



Stella Maris

COLLEGE MANLY



2022

Our Year of
Hospitality

Stella Newsletter

Term 4 | Issue 32 | 04 November 2022

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From the Principal



A Wise Heart

In the Book of Proverbs, it directs us to 'get wisdom'. It is something we must reach for, to aspire to, actively make happen. Life is an opportunity to get that wisdom.

When you Google 'getting wisdom' a range of suggestions appears. From trying new things, being open-minded and finding wise people to listen to. One of the key learnings

for me is the moment we realise that everyone is fallible, and we all make mistakes. It is that moment that is an opportunity to develop wisdom.

Our teenagers are bound to make mistakes along the way, but it is essential we allow them to learn from those mistakes. As parents, sometimes we wish to make the path easier, but it is in the striving that they learn determination, grit, and responsibility for their actions. We still need to be there as a sounding board, but we need to let our young people live their best lives in their own way.

'It is what we believe spiritually that carries us through life. It is the well of wisdom from which we are meant to draw...Only that which nurtures the truly spiritual in us, the search for the presence of God in every small dimension of life, is real wisdom.'
(Joan Chittister, 2012, Aspects of the Heart, p107)

HSC Complete

The HSC Written Examinations have concluded this week with the Design and Technology and Food Technology examinations undertaken today. The College appreciates all that families have done to support the girls through this time. It has been good to see the girls emerge from the exams happy that they have done their best. I appreciate all that the staff have done to ensure that the girls were well prepared.

End of Year Examinations Year 7-10

Our junior students have been undergoing a period of examinations over the past few weeks and it has been good to see the effective study habits the girls are developing with support from the Heads of Year and Heads of Department. Thank you to families who are helping us by encouraging the girls to use their time at home productively, take advantage of the tutors in the library, and reducing social events during the week. It certainly reassures us that you want the best outcome for the girls.

Serenity Prayer

*God grant me the serenity
To accept the things I cannot change;
Courage to change the things I can.
And wisdom to know the difference.
Living one day at a time.
Enjoying one moment at a time.
Accepting hardships as the pathway to peace.
Amen.*

(Reinhold Neibuhr, 1892-1971)

Elizabeth Carnegie
Principal

Highlights

Sporting Success

It's been another phenomenal week for Stella athletes across a range of sports.

[READ MORE](#)

2023 Production Announcement

Production and audition details have been released for the 2023 Stella play.

[READ MORE](#)

Vinnies Christmas Hamper

Don't forget to send in those items for the Christmas Hamper Appeal.

[READ MORE](#)



Early Bird Ticket Prize Draw Closes Tonight!

Purchase your tickets to go in the draw to win a bottle of Veuve or case of 4 Pines beer.



Important Dates

Term 4

NOVEMBER

30 Presentation Day

DECEMBER

01 Presentation Day

02 End of Term 4
(Half day)

Notices

Performing Arts Concert Series

Our Performing Arts students are fine-tuning performances for the upcoming end of year Concert Series in the Star of the Sea Theatre. Tickets are free, but please reserve your seats using the following links:

Dance Night: Thursday 10 November, 7.00pm
[Click here](#) for tickets

Music Night: Wednesday 16 November, 6.30pm
[Click here](#) for tickets

Drama Night: Tuesday 22 November, 5.00pm and 7.00pm shows
[Click here](#) for tickets

Lost Property

There are still many lunch containers and drink bottles outside the canteen which haven't been claimed. Please ask your daughter/s to check if anything belongs to them. They will be thrown out if not claimed.

Community Mass - St Kieran's Manly Vale

North Harbour Catholic Community invites all school leaders (captains, prefects, house captains etc) and their families from Stella Maris, St Augustine's and St Paul's to a youth mass at St Kieran's on Sunday 13 November at 6.00pm. This will be followed by a sausage sizzle allowing the students and families time to interact on a casual basis.

Any student from Stella Maris College is warmly welcome to attend.



Mission News

Nicky Chin - Director of Mission, Identity and Culture

On Wednesday 2 November, Pascaal M, Emily D, Chloe McL and Caitlin T attended a Prophetic Voices Student Forum for the Good Samaritan Education network of schools. We were enlightened about the Year of Neighbour in 2023 and its relation to issues and topics that we will investigate and address in the coming year. Stella Maris will examine the topic of the environment, in particular biodiversity, Indigenous caring for country and small acts towards big changes.



