



Stella Newsletter

Term 1 | Issue 05 | 04 Mar 2022

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Principal Update



Lent begins

We gathered together this week for Ash Wednesday Services. Our Liturgy Prefects, Sky B and Mathilde H led the community in prayer and with other student leaders, explained the meaning of Lent and the key practices of fasting, almsgiving and prayer. This explanation helped the community to realise how these elements can lead us to a greater relationship with others and with God. It was a beautiful reflection and helped our students and staff understand what the next 40 days means.

Year 7 Camp

This week our Year 7 students and their PC teachers braved the elements at Kincumber for Year 7 Camp. Due to the inclement weather the camp had to be cut short but Ms Burke will ensure that the girls will have other opportunities this year to have fun together and develop strong friendships.

Families can help our girls develop resilience by providing opportunities for their daughters to experience camp or sleepouts with friends. The skills of independence and resilience are formed during our teenage years and are an important part of the transition from childhood to adulthood.

Our Year of Benedictine Hospitality

Our Benedictine values guide us to live our lives with mindfulness and treating everyone 'as if they were Christ' (RB 23). Hospitality we generally think of as inviting someone in to share a meal but true hospitality is so much more than this.

Real hospitality lies in bending some efforts to change things, to make a haven for the helpless, to be a voice for the voiceless.

Hospitality means we take people into the space that is our lives and minds and our hearts and our efforts. Hospitality is the way we come out of ourselves and reach out to others.

It is the first step towards dismantling the barriers of the world.

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<https://redbooks.wordpress.com/2007/12/19/hospitality-the-rule-of-benedict/amp/>

If hospitality is more than offering a seat at the table, what does that look like at Stella?

Hospitality means reaching out to others, to those who might be different to us, making sure everyone in our community feels included. So, look around and see if there is someone on their own and invite them to be part of your group. Their differences add to the vitality and resilience of your group.

It is important to realise that letting things go is the first way to mend relationships that have fallen into disrepair. So many times, we hold on to grudges or a harsh word spoken, when we should just give someone a second chance. Things that were done in primary school or in Year 7 or 8 just need to be left behind.

Getting involved in social justice activities is another way in which we can reach out to others. Going to MAD (Making a Difference) on Wednesdays will help those Good Sam communities that we support in Australia and overseas. Contributing to Project Compassion is also an opportunity to reach out to the communities supported by Caritas.

I invite everyone from Year 7 through to Year 12 to give others in the community (at school and beyond our gates) a chance. Include others in your group and create a community that understands and embraces difference. Stella Maris College will be a better place if we all can do our part.

You must put away all ...anger... be kind to one another, compassionate, forgiving one another, just as God in Christ also forgave you. (Ephesians 4:31-32)

Elizabeth

Elizabeth Carnegie
Principal

*Prayer for
Strength and
Guidance*

Creator God,
shaper of all creatures,
we pray for your great mercy
and guide us towards you.
Guide us to the needs of our soul,
for we cannot do it ourselves.
Teach us to do your will,
that we may inwardly love you before
all things.
For you are our help, our comfort, our
trust, our hope.

AMEN

Important Dates

Term 1

MARCH

08	School Swimming Carnival
16	College Open Evening
24 - 25	Year 8 Retreat
30	Year 7 Parent Welcome Dinner

APRIL

07	Student Learning Conference (Year 12 only)
08	End of Term 1
27	Term 2 commences

School Terms

TERM 1

Mon 31 Jan to Fri 08 Apr

TERM 2

Wed 27 Apr to Fri 24 Jun

TERM 3

Tue 19 Jul to Fri 23 Sep

TERM 4

Mon 10 Oct to Fri 02 Dec

Highlights

Congratulations Emily Bobis - Class of 2012

Great news this week! Emily Bobis, Class of 2012, is an Award Finalist in the category of Young Woman of the Year...

[READ more](#)

Galmatic Incursion

Today, our Year 12 students who hold, or are close to holding their P Plates had the opportunity to participate in the Galmatic Car Maintenance Program.

[READ more](#)

Student Learning Conference Year 12 only

Student Learning Conference (SLCs) are an opportunity for Parents, Teachers and Year 12 students to meet and discuss progress and goals for the HSC.

[READ more](#)

Summer, Winter and Hospitality Uniforms

Last order for Summer Uniforms

The Uniform Shop is setting up to sell winter uniforms. Most of the summer uniforms have been packed away until Term 4. A small selection has been kept in the Uniform Shop.

Winter Uniforms

The Uniform Shop is waiting on delivery of some winter uniforms. Once they arrive students will be notified.

As Year 7 and Year 10 have new uniforms, these will require students to be fitted in the Uniform Shop versus purchasing online.

