



Stella Maris
COLLEGE MANLY



2023
Our Year of
Stewardship

Stella Newsletter

Term 1 | Issue 08 | 23 March 2023

e administration@stellamaris.nsw.edu.au

t 9977 5144

w www.stellamaris.nsw.edu.au



From the Principal



Commitment to College

It has been wonderful to see so many of our Senior students wearing their blazers this term with an embroidered pocket. This is recognition, acknowledgement and celebration of students whose involvement in and leadership of co-curricular activities, demonstrates to the community what it means to be a Stella Girl.

The process started for Year 10 and 11 in Term 4 last year, when staff leading co-curricular programs nominated students who:

- have demonstrated consistent attendance and effort over several years,
- shown exemplary leadership within the co-curricular activity,
- a co-operative and collaborative approach to working with staff in the co-curricular activity and
- act as a role model to other students in their attitude and behaviour.

Senior students have the choice of a blazer pocket or a badge.

Students in Year 9 and 10 who demonstrate consistent attendance, consistent effort in a co-curricular activity and act as a role model, if nominated by their co-curricular teacher, will be recognised with a co-curricular badge.

I believe this acknowledgement of our students and development of their leadership capacity is something the entire Stella community welcomes.

Prayer

Loving and gracious God,

Here I am, waiting to see with clearer vision the promise that You hold for me. Help me to see, not just with my eyes, but with my heart. Where I don't understand the Paschal mystery, send me new insight. Whether I struggle to know of Your love for me, give me eyes to see Your action in my life.

As I reflect on Your word today, may Your Holy Spirit reveal to me the saving power of the life, death and resurrection of your Son Jesus Christ. May my relationship with Him be renewed; my trust in Him deepened; and my joy increased.

Amen

(Diocese of Broken Bay Lenten Program 2023)

Elizabeth Carnegie
Principal



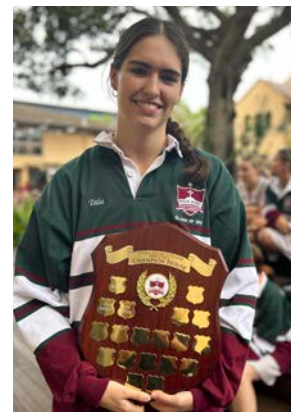
Sport

Photo Gallery

Swimming Carnivals



Our 2023 Swimming Age Champions.



Talia M, House Captain of 2023 champion house, Smith.



Ms Carnegie and members of Stella's swim team at the IGSA Swimming Championships last Friday.

2023 Term Dates

Term 1

Tuesday 31 January -
Thursday 6 April

Term 2

Wednesday 26 April -
Friday 23 June

Term 3

Tuesday 18 July -
Friday 22 September

Term 4

Tuesday 10 October -
Friday 1 December

Get in Touch

General Enquiries & Feedback

administration@stellamaris.nsw.edu.au

9977-5144

Student Absences & Enquiries

studentservices@stellamaris.nsw.edu.au

9976 1817 or 9976 1885

Student Enrolments & Exits

registrar@stellamaris.nsw.edu.au

Canteen Manager

Bernie_McGrath@stellamaris.nsw.edu.au

College Fee Enquiries

fees@stellamaris.nsw.edu.au

Uniform & Text Books

uniform_books@stellamaris.nsw.edu.au

Congratulations

Well done to Year 11 students, Sami W and Ava N who represented Stella at the St Augustine's monthly assembly last Friday. While our Year 12 students would usually take on this role, a Maths exam meant that Sami and Ava stepped up to prepare and deliver a powerful speech on what International Women's Day means for them. Mr Ford, who accompanied the students, reported that they were incredible ambassadors and their message was very well received.



Music News

Jessica Maker - Head of Performing Arts

Stella Song Contest

We are looking to create a new Stella school song. A school song should reflect our community and our identity and be a song we can all sing with pride and gusto at our College events. I'm sure many of you remember your school songs from primary school. These songs make a lasting impression on a school community.

You may write your own original school song or use the [sample song](#) as a basis and rework the song for our Stella Community.