Hamper Donations

Vinnies Christmas Hampers

Items Needed
via PC



jelly or jam



custard



Christmas pudding



Christmas cake



fruit mince pies



tinned leg ham
(eg Plumrose)



Bon Bons



tinned fruit (ring pull)



coffee and/or tea



long life milk



cereal



tinned vegies (ring pull)



biscuits



Languages News

Mika Sennett - Teacher of Japanese

Get in Touch

General Enquiries & Feedback

administration@stellamaris.nsw.edu.au

9977-5144

Student Absences & Enquiries

studentservices@stellamaris.nsw.edu.au

9976 1817 or 9976 1885

Student Enrolments & Exits

registrar@stellamaris.nsw.edu.au

Canteen Manager

Bernie_McGrath@stellamaris.nsw.edu.au

College Fee Enquiries

fees@stellamaris.nsw.edu.au

Uniform & Text Books

uniform_books@stellamaris.nsw.edu.au

Year 8 Japanese Sushi Workshop

Year 8 Japanese students enjoyed a Sushi Workshop with a professional Japanese sushi chef, Mr Dekura on Tuesday 1 November.

Mr Dekura demonstrated how to make two different types of Sushi - 'Ohanamaki (flower rolls) and inside out rolls. Everyone made pretty flower rolls and beautiful inside out rolls, and they tasted very delicious - oishii!

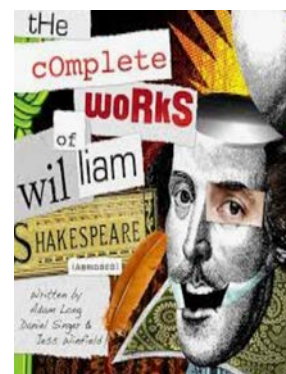
We all received a recipe book from Mr Dekura so we can now enjoy making some sushi rolls at home. We look forward to hosting another Sushi Workshop with him next year.



2023 Play Announcement

Jessica Maker - Head of Performing Arts

Stella Maris College is delighted to announce that the 2023 production will be *The Compleat Wks of Willm Shkspr*. The play will be performed in Term 2, 2023 during the week commencing Monday 5 June. Students wishing to audition for a role in the play can [click here](#) for details of the audition process and the link to the application form. Please note that application forms are due on Monday 7 November, 2022.



Job of the Week

Lisa Walsh - Careers and Pathways Adviser
e lisa_walsh@stellamaris.edu.au

Jockey

What do Jockeys do?

Jockeys are professional athletes who ride horses in competitive races. Not only do they need to have a high level of athleticism, they also need lots of knowledge and experience with horses. This is a fast-paced career that can be difficult to break into, but also highly rewarding.

If you're competitive and dedicated, prepared to put in lots of hard work, and love working with animals and in the outdoors, becoming a Jockey could be a career to consider.

How do you become a Jockey?

[Click here](#) to learn more about this job and pathways to get there.

Please visit our very own [Stella Careers Website](#) for all your career needs. PLUS, our regular weekly careers newsletters can be read [here](#).



P&F Update

Kate Lovelace & Andrea Hogan - P&F Presidents
e pandf@stellamaris.nsw.edu.au

'Under the Trees' Parent Event

Hurry! Today is the last chance to go into the Early Bird draw to win a bottle of Veuve or a case of 4 Pines Beer when you book your tickets, so be quick and make sure to purchase before midnight. This is going to be a fabulous evening of good company, drinks, food, music by ex-Stella student, Tilli McMahon and a sensational selection of hot and cold finger food by local caterer Gourmet Tarts. Thank you to all those who have jumped on and booked their tickets already! Tickets are available now on the link below (the evening has been subsidised by the P&F to ensure it is an affordable event).

[Click here](#) to get your tickets. See you there!

P&F Vacancies

At the end of the year we will be resigning from our positions as joint P&F Presidents after two years in the role. Our wonderful P&F Secretary, Nadine Fagan, and Treasurer, Nicole Bruin will stay on. This leaves the P&F President role vacant. This role could be taken up by one person, perhaps with a Vice President, or as a joint role between two. If you have some time to spare please consider volunteering for this role, which involves building our wonderful school community by organising one or two social events for the year, with not much onus on fundraising. We have found it to be very rewarding. Please contact us on the above email address if interested.

Canteen Roster

Term 4

MONDAY 7 NOVEMBER

Hollie Seibold
Cathy Shanahan
Janine Silva
Jacqueline Randall

TUESDAY 8 NOVEMBER

Majella Brady
Rebecca Kristensen
Sharon Fountain
Lilian Henley

WEDNESDAY 9 NOVEMBER

Amanda Smerdon
Jo Robinson
Eve Harvey

THURSDAY 10 NOVEMBER

Taemar Handes
Kelly Hindman
Anna Anderson
Lucy Stephenson
Grace Mason

FRIDAY 11 NOVEMBER

Melissa Pitkin
Kate Bambrick Browne
Gemma van Hamburg
Margie Mort



The poster features a large, dark silhouette of a tree with glowing yellow lights strung across its branches. The background is black with white stars. At the top left is the Stella Maris College crest. The text is in white and yellow.

