



Stella Maris

COLLEGE MANLY



2022

Our Year of
Hospitality

Stella Newsletter

Term 3 | Issue 24 | 19 August 2022

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From the Principal



Mobile Phones

In a recent article by Lucy Carroll in the *Sydney Morning Herald*, the challenge of managing mobile phone use by adolescents is addressed. Child psychologist Michael Carr-Gregg told the Herald that restricting phones in secondary schools is critical to cut distraction, deal with rising cyberbullying and help students catch up academically after months of isolation.

Davidson High School principal, David Rule has recently introduced a phone pouch that students are required to use to restrict phone use during the school day. The NSW Department of Education generally takes the broader approach that principals should strike the balance for their own communities regarding the management of phone use.

Finnish education expert Pasi Sahlberg has urged caution in implementing outright restrictions. 'I am sceptical about a system-wide ban because it undermines the benefits that technology brings to learning, health, and safety, and more importantly, it reduces the necessity in schools to learn, safe, responsible, and healthy use, living with digital media and technologies' (SMH, August 14, 2022).

At Stella we understand that parents and carers have given their children mobile phones to protect them from everyday risks involving personal safety and security. Our guidelines aim to educate our young people about how to monitor and manage their phone use, to ensure they are fully engaged in their learning in the classroom and maintaining good social connections during break times.

For our younger students (Year 9 and under) mobile phones are only to be used before and after school, at recess and between 1.30pm and 1.45pm. For older students (Year 10 – 12), mobile phones are permitted to be used before and after school and during breaks.

Learning how to manage the acceptable use of phones is an opportunity for our students to develop self-discipline and self-control. We use our pastoral sessions and year meetings to explore the consequences of misuse of technologies and help our young people understand that phones can be both a powerful tool and how their misuse can cause harm to themselves and others.

At home, we encourage families to have a charging station where phones and other technologies are docked each evening. This has the benefit of allowing adolescents and young adults the opportunity for uninterrupted sleep, which we know is essential and eliminates the chance of distraction.

[Click here](#) for our Acceptable Use Protocols for Mobile Phones.

Reflection of Obedience

The Rule of Benedict does not call for dependence. Monastics are to "listen with the ear of the heart" and then "labour" to do what is required of them (RB Prologue). Obedience, in other words, lies in listening and in labouring and in knowing what is required of us.

Joan Chittister OSB Wisdom Distilled from the Daily

Elizabeth Carnegie
Principal

Highlights

Father's Day Celebrations

Don't forget to book your tickets to our Father's Day celebrations. [READ MORE](#)

Stella Sleep Out

Join our Stella community in supporting the most vulnerable. [READ MORE](#)

Duke of Edinburgh Hike Dates

Gold, Silver and Bronze DoE hikes are fast approaching. [READ MORE](#)

Providing a Term's Notice

Local families are reminded that the College requires one term's notice of any move to another school or learning environment (please note that overseas enrolments require two terms' notice).

There are several reasons for this notice period. Firstly, budgets are set on current numbers, and, as the annual budget is set in September, we need to ensure that we are calculating costs and student numbers accurately. Secondly, once school returns in January, we are unlikely to make up numbers lost for any students who choose to leave without providing the required notice.

Please ensure that if your daughter is leaving at the end of 2022, you have informed the Registrar (registrar@stellamaris.nsw.edu.au) by the end of Term 3.

Follow us on Instagram!



@stellamarismanly52



2022 School Terms

TERM 3

Tue 19 Jul to Fri 23 Sep

TERM 4

Mon 10 Oct to Fri 02 Dec

Important Dates

FATHER'S DAY BREAKFAST

Friday 2 September

YEAR 12 GRADUATION MASS

Wednesday 21 September

Stella Sleep Out!

It's time to join in!

Friday 2 September (5.00pm) until
Saturday 3 September (8.00am)

This is a voluntary experience to empathise with rough sleepers in Australia and abroad. We are fundraising for ministries that provide sustainable support for the most vulnerable people in the world.



Sleep out



OR



Donate instead

**SIGN UP TO SLEEP OUT
(VIA CONSENT2GO)**

DONATE HERE

Proudly raising funds for



Northern Beaches
Women's Shelter



Father's Day Breakfast

It's time to celebrate and show our appreciation to the dads, the grandads and other father-figures in the lives of Stella students. In this, our Year of Hospitality, we invite dads/grandads/father-figures and their Stella daughters to join us for a complimentary bacon and egg burger and a coffee to kick-start Father's Day celebrations.