Tracksuits are available online. Please refer to the sizing guides.

Hospitality Uniforms

There are many Hospitality uniforms not yet collected.

You will not be able to participate in practical lessons until you collect your uniform. Cost is \$89



Open Evening
16 March 2022
4:00pm - 7:00pm

We invite prospective and current families to attend our upcoming Open Evening

[**CLICK**](#)

to register your attendance

Canteen Roster

MON 07 MAR

Hollie Seibold
Nicki Lawson
Cathy Shanahan
Jacqueline Randall
Rebecca Plestor
Tracey Fowler

TUE 08 MAR

Swimming carnival

No volunteers required
(unless event is cancelled)

WED 09 MAR

Amanda Smerdon
Joanne Robinson
Georgia Smith
Sarah Chirgwin

THU 10 MAR

Frances Hird
Kelly Hindman
Anna Anderson
Lucy Stephenson
Grace Mason

FRI 11 MAR

Melissa Pitkin
Steph O'Flynn
Kate Bambrick-Browne
Elle Bishop
Frances Hird
Cindy Fordham

Student Lunch Orders

Bernie McGrath & Cheryl Young
e Canteen@stellamaris.nsw.edu.au

Face-to-face service returned this week

It has been so good to see the girls faces this week as we re-opened our doors. **Dim sims and gyozas have been flying out the door!** A reminder that **only sushi can be ordered online**. All other items can be purchased at Recess and Lunch, including extra sushi if there is an oversupply.

Please remember to top up
your daughter's account if funds are low.

We are in need of volunteers on the following days of the month. Any time commitment you can give is greatly appreciated and can contribute towards your annual Maintenance Levy. Please contact Cheryl Young via email:
canteen@stellamaris.nsw.edu.au

1st Thursday | 4th Thursday | 4th Friday | 4th Wednesday
5th Wednesday | 5th Tuesday | 5th Monday



Galmatic Incursion

Today, our Year 12 students who hold, or are close to holding their P Plates had the opportunity to participate in the Galmatic Car Maintenance Program. This incursion teaches students a bit more about how to look after a car, what to do if something goes wrong and some basic skills in car care and maintenance.

» [VISIT](#) Galmatic to learn more



“ It was so much fun,
I actually had the
opportunity to change
a tyre which I had never
done before.
I am going to be so
much more confident
on the road now having
learnt these skills
Year 12 student

”

Read the latest issue of The Good Oil



Get in Touch

General Enquiries & Feedback

administration@stellamaris.nsw.edu.au
9977-5144

Student Absences & Enquiries

studentreception@stellamaris.nsw.edu.au
9976 1817 or 9976 1885

Student Enrolments & Exits

registrar@stellamaris.nsw.edu.au

Alumni Enquiries

Donna_Stimson@stellamaris.nsw.edu.au
9976 1825

Canteen Manager

Bernie_McGrath@stellamaris.nsw.edu.au

College Fee Enquiries

fees@stellamaris.nsw.edu.au

Uniform & Text Books

uniform_books@stellamaris.nsw.edu.au

Uniform Shop

Operating Hours

Tue | Wed | Thu
8:00am - 4:30pm

Current conditions:

- One student per visit
- Mask mandatory
- Hands to be sanitised

Online Ordering

There are orders awaiting collection. Please ask your daughter to come and collect either before school or during Recess/ Lunch.

Visit our Online Store to order your uniform needs.

Please remember to order using your daughter's name.

Orders can be collected during recess or the next trading day.

» [SHOP](#) now

Uniform Shop Volunteers

We are always happy to have volunteers assist. Please contact Gail Hickey or complete the Volunteer Form below.

» [EMAIL](#) Gail Hickey
» [COMPLETE](#) Uniform Volunteer Form

Congratulations to Emily Bobis - Class of 2012

Great news this week! Emily Bobis, Class of 2012, is an Award Finalist in the category of Young Woman of the Year in the NSW Government Women of the Year Awards being announced next Wednesday. The official website reads:

"Emily Bobis is an entrepreneur and co-founder of Compass IoT, a tech start-up whose real-time data analysis of cars swerving or breaking to detect trends and patterns halved the number of car crashes on one of Sydney's busiest roads.

Ms Bobis won the 2021 UTS Startup of the year and UTS Best Start-up (established). She was also a finalist for the 2021 Sydney Young Entrepreneurship Award, and named a Top 50 Small business leader in 2021.



Driven to change perceptions, Ms Bobis mentors other young women to unapologetically take up entrepreneurship." Emily's advice is about risk and self-belief. "Actively seek out discomfort because that's where the coolest and most fulfilling opportunities for growth often are and often the most terrifying ones pay off the most. Don't get in the way of your own success."

