



Stella Newsletter

Term 1 | Issue 01 | 04 Feb 2022

e administration@stellamaris.nsw.edu.au t 9977 5144 w www.stellamaris.nsw.edu.au



Principal Update



Congratulations Stella Graduates of 2021

Last week you would have received a letter regarding the achievement of the Class of 2021 at Stella Maris

College. Stella was ranked 16th among NSW Catholic girls's schools and 96th overall.

As a school, we were immensely proud of the girls, whose academic study over the past two years was impacted by the pandemic. It was impressive that 43% of the cohort scored at least one Band 6 result and 92% of all our HSC marks were over 70/100.

Well done to the Class of 2021 and to all the staff and Stella families who supported them on their journey from Year 7 to Year 12!

Welcome Year 7 and new students

Welcome to our new Stella students and families. We hope the first week has gone well. Remember your daughter's Pastoral Care Teacher and Head of Year are your first port of call if you or your daughter need assistance. We hope the year goes well and there are not too many hurdles to jump. Having said that, it is important that we let the girls negotiate any issues themselves and allow them to develop strategies to manage difficulties. We are always there to back them up and support them.

Happy New Year

On February 1 we entered the Year of the Tiger. The spread of the pandemic has affected many communities throughout the world who would have taken time to celebrate the Spring Festival and Lunar New Year. For our Chinese students, many have missed the opportunity to celebrate with their families.

Last Monday night, Jiani Chen and Ms Willson took the girls out to dinner at a Chinese restaurant in Dee Why. Ms Yeates and I also attended and it was a joy to celebrate Chinese New Year's Eve with the girls. We thanked them for their commitment to their studies and engagement with all things Australian that Jiani is keen to involve them in.

(Xin Nian Kuai Le!) Happy New Year!

Elizabeth

Elizabeth Carnegie
Principal

Managing COVID 19 at Stella Maris College

During the first four weeks of Term 1 the College is **limiting the number of co-curricular activities and non-essential events at school.**

This is to protect staff and students during a time of high infection rates with COVID-19 in the community.

This decision has been taken in response to NSW Health who have advised all schools to be cautious during this time.

We hope to resume normal activities by Week 5.

Thank you for your understanding at this time.

Prayer

Patient God

We want to be still and listen to your still small voice speaking to us.

You speak to us through our Word, through song, through nature, through others and through the unfolding of the events of our lives.

May we learn to be careful listeners

Awake to your voice

Attentive to your wisdom

Obedient to your call

If today we hear your voice harden not our hearts

Instead open our hearts that we will fulfil all your purposes for our growth

And for the building of your kingdom

In the name of Jesus we pray

AMEN

Important Dates

Term 1

FEBRUARY

28 - 02 Year 7 Camp

MARCH

01 - 02 Year 7 Camp

02 - 04 Year 11 Art & Design Camp

08 School Carnival

15 - 16 BBSSSA Swim Carnival

16 College Open Evening

24 - 25 Year 8 Retreat

30 Year 7 Parent Welcome Dinner

APRIL

08 End of Term 1

27 Term 2 commences

School Terms

TERM 1

Mon 31 Jan to Fri 08 Apr

TERM 2

Thu 27 Apr to Fri 24 Jun

TERM 3

Tue 19 Jul to Fri 23 Sep

TERM 4

Mon 10 Oct to Fri 02 Dec

Canteen Roster

MON 7 FEB

Hollie Seibold
Nicki Lawson
Cathy Shanahan
Tracey Fowler
Jacqueline Randall

TUE 8 FEB

Majella Brady
Rebecca Kristensen
Sharon Fountain
Jane Dal Biano
Lillian Henry

WED 9 FEB

Amanda Smerdon
Joanne Robinson
Eve Harvey
Georgia Smith
Sarah Chirgwin

THU 10 FEB

Kelly Hindman
Anna Anderson
Lucy Stephenson
Grace Mason

FRI 11 FEB

Kate Bambrick Browne
Sophia Hennessey
Maree Hayes
Simone Selinas

2022 Our Year of Hospitality

Each year the College chooses one of the core Benedictine values as a focus of reflection and action. Throughout 2022, the students will reflect upon St Benedict's message of **Hospitality**.

We gather in community to be people of compassion, to be in right relationships with each other, to lead by serving and to be people of inclusivity in the local and the global arenas. To have a world that is tolerant and inclusive, we must welcome difference, welcome the stranger and be non-judgemental.

Who ever comes our way is to be welcomed as if they are Jesus.

Hospitality is about genuine acceptance and respect for others.

Our school is abuzz with activity

Which is exactly how we like it to be! Here are a few quick pictures from the week, from our new Year 7s to our Year 12s enjoying their on-campus Retreat.



