic items or an App for their phone (like Smiling Mind) to assist with the trip from home to school. A plastic fidget toy might be worth the investment.

## What if these strategies don't work?

If these strategies don't work, please connect with an Educational and Developmental Psychologist to help identify any deeper concerns that need to be addressed. Be patient and never give up. There is always progress that can be made with persistence.



## Elizabeth Carnegie

Principal

# Prayer

You who dwell in our hearts.

make for us a cave there in which to hear your voice more distinctly,

feel your care more tenderly,

understand your will more clearly,

and come to know your presence at every moment of our lives with new clarity and new courage,

with new faith and new urgency.

Enable us to grow in the Benedictine spirit in ways that make us compassionate co-creators of a world in process,

creative keepers of the human community.

loving listeners to the heartbeat of the world.

caring sisters and brothers to its wounded and bringers of peace to a world in distress.

Give us hearts where all may enter in,

ears to hear your call,

hands to do your will,

voices to sing your praise and soul enough to recognise You in everything we do.

This we ask through the grace of the living God.

Joan Chittister

## **Upcoming** P & F Committee Meeting

**Thursday** 03 March 7:30pm Via MS Teams

Contact Ms Fleur Tichelaar to register your attendance

and a MS Teams Meeting Link will be sent to you

on the day of

the P&F Committee Meeting.

e Fleur\_Tichelaar@stellamaris.nsw.edu.au

(Ideas sourced from 'School anxiety in the time of COVID: how parents and teachers can help kids cope' by Christine Grové Kelly-Ann Allen https://

## **Important Dates**

## Term 1

#### FEBRUARY

Year 7 Camp (ends 02 Mar)

#### **MARCH**

01 - 02 Year 7 Camp (continues)

02 - 04 Year 11 Art & Design Camp

08 College Swimming Carnival

16 College Open Evening

Year 7 Parent Welcome

#### **APRIL**

08 End of Term 1

24 - 25 Year 8 Retreat

**27** Term 2 commences

## **School Terms**

#### TERM 1

Mon 31 Jan to Fri 08 Apr

#### TERM 2

Wed 27 Apr to Fri 24 Jun

#### TERM 3

Tue 19 Jul to Fri 23 Sep

#### TERM 4

Mon 10 Oct to Fri 02 Dec

## **Get in Touch**

## General Enquiries & Feedback

administration@stellamaris.nsw.edu.au 9977-5144

## Student Absences & Enquiries

studentreception@stellamaris.nsw.edu.au 9976 1817 or 9976 1885

## Student Enrolments & Exits

registrar@stellamaris.nsw.edu.au

#### Alumni Enquiries

exstudents@stellamaris.nsw.edu.au 9976 1825

## Canteen Manager

canteen@stellamaris.nsw.edu.au

## College Fee Enquiries

fees@stellamaris.nsw.edu.au

## Uniform & Text Books

uniform\_books@stellamaris.nsw.edu.au



We invite prospective and current families to attend our

# **Open Evening**

16 March 2022

Please share our upcoming Open Evening with family and/or your friendship community.

To assist us in hosting a COVID-19 safe event, at this time, we are limiting attendance to a maximum of 2 attendees per family (2 parents/adults or 1 parent 1 child).

To register your attendance follow below link.

» REGISTER your attendance at the Stella Maris College Open Evening

## **Languages**

Jennifer Murray

**Well done** to our Languages students who impressed the whole school at Assembly on Tuesday. These students welcomed the school in Chinese, French, Italian, Japanese and Spanish. A special mention for our Year 8 students who have only been learning Languages for 3 weeks. Our Languages speakers from Assembly were:



**Mandarin - Year 11** Demi L Judy W



French - Year 8 Stella D Kyra F Ella H Charlee H Sienna-Rose M



Italian - Year 8 Lunetta B Alexis H Lily T-A



Japanese - Year 12 Nini R Kiara T



**Spanish - Year 10** Belle C

## **Student Kiss & Drop**

We remind families that the **designated Kiss & Drop Zone is in Iluka Avenue** (not Eurobin Avenue). We have received feedback that driveways are being obscured preventing our neighbours from entering or exiting their properties. We ask our parent community to be mindful of our neighbours when dropping or collecting your daughter(s).

## STELLA MARIS COLLEGE SWIMMING CARNIVAL

## **Tuesday 8 March**

Manly Andrew 'Boy' Charlton Swim Centre

# The Stella Swimming Carnival is a compulsory school day for all students in Years 7 to Year 12.

#### Time

All students should be at school by 8.40am for PC. Students will walk to the pool in PC groups. All students are required to walk back to Stella at the conclusion of the carnival and will be dismissed from school at 3.20pm.

