



2022

Our Year of Hospitality

Stella Newsletter

Term 2 | Issue 16 | 03 June 2022

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From the Principal



National Reconciliation Week

2022 National Reconciliation Week's theme is "Be Brave. Make Change" and is a challenge to all Australiansindividuals, families, communities, organisations and government—to Be Brave and tackle the unfinished business of reconciliation so we can Make Change for the benefit of

This week the NSW government announced that it would return Me-Mel also known as Goat Island, (once the home of Bennelong and Barangaroo) to the local indigenous community.

Metropolitan Local Aboriginal Land Council Deputy Chair Yvonne Weldon said Me-Mel's transfer was a long time coming. "It's so long overdue, it's so important for us to be able to get this right," Ms Weldon said. "Me-Mel is a place where we can go to be within our culture, pass culture on to our younger generations and share with other people." (ABC News)

Metropolitan Local Aboriginal Land Council CEO Nathan Moran said the island is a place for people to be within their culture, pass stories to the next generation and share with others.

"This is the cultural sacrament place of the Eora - this is the dreaming place for Sydney," he said.

"To honour its importance, its significance, and to become an Aboriginal place again where we as First Nations will be able to preserve and protect the cultural story of Sydney, and also share that with others is for us ultimately what it's all about - trying to keep our place in society, maintain our identity and our culture. We look forward to having this cultural place returned to us, operated by us, but for the benefit of everyone." (SBS News)

It is important that we understand that this country has an indigenous history thousands of years in the making. This decision empowers indigenous people of Sydney to reclaim their story – the dreaming stories of Sydney. We look forward

to what that will mean for Australia's understanding of reconciliation and the sharing of indigenous culture.

We have just celebrated Stella Day and the money raised by our community will be sent to the Good Sams Foundation to support their work with indigenous people as well as Good Samaritan communities in the Philippines and Kiribati. We all need to step up to be brave and willing to effect change for communities in need.

Thank you

Thank you to all the Stella community members who made Stella Day such a memorable one. Thank you to Nicky Chin and Sarah Metcalfe for the morning mass and reflection on Good Samaritan mission work. Thank you to Natalie Cavallaro and Anna Riley, who with the Student Representative Council and Prefects, ensured that the celebration was memorable. Thank you too to the many students who provided music, activities and entertainment during the day.

Elizabeth Carnegie

Principal

Prayer

God, Mother and Father of our human family You created all human beings equal in dignity Awaken in our hearts a spirit of tenderness and compassion Inspire in us a dream of renewed encounter, dialogue, justice and peace

May we reach out to our brothers and sisters - give us courage to be brave and make change

May we be a neighbour to all those in need This we ask in the name of Jesus.

Amen

Highlights

Stella Dance Night

Always a popular event - tickets are now available for the Semester 1 Stella Dance evening on June 7. **READ MORE**

Visual Arts

Check out the outstanding works from some of our Year 9 Visual Arts students.

READ MORE

Sports News

Stella students have been busy with excellent results in recent competitions.

READ MORE

Thank you!

Thanks to the support of Stella students and families. an incredible \$11,600 was raised from Stella Day for the Good Sams Foundation.







Louise Yeates - Assistant Principal Learning and Teaching

As outlined in last week's Newsletter, Dr Prue Salter will be presenting a Study Skills session to Year to Year 7 and 9 students and their parents on **Thursday 9 June**.

Details of these sessions are outlined below.

Bookings are essential:

Year 7 student + parent from 5:45pm -7:15pm

https://www.trybooking.com/BZZEU

Year 9 student + parent from 7:30pm - 8:30pm

https://www.trybooking.com/BZZEF

Important Dates

Term 2

JUNE

10 Pupil Free Day

15 - 18 Matilda The Musical Performance

24 End of Term 2

2022 School Terms

TERM 2

Wed 27 Apr to Fri 24 Jun

TERM 3

Tue 19 Jul to Fri 23 Sep

TERM 4

Mon 10 Oct to Fri 02 Dec

PARENT AND STUDENT STUDY SKILLS EVENING

Stella Maris College presents an opportunity not to be missed:

"ACHIEVING YOUR PERSONAL BEST" with Dr Prue Salter



An interactive evening for parents and students outlining tools and techniques for students to achieve their personal academic best.