Whatever happens on Wednesday, Emily, the College couldn't be more proud of the woman you've become. Congratulations on winning at life!

College Fees

e fees@stellamaris.nsw.edu.au

t 9976-1812 or 9976-1813

Thank you to our families who have paid their 2022 fees.

We have had a non-traceable fee deposit made on 2 February.

If you received a payment reminder email this week with your statement attached and the balance owing looks incorrect, please contact the Fees Department as this non-traceable fee deposit could be yours.

For those families who do not have a Direct Debit Arrangement in place, payment of the account must be paid in three equal installments.

One third of the total invoice was due:
15 February 2022

And the other 2 installments are due:
15 May 2022
15 August 2022

Please remember to use your CRN number on the statement when you make any deposits.

If you would like to make any changes to your current arrangements, please contact a member of our Fees Team.

- » [EMAIL](#) Fees Team
- » [VIEW](#) 2022 College Fees
- » [CLICK](#) to access Direct Debit Authority Form

EDSTART

Families may like to consider Edstart as a flexible payment provider. Edstart assists families to manage their school fees and education costs. Feedback from Stella families is that the application process is easy and seamless.

To learn more about Edstart:

» [VISIT](#) Edstart

Disclaimer:

Stella Maris College do not provide any recommendations, brokering or advice services, nor do we receive referral fees, commissions or other remuneration from Edstart.

Job of the Week

Lisa Walsh

Youth Worker

What does a Youth Worker do?

Youth Workers play a valuable role in our community. A Youth Worker assists and guides young people who may be facing a variety of problems, including social, educational, welfare, behavioural, and financial.

They may work with young people individually or in groups. There are lots of areas you might like to specialise in, including disability, mental health, foster care, or rehabilitation.

If you want to bring out the best in people, are kind and caring, and want a job that can be challenging but incredibly rewarding, becoming a Youth Worker could be perfect for you.

How do you become a Youth Worker?

» [CLICK](#) to learn more

» [VISIT](#) the Stella Maris College Careers website

» www.stellacareers.com



Writing Club News

Alison Tedman

Congratulations to Sami W (Year 10) who has won a place in the final 6 scripts in the Northern Beaches Young Scriptwriters Competition 2022. Sami entered a script titled "Sisters".

These 6 finalists are going to have their scripts workshopped by director Paul Winchester and performed at the Glen St Theatre on 11 April 2022. Details and pictures of the performance will follow. Sami also won \$100 cash!

Are you interested in entering writing competitions and maybe winning a prize like Sami? Writing Club resumes for 2022 in Week 6. You can participate online by doing weekly writing topics, or you can come along to the meetings in the Library at 1.45pm on the following days:

Day 1 - Year 7

Day 4 - Year 9

Day 6 - Year 8

Day 8 - Year 10

Please email Ms Tedman or see Ms Christensen in the Library for more information.

» [EMAIL](#) Ms Tedman

Stella Tutors

Jocelyn Christensen

[e Library_Notices@stellamaris.nsw.edu.au](mailto:Library_Notices@stellamaris.nsw.edu.au)

Tutoring is available to all students Monday to Thursday. Tutors arrive at 3:20pm and finish when the Library shuts at 5:30pm.

Junior students need to be picked up by a guardian after 4:30pm. The guardian will be required to ring on arrival to collect the student.

How to book a tutor

- Students sign in for an appointment throughout the day (sign in sheet is found at library desk).
- Students may email Library_Notices@stellamaris.nsw.edu.au for a timeslot.

The value of a Tutor

- Tutors have senior subject expertise in various areas.
- Tutors help with the following:
 - assisting with problem questions;
 - read over assessments and advise how it may be improved;
 - give guidance on how to structure an assessment;
 - where to start with a complex assessment.

Junior students may be helped by any of the Tutors, as they have completed the junior mandatory subjects.

NOTE: Tutors do not have the time capacity to teach complete units of work. If this is what you require, parents/caregivers may need to consider outside intensive tutoring.

Student designated Kiss and Drop Zone

We remind families that the
designated Kiss & Drop Zone is in Iluka Avenue
(not Eurobin Avenue).

We have also received feedback that driveways are being obscured preventing our neighbours to enter or exit. We ask our parent community to be mindful of our neighbours when dropping or collecting your daughter(s).

MAD Social Justice Club

We invite students to come along to our MAD Social Justice Club.

Meetings held every Wednesday during Lunch in the Old Library.

MAD Social Justice Club

Sarah Metcalfe

This week we held our first MAD (Making A Difference) Social Justice Club meeting at Lunchtime on Wednesday as restrictions have eased allowing cohorts to mix. Due to the weather, the meeting was held using MS Teams.