#### What to wear

All students will need a one-piece swimming costume and house coloured swimming cap. You may purchase these from the uniform shop.

## This year's theme is UNDER THE SEA!

Students are encouraged to wear house colours in the theme of the day! No singlet tops or inappropriate length shorts. Covered shoes must be worn for the walk to and from the pool.

#### Other important information

- There will be no canteen on the day
- Bring a hat and plenty of suncream
- No coloured hair spray or coloured streamers allowed at the pool
- Students must remain in their seating areas when they are not competing. The indoor pools and children's pools are out of bounds.
- Normal school rules apply for the day.
- Parents will receive an email to give permission on Consent2Go.

There is no scheduled lunch break. Students are encouraged to bring their own healthy snacks and lunch for the day. THERE IS NO CANTEEN AVAILABLE FOR THE STUDENTS THIS YEAR.

#### The Events

There will be two divisions of races:

- Championship and
- Non-Championship.

To be considered for age champion or the Stella swimming team, you must compete in the Championship event for that stroke.

# Entries for the Championship events opened on Monday 21 February and close on Tuesday 1 March.

All students have been sent a link to a survey to enter the Championship races they would like to compete in. (Link will also be on the sport notices on SEQTA). The age group is the age that you turn this year.

Students who do not want to enter championship events will be able to enter non-championship races on the day. Ribbons will be awarded in both championship and non-championship events. You do not need to preregister for non-championship events.

## IT IS EXPECTED THAT ALL STUDENTS WILL PARTICIPATE.

You can only swim each stroke and distance once. For example you cannot do 50m championship freestyle and 50m non-championship freestyle. However, you may do 50m championship breaststroke and 50 non-championship freestyle.

WE ENCOURAGE ALL STUDENTS TO PARTICIPATE! IT IS A FUN DAY AND WE LOOK FORWARD TO THE STELLA GIRLS SWIMMING, CHEERING AND BEING INVOLVED IN THIS GREAT EVENT!

## **Canteen Roster**

#### MON 28 FEB

Gabrielle Cook Milu Rich Frica Bilton Emma Cousins

#### **TUE 01 MAR**

Belinda Vumbaca Nicole Sheather Kate Lovelace Claudine Guterres

#### WED 02 MAR

Francene Scali Janine Silva Kristen Wenhourne Julie Martin Amy Keary Karlee Fox

#### THU 03 MAR

Frances Hird Jane Egan Danielle Van Dijk-Humel \*Helpers needed\*

#### FRI 04 MAR

Jeremy Stubbs Diana Panuccio Simone Selinas Jo Robinson Nicole Covich

## **Uniform Shop**

## **Operating Hours**

Tue | Wed | Thu 8:00am - 4:30pm

## **Current conditions:**

- One student per visit
- Mask mandatory
- Hands to be sanitised

## **Online Ordering**

Visit our Online Store to order your uniform needs.

Please remember to order using your daughter's name.

Orders can be collected during recess or the next trading day.

» SHOP now



## Student Lunch Orders

Bernie McGrath & Cheryl Young

e Canteen@stellamaris.nsw.edu.au

## Face-to-face service returns Mon 28 Feb

The Canteen Team are looking forward to serving students face to face next week and the return of our popular menu items - dim sims, gyozas and dumplings during Recess or Lunch.

Our daily menu includes a selection of freshly made hot and cold rolls, garlic bread, chilli chicken rolls, meal boxes, snacks, drinks and ice creams.

Parents, you may need to consider topping up your daughter's My Student Account for any extra purchases they make as we re-open our doors.

We remind families that online ordering will only be available for sushi orders.

We ask your sushi orders be placed no later than 8:00am each day.

If your daughter requires a gluten free option, we can certainly accommodate her dietary needs and ask you to email us with her order no later than 8:00am.





## Volunteers

We want to encourage our parent/caregiver community to assist in our Canteen, particulary as face-to-face service is returning.

It is a lovely day where you get to enjoy the smiling and polite faces of the students, and a sense of our wonderful student community.

Hours worked can contribute towards your annual Maintenance Levy. It is preferable that volunteers either hold, or are willing to obtain, a free Volunteer Working with Children Check. You can apply online from Services NSW.