Dr Prue Salter is the founder of ELES (www.enhanced-learning.net) and an expert in the area of study skills. She has conducted over 5000 study skills seminars across Australia and Asia, has written 20 study skills resource kits for schools and is the creator of the online and interactive study skills website used by more than 120000 students (www.studyskillshandbook.com.au).

Prue 's PhD explores whole-school integrated approaches to developing students' self-regulated learning skills.

YEAR 7 PARENT/STUDENT STUDY SKILLS EVENING

Thursday 9th June 2022 @ **5.45-7.15pm**

YEAR 9 PARENT/STUDENT STUDY SKILLS EVENING

Thursday 9th June 2022 @ 7.30-8.30pm

The two evenings cover different content and can be viewed as Level 1 and Level 2 study skills.

Parent/Guardian(s) and students should <u>attend together</u>. As the session is very interactive, the session will not be of full value unless both the students and a parent attend.

Both students and parents also need to <u>bring along a pen</u> each (and one highlighter for the family) and the school diary.

Some of the areas that will be covered are:

- Making study as effective and efficient as possible.
- Organisation and time management skills.
- Improving study notes and study techniquesDealing with the obstacles and problems.

Time to step up and move your study skills to the next level!



"the study skills specialist"

www.enhanced-learning.net





Kylie Andrew - Head of Counselling | Registered Psychologist

Get in Touch General Enquiries & Feedback

administration@stellamaris.nsw.edu.au

9977-5144

Student Absences & Enquiries

studentservices@stellamaris.nsw.edu.au

9976 1817 or 9976 1885

Student Enrolments & Exits

registrar@stellamaris.nsw.edu.au

Canteen Manager

Bernie_McGrath@stellamaris.nsw.edu.au

College Fee Enquiries

fees@stellamaris.nsw.edu.au

Uniform & Text Books

uniform_books@stellamaris.nsw.edu.au

Canteen Roster

MONDAY 6 MAY

Hollie Seibold Cathy Shanahan Jacqueline Randall

TUESDAY 7 MAY

Belinda Vumbaca Nicole Sheather Kate Lovelace Claudine Guterres

WEDNESDAY 8 JUNE

Francene Scali Janine Silva Kirsten Wenbourne Julie Martin Karlee Fox

THURSDAY 9 JUNE

Kelly Hindman Anna Anderson Lucy Stephenson Grace Mason

FRIDAY 10 JUNE

Staff Spirituality Day

** no volunteers required

LivingWorks Suicide Prevention Training for Parents/Carers

The New South Wales Government has committed \$14 million to a state-wide suicide prevention training initiative focused on supporting students in Years 10-12 whose mental health may have been impacted by the COVID-19 pandemic.

LivingWorks is a free suicide prevention training that aims to create a network of safety around young people in New South Wales by training their most trusted peer, adult and community touchpoints in how to recognise the signs that someone may be thinking about suicide, intervene, and refer to further help.

Parents/carers are well-placed to observe suicide warning signs, monitor risk, encourage alternative coping strategies, provide emotional support, and facilitate young people to engage with mental health and suicide prevention services. However, research indicates that many teachers and parent/carers' suicide-related knowledge, and confidence in their ability to intervene, is lacking.

If you would like to complete the free online training register **here**.

Parent Wellbeing Hub

Our Wellbeing Hub in SEQTA Engage has a number of useful resources and websites covering topics such as parenting, adolescent mental health, school avoidance and trauma. There is also a Recommended Reading list, as well as our Confidential Counselling Referral form.

