



Stella Maris

COLLEGE MANLY



2022

Our Year of
Hospitality

Stella Newsletter

Term 1 | Issue 6 | 11 March 2022

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Principal Update



Swimming Carnival

This week we had perfect weather conditions for our Swimming Carnival at Manly Andrew Boy Charlton Swim Centre. The girls all participated in the theme "Under the Sea" and engaged in competitive and non-competitive swim events. Thanks to the many staff and senior students who helped with the organisation of the day and to our Maintenance team for their support.



Lent

Our journey towards Easter started last week on Ash Wednesday. In a recent article in the Broken Bay news, Bishop Anthony noted, 'Given the challenges of the past two years and the turbulent disruption for so many in our community of the Church, Lent 2022 will be a particularly important time to reconnect with the Body of Christ; to reflect upon our spiritual pilgrimage both as individuals and one community of disciples' (Broken Bay News March 2022). This Lent we will focus our fundraising on the work of Project Compassion.

An additional mufti day will be held this month for Mater Dei (our sister school in Camden) and for flood victims. We encourage girls to bring a \$5.00 donation for that fundraiser.

A reminder that St Kieran's Church Manly Vale is holding its monthly Youth Mass this Sunday 13 March at 6.00pm. A special invitation has been extended to Year 12 Leaders and their families by Father Dave to attend.

Elizabeth

Elizabeth Carnegie
Principal

Highlights

Women's Day Breakfast

On Friday 4 March, some of our Year 11 and Year 12 students had the opportunity to attend the Northern Beaches Council Women's Day Breakfast.

[READ MORE](#)

Stella in The Sydney Morning Herald

We were incredibly excited to have the opportunity to have a feature article in The Sydney Morning Herald, Tuesday 8 March

[READ MORE](#)

P & F Update

A big thank you to Year 7 parent Nicole Bruin for volunteering for the role of P & F Treasurer. We are excited to welcome Nicole to our team.

[READ MORE](#)

Reflection on Lent

Pope Francis' Advice for Lent

Fast from **hurting** words
and say **kind** words
Fast from **sadness**
and be filled with **gratitude**
Fast from **anger**
and be filled with **patience**
Fast from **pessimism**
and be filled with **hope**
Fast from **worries**
and **trust in God**
Fast from **complaints**
and **contemplate** simplicity
Fast from **pressures**
and be **prayerful**
Fast from **bitterness**
and fill your heart with **joy**
Fast from **selfishness**
and be **compassionate** to others
Fast from **grudges**
and be **reconciled**
Fast from **words**
and be silent so you can **listen**

Early Student Dismissal

From time to time during the year, students are given an Early Dismissal/Release from school.

Students will be released from school at 1:30pm, Wednesday 16 March

as we prepare the school grounds for the Open Evening.

Students will need to make their own way home.

For families who use the Stella Maris College Belrose service, we will contact you via email.

Important Dates

Term 1

MARCH

16 College Open Evening

24 - 25 Year 8 Retreat

30 Year 7 Parent Welcome Dinner

APRIL

07 Student Learning Conference (**Year 12 only**)

08 End of Term 1

27 Term 2 commences

School Terms

TERM 1

Mon 31 Jan to Fri 08 Apr

TERM 2

Wed 27 Apr to Fri 24 Jun

TERM 3

Tue 19 Jul to Fri 23 Sep

TERM 4

Mon 10 Oct to Fri 02 Dec

Women's Day Breakfast

Margaret Heraghty

On Friday 4 March, some of our Year 11 and Year 12 students had the opportunity to attend the Northern Beaches Council Women's Day Breakfast.

The theme of this year's Women's Day is **Break the Bias**. The students had the opportunity to hear Anyier Yuol speak about her experience as a woman in a minority group.

Anyier's parents fled conflict in South Sudan, and she was born in a refugee camp in Kenya before arriving in Australia at 10 years of age. Anyier's message to the group gathered was to see the possibility rather than focus on the problem. Anyier encouraged our students to have vision, and be agents of change by educating their family, friends, community and leaders.

Thank you to Mr Cruise and students Saskia C, Tahlia S, Karina G, Iona H, Summer Y, Kiara T, Anastasia C and Samantha W for attending the Breakfast.