Helping teachers and students reset for 2022

A recent article in Teacher Magazine by Dr Tom Brunzell - Director of Education at Berry Street, gave advice that now is not the time for teachers and students to rush in with an effort to 'catch up' on their learning 'because the academic outcomes won't flow unless everyone is ready to teach and ready to learn'.

We first need to recognise the stress we have been under over the past two years and work to relieve the pressure. For each person the approach might be different but we all know what works for us - walking, exercise, music or even meditation.

Secondly, we should identify what is happening to us and find time to breathe and get our focus back on track.

For students it is crucial to re-establish the rhythms of the community. For teachers there needs to be a focus on creating inclusive classrooms where every student feels welcome and known.

Students may be nervous about engaging again in their learning face-to-face. We need to send the message that it is okay to make mistakes as that is part of the journey. We should encourage the development of resilience and assist with strategies to help them get organised and on track.

» [READ](#) full article

Upcoming P & F Committee Meeting

We invite our Stella Community to join our next meeting:

Thursday | 03 March | 7:30pm
Via MS Teams

Contact Ms Fleur Tichelaar to register your attendance and a MS Teams Meeting Link will be sent to you ahead of the meeting

e Fleur.Tichelaar@stellamaris.nsw.edu.au



To our wonderful students, families and staff as we commenced our first week of Rapid Antigen Home Testing.

A reminder that if your daughter is a **household contact**, she must remain in isolation for 7 days as per the NSW Health Guidelines.

If feeling well at home, your daughter can continue her classes by remote learning, checking for her work in SEQTA.

Once the isolation period has been completed, a negative RAHT result is returned, and no symptoms present, your daughter can return to school for face-to-face learning.

We have some great material to support our parents:

Communicating & Relationships - Pre-Teens & Teenagers
» [LEARN](#) more

Starting Secondary School - Children with Disability
» [LEARN](#) more

Starting Secondary School - Autistic Children
» [LEARN](#) more

Circle of Security Parenting Program
» [LEARN](#) more

P & F Committee

Kate Lovelace & Andrea Hogan - P & F Presidents

e pandf@stellamaris.nsw.edu.au

Welcome back everyone! We hope you had a relaxing and enjoyable Christmas and New Year, and have managed to stay safe and well through these uncertain times.

We'd like to extend a warm welcome to all new families to the Stella community. We invite you to join one of our P & F Meetings which take place once a term, and are a great way to meet new friends and find out what's going on at school. We hope you can join our meeting on 3rd March at 7:30pm.

Why not join our P & F?

We currently have a couple of vacancies on the P & F Executive Committee. If you are interested in becoming involved, please let us know via our P & F email address.

The responsibilities are not too arduous and involve meeting with the Committee once a term, attending the P & F meetings once a term, as well as helping out with organising social events.

If you would like to make some new friends and give back to the community, we'd love to hear from you.

Here's hoping that this year we will see a return to normality, social events can resume and we are able to get together as a community more often.

Watch this space for more details!

Kate Lovelace and Andrea Hogan

» [EMAIL](#) us to learn more

Wellbeing @ Stella

Kylie Andrew & Jillian Roy

e Counselling@stellamaris.nsw.edu.au

Hello and welcome from your school counsellors. We take this opportunity to introduce ourselves and let you know we are here to help as your daughter starts or continues her Stella journey.

We offer support for a range of issues including study skills, time management, peer-related issues, moods disorders and management of stress and anxiety.

To the left of this article, we have provided some support resources you may find helpful.

For our parents/guardians, we can provide referrals to external services if needed, and we are happy for you to drop us an email or feel free to call.

Helpful Hints & Tips

Routines

Re-establishing routines after the school holidays is important for maximising engagement, productivity and organisation. The Australian Centre for Education in Sleep recommends 8-10 hours of sleep for High School students. Log into your SEQTA Parent Portal to learn more.

COVID-19

Some students may be feeling anxious about returning to school with COVID-19 still in the wider community. Kids Helpline have some useful tips and information.

» [LEARN](#) more



2022 Year of the Tiger

3rd animal of the Chinese Zodiac

Known for
Strength
Ambition
Enthusiasm
Competitiveness
Generous to their loved ones
Have a strong moral compass

Famous people born in the
Year of the Tiger
Queen Elizabeth
Marilyn Monroe
Drake
Shawn Mendes
Lady Gaga
Usain Bolt



Job of the Week - App Developer

Lisa Walsh - Careers & Pathways Advisor
e Lisa_Walsh@stellamaris.nsw.edu.au

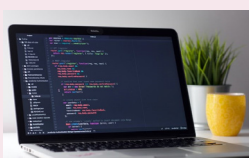
What is an App Developer?

An App Developer creates, designs, codes and tests software and applications for a variety of devices. Proficient in the use of coding, they can create apps for computers, mobile phones, smart devices and more.

Additionally, they are responsible to continually test and maintain Apps to ensure they're working properly and troubleshoot any user or technical issues.