The page is updated regularly with new information and resources.

The Wellbeing Hub can be accessed via the Parent Hub in SEQTA Engage

Engage Welcome ASSESSMENTS COURSES DASHBOARD DOCUMENTS NOTICES PARENT HUB REPORTS SETTINGS TIMETABLE

CRIME SCENE DO NOT CROSS

Job of the Week

Lisa Walsh - Careers and Pathways Adviser e lisa_walsh@stellamaris.edu.au

Criminologist

What do Criminologists do?

Criminologists look into the human mind to discover the reasons why people commit crimes. They also work on ways to stop people from committing crime and look at whether the current justice system effectively deters criminals.

How do you become a Criminologist?

Click here to learn more about this job and pathways to get there.

Please visit our very own **Stella Careers Website** for all your career needs. PLUS, our regular weekly careers newsletters can be read **here**.

Reminder - Student Free Day

A reminder that Friday 10 June will be Student Free at Stella as staff participate in a Spirituality Day.





Cath Douglas - Head of Inclusive Learning

Uniform Shop

Operating Hours Tue | Wed | Thu 8:00am - 4:30pm during term.

Current conditions

Two students per visit. Mask mandatory. Hands to be sanitised please.

Winter Uniforms **Click here** for uniform prices. Some winter items are available online

Junior and senior skirts have now been added.

Year 7 Art (Sem 2)

Year 7 students doing Art in Semester 2 are to purchase the Art Pack before the end of this term. This is available at the Uniform Shop Online Store.

Online orders

Please collect these from Recess. There are many longstanding orders still to be collected.

Stationery items

The Uniform Shop stocks a large range of stationery items:

- Calculators
- Art supplies
- A4 Display folders
- Pens, lead pencils, glue sticks, Bernina bobbins

Please go to the **Stationery** section online to see what items can be purchased.

Second Hand Uniforms

The Uniform Shop does not accept second hand uniforms.

Please go to the P&F's Facebook page to buy and sell uniforms.

Future Problem Solvers

This week, students from Years 8, 9 and 10 participated in a 'Future Problem Solvers' Day. In this extension program, the students worked through a six-step process to identify and solve future problems. They then create an action plan in the topic area of 'Building Green' to use in the future. Next term the students will follow the same process in a tighter time frame of two hours for the topic area of 'Insects'. The students worked diligently all day and came up with some wonderful futuristic ideas. Thanks to the amazing Year 10 coaches (Jemma K, Bella H, Audrey R and Sami W) who provided guidance to the teams on the day.

Well done to the Future Problem Solver students:



Year 9 Year 8 Jessica V Sally H CJ W Ava J Talia H Maya M Catherine B Rose M Emma M Primrose R Gabriella F Ava Z Sara T Katherine E Alice K Alyssa T Charlotte S Hazel C Violette R Tara K Year 10 Chloe R

Lunetta B

Sanna M

Fvie G

Lauren K Ruby K Rachelle B Ava N



Don't miss the Stella Dance Night!



We warmly invite the Stella community to our first Dance Night for 2022 on Tuesday 7 June. There will be in abundance of talent on display from Elective Dance, HSC Dance, Company, Ensemble, Performance Group, Compositions and Student Choreographies.

Tickets are free however bookings are essential.

5.00pm Show:

https://www.trybooking.com/BZRWU

7.00pm Show:

https://www.trybooking.com/BZRWZ





Linda Silburn - Duke of Edinburgh Co-ordinator

Year 9 Bronze Participants

Participant Program forms (on teams) and Consent2Go permission and payment is now due for the June hike.

Equipment

Kathmandu/Stella Shopping Event (one week to go) - during this event Kathmandu will offer our guidance and expertise, from important information on correctly fitting backpacks, different sleeping bag options, choosing the correct footwear, to technical information on clothing and apparel. Kathmandu will also be offering discounts of up to 60% off RRP of Kathmandu Branded Gear.