Insights from our students

Tahlia S | Saskia C | Karina G | Kiara T

International Women's Day is a day to celebrate the importance and value of women. We were so incredibly lucky to be asked to join and celebrate this amazing day. It was an empowering morning as we were surrounded by such incredible women, who have achieved so much. It was an amazing and inspiring atmosphere which raised awareness of **#Breakthebias** campaign for this year.

We had the opportunity to listen to the guest speaker Anyier Yuol who is one of our social change leaders, she advocates for herself and women whose voices are ignored. She allowed us, as Stella Girls, to understand that leaders are not just about fixing the problem, rather finding possibilities, and turning the negative to a positive. Personally, as Year 12's who are coming to the end of our high school journey, empowering each other is one of our key values, and by growing in a supportive and learning environment, we are all going to move mountains and achieve our goals as strong, motivated women.

We are so grateful to have had this opportunity and we aim to create a sense of aspiration and vision in our future, to inspire younger women.



**Open Evening
16 March
4:00pm - 7:00pm**

We invite prospective and current families to attend our upcoming Open Evening
Remaining spaces available in 5:00pm session only

CLICK

to reserve your spot

Canteen Roster

MON 14 MAR

Abi Sweet
Ayesha Ballesty
Nicole Margetts
Nicky Lawson
Jackie Reimer
Lucy Brooks

TUE 15 MAR

Tanya Moss
Terri Buchanan
Louise Stedman
Yvonne Kelly
Amy Keary

WED 16 MAR

Shea Whiteford
Nell Laime
Michelle Ohle
Lillian Henley
Rachel Blekinsop

THU 17 MAR

Nicole O'Sullivan
Sarah Bernie
Orla Neville
Nicole Holmes

FRI 18 MAR

Justine McKee
Lisa McGregor
Duncan Barnett
Marie Watson
Lillian Henley

**Peace Eggs
are on their way**
ready for purchase for \$4.00
from the Canteen starting

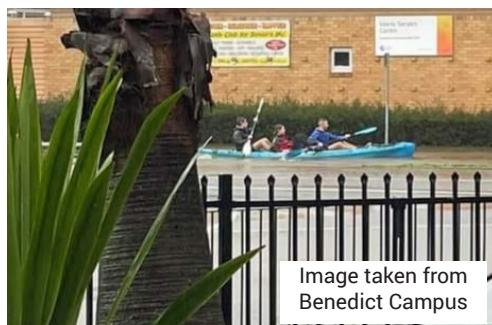
****14 March****



Thank You to our Students & Parents

Thank you to our students and parents on Tuesday whilst we experienced extreme weather conditions. Our priority is to always ensure the safety and wellbeing of our students.

Students were safe in their classrooms and we appreciate your patience as students were released from campus and accompanied to waiting parents.



Youth Mass 6:00pm Sunday 13 March St Kieran's Catholic Church - Manly Vale

Stella Maris College and St Augustine's College will be holding a joint Youth Mass this **Sunday at 6:00pm**.

A warm invitation is extended to our Stella students, Year 12 Leaders and families by Father Dave to attend and join our local parish and schools to celebrate the Eucharist together.

Winter Uniforms

Year 7 and 10 can now purchase their winter uniforms. Both years' parents have been emailed details.

Other students who are new to the school or current students who need additional items can also purchase.

Tracksuits are available online. Please refer to the sizing guides.

Hospitality Uniforms

There are many uniforms not yet collected. You will not be able to participate in practical lessons until you collect your uniform. Cost is \$89.

College Fees

e fees@stellamaris.nsw.edu.au | t 9976-1812 or 9976-1813

Thank you to our families who have paid their 2022 fees.

We have had a non-traceable fee deposit made on 2 February.

If you received a payment reminder email last week with your statement attached and the balance owing looks incorrect, please contact the Fees Department as this non-traceable fee deposit could be yours.

For those families who do not have a Direct Debit Arrangement in place, payment of the account must be paid in three equal installments.

One third of the total invoice was due:
15 February 2022

And the other 2 installments are due:
15 May 2022
15 August 2022

Please remember to use your CRN number on the statement when you make any deposits.

If you would like to make any changes to your current arrangements, please contact a member of our Fees Team.