If you have a love of coding, technology, are a great problem solver, and bursting with great ideas, a career as an App Developer could be right up your alley.

» **VISIT** the Stella Maris College Careers website and subscribe to our Newsletter



Happy Lunar New Year

Jiani Chen & Jessica Wilson - International Student Office

e Jiani_Chen@stellamaris.nsw.edu.au | e Jessica_Wilson@stellamaris.nsw.edu.au

We celebrated Lunar New Year 2022 on Tuesday 1 February.

Following this theme of generosity and spending time together, our International Students and special guests celebrated Chinese New Year Eve at Hongfa Chinese BBQ in Dee Why.

Our students enjoyed delicious traditional dishes and celebrated shared customs from each of their hometowns. It was great to see so many happy smiling faces and full bellies!

At the conclusion of the night, the students were delighted to receive their red envelopes from Ms Carnegie, containing their new year's money. It is tradition for children to receive these red envelopes, in hope to pass on a year of good fortune and blessings.

By aligning with the traits of the Water Tiger, we hope this year will be a prosperous one, full of opportunities to grow and come together as a community.

From all of us at Stella Maris, Happy Lunar New Year! 新年快乐



College Fees

A friendly reminder that the preferred payment method for school fees is via a Direct Debit Arrangement.

Please note that **Monthly and Quarterly instalments are only available under a Direct Debit Arrangement.**

If you had a Direct Debit Arrangement in 2021, this will automatically be continued for 2022. Your instalments will be adjusted and commence 15 February 2022.

If you do not have a Direct Debit Arrangement in place, payment of the account must be paid in three equal instalments.

One third of the total invoice will be due:

15 February 2022

15 May 2022

15 August 2022

Family Discount

Payment of the full invoice by 15 February will attract a \$250 discount per student with a maximum of \$500 discount per family. This discount applies only where the fees for all siblings are paid in full by 15 February.

2021 COVID Excursion and Activity Credit

The COVID Excursion and Activity Credit for 2021 has been processed and applied to your 2022 fee accounts. We thank those families who have made a tax deductible donation of this credit to the College Building Fund.

If you would like to make any changes to your current arrangements, please contact a member of our Fees Team.

e fees@stellamaris.nsw.edu.au
» **VIEW** 2022 College Fees
» **CLICK** to access Direct Debit Authority Form

Get in Touch

General Enquiries & Feedback

administration@stellamaris.nsw.edu.au
9977-5144

Student Absences & Enquiries

studentreception@stellamaris.nsw.edu.au
9976 1817

Student Enrolments & Exits

registrar@stellamaris.nsw.edu.au

Alumni Enquiries

Donna_Stimson@stellamaris.nsw.edu.au
9976 1825

Canteen Manager

Bernie_McGrath@stellamaris.nsw.edu.au

College Fee Enquiries

fees@stellamaris.nsw.edu.au

Uniform & Text Books

uniform_books@stellamaris.nsw.edu.au

Uniform Shop

Operating Hours

Tue | Wed | Thu
8:00am - 4:30pm

Current conditions:

- One student per visit
- Mask mandatory
- Hands to be sanitised

Online Ordering

Visit the Online Store to order your uniform needs.

Please remember to order using your daughter's name.

Orders can be collected during recess on the next trading day

» [SHOP](#) now

Online orders

We have a few orders awaiting collection from the Uniform Shop.

Please ask your daughter to come and collect either before school or during Recess/Lunch.

Disposable face masks

A reminder that students are responsible to bring their own face masks. We encourage students to have a few extras in their backpacks.

As an backup, paper masks can be purchased for \$2. Please ensure there are sufficient funds on your daughters student card.

Stella is on the road

We are pleased to advise the return of our dedicated private bus service. This year the bus service operates from Belrose to Manly via Frenchs Forest, Seaforth, Balgowlah Heights and Balgowlah. To learn more email administration@stellamaris.nsw.edu.au



Keolis Downer Northern Beaches - Public School Transport

We have received enquiries asking how to find the public school bus routes offered by Keolis Downer Northern Beaches.

To determine the best public school route for your daughter, visit transportnsw.info, proceed to [Trip Planner](#), insert your starting point and destination, then select [go](#). Select [refine](#), choose [school bus](#) and press [apply](#). Your bus route options will appear.



Student Lunch Orders

Bernie McGrath & Cheryl Young

e Canteen@stellamaris.nsw.edu.au

At present lunch orders **must be ordered online**. Unfortunately we are unable to accept orders sent via email or over the telephone.

We ask that all online orders be placed no later than **8:00am each day**.

We ask you not place orders for more than 24 hours in advance as there are occasions where stock may have been consumed and no longer available.

Please ensure your daughter has available funds on her Student Account. Insufficient funds will result in the order not being processed.