We discussed lots of items on our agenda such as:

- Prayer of support for Ukraine
- Flood support initiatives
- Supporting Tonga post-Volcanic eruption
- Project Compassion
- St Pat's upcoming mufti day
- PEACE EGGS – yes, they are coming back SOON!! All proceeds go to our sister school Mater Dei.

Our amazing Social Justice Student Leaders, Emily V and Lara D met with the Junior year group members and discussed their views on Social Justice and ideas for future initiatives at Stella and as part of our Year of Hospitality.

Social Justice

Sarah Metcalfe

This week marked the beginning of Project Compassion for Stella, where each PC class is encouraged to donate to this Lenten cause to empower people in developing nations that experience poverty, drought, water shortages and minimal educational opportunities.

Each week we will share a story of people who have benefitted from the help of Project Compassion.



Week 1 is Anatercia from Mozambique who has had to face travelling kilometres to get access to clean and safe drinking water and to be able to irrigate crops for food.

[WATCH](#) Anatercia's story, then [CLICK](#) to read more about how donations make a difference.

Looking for extra-curricular activities?

There are a range of activities on offer which our students can participate in Before school, Lunch or After School.

Some of the activities available to students are:

Before school

Dance
Drama
Tennis

Lunch

Debating
Writing Clubs
Stellamatics
Year 7 Lunch Club
MAD Social Justice
Book Club
Anime Club

After School

Dance Performance
Sports activities
After School Study
Stellamatics
Drama Rehearsals
Sailing

Students are encouraged to try something new, either on their own or with a group of friends.

» [CLICK](#) to learn more about each activity, times and locations.

Summary

SLCs planned for Thu 7 April for Year 12 only

SLCs will be held via MS Teams

SLC will be in 8min timeslots

All other Year Groups will occur in Term 2:

2 May
10 May
18 May

Bookings open for the Year 12 SLCs Thu 10 March at 9:00am

Interviews will be booked through external provider PTO

Instructions for Login details will be emailed to parents on the day before bookings open

Student Learning Conference Year 12 Only

Student Learning Conference (SLCs) are an opportunity for Parents, Teachers and Year 12 students to meet and discuss progress and goals for the HSC.

MS Teams

This year's SLCs will again be conducted through MS Teams. In preparation, your daughter(s) will be instructed as to how it will work.

Date

Thursday 7 April: 4:00pm – 7:00pm

This first session is exclusively for **Year 12** families.

Each timeslot is 8 minutes.

Other Year Group SLC sessions will be available to all students, including Year 12 if the first session does not suit.

These will occur:

Monday	2 May	2:30pm - 7:00pm
Tuesday	10 May	4:00pm - 8:00pm
Wednesday	18 May	2:30pm - 7:00pm

These sessions will only be 6 minutes in duration.

Login instructions

Interviews are booked online through an external provider, PTO. Please do not attempt to use login details for PTO from a previous year or your Stella Online login, as neither will work.

Instructions for obtaining login details will be emailed the day before bookings open. Please look out for this email. If you do not receive it, contact College Reception.

Bookings open Thursday 10 March at 9:00am.

We highly recommend:

- you leave a gap between interviews (i.e. do not make bookings back-to-back);
- Use a computer to access PTO, not a phone or tablet.

One set of interviews

Both parent/carer emails have been set up in PTO, however please only make **ONE** set of interviews per daughter unless it is necessary for you to attend separately.

Years 7-11

Student Learning Conference information for families of students in Years 7-11 will be communicated later this term.

Wellbeing

Jillian Roy

e counselling@stellamaris.nsw.edu.au

Cyber Safety

There are safety risks that come with young people interacting and engaging with online platforms however parents can take active steps to understand and help mitigate these risks for their children. One of the risks young people face is being exposed to disturbing content.

Volunteers

We want to encourage our parent/caregiver community to assist in our Canteen or Uniform Shop.

Hours worked can contribute towards your annual Maintenance Levy. It is preferable that volunteers either hold, or are willing to obtain, a free Volunteer Working with Children Check. You can apply online from Services NSW.

» [START](#) your WWCC Application

Canteen

Contact Bernie McGrath to learn more or complete the Canteen Form below.

» [EMAIL](#) Bernie McGrath
» [COMPLETE](#) Canteen Volunteer Form

Uniform Shop

Contact Gail Hickey or complete the Volunteer Form below.

» [EMAIL](#) Gail Hickey
» [COMPLETE](#) Uniform Volunteer Form

Come and join our dedicated and wonderful team of volunteers



Reachout.com has provided some proactive steps parents and carers can take. [CLICK](#) to access the Disturbing Content poster and information.