» START your WWCC Application

#### Canteen

Contact Bernie McGrath to learn more or complete the Canteen Form below.

- » EMAIL Bernie McGrath
- » COMPLETE Canteen Volunteer Form

## **Uniform Shop**

Contact Gail Hickey or complete the Volunteer Form helow

- » EMAIL Gail Hickey
- » COMPLETE Uniform Shop Volunteer Form

Come and join our dedicated and wonderful team of volunteers

#### Online Uniform Orders

We have a few orders awaiting collection from the Uniform Shop. Please ask your daughter to come and collect either before school or during Recess/Lunch.

#### Disposable face masks

A reminder that students are responsible to bring their own face masks. We encourage students to have a few extras in their backpacks.

As a backup, paper masks can be purchased for \$2. Please ensure there is sufficient funds on your daughters' My Student Account.

#### **Limited Time for Summer Uniforms**

Most of the summer uniforms are being packed as we make space for our winter uniforms. A small selection of dresses and tailored shorts are available for a limited time.

Please order before next Tuesday, 1 March, if you require an extra dress or pair of shorts.

## **College Fees**

e fees@stellamaris.nsw.edu.au t 9976-1812 or 9976-1813

Thank you to our families who have paid their 2022 fees.

We have had a non-traceable fee deposit made on 2 February.

If you made a transfer without your name showing or putting the CRN number as reference please contact the Fees Department.

Where you do not have a Direct Debit Arrangement in place, payment of the account must be paid in three equal installments.

One third of the total invoice will be due:

- 15 February 2022
- 15 May 2022
- 15 August 2022

If you would like to make any changes to your current arrangements, please contact a member of our Fees Team.

- » **EMAIL** Fees Team
- » VIEW 2022 College Fees
- » CLICK to access Direct Debit Authority Form

## **EDSTART**

Families may like to consider Edstart as a flexible payment provider. Edstart assists families to manage their school fees and education costs. Feedback from Stella families is that the application process is easy and seamless.

To learn more about Edstart:

» VISIT Edstart

#### Disclaimer:

Stella Maris College do not provide any recommendations, brokering or advice services, nor do we receive referral fees, commissions or other remuneration from Edstart.

read the latest issue of **The Good Oil** 

SISTERS OF THE



## **Debating Club**

Alex Mascarenhas

Join the Debating Club which meets every **Day 7 during lunchtime**.

You will learn about current affairs, debate fun topics, key elements

of debating, forming your argument and putting foward your viewpoint.

You will have the chance to practice whilst improving your public speaking skills and making some new friends!

There are competitions throughout the year that you can get involved with and show off your debating powers and constructive arguments.

# Looking for extra-curricular activities?

We offer a range of activities in which our students can partcipate - before, during and after school.

Some of the activities available to students are:

#### Lunch

Writing Club Stellamatics Y7 Lunch Club Performing Arts MAD Social Justice Science Club Book Club Anime Club

#### **After School**

Dance Performance Sports activities After School Study Stellamatics Drama Rehearsals Sailing

	COLLEGE MAN	NLY	2022 Extra-curricular Timet Te		
Clubs and other interests					
	Mon	Tue	WHO	The	FIL
Before School					
Lines	Name Y Miniming Claim Copy 1 - Edgers 2 Hope or Use of Copy 1 - Edgers 2 Hope or Use of Copy 1  The Copy 1 - Edgers 2 Hope or Use of Edgers 2 Hope or Use of Edgers 2 Hope or Use 1 - Edgers 2 Hope	Gatalanadas Bog 2 1 Stigen 2 Stigen 1 Stigen 2 Stigen 1 Stigen 2 Stigen 1 Stigen 2 Stigen Bog 2 1 Stigen 2 Stigen Bog 2 1 Stigen 2 Stigen Bog 2 1 Stigen 2 Stigen Bog 2 Stigen 2 Stigen Bog 2 Stigen 2 Stigen Stigen 2 Stigen 2 Stigen Stigen 2 Stigen 2 Stigen Mat Actives Copen to New 2 Stigen Stigen 2 Stigen Mat Actives Stigen 2 Stigen Stigen 2 Stigen Stigen Stigen 2 Stigen	State and State	Vacc 1 Blook Child Ong 1 + Chilge 2 Sliger 2 H Children 2 Sliger 2 War William Child Vacc 1 Sliger 2 Sliger Name William Child Cop 4 + Children 2 Sliger All waters (Children 2 Sliger 1 Sliger 2 Sliger 1 Sliger 2 Sliger Mark Child Mark Children  Mark Children  Mark Active	Year 7 South Co. Cyclinitis Team Eng. 26 - South Co. Mr. Christian Mr. Christian
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 $\underline{\textit{CLICK}\,\textit{HERE}}$  to learn more about each activity, times, locations and supervising Teachers