Currently we are able to sell drinks, snacks and ice-creams from outside the canteen after lunch orders have been given out. We are not allowing walk-ins during Recess or Lunch at this time.

If you daughter has special dietary requirements, please notify us so we can make every effort to accommodate her needs.

Volunteers

We are always keen to have parents/caregivers assist in our Canteen and Uniform Shop. Hours worked can contribute towards your annual Maintenance Levy.

It is preferable that volunteers either hold a current, or are willing to obtain, a free Volunteer Working with Children Check. You can apply online from Services NSW.

» [START](#) your WWCC Application

Canteen

Contact Bernie McGrath to learn more or complete the Canteen Form below.

e Bernie_McGrath@stellamaris.nsw.edu.au

» [COMPLETE](#) Canteen Volunteer

Uniform Shop

Contact Gail Hickey or complete the Volunteer Form below.

e uniform_books@stellamaris.nsw.edu.au

» [COMPLETE](#) Uniform Volunteer Form

Come and join our dedicated and wonderful team of volunteers.

Special thanks to the Memory Project contributors

Mia M
Georgia M
Maiya D
Hannah G
Isabella H
Camryn B
Teresa H
Charlee H
Hannah M
Macey S
Georgia R
Ashling C
Emily M
Holly W
Genna D
Amelia D
Evalani P
Charlotte J
Ella M
Sanna M
Millie O
Amalia M
Josie S
Rachelle B
Zoe K
Sofie J
Emily M
Lucy M
Josie F
Bella P
Ms Silburn
Ms Collins

The Memory Project 2021

Marisa Quick - Visual Arts

e Marisa_Quick@stellamaris.nsw.edu.au

For the third year in a row, Stella has teamed up with not-for-profit organisation "The Memory Project". This company is a youth arts organisation that promotes intercultural understanding and kindness between children around the world via art.

In 2021, over 35 students and staff from Stella raised their hand to create an artwork of a child

from Cameroon as a way to show support and love from afar.

This year, The Memory Project provided us with photographs of children from Cameroon to draw.

Upon returning from remote learning in Term 4, our wonderful Stella artists brought back their artworks which have since been sent off to Cameroon for the children to receive

in person by a Memory Project representative. As you can imagine, these handmade artworks will bring the children in Cameroon much joy.

I would like to thank the students and staff who participated for being involved – it is always a highlight of my year to see the beautiful artworks our gorgeous students and staff make for this organisation.



Uniform and Jewellery

A reminder students may wear **discrete** jewellery only. This may be a small cross on a simple chain, sleeper type earrings or studs in the ear lobes. Other visible piercings must be worn with clear plastic spacers. Hair is to be **natural** in colour, brushed and **tied back** at all times. No tattoos are to be visible at any time.

» [VIEW Uniform Policy](#)

Student Health Care Plans and Medications

The medical health of your daughter is important to us.

Please ensure all Health Care Plans and medication is recorded in Consent2Go.

Any prescription or over-the-counter medication held onsite must be in-date.

You may be contacted to replace any expired, or soon to be expired medication(s).

Use of Mobile Phones

We ask students and parents to familiarise themselves with our **Acceptable Use Protocols for Mobile Phones**. We limit device time to encourage students to create new relationships, build connections and be involved in a range of school activities.

Student refusal to follow guidelines may result in confiscation of the mobile device which can be collected from their Head of Year at the end of the school day.

» [VIEW Acceptable Use of Mobile Phones Policy](#)

Welcome

We welcome some new faces to our community:

- Lara Leisegang - Finance
- Sofia Vumbucca - Finance
- Charlotte Norris - Teacher
- Caitlin Andrew - Lab Assistant

Farewell

We farewell one of our longstanding staff members - **Judy Petterson**. Judy has been with the school since 1999 working in, and as a valued member of our Finance Team. We thank Judy for her service, contribution and dedication. Wishing you all the very best.



Student & Parent Reminders

e studentreception@stellamaris.nsw.edu.au | t 9976 1817

Absences

We remind our parent/guardian community to notify of student absences by **8:00am** or earlier where possible.

Advise the name of your daughter, reason for absence and expected return date.

In this current COVID-19 climate, some medical absences may require further explanation of symptoms.

This will enable our Student Services Team to notify class teachers of her absence and maintain accurate records.

Early Exit

We understand there are times students need to leave before the official end of the school day.

We require parents to notify Student Services.

The student will need to obtain a Leave Pass to present to their teacher to leave their lesson.

Before exiting the grounds, the student must officially check-out at Student Services.

Late Arrivals

Where students arrive late for school, the student is required to visit Student Services to explain reason for late arrival. Parents may be contacted for verification purposes.

Kiss and Drop Zone

A reminder students can be dropped or collected from school at the designated Kiss & Drop Zone located in Iluka Avenue. Please park responsibly and avoid obstructing neighbouring driveways.