To equip yourself with the tools and knowledge regarding e-safety of your children in relation to cyberbullying and online drama, there is an e-safety webinar for parents and carers coming up this term provided by the e-Safety Commissioner.

The webinar will cover - starting conversations with young people about online friendships, understanding rights and laws that govern social media use and what to do if a child is involved in a cyberbullying incident.

[CLICK](#) to register for the Webinar

[CLICK](#) to learn more about A Kid's Guide to Using the Internet Securely.

Safe on Social provides up-to-date articles regarding social platforms young people are engaging with - [LEARN](#) more

If you are finding areas of parenting challenging Parentline may be able to support you. Talking to a Parentline counsellor can help you navigate difficult parenting dilemmas. [READ](#) more

A kid's guide to using the internet securely



e studentreception@stellamaris.nsw.edu.au | t 9976 1817 or 9976 1885

- a current Health Care or Action Plan;
- in-date medication(s);
- medical information updated in Consent2Go.

A reminder students may wear **discreet** jewellery only. This may be a small cross on a simple chain, sleeper type earrings or studs in the ear lobes. Other visible piercings must be worn with clear plastic spacers. Hair is to be **natural** in colour, brushed and **tied back** at all times. No tattoos are to be visible at any time.

» **VIEW** Uniform Policy

We ask students and parents to familiarise themselves with our **Acceptable Use Protocols for Mobile Phones**. We limit device time to encourage students to create new relationships, build connections and be involved in a range of school activities.

Student refusal to follow guidelines may result in confiscation of the mobile device which can be collected from their Head of Year at the end of the school day.

» **VIEW** [Acceptable Use of Mobile Phones Policy](#)

[illegible]

VISIT ASCIA
Form validity must be 2020 onwards
(indicated in bottom left hand corner)

ASTHMA CARE PLAN FOR EDUCATION AND CARE SERVICES

PHOTO OF STUDENT

Print date: _____

Print time: _____

Expiry date: _____

CONFIDENTIAL: Staff will treat this as sensitive data and will not use or provide student information not authorized to use care plan by the treating doctor. Please advise staff writing of any changes to this plan.

To be completed by the treating doctor and parent/guardian, for supervising staff and emergency personnel to use only.

PLEASE PRINT CLEARLY

Student's name: _____ DOB: _____

MANAGING AN ASTHMA ATTACK

What should I do in asthma first aid care plan? Please write anything different to asthma might need if they have an asthma attack.

DAILY ASTHMA MANAGEMENT

This student's usual asthma signs:

- ☐ Cough
- ☐ Wheeze
- ☐ Shortness of breathing
- ☐ Other (please describe)

Frequency and severity:

- ☐ Daily/nightly
- ☐ Frequently (more than 5 x per year)
- ☐ Occasionally (less than 5 x per year)
- ☐ Other (please describe)

When to trigger for this student's asthma:

Does this student usually tell an adult if they're having trouble breathing? ☐ Yes ☐ No

Does the student need help to take asthma medication? ☐ Yes ☐ No

Does the student use a mask with asthma? ☐ Yes ☐ No

Does this student need a breathing reliever pump/medication before bed? ☐ Yes ☐ No


WEDICATION PLAN

What asthma medication medicines, please describe brand and make used for the medication and instructions are needed to guide.

NAME OF MEDICATION AND MAKE	DOSE/NUMBER OF PUFFS	TIME REQUIRED

DOCTOR	PARENT/GUARDIAN	ASSIGNMENT CONTACT INFORMATION
Name of Doctor	Name	Name
Address	Signature	Phone
Signature	Date	

For information and support go to www.asthma.org.au or call the Asthma Educator on 1800 ASTHMA (1800 2462) or visit www.asthma.org.au



ASTHMA AUSTRALIA

VISIT National Asthma Council
Australia

ascia
www.allergysg.org.sg

ACTION PLAN FOR Drug (Medication) Allergy

SIGNS OF MILD TO MODERATE ALLERGIC REACTION

- Swelling of lips, face, eyes
- Tingling mouth
- Itches all over
- Reddened skin, vomiting
- Stubborn cold, sneezing, rhinorrhoea

ACTION FOR MILD TO MODERATE ALLERGIC REACTION

- Stop any further ingestion and get to hospital
- Phone family/allergy emergency contact
- Phone local administrative (nephrologist) (injector of available)
- Inform ambulance, go to hospital

Mild to moderate allergic reactions (such as hives or swelling) may not always require treatment