Offer only valid at the Kathmandu Warringah Mall, Hornsby & Macquarie stores between 26/05/22 – 12/06/22 inclusive. Make sure your daughter has her student card with her.



- Bronze Pack and Paddle: 19 20 June
- Bronze Qualify Hike: 27 28 August
- Silver Hike: 27 29 August
- Gold Hike 26 29 August
- Snowy Mountains Tour: Departing 5 November
- Tasmania Tour: Departing 2 December

Gold Residential Opportunity

Are you looking for a challenging and local residential option for your Gold award? Please consider applying for the Young Endeavor sailing experience. Applications are free.

The Young Endeavour - Since 1988 over 14,000 youth from across Australia have sailed in Young Endeavour, taking part in an inspiring youth development experience. Our voyages help participants develop self-awareness, resilience and confidence through sail training and self-development activities.



With no Wi-Fi or mobile phones, participants have the opportunity to be present, focus on the program, and enhance their communication skills and relationships. The immersive nature of the program is designed to support the rapid development of interpersonal, leadership and teamwork skills, which are transferable to everyday life and career settings.

For further information: https://youngendeavour.gov.au/

Bronze, Silver or Gold Community Service Opportunity

Diary Dates for Lifeline Book Fairs:

- July 7 10: St Augustine's College, Brookvale
- October 5 9: Forestville Memorial Hall
- December 8 11: St Augustine's College, Brookvale

Positions Limited - please email Glenice Bland if you would like to volunteer to assist Lifeline - phone 0419 26 98 21





Congratulations to our recent Bronze Award recipients.





Visual Arts

Please enjoy a selection of works from the 200 hour Year 9 Visual Arts 'Water' Unit.







Millie H Millie H Mia C





Evie A Sara T





Issy L Angie P





Kate Lovelace & Andrea Hogan - P&F Presidents

e pandf@stellamaris.nsw.edu.au

Comedy for a Cause

Tickets are now on sale for our Comedy For A Cause Evening on Friday 29 July. All are welcome, so feel free to bring friends even if they don't have a daughter at Stella. There are drinks prior to the show, so plenty of time to mingle as well as enjoying some great comedy. The evening raises funds for the Stella P&F Association to go towards building our wonderful community.

Click here to book your tickets.

Christmas Drinks

We are excited to announce that this year there will be an End of Year Parent Drinks party to be held under the trees in our beautiful school. Please save the date (Friday 18 November). More details to follow.

Diary Dates

Thursday 11 August at 7.30pm – Term 3 P&F Meeting. All welcome!

Friday 18 November – Parent End of Year Drinks (all year levels).

Featuring comedians from Sydney & Melbourne International Comedy Festivals Comedyforacause.net/SMC Star of The Sea Theatre

In Support of:

Stella Maris

College

WhatsApp Groups

If you are new to the school you may not yet have joined up to your Year Group's WhatsApp Group. These groups are set up by the P&F to help you connect with other parents in your daughter's year group. They are used to organise social events and are very handy for asking questions. Please don't hesitate to get in touch with us at **pandf@stellamaris.nsw.edu.au** if you have any problems joining your WhatsApp Group so we can fix

Here are the links to join.

the problem.

Year 7

Administrator. Kelly Hindman https://chat.whatsapp.com/DTV8mc1S1RgDu8Bw2WEzce

Year 8

Administrator. Belinda Hay https://chat.whatsapp.com/ Ld26FUW8TDsD2xRTICaVUW

Year 9

Administrator. Holly MacKenzie https://chat.whatsapp.com/ HHMUa6P9oXM1Q6QSqcPrwF

Year 10

Administrator: Molly McKenzie https://chat.whatsapp.com/ HxFeVIPxrqW15dqno44mEG

Year 11

Administrator: Janet Sajowitz https://chat.whatsapp.com/ InVnTvMt9NFAkoR99H2bxC

Year 12

Administrator: Carrie Hobday https://chat.whatsapp.com/F9pAVos1No0AS1DFa3oteC

College Fees

For those families not under a direct debit arrangement, this is a kind reminder that the second instalment of your 2022 College fees was payable by 15 May 2022.