» **EMAIL** Fees Team
» **VIEW** 2022 College Fees
» **CLICK** to access Direct Debit Authority Form

EDSTART

Families may like to consider Edstart as a flexible payment provider. Edstart assists families to manage their school fees and education costs. Feedback from Stella families is that the application process is easy and seamless.

To learn more about Edstart:

» **VISIT** Edstart

Disclaimer:

Stella Maris College do not provide any recommendations, brokering or advice services, nor do we receive referral fees, commissions or other remuneration from Edstart.

Get in Touch

General Enquiries & Feedback

administration@stellamaris.nsw.edu.au
9977-5144

Student Absences & Enquiries

studentreception@stellamaris.nsw.edu.au
9976 1817 or 9976 1885

Student Enrolments & Exits

registrar@stellamaris.nsw.edu.au

Alumni Enquiries

Donna_Stimson@stellamaris.nsw.edu.au
9976 1825

Canteen Manager

Bernie_McGrath@stellamaris.nsw.edu.au

College Fee Enquiries

fees@stellamaris.nsw.edu.au

Uniform & Text Books

uniform_books@stellamaris.nsw.edu.au

Uniform Shop

Operating Hours

Tue | Wed | Thu
8:00am - 4:30pm

Current conditions

- One student per visit
- Mask mandatory
- Hands to be sanitised

Online Ordering

There are orders awaiting collection. Please ask your daughter to come and collect either before school, during Recess or Lunch.

Visit our Online Store to order your uniform needs.

Please remember to order using your daughter's name.

Orders can be collected during recess or the next trading day.

» **SHOP** now

Stella in The Sydney Morning Herald

Jiani Chen

We were incredibly excited to have the opportunity to have a feature article in The Sydney Morning Herald on Tuesday. We are conscious of our responsibility to prepare our girls to be empowered, inclusive, innovative, confident young women who are inspired to create a better world.

TUESDAY, MARCH 8, 2022 THE SYDNEY MORNING HERALD 11

WOMEN IN LEADERSHIP INTERNATIONAL WOMEN'S DAY

Next-gen students taking up the torch for a fairer deal

BEATING STEREOTYPES

Senior student leaders from Stella Maris College in Manly – Paris, Alex and Ella – are three young women who are clear about what inspires them to make a difference.

Paris is helping young Stella students shake off traditional expectations and wants to empower them to explore what they can do rather than what they should do. "I find that often it is the small things, like starting conversations with younger girls, that can have the most impact," she says.

Meanwhile, along with the positive influence of her family, her school and the media, Alex has drawn particular inspiration from the movie *Hidden Figures*, which explores issues of inequality, and has brought that inspiration to her leadership role at the school.

"Powerful women speaking up about gender inequality has made me more aware of how widespread and serious these issues are," she says. "I want younger girls to know their worth and power and to know they can be strong, inspirational women in order to better our global society."

Ella came to the all-girls Stella Maris from a co-educational school and credits the change of environment with an increasing awareness of the impact of gender-based issues. "The treatment of women and girls is very different in these different settings," Ella says.

Through regular conversations and micro-activism on a daily basis, these three young leaders are at the vanguard of change, inspiring younger girls who look up to them to be courageous and challenge norms.

Principal Elizabeth Carnegie acknowledges the comments of the three student leaders, noting education's role in empowering young women.

"Stella Maris College is a school of Good Samaritan Education and that comes with responsibilities to our girls to equip them for the challenges that may lay ahead. We believe we lay solid foundations through the widely different opportunities available and constant positive conversations, keeping our girls grounded and focused."

The school is proud of its alumnae. Emily Bobis, for example, is a finalist in the 2022 NSW Young Woman of the Year. Bobis is an entrepreneur and co-founder of Compass IoT, a tech start-up whose data analysis of cars swerving or braking has led to the halving of the number of crashes on one of Sydney's busiest roads.

Named a Top 50 Small Business Leader and a finalist in the Sydney Young Entrepreneurship Award in 2021, Bobis, at just 27, is certainly a young woman who has found her feet in the world of work.

Her advice to girls is to "be unapologetic about your success, but humble about your achievements".

"Women often publicly downplay their successes but why should you be made to feel guilty for backing yourself just because it makes someone else uncomfortable?" she asks.