## Job of the Week

#### Systems Analyst

Lisa Walsh

## What do systems analysts do?

Systems Analysts are responsible for analysing, improving, and maintaining business and IT systems for businesses and organisations. They evaluate the programs and procedures currently in use, identify any problems, and propose and build solutions to increase efficiency and ease of use. Systems Analysts will often collaborate with other important stakeholders, such as Business Analysts, management, and other IT professionals, as was end users.

If you are thorough and analytical, have a knack for everything tech, and want a job in a fast-growing area, becoming a Systems Analyst could be ideal.

#### How do you become a systems analyst?

- » CLICK to learn more
- » READ the weekly Stella Maris College Careers Newsletter
- » Visit www.stellacareers.com

## **Uniform and Jewellery**

A reminder students may wear discreet jewellery only. This may be a small cross on a simple chain, sleeper type earrings or studs in the ear lobes. Other visible piercings must be worn with clear plastic spacers. Hair is to be natural in colour, brushed and tied back at all times. No tattoos are to be visible at any time.

» VIEW Uniform Policy

## Student Health Care Plans and Medications

The medical health of your daughter is important to us.

Please ensure all Health Care Plans and medication is recorded in Consent2Go.

Any prescription or over-thecounter medication held onsite must be in date.

You may be contacted to replace any expired, or soon to be expired medication(s).

# Use of Mobile Phones

We ask students and parents to familiarise themselves with our Acceptable Use Protocols for Mobile Phones. We limit device time to encourage students to create new relationships, build connections and be involved in a range of school activities.

Student refusal to follow guidelines may result in confiscation of the mobile device which can be collected from their Head of Year at the end of the school day.

» <u>VIEW Acceptable Use of Mobile</u> <u>Phones Policy</u>

## **COVID-19 Isolation Protocols**

Where your daughter is a **postive case** 

she must remain in isolation for 7 days as per the NSW Health Guidelines. Your daughter can return to face-to-face learning 7 full days (24hrs x 7) after testing positive, and no symptoms present.

If your daugther is a **household contact** 

she must remain in isolation for 7 days as per the NSW Health Guidelines. Your daughter can return to face-to-face learning after the person who has tested positive has completed 7 full days (24hrs x 7) of isolation and providing she has no symptoms present.

If feeling well at home, your daughter can continue her classes by remote learning, checking for her work in SEQTA.

## **Student & Parent Reminders**

e studentreception@stellamaris.nsw.edu.au | t 9976 1817 or 9976 1885

#### **Absences**

We remind our parent/guardian community to notify the College of student absences by 8:00am or earlier where possible.

Advise the name of your daughter, reason for absence and expected return date.

In this current COVID-19 climate, some medical absences may require further explanation of symptoms.

This will enable our Student Services Team to notify class teachers of your daughter's absence and maintain accurate records.

## **Early Exit**

We understand there are times students need to leave before the official end of the school day.

We require parents to notify Student Services.

The student will need to obtain a Leave Pass to present to their teacher to leave their lesson.

Before exiting the grounds, the student must officially check-out at Student Services.

#### Lost Property

We often have school jerseys, jackets, scarves, wireless devices and other items handed into Lost Property. Many items cannot be returned to the student as they are unlabelled.

We ask that personal items be labelled so they can be returned to the student.

## Late Arrivals

Where students arrive late for school, the student is required to visit
Student Services to explain reason for late arrival.
Parents may be contacted for verification purposes.

## Kiss and Drop Zone

A reminder students can be dropped or collected from school at the designated Kiss & Drop Zone located in Iluka Avenue. Please park responsibly and avoid obstructing neighbouring driveways.

## P Plate Drivers

There are a number of parking restrictions in the local area which carry significant

which carry significant penalities.

We encourage students to read all parking signage and seek adequate parking options.