Stella Maris College P&F invites
parents to an evening

Under the Trees

Friday 18 November
6.30pm – 10.00pm | On the Deck at Main Campus
\$40pp includes drinks, substantial finger food
and live music
Dress Summertime soiree

Buy tickets at www.trybooking.com/CDMOT - RSVP 4 Nov
Early Bird Prize – Book before 4 November to win
a bottle of Veuve or case of 4 Pines Beer

Sports News

Jenny Wickham - Sports Co-ordinator and Teacher of PDHPE



Water Polo

Congratulations to the Stella Junior Water Polo team that WON the NSWCCC Water Polo Championships at Sydney Olympic Park on Friday 28 October. The Stella team went through the round games undefeated, progressing through to the grand final against St Scholastica's. It was a tough game, but the Stella team went on to win 6 – 4, and were crowned NSWCCC Water Polo Champions for 2022!

Congratulations to all members of the team:

Bonnie B, Charlotte C, Elisha C, Zara D, Katie E, Alexis H, Sophie L, Kiera M, Jess O, Ashton R, Charlotte S, CJ Wa.

A big thank you to Clare Freakley for coaching the team!



Gymnastics

Congratulations to the Stella Gymnastics team who competed at the IGSA Gymnastics Championships at PLC Sydney on Friday 28 October. This is the first time that this event has been held since 2019, and it was great to have our gymnasts represent Stella again.

The Stella team was outstanding, with some excellent results on all apparatus. The Stella team finished 11th out of the 21 schools competing – an outstanding result for a small team!

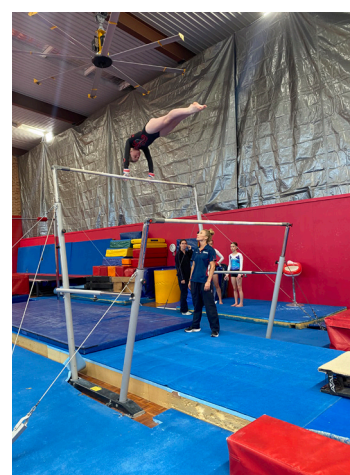
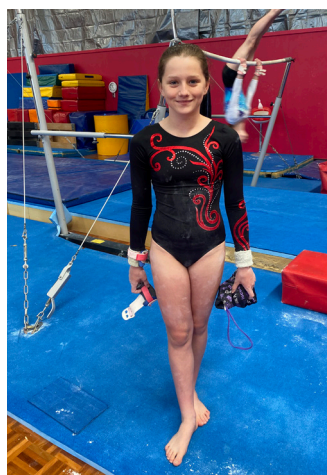
Congratulations to Elissa, Mila and Kendie who won medals in one of their events.

Stella Gymnastics team 2022:

Level 4: Kendie C

Level 5: Mila C, Elissa M, Lyla S

Level 6: Teaghan F



Cross Country

The first of the inter-school cross country challenge will be held at Curl Curl next Thursday afternoon. All students are invited to take part in this event. Anyone who has not yet signed up should email Mrs Wickham to express interest.

Sports News (cont)

Touch Football

A huge congratulations to Sophie B (Year 10) who is representing NSW in the U15 Schools Touch Football team in Wagga Wagga this week. At present, the NSW team is undefeated and Sophie is enjoying playing at such a high level of competition! Congratulations Soph on this outstanding achievement!



Aquathon

Stella competed at the CGSSSA Aquathon for the first time on Wednesday 2 November at Merrylands Pool and Park. This is a run and swim event, where students can compete as an individual or as part of a team (where one student runs, and one swims). The Stella students were outstanding and we finished with amazing results in every division!

It was a great event and the Stella girls enjoyed taking part in the challenging races, which consisted of a 2.5km run followed by a 400m swim. Congratulations to our students who won medals on the day:

- Senior team: Silver – Sophie L and Tilla G
- Intermediate team: GOLD – Kiera M and Mia S
- Intermediate individual: Silver – Elisha C



Well done also to Jess O who finished 4th in the junior individual, and to Pip Q and Emily B who were 4th in the junior teams. Congratulations to all members of the Aquathon team:

Individual athletes: Jess O, Mila C, Lara M, Elisha C, Lauren K

Teams: Pip Q, Emily B, Lyla R, Charlotte C, Saoirse F, Zara D, April U, Madi R, Zara S, Alexis H, Luca-Rose S, Freya M, Zoe B, Zoe F, Ruby A, CJ Wa, Mia S, Kiera M, Tilla G, Sophie L.