Carnegie has no doubt about the potential of her young charges to become, like Bobis, leaders in the 21st century. "I am convinced that this century is the century of great women," she says.

Stella Maris College principal Elizabeth Carnegie, with students Paris, Alex and Ella.

Student Mufti Day - Thu 17 March

Sarah Metcalfe

Inclusion of our Friends @ Mater Dei

Inclusion for all... Inclusion is based on the dignity and uniqueness of each person, self-esteem, respect, equity, independence.

Through **hospitality**, kindness, being open and showing warmth we are inclusive

Raising money for

Mater Dei & the Flood Appeal

ST PAT'S MUFTI DAY

Thursday 17th March

\$5 minimum

Congratulations on your contribution

Congratulations to **Michelle Fisher** for being recognised for **35 Years of Service Award** at the Catholic Schools Broken Bay Diocesan Mass last night presented to her by The Most Reverend Anthony Randazzo, Bishop of Broken Bay.

We thank you for your service, dedication and commitment to our students, our school and the education sector.

Thank you for the memories

A heartfelt congratulations and farewell to one of our long-standing staff members - **Debbie Aiken**.

Debbie has been a valued and cherished member of our staff for more than 20 years. Debbie has decided to spend more time enjoying her family and grandchildren.

In the words of a colleague today **"you are the true essence of a good samaritan"**

We wish you all the best.

P & F Update

Kate Lovelace & Andrea Hogan - P & F Presidents

New P&F Treasurer

A big thank you to Year 7 parent Nicole Bruin for volunteering for the role of P & F Treasurer. We are excited to welcome Nicole to our team.

Open Evening

Thank you to all who have signed up to help with the BBQ on Open Evening next Wednesday. There are still a few available spots if anyone has an hour to spare and would like to help showcase our wonderful school to prospective new families.

[CLICK](#) to sign up.

WhatsApp Groups

If you are new to the school you may not yet have joined up to your Year Group's WhatsApp Group. These groups are set up by the P & F to help you connect with other parents in your daughter's year group. They are used to organise social events and are very handy for asking questions.

Here are the links to join:

Year 7

****Administrator needed****

<https://chat.whatsapp.com/DTV8mc1S1RgDu8Bw2WEzce>

Year 8

Administrator: Belinda Hay <https://chat.whatsapp.com/Ld26FUW8TDsD2xRTICaVUW>

Year 9

****Administrator needed****

<https://chat.whatsapp.com/HHMUa6P9oXM1Q6QSqcPrwF>

Year 10

Administrator: Molly McKenzie <https://chat.whatsapp.com/HxFeVIPxrqW15dqno44mEG>

Year 11

Administrator: Janet Sajowitz <https://chat.whatsapp.com/InVnTvMt9NFAkoR99H2bxC>

Year 12

****Administrator needed****

<https://chat.whatsapp.com/F9pAVos1No0AS1DFa3oteC>

It's been quite a week and we hope everyone has managed to get through it ok. Our thoughts are with families who have experienced damage due to the floods. A big thank you to Stella staff for excellent management of the difficult situation experienced on Tuesday, and for the regular updates by text and email. We wish you all a well-deserved restful weekend.



Open Evening
16 March
4:00pm - 7:00pm

****Remaining spaces available for 5:00pm session only****

[CLICK](#)
to book your spot

Social Justice

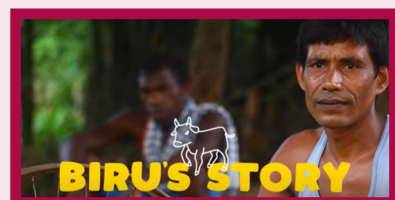
Sarah Metcalfe

Week 2 - Meet Biru from India. Biru's story is about empowering human dignity.

Biru is 30 years old and has 4 daughters. As a child Biru contracted polio and lost mobility in one of his legs.

===

» [LEARN](#) more about Biru



Did you know in India...

- ❑ **\$12** can provide 2 annual health checks for 2 people living with a disability
- ❑ **\$85** can help a community to form a farmer support group
- ❑ **\$200** can provide fruit plants for 2 nursery gardeners
- ❑ **\$600** can provide awareness sessions for 50 community members to access government entitlements

Job of the Week

Lisa Walsh
e careers@stellamaris.nsw.edu.au

General Practitioner

What do General Practitioners do?