## **Performing Arts**

Jessica Maker

#### **Drama & Music Ensemble Timetables:**

### Monday

7:30am - 8:30am

Drama Ensemble - Year 7 Ms Lionheart Drama Studio

3:30pm - 5:30pm Matilda Rehearsal Mr Smith & Ms Lionheart Star of the Sea Theatre

#### Tuesday

7:30am - 8:30am

Matilda Cast Vocal Rehearsal Ms Maker

1:30pm - 2:15pm Jazz Band Ms Maker

#### Wednesday

7:30am - 8:30am

Performance Band Ms Maker G201

1:30pm - 2:15pm Vocal Ensemble Ms Maker G217

3:30pm - 5:30pm

Matilda Rehearsal Mr Smith & Ms Lionheart Star of the Sea Theatre

## **Thursday**

7:30am - 8:30am

Drama - Years 9, 10, 11 Ms Lionheart Drama Room

1:30pm - 2:15pm Matilda Orchestra Ms Maker G217

## Friday

7:30am - 8:30am

Drama - Year 8 Ms Lionheart Drama Room

#### **Private Music Lessons**

**Performing Arts** 

**Staff** 

Jessica Maker

**Evan Browett Bob Sutcliffe** Leanne Haines

Phillip Wood

Mitchell Smith

Tabitha Lionheart

Rochelle Jones Elle Preece

We offer 1:1 music lessons on a range of instruments.

Lessons take place during the school day for 30 minutes. All our Tutors are able to take you through AMEB Grade **Examinations** 

Lessons are currently available on Flute, Clarinet, Oboe, Saxophones, Trumpet, French Horn, Trombone, Euphonium, Drums/Precussion, Piano, Guitar, Bass, Voice and Ukulele.

» EMAIL Ms Haines to learn more

#### Dance Rochelle Jones

## **ALL DANCE GROUPS ARE CLOSED\*** All Classes begin Monday 28 February

AUDITIONS HAVE BEEN COMPLETED FOR ALL DANCE GROUPS.

## Monday 7:30am - 8:30am

Open Dance Performance (Fun Class) Ms Preece Dance Studio - K204

\* This group is open for 1 more week

## Tuesday 7:30am - 8:30am

Jazz Ensemble Ms Preece Star of the Sea Theatre

7:30am - 8:30am

Jazz Company Ms Jones K204

## Wednesday 23 Feb 7:30am - 8:30am

Lyrical Ensemble Ms Preece Star of the Sea Theatre

7:30 - 8:30am

Extension Jazz Company Ms Jones K204

> **Thursday 24 Feb** 7:30am - 8:30am

Lyrical Company Mr Maras Dance Studio - K204

7:30am - 8:30am Company Rehearsal Ms Jones Star of the Sea Theatre

## **Upcoming** Rehearsals

## MON 21 FEB

Matilda Year 7 Drama Ensemble Rehearsal Star of the Sea Theatre 7:30am - 8:30am ==All cast required==

Matilda Drama Ensemble Star of the Sea Theatre 3:30pm - 5:30pm == Pgs 16 - 18 ==

Acting Rehearsal Matilda, Acrobat, Escapologist, Mrs Phelps, Ensemble members

> Dance Rehearsal All Ensemble Miracle

## **TUE 22 FEB**

Matilda Vocal Ensemble Star of the Sea Theatre 7:30am - 8:30am

All Acting Ensemble & Lead Principals

## WED 23 FEB

Matilda Drama Rehearsal Star of the Sea Theatre 3:30pm - 5:30pm ==All cast required== Pgs 19 - 22

Nigel, Tommy Lavender, Eric Amanda, Alice Big Kids, Scary Kids Little Kids, Bruce Scary Big Kid Miss Honey == Pgs 11 - 16 ==

## **THU 24 FEB**

Matilda Orchestra Rehearsal 1:30pm - 2:15pm G219



#### Mitchell Smith

Rehearsals for Roald Dahl's Matilda the Musical have kicked off. Well done on our second week of rehearsals for Matilda! It is so great to see everyone so involved in the rehearsal process so far.

If your character has lines (either dialogue or in a song), now is the time to continue learning them. As we move forward to your scenes in rehearsals, we will be able to be super productive so it is time to get learning those lines!

RehearsScore is now available with all of the songs on it. Students have been invited to download the app. So, if there are any issues with downloading it please email Mr Smith and he will help you further

Our rehearsal schedule for next week is below. Please be aware that all cast members, including dancers, will be required to be at Monday's rehearsal as we will be adding dance choreography to our first song, Miracle.