P Plate Drivers


There are a number of parking restrictions in the local area which carry significant penalties.

We encourage students to read all parking signage and seek adequate parking options.


All school information is accessible via the

2022 Family Handbook

which is located on Stella Online, then proceed to SEQTA Engage portal



2022
Family
Handbook



www.stellamaris.nsw.edu.au
Main Campus
52 Eurobin Avenue, Manly 2095
Beveridge Campus
270-278 Pittwater Road, Manly 2095
9977 8144
Facebook YouTube LinkedIn

Sailing at Middle Harbour Yacht Club

Ann O'Brien

e Ann_Obrien@stellamaris.nsw.edu.au

Middle Harbour Yacht Club's accredited Australian sailing program begins Wednesday 16 February.

In recent years dozens of Year 7 and Year 8 students have taken up the opportunity to sail for the first time. Many have continued to sail into their senior years, also choosing to sail competitively, crew on yachts and/or become qualified sailing instructors.

Experienced and qualified instructors will coach and supervise our sailors for eight Wednesday afternoons this term from 4pm-6pm.

Whilst Stella Maris College does not manage this event, only Stella students will attend the sessions.

If you would like information click below.

» [LEARN](#) more about the Australian Sailing courses



Stella Sporting Stars

Jenny Wickham - Sports Coordinator

e Jenny_Wickham@stellamaris.nsw.edu.au

NSWCCC Blues Award

Congratulations to Piper S (Year 11) who has been awarded a NSWCCC Blues Award for Rugby 7's. This is a very prestigious award presented to students who have achieved at an outstanding level in NSW Catholic School Sport.

Piper was presented with this award for her outstanding achievements in Rugby 7s. Piper has been very successful in a number of sports at this high level. Some of her amazing school sport achievements in 2021 include:

- NSWCCC Open Touch Football Team
- NSWCCC Open Soccer Team
- NSWCCC/Sydney Metro 1 Rugby League Team
- NSWCCC Rugby 7s Team
- NSW All Schools Rugby 7s Merit Team
- Player of the tournament at the NSW All Schools Rugby 7s Championships

Congratulations Piper on these outstanding achievements and on receiving this prestigious award.

NSW All Schools Athletics

Congratulations to the Stella students who competed at the NSW All Schools Athletics Championships in the holidays:

Emily S
Matilda B

Carys G-M
Elisabeth P

Erin H
Philippa Q

All of the Stella girls had fantastic results, with many achieving PB's and finishing in the top 6 places!

A huge congratulations to Emily S (Year 12) and Philippa Q (Year 7) who both won GOLD medals in their events.

Emily won Gold in the 17 years 400m hurdles.

Philippa won Gold in the 12 years 800m and 1500m (breaking the state record in the 1500m event!).

Well done girls on being the NSW All Schools Champions for 2021!

Louise is tee-riffic

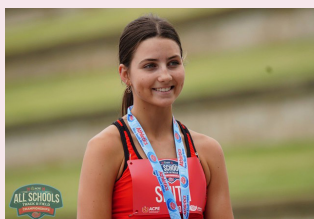
Congratulations to Louise S (class of 2021) who was part of the winning team at the recent Open Golf Event at Bayview. A great achievement straight after finishing high school!



Softball

Good luck to the following students who will be attending the BBSSA Softball trials at St Leo's on Thursday 10 February:

Gracie T
Jaylen H
Minty T
LeAnette T
Jemima M



Sports starts now

Jenny Wickham - Sports Coordinator

e Jenny_Wickham@stellamaris.nsw.edu.au

Sport is already up and running for the year! We are excited that we are able to offer sporting opportunities to students in a COVID safe way. Whilst there may be some slight changes in the initial weeks of term to align with the NSW Health Guidelines, we are permitting sports to proceed ahead.

Please note:

In signing your daughter up to any sport for Stella this year, you:

- **acknowledge** that the event will be held in accordance with any current NSW Health COVID-19 Public Health Orders and the schools' policies and procedures;
- **acknowledge** and accept that there is a risk that your child may be exposed to COVID-19 whilst attending and participating at the event;
- **confirm** that your child will not attend if displaying any symptoms of illness, and/or if directed to isolate under Public Health Orders.

TERM 1 Extra-Curricular Sports

The following extra-curricular sports will commence next week:

Volleyball
Monday afternoons
3:30pm - 4:30pm
Queenscliff Beach

Tennis
Monday mornings
07:15am
Keirle Park Tennis

Basketball
Various days
Morning trainings at school
Afternoon games at
NBISC - Warriewood

AFL
Tuesday afternoons
Keirle Park
Games on Saturday's at
various locations

Tildesley Tennis
Wednesday & Friday
Keirle Park
07:00am

Pilates
Thursday
Old Library - Main Campus
07:30am

Group Fitness
Friday
Old Library - Main Campus
07:30am

Sprint Training with Mel GT
Friday
Keirle Park
3:30pm - 4:30pm

Information regarding Touch Football development
and Year 7 Water Polo will be available on
SEQTA and distributed to students next week

NSWCCC and BBSSSA Sports

The representative pathway for Stella Maris Sport is through BBSSSA (Broken Bay) and CSNSW (Catholic Schools NSW). All information for these sports can be found by following the links below.