WATCH FOR ANY OF THE FOLLOWING SIGNS OF ANAPHYLACTIC SEVERE ALLERGIC REACTION

- Difficult or noisy breathing
- Difficulty talking or hoarse voice
- Swelling of tongue
- Persistent dizziness or collapse
- Loss of consciousness
- Pulse and Respiratory (lungs) changes
- Vomiting or persistent cough

ACTION FOR ANAPHYLACTIC

1. **CALL PERSONAL PEP-DO NOT allow them to stand or walk**
 1.1. If possible, get to hospital or emergency department
 1.2. If not able to go, call ambulance
 1.3. If not able to go, call ambulance
 1.4. If not able to go, call ambulance
 1.5. If not able to go, call ambulance

2. **GIVE ANAPHYLACTIC INJECTOR IF AVAILABLE**
3. **Phone ambulance – 995 (SAS) or 999 (SAS)**
4. **Phone family/allergy emergency contact**
5. **Transfer person to hospital for at least 4 hours of observation**
 IF IN DOUBT GIVE ANAPHYLACTIC INJECTOR

6. **Common Cause (GP) of person to person contact and best handling normally**
7. **Common Cause (GP) of person to person contact and best handling normally**
8. **Common Cause (GP) of person to person contact and best handling normally**
9. **Common Cause (GP) of person to person contact and best handling normally**

10. **Common Cause (GP) of person to person contact and best handling normally**
11. **Common Cause (GP) of person to person contact and best handling normally**
12. **Common Cause (GP) of person to person contact and best handling normally**
13. **Common Cause (GP) of person to person contact and best handling normally**

14. **Common Cause (GP) of person to person contact and best handling normally**
15. **Common Cause (GP) of person to person contact and best handling normally**

Family emergency contact (name(s))

Relationship

Phone No.

Alternative family emergency contact (name(s))

Relationship

Phone No.

Other emergency contact (name(s))

Relationship

Phone No.

The hospital doctor or GP is hereby authorised to

allow the use of the above information for the purpose of

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WhatsApp Year Groups

If you are new to the school you may not yet have joined up to your Year Group's WhatsApp Group.

These groups are set up by the P & F to help you connect with other parents in your daughter's Year group. They are used to organise social events and are very handy for asking questions.

Here are the links to join.

Year 7

****Administrator needed****

<https://chat.whatsapp.com/DTV8mc1S1RgDu8Bw2WEzce>

Year 8

Administrator: Belinda Hay
<https://chat.whatsapp.com/Ld26FUW8TDsD2xRTICaVUW>

Year 9

****Administrator needed****

<https://chat.whatsapp.com/HHMUa6P9oXM1Q6QSQcPrwF>

Year 10

Administrator: Molly McKenzie
<https://chat.whatsapp.com/HxFeVIPxrqW15dqno44mEG>

Year 11

Administrator: Janet Sajowitz
<https://chat.whatsapp.com/InVnTvMt9NFAkoR99H2bxC>

Year 12

****Administrator needed****

<https://chat.whatsapp.com/F9pAVos1No0AS1DFa3oteC>

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We are looking for WhatsApp Administrators for Year 7, Year 9 and Year 12. This role requires minimal time and involves posting notices now and then from the P & F, plus organising one social event per term.

If you are interested please email us at:

pandf@stellamaris.nsw.edu.au

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P & F News

Kate Lovelace & Andrea Hogan - P & F Presidents

[e pandf@stellamaris.nsw.edu.au](mailto:pandf@stellamaris.nsw.edu.au)

Thank you to all who attended our P & F Meeting for Term 1 which was held via MS Teams last night. It was great to meet some new Year 7 parents and to hear from our Principal - Ms Elizabeth Carnegie about the fantastic HSC Results achieved by Year 12 last year, despite it being a year of massive disruption.

We also welcomed our new P & F Secretary **Nadine Fagan**, who has joined the team this term.

Comedy Night 2021

Last November's Comedy Night was a great success and we are delighted to announce that, as well as getting together for a great night of fun and laughter, the evening also **raised \$2,604.94** which will go towards organising more community-building events. Due to its popularity the Comedy Night will be back this year. Details to be announced soon.

Open Evening

We still need a few more volunteers to help man the BBQ and serve food at the Stella Open Evening. Please sign up to help and showcase our wonderful school. The roster is in one hourly increments, so we only ask for one hour of your time!

» [SIGN UP to help](#)

**** Treasurer Needed ****

The position of P & F Treasurer is still vacant!

If you have a head for figures and would like to join our friendly team, we'd love to hear from you.

This involves two meetings a term and looking after the financials for any P & F fundraising events, generally only one or two a year.

Please email us at: pandf@stellamaris.nsw.edu.au to find out more if you are interested.