General Practitioners (GPs) are specialist, community based Doctors trained to care for people of all ages, all walks of life, and with all types of medical issues and concerns. They focus on the health of the whole person, combining preventative, physical, psychological and social aspects of care.

If you're a people person with lots of empathy and patience, that thrives on variety but handles hum-drum too, then a career as a GP could be perfect for you.

How do you become a GP?

» [CLICK](#) to learn more

» [VISIT](#) our Stella Maris College Careers website for all your career needs, plus our regular weekly careers newsletters [here](#)

w www.stellacareers.com



Beach2Beach Walk

Year 10 – Year 12 beaches hike will be held from **Sat 26 March through to Tue 29 March**

Students will be walking for two to four days, depending on their Award Level. Please make sure to read all the hike information carefully and keep up-to-date with your emails to know when the training sessions for the hike will be held.

All participants on this hike will be joining the Beach2Beach charity fun run as part of the highly successful Stella Maris College team. We encourage all Stella families to join our team.

All money raised from the Beach2Beach is donated to **The Happy Days Charity run by local icon Mike Pawley** and helps raise vital funds for a local village school in Siem Reap Cambodia that our Gold girls have the opportunity to visit in Year 12.

» [CLICK](#) to register and join our more about the Duke of Edinburgh's International Award



The Leadership Team and Pastoral Care Team
invite you to attend the Stella Maris College

Year 7 Welcome Dinner

Wednesday 30 March

6:00-8:00pm

The Deck, Main Campus

The Year 7 Dinner is an excellent opportunity for parents and caregivers to meet their daughter's Year 7 Pastoral Care Team, teachers and other Year 7 parents/caregivers within the Stella Maris Community.

Numbers are limited to the student
and two parents/caregivers.



Stella Maris

COLLEGE MANLY

RSVP by Friday 25 March
Via <https://www.trybooking.com/BXXUR>



The Crucible



****LAST 2 SHOWS****
11 Mar & 12 Mar
50% capacity only to ensure audience comfort

About

Arthur Miller's timeless examination of suspicion, revenge and mass hysteria – cloaked in the infamous Salem witch trials – brought to life by Point Break Drama Theatre Company.

- 50% Capacity ONLY to ensure audience comfort -

Last 2 Shows
11 Mar | 12 Mar

Location

Star of the Sea Theatre
 Stella Maris College
 2 Iluka Avenue
 (Cnr Collingwood & Iluka Avenues)
 Manly NSW 2095

Ticket Sales

CLICK

to secure your tickets



Mitchell Smith

Well done to everyone who took part in the choreography for The Hammer and also the drama scenes! The first part of the show is really taking shape and there is great momentum and a HUGE buzz amongst the cast, which is great!

Please be aware that we will be holding an "OPEN REHEARSAL" at our **School Open Evening on Wednesday 16 March** in the Drama Studio for the general public to come and see. This will mean that we will have our usual rehearsal time from 3:30pm - 5:30pm, as well as the bonus time of 5:30pm - 7:00pm to practise any scenes between Pages 1 - 32. We understand that we have a talented group of amazing people in our cast that have been asked to do other jobs on this night. We will work with everyone on those commitments. You will see below we have just placed two timeslots (one for each cast) but if they cannot make one of those, they can definitely come to the other.

If students are NOT available after 5:30pm on the College Open Evening or you are doing other jobs for the Open Evening, can you please email Mr Smith so we can plan around that. Students have already been emailed this on Wednesday.

PLEASE NOTE: Students are to bring their sports uniform to every rehearsal from this point forward as we move in to more physical dance numbers in rehearsal.

Remember, the School Open Evening is in "regular rehearsal time" which will be a great opportunity for students to continue performing and rehearsing to our first live audience (don't worry, they will be pleased to see what we have to offer - they won't bite).