- » [NSWCCC Sport](#)
» [BBSSSA Sport](#)

Some NSWCCC sports will require students/parents to register individually to trial for the NSWCCC team. This may be done on the NSWCCC website. Please note that these trials are for students who have a high level of experience and skill in these sports. Players only with high level or representative experience should trial for these teams. Please email Ms Wickham for any further information on NSWCCC representation.

Some sports, such as Netball, Touch and Soccer will require students to be selected through BBSSSA before they can register for NSWCCC. For other sports such as Swimming, Cross Country and Athletics, students will be selected to go to the NSWCCC carnival through their performance at the BBSSSA championships.

e Jenny_Wickham@stellamaris.nsw.edu.au

How to sign up for sport in 2022

Information for all sports will be available to parents and students on **SEQTA - Sport Notices**.

Students will be emailed details about sports that are on offer at the beginning of each term. With this email, there will be a link for students to complete a survey to express interest in joining the sport (please note that the link for these surveys will also be with the sport information on SEQTA).

Parents of the interested students will then be sent a permission note for the sport through Consent2Go.

There will be no paper permission notes for sport this year.

All permissions and payments will be done through Consent2Go.

Term 1 Sport Carnivals

February

10	BBSSSA Softball Trials - St Leos
23	BBSSSA Open & U15 Touch - Nolans Reserve
27	IGSA Rowing - Penrith

March

8	Stella Maris Swim Carnival - Manly Boy Charlton Pool
13 - 14	Tildesley Tennis - Pennant Hills Park
21	BBSSSA Swimming Championships
21	NSWCCC Water Polo - Ryde Pool
21	NSWCCC Golf - Macquarie Links
21 - 22	NSW All Schools Tennis
23	BBSSSA Netball trials - Pennant Hills
25	IGSA Swimming Championships - SOPAC
29	NSWCCC Touch - Nelson Bay
29	BBSSSA U13 Touch - Nolan's Reserve
29	Stella Maris Cross Country Carnival - TBC

April

6	NSWCCC Swimming and Diving
7 - 8	NSW All Schools Triathlon

Sports starts now continued

Jenny Wickham

e Jenny_Wickham@stellamaris.nsw.edu.au

Please refer to the list below for sports that require registration in the coming weeks.

Please note

The below links are for NSWCCC sports in Term 1. Students who register for this level **must be of high experience and representative level** and **will need approval from Ms Wickham to attend trials.**

Tennis
Girls 19yrs & under
Closes 18 Feb

» [REGISTER](#)

Volleyball
Girls 19yrs & under
Closes 25 February

» [REGISTER](#)

Cricket
Girls 18yrs & under
Closes 1 Mar

[REGISTER](#)

Triathlon
Boys/Girls - Jnr, Int, Sen
Closes 7 March

» [REGISTER](#)

Golf
Girls 18yrs & under
Closes 11 Mar

» [REGISTER](#)

Water Polo
Girls 17yrs & under
Closes 11 Mar

» [REGISTER](#)

Diving
Girls 18yrs & under
Closes 28 Mar

» [REGISTER](#)

Volleyball
Boys/Girls 15yrs & under
Closes 8 Apr

» [REGISTER](#)

Squash
Boys/Girls 19yrs & under

This is not a NSWCC sport pathway. Nominations are being taken for NSWCCC championships

Closes 11 March

» [REGISTER](#)

What an equestriSTAR

Congratulations and well done to Gracie C for her success at the Berry Interschools Equestrian competition.

Gracie placed 4th with an impressive 71% in the Preliminary 1B section.



'Our Duke of Edinburgh residential camp with Pittwater Eco Adventures was such an amazing and eye-opening experience.

We spent our days exploring the secret spots of Ku-ring-gai Chase National park while bushwalking and stand-up paddle boarding.

While doing this we learnt and brainstormed ways we could make a positive difference towards the current climate crisis all while learning how to respect and care for the land from an Aboriginal perspective.'

Ella M | Year 12



Duke of Edinburgh

Linda Silburn - Coordinator of Camps & Duke of Edinburgh
e Linda_Silburn@stellamaris.nsw.edu.au

Welcome back to school. I am very excited to be planning another great year ahead for the College Award program.

Unfortunately due to the current COVID-19 situation, we were forced to postpone our Snowy Mountains and Tasmania Tours that were booked for January.

Thank you to the girls and their families for being so understanding in these challenging times.