Sports News (cont)

Equestrian

Congratulations to Amelia D who competed at the Australian Interschool Championships at Sydney International Equestrian Centre over the holidays. Representing New South Wales, Amelia's eventing team took out the gold medal with New South Wales winning overall. Amelia also recently competed at the Interschool Horse Extravaganza where she won both eventing and show jumping. Congratulations Amelia on these outstanding results.



Uniform Shop

End of Year Closure

The Uniform Shop will close for the year on Thursday 24 November at 4.30pm for stocktaking. Any online orders placed after this can be collected in January when we reopen for a short period before Term 1 starts. This date will be advised shortly.

Please make sure all Year 9 have purchased their senior dress before 24 November.

2023 Booklists

These are available for all years from www.campion.com.au using the code JBTY.

Relevant books can be sold on StellaBay (via [Moodle](https://www.moodle.com)).

A list is attached to each year showing only the books that can be sold.

Summer Uniform

Year 9 can now purchase the senior dress (for Year 10). Purchase during November (at recess and lunchtime only) before the Uniform Shop closes for the year.

Year 11 and 12 can purchase the short sleeve pink blouse to be worn with the tailored shorts, which are an alternative to the dress.

Junior dresses are available for purchase online.

White crew style socks are available for \$9.

Online Order Collections

There are many uncollected orders. Please ask your daughter to collect these next Tuesday and before 24 November. Orders can be collected from recess. Please note that collection notices are not sent.

Update: Current parents can now find the Online Store on the 'Welcome to SEQTA Engage' page.

Online orders can only be placed for current students. New students for 2023 will have their initial fitting in store to ensure correct sizing of uniforms.

Stationery items

The Uniform Shop stocks a large range of stationery items that can be purchased in store. Please go to the Stationery section of SEQTA Engage page to see what items can be purchased online.

Second Hand Uniforms

The Uniform Shop does not accept second hand uniforms. Please go to the [P&F's Facebook](https://www.pandf.com.au) page to buy and sell uniforms.

Community News

World Tsunami Awareness Day | 5 November ---- Free BBQ

Did you know that there is a 1 in 200 chance each year (0.05%) of Australia experiencing a tsunami?

Come and grab a free sausage at Manly Beach (opposite Pacific St) tomorrow and get your whole family involved in learning about the evacuation zone around the Manly area. You will get to speak to the friendly SES volunteers to gain first-hand knowledge of evacuation plans in the event of a tsunami.

No booking required.

Location: Manly Beach front, North Steyne, opposite Pacific Street, Manly

Time: 10.00am - 3.00pm, Saturday 5 November



		<p>In Support of:</p> <p>Northern Beaches Community Cancer Charity</p> 	
	<p>Peter Berner</p> <ul style="list-style-type: none"> - Melbourne International Comedy Festival Gala - Host of the BackBerner and The Einstein Factor on ABC TV - The Peter Berner Experiment on Triple M - As seen on Good News Week, Rove, The Footy Show <p>"exactly what stand up should be" "hysterically funny" - Chortle</p>		
	<p>David Smiedt</p> <ul style="list-style-type: none"> - Sydney & Melbourne International Comedy Festivals - Opening act Joan Rivers & Martin Short - 'The Today Show', 'Standup Australia' - Acclaimed author & Editor of GQ Magazine <p>"A living, breathing joke machine" - Adam Hills</p>		
	<p>Stephanie Broadbridge</p> <ul style="list-style-type: none"> - Sydney & Melbourne International Comedy Festivals - Nominee: Best Comedy at Sydney Fringe Festival - National Finalist RAW Comedy 2019 - Touring her solo show 'Female Musical Comedian' nationally in 2022 		
	<p>Bruce Griffiths</p> <ul style="list-style-type: none"> - Triple J Comic of the Year Winner - Triple-M, Live At Jonglours (UK) - Aria Award winning writer for Good News Week & The Glasshouse - Gold Medal in the New York Festival Film & TV Awards <p>"The best one-liner comic in the business"</p>		
<p>Friday 4th November 2022 Doors: 7pm / Show: 8pm Star of the Sea Theatre Stella Maris College Manly</p>		<p>Tickets: \$45 at comedyforacause.net/NBCCC (18+ Only)</p>	