Important: when booking, please don't forget to book a ticket for both you and your daughter/s so that we have accurate numbers for catering.

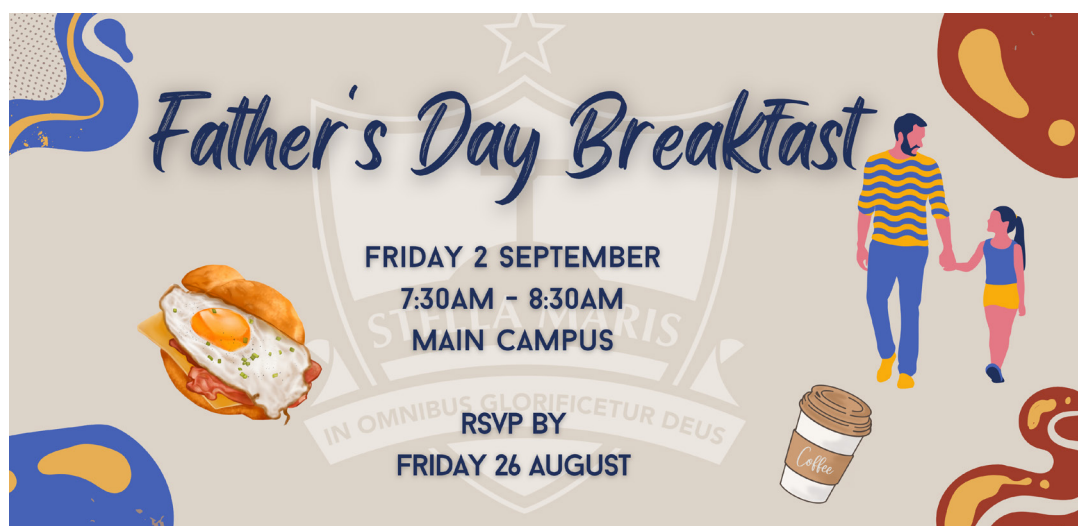
Date: Friday 2 September

Venue: Main Campus (under the fig trees)

Time: 7.30am - 8.30am

RSVP: Friday 26 August

Bookings essential: [Click here](#) for tickets (please include any dietary requirements at time of booking).



Duke of Edinburgh Dates

Year 9 Bronze Hike: 27 - 28 August

Years 11 and 12 Gold Hike: 28 - 30 August

Year 10 Silver Hike: 15 - 17 September

A reminder to please join the Stella Maris Team for the **Beach2Beach** on Sunday 28 August.

[Click here](#) to register.

All money raised from the Beach2Beach is donated to The Happy Days Charity run by local icon Mike Pawley and helps fund a local village school in Siem Reap, Cambodia that we have been lucky enough to visit through our Senior Award Program.



AUSTRALIA'S MOST BEAUTIFUL FUN RUN
SUNDAY 28 AUGUST 2022



13km - 6km - 3km
Dee Why Beach to Newport Beach
Family Friendly Finish Festival

Get in Touch

General Enquiries & Feedback

administration@stellamaris.nsw.edu.au

9977-5144

Student Absences & Enquiries

studentservices@stellamaris.nsw.edu.au

9976 1817 or 9976 1885

Student Enrolments & Exits

registrar@stellamaris.nsw.edu.au

Canteen Manager

Bernie_McGrath@stellamaris.nsw.edu.au

College Fee Enquiries

fees@stellamaris.nsw.edu.au

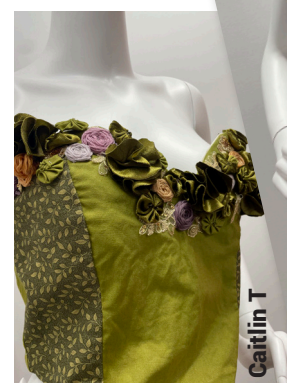
Uniform & Text Books

uniform_books@stellamaris.nsw.edu.au

Food Technology & Textiles News

Elyse Connolly - Textiles Technology Teacher

Year 10 Textiles Technology students recently finished their Corsets inspired by a character of their choice. Students have been working on practical work from the focus area of 'Costume'. They had to research a character, design ideas, experiment with techniques, and manufacture the corset. A supporting folio was also required to document their design process. This was an engaging yet challenging unit that has developed skills and allowed students to express creativity with textile techniques.



English News

Ann O'Brien - English Teacher

On Wednesday, Year 8 enjoyed the Bell Shakespeare Players performance of "Shakespeare is Dead" in the Theatre. They found the show funny and informative. They also enjoyed hopping up on stage and being part of the show. Ultimately, the show convinced our students that Shakespeare is not dead; his themes, characters, language and humour is well and truly still relevant.