If you feel your financial situation will change short or long term which has impacted your ability to keep up with your regular fees payment schedule, we kindly urge you to please contact the finance team **fees@stellamaris.nsw.edu.au** for confidential advice as to how we can best support you during this time

Stella Maris College, Cnr of Collingwood St &

Iluka Ave, Manly

We remind our families that the College requires one term's notice of any move to another school or learning environment (please note that overseas enrolments require two terms' notice). Please email any enrolment changes to: **registrar@stellamaris.nsw.edu.au** as soon as you are aware the enrolment may change to ensure a notice fee is not incurred.

EDSTART

Families may like to consider Edstart as a flexible payment provider. Edstart assists families to manage their school fees and education costs. Feedback from Stella families is that the application process is easy and seamless. **Click here** to learn more about Edstart.

Disclaimer.

Stella Maris College does not provide any recommendations, brokering or advice services, nor do we receive referral fees, commissions or other renumeration from Edstart.



Upcoming Rehearsals

Sunday 5 June

Extra Rehearsal 10.00am - 2.00pm

Run of Full Show

Complete Miracle choreography

Monday 6 June

Drama Rehearsal

3.30pm - 5.30pm

Tuesday 7 June

Vocal Ensemble

7.30am - 8.30am

Wednesday 8 June

Drama Rehearsal

3.30pm - 5.30pm

Sunday 12 June

Rehearsal 9.00am - 5.00pm

Running two x shows with microphones and all props and set.

All required.



Mitchell Smith - Theatre Manager and Teacher of English, Drama & Entertainment

Get your Tickets!

Tickets are selling fast! www.trybooking.com/BZHRA

Rehearsals

Thank you once again for your continued commitment to the show - this is the week that it all comes together! Please continue to be on your lines, updated choreography and spacing and we will all do our part in staging what will be a great show!

Reminders

Please Bring Costmes For Sunday

If you are in any of the following, can you please ensure you bring the following items to Sunday's rehearsal as we will have an individual costume bag hanging with your name on it:

Miracle Costume

• If you have not yet brought your costume in for Miracle, please make that decision and bring it in on Sunday as we are taking final photos and need to see you in them for the run.

Summer School Uniform Costume

Girl School Characters

- · Summer dress
- · Small Kids: with school jumper
- · Big Kids: with blazer

Boy School Characters

Winter trousers/shorts with white Stella blouse

Costume For Loud

- Theatre Blacks: black leggings, black top (come to rehearsal in these)
- Light cardigan to take off in dance break

Costume For Smell of Rebellion

Sports uniform everyone in Smell (white sport shirt, long pants - not the shorts)

If anyone has any issues sourcing or finding these items, please email me by Friday with your size so Tabi and I can source it for you.

Stage Crew

We will be allocating jobs on Sunday to each crew member, so it is really important that you are there from 10:00am for the show. Thank you!

Photos

There will be more photos taken on Sunday during rehearsal. Photos will be taken during the run so we get both action and candid shots on stage.

Thank you once again to everyone. It is a BIG week, but a week where everything starts to come together. You are all doing such incredible things and, as members of the cast said yesterday, there is a great energy in this company that is full of positivity and support for each other!

Thank you and see you Sunday ready to start right on 10:00am.



Sports News

Jenny Wickham - Sports Co-ordinator and Teacher of PDHPE

IGSA Cross Country

On Friday 27 May, a small Stella team attended the IGSA Cross Country at Frensham School in Mittagong. Due to the clash with Stella Day, only students in the younger age groups were able to attend the event this year.

The IGSA cross country is a very prestigious event and the standard of running is very high!