Despite the challenges of late, the Duke of Edinburgh team have been very busy organising the first hike for the year. This local beaches hike will begin on Saturday 26 March and is for students in Years 10 – 12. This hike will fulfil the requirements of either a Bronze, Silver or Gold adventurous journey and will include the Beach2Beach fun walk on Sunday 27 March.

We will also be in contact very soon with alternate dates and details for 2022 Snowy Mountains tours and a new Tasmania tour.

Please remember the award is designed to be flexible and if you would prefer to complete your hikes with a private provider such as Outward Bound or Scouts please gain approval from your Awards Leaders before going on your hike.

Outward Bound

Outward Bound Australia is reopening its traineeship, ready for 2022. If you know of any new or recent school leavers who loves the outdoors, has a sense of adventure and likes helping people achieve their best - then an Outward Bound Traineeship could be for them.

» [LEARN](#) more

Bear Cottage

Congratulations to the large group of Stella students from Years 7 – 12 who volunteered to help out Bear Cottage by Christmas gift wrapping at Warringah Mall in December.

An astounding \$23,276.19 was raised by the volunteers.

Thank you all for your enthusiasm, skill, generosity, teamwork – and of course your composure when facing never ending lines of gift-laden shopping trolleys!

Pittwater Youth Hostel Environmental Project – Residential Project

Congratulations to the amazing group of Year 12 students who completed their Gold Award residential component in December.

To learn about upcoming residential experiences with Pittwater Eco Adventures click on below.

[LEARN](#) more

Capes 4Kids

Begins next week, Tuesday lunch times in **G216A**. Everyone is welcome. Please bring 2 metres of children's print cotton fabric, or if you are returning, please return with any creations you have made over the past few months. No experience necessary just loads of enthusiasm to help others.

If you need help, please see our Duke of Edinburgh Captain - Stella, Ms Rudolph or Ms Silburn and keep those award sign offs coming in before the March hike.

Our talented Performing Arts Team

MUSIC

Jessica Maker
Evan Browett
Rob Sutcliffe
Leanne Haines

DRAMA

Phillip Wood
Mitchell Smith
Tabitha Magnan

DANCE

Rochelle Jones
Elle Preece



Performing Arts

Jessica Maker - Head of Performing Arts
e Jessica_Maker@stellamaris.nsw.edu.au

We are all back on deck for rehearsals to begin across the performing Arts in 2022.

For those new to the College, I would like to introduce myself, and the Performing Arts staff here at Stella. My name is Ms Jessica Maker. We have a wonderful team of teachers who run our Performing Arts classes extra-curricular ensembles and private lessons.

At Stella we have Music, Dance and Drama available as extra-curricular ensembles. All groups run in the morning before school.

If you are interested in any/all of the Performing Arts ensembles, click on the links provided and complete the **Expression of Interest** forms. Once we have your name on the list, the Teachers who are directing the ensembles will be in touch to give you more information about rehearsal times, auditions and fees.



Vocal Ensemble

Come and join our Vocal Ensemble. No previous experience necessary. What you need is a desire to sing and have fun. We sing a range of styles and repertoire while developing your vocal technique and ability to harmonise.

» [CLICK](#) to express interest Vocal

Drama Ensembles

In Drama Ensemble sessions, we explore fundamentals of Drama, including improvisation, experimentation, devising, movement, chorus, ensemble work, verbal and non-verbal performance. Students learn both theory and practice through exercises, games, workshops and performance.

» [CLICK](#) to express interest in Drama Ensembles

Performance Band and Jazz Band

If you are interested in joining Performance Band in 2022 complete link below.

In Performance Band we play a range of repertoire from pop songs to more traditional band music. The level of difficulty is tailored to our players though we aim to perform Grade 2 - 3 level of Band Repertoire. All players welcome. We will hold additional rehearsals for any musicians who need some extra help if you are only a beginner musician.

» [CLICK](#) to complete Band form

Private Music Lessons

We offer 1:1 music lessons on a range of instruments. Lessons take place during the school day for 30 minutes. All our Tutors are able to take you through AMEB Grade Examinations. Lessons are currently available on Flute, Clarinet, Oboe, Saxophones, Trumpet, French Horn, Trombone, Euphonium, Drums/Percussion, Piano, Guitar, Bass, Voice, Ukulele as well as Voice.

» [CLICK](#) to express interest in Private Music Lessons



**Rehearsals
start
this
week**

MON 7 FEB

DRAMA REHEARSAL
Star of the Sea Theatre
3:30pm - 5:30pm

All required

Warm-up
The Chant auditions

WED 9 FEB

DRAMA REHEARSAL
Star of the Sea Theatre
3:30pm - 5:30pm

All required

Miracle - pgs 1-6



Mitchell Smith - Drama

✉ Mitchell_Smith@stellamaris.nsw.edu.au

We are very excited to announce that Stella Maris College will be presenting the Roald Dahl's Matilda the Musical from June 15 - 18, 2022!