Performing Arts News

Jessica Maker - Head of Performing Arts

Independent Girls Schools Choral Festival

On the weekend Sophie W, Katherine E and Roisin T participated in the inaugural Independent Girls Schools Association (IGSA) Choral Festival.

The festival was a three-day event where the girls rehearsed and performed along with 16 other independent girls' schools from across Sydney. The girls were so lucky to have the opportunity to perform in a choir of 80 girls singing a range of repertoire including Vivaldi, Irish Folk songs and Australian Art Music accompanied by a live baroque orchestra.

The girls will be performing again in a concert at St James' Church on Sunday 4 September if you would like to come along to hear an afternoon of fine music. [Click here](#) for further details.



Performance Band Concert

Parents are warmly invited to the Performance Band Concert on from 5.30pm on Tuesday 6 September in G201 at the College.

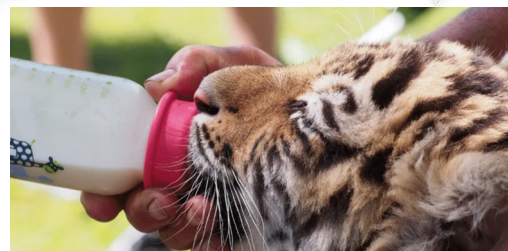
Individual Success

Best wishes to Year 12 student, Rugby W on her upcoming show - Avenue Q. Ruby will be performing at Zenith Theatre and Convention Centre from 14 - 23 October. Tickets via the QR code.



Zookeeper

Lisa Walsh - Careers and Pathways Adviser
e lisa_walsh@stellamaris.edu.au



Zookeeper

What do Zookeepers do?

Zookeepers care for animals living in captivity and on display to the public for the purposes of conservation and education. They carry out the jobs associated with the animals' daily care, including feeding and training. They're also responsible for keeping enclosures clean and stimulating, supporting breeding programs and helping to carry out any necessary vet work.

Loving animals isn't really enough – if you'd like to be a zookeeper, you'll need to be dedicated and devoted to building relationships and caring for animals. If you're practical, able to remain professional and maintain high standards of safety and care for the benefit of all, then a career as a Zookeeper could be worth exploring.

How do you become a Zookeeper?

[Click here](#) to learn more about this job and pathways to get there. Please visit our very own [Stella Careers Website](#) for all your career needs.

PLUS, our regular weekly careers newsletters can be read [here](#).

Debating Club

Alexander Mascarenhas - Teacher of English and Geography

Last Friday Stella Maris competed in Round 4 of the Schools Debating Network Competition hosted at Benedict Campus. The teams debated "Environment" and had some excellent results, with Year 8, Juniors, and Year 9 all winning their debates! This week we are debating in Round 5 at Wenona where we will be debating about "Media". Good luck!



Topic of the Week: That cars should be banned in the CBD.

Future Problem Solvers Competition

Cath Douglas - Head of Inclusive Learning

Last week, Stella Maris entered seven teams in the National 'Future Problem Solvers' competition. In the competition, students need to solve problems in a future scene in a two-hour time slot.

The competition involved the students analysing a scenario set 40 years in the future based on the environmental impact on insects. The teams worked together to consider possible problems that might arise and then provide solutions and an action plan to solve their proposed main underlying problem. Extra points are awarded to students if they submit creative but plausible solutions. All teams have worked hard in their preparation for this competition. In Terms 1 and 2, they developed their research and problem-solving skills through investigating possible future challenges in the areas of 'Water Supply' and 'Building Green'.

Congratulations to the following Future Problem Solvers:

Year 8: Ava J, Maya M, Rose M, Zara W, Ava Z, Katherine E, Alyssa T, Camryn B, Hazel C, Tara K, Chloe R, Primrose R

Year 9: Jessica V, CJ W, Talia H, Catherine B, Emma M, Gabriella F, Sara T, Kiera M, Charlotte S, Violette R, Hannah G

Year 10: Lauren K, Ruby K, Rachelle B, Ava N

A big thank you to Sami W, Bella H, Jemma K and Audrey R who did a fantastic job coaching the teams on our Future Problem Solving day.