The Stella girls did amazingly well! A huge congratulations to our 12 year team who won the teams' event: April U, Lyla R and Maddi R.

Well done to our students who won individual medals:

Gold: Pip Q - 1st place in 13 years event **Silver**: April U - 2nd place in 12 years event **Bronze**: Lyla R - 3rd place in 12 years event

Congratulations to all of our Stella team members on their outstanding results:

Charlotte C, Saoirse F, Lara M, Pip Q, Lyla R, Maddi R and April U.

We look forward to next year's event when our whole team can attend!

Good luck to the Stella girls who are competing at the NSWCCC Cross Country Championships at Eastern Creek next Tuesday 7 June: Lara M, Pip Q, Lyla R, Maddi R, April U, Holly W, Tilla G and Ruby B.

NSWCCC Tennis

On Sunday 29 and Monday 30 May, a small Stella tennis team travelled to Bathurst to compete at the NSWCCC Tennis Championships. It was freezing cold, with the temperature at around zero degrees most of the day. Despite the tough conditions, the girls played some amazing tennis. All members of the team won both doubles and singles matches. The team had a great win against last year's winners, Lismore in round one. Well done to the girls on making it through to the quarter final round. Congratulations to all members of the team:

Bella C, Hannah G, Sunny E and Holly W

Hockey

Congratulations to Katelyn B (Year 10) who attended the NSWCCC Hockey trials in Bathurst on Monday 29 May. Katelyn played very well in the freezing conditions and was selected in the NSWCCC U16 team! Katelyn will now play at the NSW All Schools Championship later this term. Well done Katelyn!

NSW All Schools Swimming

Good luck to our junior relay team who are swimming at the NSW All Schools Swimming Championships on Friday 3 June: Jess O, Andie M, Kiera M and Zara D will compete in the Junior 4x50m freestyle relay and junior medley relay. Good luck girls!

BBSSSA Basketball

Congratulations to the Stella Open Basketball team who played at the BBSSSA Basketball Championships in Terrigal on Thursday 2 June. The team played extremely well all day, progressing through to the semi finals. The Stella team played a great game, but were unlucky to lose to a strong Mount Saint Benedict team, so finished the carnival in third place. Well done to all members of the team:

Grace B, Leilani C, Abi G, Chloe H, Jett J, Makaela O'B, Laila P, Ava S, Grace S and Emily S.





Equestrian

Good luck to the Stella Equestrian team who are competing at the Northwest Interschool Challenge in Coonabarabran this weekend. The Stella Equestrian team: Amelia D, Grace C, Maeve R, Sara M and Lulu R.

Athletics Squad

Squad training for athletics will start in the coming weeks. The squad will train at Narrabeen one afternoon a week and compete at the IGSA twilight carnivals on the first four Friday nights of Term 3. The team for the IGSA and BBSSSA carnivals will be selected from the squad.

Details will be sent out to interested students next week.

Snow Sports

A reminder that permission notes for the Stella Snow Sports team are due back next week. If anyone is interested in joining the Snow Sports team, but has not received a note, they should email **Mrs Jenny Wickham**.

Netball

We are already up to the final rounds of the Peninsula Cup netball competition. Stella has 12 teams playing in the Tuesday afternoon competition. All teams are doing well and enjoying this fun competition.

Expressions of interest for BBSSSA netball teams are now open. Stella will have four teams at this event in the first week of Term 3. Students will need to complete the survey by next Wednesday 8 June if they would like to trial for these teams. The link has been emailed to all students.

Term 3 Sports

Registration for Term 3 sports will open next week.

Basketball registrations are already open and should be completed by the end of next week. Stella will have teams in the Semester 2 Manly Warringah Competition.

Other sports which will be open for registration include: tennis lessons, volleyball, group fitness, soccer, tennis comp and athletics. Details will be sent out next week.

Unfortunately we did not get enough interest in hockey to form teams this year.