This will be our first **BIG** Musical in over two years and both the teachers and students are beside themselves in being able to have this amazing performance opportunity!

Rehearsal schedules are being issued to the whole company this week and we will provide the following week of rehearsal in the newsletter.

DRAMA REHEARSALS

**Commence Mon 7 Feb & Wed 9 Feb
3:30pm - 5:30pm
Star of the Sea Theatre**

We start with an amazing welcome
and then get straight into some
group games and group audition.

The first 3 rehearsals will need:

- all Lead Principals
- Acting Ensemble members only

Email questions to Mr Smith:

Mitchell_Smith@stellamaris.nsw.edu.au

VOCAL ENSEMBLE REHEARSALS

**Commence Tue 15 Feb
7:30am - 8:30am
Location to be advised by Ms Maker**

- Lead Principals
- Acting Ensemble members only

Email questions to Ms Maker:

Jessica_Maker@stellamaris.nsw.edu.au

ORCHESTRA REHEARSALS

**Commence Wed 16 Feb
G201 (Old Library)
Lunch**

Email questions to Ms Maker:

Jessica_Maker@stellamaris.nsw.edu.au

DANCE ENSEMBLE REHEARSALS

Dates to be advised

We are currently working closely with a choreographer and will advise when arrangements have been finalised.

Dance levels

Dance Company (Years 7 - 12)

for the advanced, experienced and dedicated Dancer.

Rehearsals one morning a week for each style, before school and some Sundays.

Routines in Jazz, Commercial Jazz, Lyrical and Contemporary. Approximately 3-4 Eisteddfod Competitions, 2 Dance nights (concerts at school), Dance Camp and Presentation Night

Dance Ensemble (Years 7, 9/10)

for the intermediate dancers with experience who want to compete, however may not have the time commitment compared to the Dance Company

Rehearsals before school, one morning a week for each style.

Routines in either Jazz/Musical Theatre and Lyrical/Contemporary.

3-5 Eisteddfod competitions and 2 Dance nights (concerts at school).

Performance Groups (Years 7 - 10)

A semesterly program for the beginner or dancer who may or may not have previous experience and wants to dance for fun.

Rehearsals one morning per week before school. One routine per semester in either Jazz/Musical Theatre or Lyrical/Contemporary.

This group will work towards Dance Night (concerts at school) performances in Terms 2 & 4 and will not compete at Eisteddfods.

Students may join in Semester 1 or Semester 2 or participate the entire year.

There is no audition required for the Performance Group, anyone is welcome!

Dance Dance Dance

Rochelle Jones

e Rochelle_Jones@stellamaris.nsw.edu.au

Dance

Do you love to dance? Then we want you! Come and join the Stella Dance Company, Dance Ensemble or Performance Group for your chance to dance, perform and compete against other schools with your Stella sisters.

FEES

Dance Company and Dance Ensemble

\$355

1 class/routine

\$570

2 or more classes/routines

Performance Group

\$175

NOTE

Due to current COVID -19 restrictions, auditions for each group will be run in 2 difference sessions over 2 days

Please email Rochelle Jones if you wish to audition

e Rochelle_Jones@stellamaris.nsw.edu.au

COMPANY JAZZ AUDITIONS

Tue 8 Feb

Thu 17 Feb

YEAR GROUPS 7 - 12

REHEARSALS

Junior Jazz

Tuesday mornings

Senior Jazz
Wednesday mornings

COMPANY COMMERCIAL JAZZ AUDITIONS

Tue 15 Feb

YEAR GROUPS 7 - 12

Guest choreographer routines will be learnt in blocks on Sundays and will not have regular weekly rehearsal

JAZZ ENSEMBLE AUDITIONS

Tue 15 Feb

Tue 22 Feb

YEAR GROUPS 7 - 10

REHEARSALS

Tuesday mornings

COMPANY LYRICAL AUDITIONS

Wed 9 Feb

Thu 10 Feb

YEAR GROUPS 7 - 12

REHEARSALS

Thursday mornings

COMPANY CONTEMPORARY AUDITIONS

To be advised

YEAR GROUPS 7 - 12

Guest choreographer routines will be learnt in blocks on Sundays and will not have regular weekly rehearsal

Year 12s who have been in Company previously need only to audition for Guest Choreographers.

LYRICAL/CONTEMPORARY ENSEMBLE AUDITIONS

Wed 16 Feb

Wed 23 Feb

YEAR GROUPS 7 - 10

REHEARSALS

Wednesday mornings

PERFORMANCE GROUP

There is no audition required

Email Ms Jones to advise you wish to be in the Performance Group. **You must say**

PERFORMANCE GROUP & YOUR YEAR GROUP

otherwise it will be assumed you are wanting to attend auditions.

Performance Group rehearse Monday mornings