Canteen Roster

We have a few vacancies on our roster due to work commitments etc. If you would like to volunteer, please let us know:

1st Thursday
3rd Thursday
4th Thursday
2nd Friday
3rd Wednesday
4th Wednesday

MONDAY 22 AUGUST

Milu Rich
Emma Cousins
*** Help needed please**

TUESDAY 23 AUGUST

Meaghan Wellings
Riary Tanner
Heather Lawson
Kim Singleton
Tara Edgton

WEDNESDAY 24 AUGUST

Peta Alpen
Jude Furniss
Nicole O'Sullivan

THURSDAY 25 AUGUST

Daniella Hazell
Monique Franks
*** Help needed please**

FRIDAY 26 AUGUST

Alison Kelly
Louise Moore
Katie Spillane
Kristen Laird

P&F Update

Kate Lovelace & Andrea Hogan - P&F Presidents
e pandf@stellamaris.nsw.edu.au

It was wonderful to be back to a face-to-face meeting last week and thank you to those who attended. Our Principal Elizabeth Carnegie reported that the Year 9 camp had been a terrific success and that Year 12 trials were going well.

Items discussed included:

- Year 12 end of year celebrations
- Planning for the parents' end of year drinks party
- P&F assistance with the Father's Day Breakfast and Year 7 2023 Informing Evening

Our Term 4 P&F meeting will be on Thursday 20 October at 7.30pm in the old library. Hope to see you there.

Diary Dates

Thursday 20 October at 7.30pm – Term 4 P&F Meeting, Old Library. All welcome.

Friday 18 November – Parent End of Year Drinks, all year groups

Uniform Shop

Operating Hours

Tue | Wed | Thu
8:00am - 4:30pm during term.

Online Order Collections

Orders can be collected from Recess. Please note that collection notices are not sent.

Summer Uniforms

Limited skirts and blouses are available for purchase in store as most winter items have been packed away for summer.

Tights, gloves, scarves are still available online.

Year 9 can now purchase the senior dress (for Year 10).

Year 11 and 12 can purchase the short sleeve pink blouse to be worn with the tailored shorts.

Stationery items

The Uniform Shop stocks a large range of stationery items that can be purchased in store. These include:

- Calculators
- Art supplies
- A3 and A4 Display folders
- Pens, lead pencils, glue sticks, Bernina bobbins

Please go to the [Stationery](#) section online to see what items can be purchased.

Second Hand Uniforms

The Uniform Shop does not accept second hand uniforms. Please go to the [P&F's Facebook](#) page to buy and sell uniforms.

Sports News

Jenny Wickham - Sports Co-ordinator and Teacher of PDHPE

NSWCCC Netball

On Tuesday 16 August, the Stella Maris Junior and Intermediate Netball teams competed at the NSWCCC Netball Championships at Penrith. The conditions were perfect for a great day of netball! The Stella teams played lots of netball – both teams played six games of good quality netball.

The Junior team went through the day undefeated, until the final game, where they had a close contest to lose the game by two goals.

Our Intermediate team lost their first game of the day by one goal, but went on to win the rest of the games.

Both teams finished as runners up! Well done to these teams on finishing second at the NSWCCC Netball Championships!

Junior team: Ana T, Charlotte C, Elena G, Emily G, Holly G, Leila H, Mia L, Olive W, Sienna S, Summer B

Intermediate team: Ashton R, Ava M, Ava S, Chloe G, Erin H, Lea T, Lily H, Sophie B, Noa D, Michaela M.

A big thank you to our student umpires and scorers who helped on the day: Elisha C, Sophia C and Liv E.



Cricket

On Tuesday 16 August, our Year 7 and 8 cricket team played at the Cricket NSW Northern Beaches Gala Day. This was a fun day of cricket, with the sun shining and plenty of good games! The Stella team was amazing – playing outstanding cricket and going through the entire day undefeated! Well done to all members of the team:

Camryn B, Olive C, Gracie E, Saoirse F, Maya M, Ava R, Georgia R, Zara W, Kaylee Z.

Hockey

Congratulations to Katelyn B was awarded a Local Sporting Champion grant for her achievements in hockey. Katie was invited to a presentation with Zali Steggall last week! Well done on your success in hockey this year Katie!

Soccer

Our Year 7 and 8 Soccer teams are enjoying the Peninsula Cup Soccer Competition which is being held on Tuesday afternoons. After a disrupted start to the season with wet weather and field closures, the competition is now up and running and the Stella students are having a great time representing Stella in soccer.

Good Luck!

Best of luck to our IGSA Athletics Squad who are competing at the IGSA Athletics Championships on August 18 and 19.

Good luck to our Rugby 7s teams who will be playing at the NSW Schoolgirls Rugby 7s Gala Day on Tuesday 23 August.