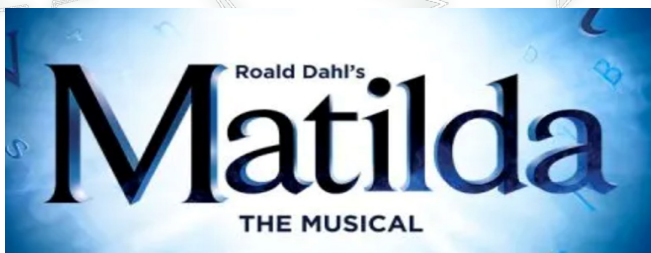
Open Evening
16 March 2022
4:00pm - 7:00pm

We invite prospective and current families to attend our upcoming Open Evening

[CLICK](#)

to register your attendance

The Crucible



Mitchell Smith

Well done on completing a full run through of pages 1 - 27 with all songs, dance and acting. It was a rehearsal designed to show the company how we are travelling so far and see how the show is coming together as a whole. Everyone has been doing so well!

Next week, we will be continuing with our dance and movement rehearsal of The Hammer and scene work on lines between pages 1 - 27. This also includes the Vocal Ensemble (except for the 6 dancers who have Dance Ensemble rehearsal and have already spoken with Ms Haines or myself).

If your character has lines (either dialogue or in song) or if you have been placed into dance number, now is the time to continue learning them. As we move forward to your scenes in rehearsals, we will be able to be super productive, so it's time to get learning those lines! Dance routines can be found in the Matilda Team on MS Teams.

**EVERYONE IS REQUIRED
FOR ALL REHEARSALS NEXT WEEK**

Upcoming Rehearsals

Monday - 07 Mar

3:30pm - 5:30pm
Matilda Drama Rehearsal
Theatre

****Everyone required****
Pgs 27 - 29

Dance Rehearsal
The Hammer
Trunchbull,
Little Kids, Big Kids,
Miss Honey

Acting Rehearsal
Scene work from Pgs 1 - 27
All Other Cast

Tuesday - 08 Mar

7:30am - 8:30am
Matilda Vocal Ensemble

****All Acting Ensemble &
Lead Principals****

Wednesday - 09 Mar

3:30pm - 5:30pm
Matilda Drama Rehearsal
Theatre

****Everyone required****

Pgs 29 - 32

Mr & Mrs Wormwood
Matilda, Michael
Lavender, Big Kid
Nigel

NOTE

If you are feeling unwell or are away,
please ensure to stay home and look after yourself.

[Email Mr Smith](#)

the morning of rehearsal day if you will be absent

****SIX SHOWS ONLY****

**50% capacity only to
ensure
audience comfort**

About

Arthur Miller's timeless examination of suspicion, revenge and mass hysteria – cloaked in the infamous Salem witch trials – brought to life by Point Break Drama Theatre Company.

- 50% Capacity ONLY to ensure audience comfort -

Dates

6 shows only

4 Mar 5 Mar

10 Mar 11 Mar 12 Mar

Location

Star of the Sea Theatre

Stella Maris College

2 Iluka Avenue

(Cnr Collingwood & Iluka
Avenues)

Manly NSW 2095

Ticket Sales

[CLICK](#)

to secure your tickets

Term 1 Sport Carnivals

March

8	Stella Maris Swim Carnival - Manly Boy Charlton Pool
13 - 14	Tildesley Tennis – Pennant Hills Park
21	BBSSSA Swimming Championships
21 - 22	NSW All Schools Tennis
23	BBSSSA Netball trials – Pennant Hills
25	IGSA Swimming Championships - SOPAC
29	BBSSSA U13 Touch – Nolan's Reserve

April

4	Stella Maris Cross Country Carnival
7 - 8	NSW All Schools Triathlon



Sports Update

Jenny Wickham

Stella Run Club

Stella Run Club will commence next Monday morning. Stella is offering Run Club to all students. Anyone may attend - whether you want to train for Cross Country, run to get fit, or just like running! Training is held on Monday mornings 7:15am – 8:15am. Students will meet at the Scholastica Gates (Eurobin Ave) and will run along the Manly Beachfront and Lagoon Park. We have some great coaches to take the group, including Jack McPhee from Sydney Athletics Academy. Students have been sent an email with the link to register for this group.

Touch Football

Stella will be entering a team in the BBSSSA U13 Touch Championships which will be held at Nolan's Reserve on 29 March. Students who are experienced touch players and turn 12 or 13 this year may trial for this team. Students in years 7 and 8 have been sent a link to the survey, to register for the trials. Trials will be held on Thursday 10 March at lunch at Keirle Park.