ALL CAST
required for both Rehearsals

Upcoming Rehearsals

Monday - 14 Mar	Tuesday - 15 Mar	Wednesday - 16 Mar
3:30pm - 5:30pm Matilda Drama Rehearsal Theatre **Everyone required** Pgs 32 - 36 Nigel, Big Kids, Matilda, Trunchbull, Amanda, Lavender & All Kids	7:30am - 8:30am Matilda Vocal Ensemble Theatre **All Acting Ensemble & Lead Principals**	3:30pm - 5:30pm Matilda Drama Rehearsal Drama Studio Matilda Cast 3:30pm - 5:00pm Trunchbull Cast 5:30pm - 7:00pm **College Open Evening Rehearsal** We will work on all scenes so far, as an "open rehearsal" for parents to wander in and see)

NOTE

If you are feeling unwell or are away, please ensure to stay home and look after yourself.

Email Mr Smith

the morning of rehearsal day if you will be absent

Sports Update

Jenny Wickham

Term 1 Sport Carnivals

March

- 13 - 14** Tildesley Tennis – Pennant Hills Park
- 21** BBSSSA Swimming Championships
- 21 - 22** NSW All Schools Tennis
- 23** BBSSSA Netball trials – Pennant Hills
- 25** IGSA Swimming Championships - SOPAC
- 29** BBSSSA U13 Touch – Nolan's Reserve

April

- 4** Cross Country Carnival



Tildesley Tennis

Good Luck to our Stella Tennis team who will play at the Tildesley Tennis Tournament on Sunday and Monday. The team has been training since October last year and are very excited to be finally playing at this prestigious tournament. Best of luck to all members of the team:

Morgan A, Tara A, Keiley B, Molly B, Annabelle C, Bella C, Ruby C, Katie E, Sunny E, Hannah G, Rosa G, Stella G, Audrey H, Lucy H, Taylor J, Jess O, Lola O, Imelda R, Milly R, Olivia R, Roisin T, Bianca T, Sara T, Sophie W, Holly W

Congratulations to Taylor J (Year 12) who has been named Captain of the Stella team.

Good luck Team!

Open Water Polo

We are still calling on expressions of interest for our open water polo team. Games will commence next week on Friday nights at the Warringah Aquatic Centre. Anyone in years 10, 11 and 12 who would like to play should email Mrs Jenny Wickham.

Triathlon:

The NSW All Schools team and individual triathlon was scheduled to be held at the International Regatta Centre, Penrith on 15 and 16 March.

Swimming Carnival

The Stella Maris Swimming carnival was held at Manly Andrew Boy Charlton Swim Centre on Thursday 10 March. It was a fantastic day! The weather conditions were perfect for a swimming carnival, with the sun shining for the first time in weeks. What a difference a couple of days makes! It was very lucky we were able to move the carnival at such short notice, considering the extreme wet weather experienced on the scheduled date of 8 March.

Thank you to all students, staff and parents for working with the last minute change of date.

The level of participation in all events was outstanding! All of the students were busy swimming and cheering all day. The theme was "Under the Sea", which was very appropriate given the weather that we experienced this week! Well done to all of the students who got involved in the dress up and fashion parade. The outfits were great! All of the students should be congratulated for their enthusiasm and fantastic house spirit.

The standard of swimming was also exceptional, with some amazing results in many events! We look forward to announcing our swimming team, Champion of champions, age champions and overall winning house at a special assembly next week.

A big thank you to all of the students and staff who worked hard on the day to make the carnival a success. **Full results will be listed in next week's newsletter.**

Unfortunately the venue is now flooded, so the triathlon cannot go ahead next week. The individual event will be rescheduled to later in the year. The Teams event has been cancelled.

Cross Country and Run Club

The Stella Maris Cross Country Carnival will be held on Monday 4 April. Students will be sent a link to sign up for this event. Stella will commence Run Club on Monday morning. This run club is open to all students. It will be great for students who want to train for cross country, do some fitness training, or anyone who just likes to run! Students have been sent a link to sign up (also on SEQTA sports notices).

Run Club meets at the Scholastica Gates (Eurobin Ave) at **7:15am on Monday morning**. Students should wear PE shirt and running shorts.

Netball

Stella will be entering teams in the Peninsula Cup Netball Competition in Term 2. Games will be held at Curl Curl Netball Courts on Tuesday afternoons. Students have been sent a link to express interest in joining a team.

Touch Football

Due to wet weather the trials for the U13 Touch team have been postponed. These will be held next Thursday. Students have been emailed details of the trials.



Swimming Carnival Snapshots