#### DRAMA REHEARSALS

Lead Principals, Acting Ensemble Members Continue

## MON & WED

3:30pm - 5:30pm Star of the Sea Theatre

#### Monday

All cast required as we will be splitting the rehearsal into 2 parts (Dance rehearsal: Miracle & Drama rehearsal for Pgs 16 - 18) Dancers will be required to be at this rehearsal

## Wednesday

Drama rehearsal for names mentioned above

**EMAIL** questions to Mr Smith about Dance/Drama Rehearsals

## **VOCAL ENSEMBLE REHEARSALS** All Lead Principals, Acting Ensemble Members

Continue

**TUE 22 FEB** 

7:30am - 8:30am G201

All cast members (Leads & Ensembles) are required to attend Songs: Miracle & School song

**EMAIL** questions to Ms Maker about Vocal Rehearsals

#### **ORCHESTRA REHEARSALS**

Commence

#### THU 17 FEB

1:30pm - 2:15pm G219 (Music Room)

**EMAIL** guestions to Ms Maker about Orchestra Rehearsals

#### DANCE ENSEMBLE REHEARSALS

Pippa Ravenscroft, Anastasia Colohan, Sami Winter and Sophie Whelan are our choreographers and will be lending their talents to assist with choreography

**EMAIL** questions to Mr Smith about Dance Ensembles

## NOTE

If you are feeling unwell or are away, please ensure to stay home and look after yourself.

Email Mr Smith the morning of rehearsal day if you will be absent.

## **Term 1 Sport Carnivals**

## **February**

27 IGSA Rowing - Penrith

## March

21 - 22

8 Stella Maris Swim Carnival -Manly Boy Charlton Pool

13 - 14 Tildesley Tennis - Pennant

Hills Park

21 BBSSSA Swimming Championships

23 BBSSSA Netball trials -

Pennant Hills

25 IGSA Swimming Championships - SOPAC

BBSSSA U13 Touch - Nolan's

NSW All Schools Tennis

Reserve
Stella Maris Cross Country Carnival - TBC

## April

29

7 - 8 NSW All Schools Triathlon



## **Sports Update**

Jenny Wickham

## **Cross Country**

The Stella Maris Cross Country Carnival is not far away. Students from Years 7 to 12 will be invited to compete at this event, which will be held at Queenscliff lagoon and Manly beach front.

The Stella cross country training will commence on 7 March. Details of training will be sent to all students next week.

#### Rowing

Good luck to the Stella students who will be rowing at the IGSA rowing championships at the International Regatta Centre this weekend:

Pip Young, Catherine Willcock, Julia Ungemach, Grace Burke

#### Water Polo

Congratulations to our Year 7 teams who played their first games of water polo last Friday night. For most of the students, this was their first ever water polo game. All of the teams played extremely well and the Stella girls had a great time!

Expressions of interest are now being called for the Open water polo competition. Students in Years 10, 11 and 12 may join the Stella Open teams to play in the NSSWPA competition which will be held on Friday evenings at Warringah Aquatic Centre in Terms 1 and 2. Students have been sent the link to register their interest in playing water polo for Stella this year.

## **Touch Football**

The wet weather caused the cancellation of the BBSSSA U15 and Open Touch Football Championship. This was such a pity for the two strong Stella teams, who were ready to take on the other schools in this event.

In place of the Championships, BBSSSA held a selection trial to select the teams to compete at the NSWCCC Championships in Nelson Bay in late March. Congratulations to the Stella competitors who represented Stella at this event: Emily Smith, Piper Simons, Bella Burkett, Grace French, Holly Wickham, Sophie Bishop, Andie Milligan, Annabel Lynch, Ashton Reimer, Jade Guichon, Summer Burke, Charlotte Baum and Giselle Burke.

All of the Stella competitors played exceptional touch football and it was obvious how strong the level of touch football is at Stella. All of the Stella girls who attended have been selected to play or as a shadow for the BBSSSA teams! What an outstanding effort to all of the girls! Well done!

#### Triathlon

The NSW All Schools/NSWCCC triathlon will now be held on 15 March (individual) and 16 March (teams). Students wishing to enter the individual event will need to register themselves on the NSWCCC website. We will also be entering Stella teams. Students have been sent the link to register their interest in joining the triathlon teams event. Registrations will close next Wednesday 2 March.

# BBSSSA and NSWCCC Registrations

A reminder that some of the registration cut off dates are soon approaching. Students who wish to register for the following sports should contact Mrs Jenny Wickham for more details. These registrations are for students who play at a representative/high level and are restricted to certain ages:

Volleyball Closing date 25 February

Cricket Closing date 1 March

Individual Triathlon Closing date 7 March

Water Polo Closing date 11 March

Golf Closing date 11 March