The first of our touch football development sessions were delayed this week due to the wet weather. Stella is offering training sessions with our very experienced coaches, Roha Paki and Gloria Berryman on Wednesday afternoons, 3:30pm - 4:30pm.

The first session will be held Wednesday 9 March at Keirle Park - 3:30pm - 4:30pm. Students who would like to join this program, but have not yet signed up, should email Ms Wickham to join the group.

Open Water Polo

Expressions of interest are now open for Open water polo teams. Stella will enter teams in the NSSWPA competition. Games are held on Friday nights at the Warringah Aquatic Centre in Terms 1 and 2. There is no training for this competition. Students have been emailed the link to express interest. Games will start mid-March.

Triathlon

Stella has a large number of teams signed up for the NSW All Schools Team triathlon which will be held on 16 March at the International Regatta centre. Entries for the teams event have now closed, but students may still sign up for the individual triathlon (15 March) until entries close on 7 March. Please [CLICK](#) to register for this event.

Netball

Stella will be entering teams into the Peninsula Cup Netball competition in Term 2. Games are played on Tuesday afternoons at Curl Curl. Expressions of interest will be sent out next week for any student who would like to play netball in Term 2.

Basketball

While all the other sports were rained out this week, our basketball teams were able to play Round 3 of the MWBA competition. All of the teams are doing well and enjoying the weekly competition. Well done to our 12 teams who have had a great start to the season!

NSW Junior Athletics

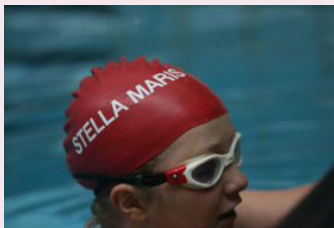
Stella had a number of our athletes compete at the NSW Junior Athletics Championships at Sydney Olympic Park this weekend. All of the Stella girls finished with outstanding results!

Well done to the following girls who all made the finals and finished in the top 8 in NSW for their events:

Elisabeth P | Matilda B | Erin H
Phillippa Q | Lyla R | Maddi R

A big congratulations to Elisabeth P, Phillippa Q and Erin H who medalled in their events:

Phillippa | Gold - 1500m and Silver - 3000m
Erin | Bronze - High Jump
Elisabeth | Bronze - Discus



House colour Swim Caps

All girls swimming
are to wear their
house colour swim cap.

These are available for purchase
for \$5 from the
Uniform Shop Online Shop.

The Uniform Shop will be open
from

**7:30am on the morning of the
Swimming Carnival**
for late purchases and
collection of swim caps.

» **ORDER** your Swimming Cap



STELLA MARIS COLLEGE SWIMMING CARNIVAL

Tuesday 8 March
Manly Andrew Boy Charlton Swim Centre



Theme
Under the Sea
===

The Stella Swimming Carnival is
a compulsory school day
for all students in
Year 7 to Year 12

Time

All students should be at school by **8.40am for PC**. Students will
walk to the pool in PC groups. All students are required to
walk back to Stella at the conclusion of the Carnival and will be
dismissed from school at 3.20pm.

Students are not permitted to go home directly from the pool.

What to wear

HOUSE COLOURS in the theme UNDER THE SEA

All students will need a one-piece swimming costume and
house coloured swimming cap.

No singlet tops or inappropriate length shorts. Covered shoes must
be worn for the walk to and from the pool.

Other important information

- * There will be no canteen on the day
- * Bring a hat and plenty of suncream
- * No coloured hair spray or coloured streamers allowed at the pool
- * Students must remain in their house areas when they are not competing.
- * The indoor pools and children's pools are out of bounds.
- * Normal school rules apply for the day.

Parents

Please ensure you have approved the permission on
Consent2Go. Refer to email for details.

Wet Weather

Please monitor emails for any changes to the Carnival
due to wet weather.

The Events

There will be Championship and Non-Championship races on the
day. Entries for the Championship events have closed (though if
any student missed out on entering, please email Ms Wickham with
student name, age and races by 9:00am Monday 7 March).

Students may enter non-championship races on the day.

****It is expected that all students will participate****

There will be fun out of the water as well.

Students are encouraged to dress up for the

UNDER THE SEA Fashion Parade

as well as get involved in the cheering, relays etc.

There is no scheduled lunch break. Students are encouraged to
bring their own healthy snacks and lunch for the day.

**THERE IS NO CANTEEN AVAILABLE
FOR THE STUDENTS THIS YEAR**

WE ENCOURAGE ALL STUDENTS TO PARTICIPATE!

IT'S A FUN DAY AND WE LOOK FORWARD TO THE STELLA GIRLS
SWIMMING, CHEERING AND BEING INVOLVED IN
THIS GREAT EVENT!