If you use the sample school song, you can use as much or as little of the song lyrics and melody as you like or if you are composing an original song, the lyrics could reflect our school's Benedictine values and identity.

You may consider some of the following as inspiration:

- Neighbour to all
- Compassion Kindness
- Positive difference in the world
- Be a force for good Like Jesus
- Generosity
- Stewardship
- Peace and Justice
- Community
- Hospitality
- Inclusive
- Significant women our college houses are named after
- Go and Do Likewise (parable of the Good Samaritan)
- In All things God May Be Glorified - In omnibus glorificetur Deus

The submissions will be played to our College Leadership, both staff and students, and the winning entry will be performed on Stella Day.

To submit:

1. Submit a video recording of a performance or your school song (save your submission as your name and the song title).
2. Save a copy of the lyrics and chords used as well as any additional music or lyrics you may have come up with (save your submission as your name and the song title).

Submissions to be uploaded to [this folder](#). Stella School Song Competition

Entries close April 30.

Important Dates

Term 1

March

23 Cross Country

30 - 31 Year 10 Retreat

April

04 Student Learning Conferences 1 (Year 12 only) 4.00pm - 7.00pm

06 Term 1 Concludes

Term 2

April

26 Term 2 Commences

May

02 Student Learning Conferences 2 2.30pm - 7.00pm

10 Student Learning Conferences 3 4.00pm - 8.00pm

15 Student Learning Conferences 4 2.30pm - 7.00pm

Project Compassion Update

Sarah Metcalfe - Social Justice Coordinator



Fourth Week of Lent (week beginning 20 March)

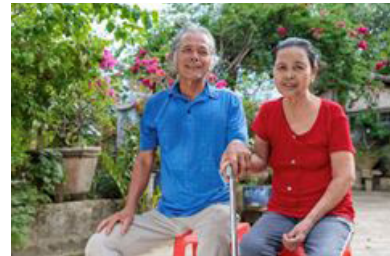
This week through Project Compassion we learn about Thu, who lives in Vietnam. When Thu was 12 years old, he stepped on an unexploded land mine and lost his leg.

Living with a disability in rural Vietnam presented many challenges for Thu, who worked mainly as a rice farmer. Thu also took on the role of caring for his wife, Linh, after she suffered a stroke.

Determined to turn their lives around, Thu and Linh joined the Empowerment of People with Disabilities program, run by Caritas Australia's local partner in Vietnam, the Centre for Sustainable Rural Development (SRD).

For Thu, the greatest impact the program has had is enabling the change in Linh's physical and mental wellbeing. With the support of a physiotherapist, Linh can now walk short distances with the aid of a walking stick.

Watch a short film about Thu's story [here](#).



Congratulations

Congratulations to everyone who supported our St Patrick's Mufti Day Fundraiser for Mater Dei last Friday. We managed to raise **\$4,355** - an incredible amount.

We will be donating \$1000 of this total to the St Vincent de Paul Turkey and Syria Earthquake Appeal as these countries require desperate assistance and our community are in a position to help.

It's not too late to donate:

<https://fundraise.projectcompassion.org.au/o/stella-maris-college-manly>

Community and Family Studies News

Our Year 12 Community and Family Studies (CAFS) cohort are currently studying and completing an assessment task on the needs and wellbeing of 'The Aged' and issues of concern, specific to this group. To help us gain a better understanding on this topic, we were extremely honoured to have Phil, from 'The Old People's Home for Teenagers' documentary on the ABC, to come and speak to us about being an older Australian and his experience with the teenagers on the documentary. We were able to listen to his life story and ask him questions on what it is like being classified as "elderly", if he experiences any inequities due to his age and whether there are enough services to support him. Phil's wealth of knowledge, his positivity in the face of adversity, generosity and great sense of humour were inspirational. We are very thankful for this opportunity to meet Phil and learn from his experiences. He has helped us to gain a better understanding for the needs of the aged, the issues they face, and the wonderful contributions they make to our community. Thank you, Phil, we hope you enjoyed your time with us as much as we loved having you here!

Charlotte G - student from 12CAFS class.



Job of the Week

Lisa Walsh - Careers and Pathways Adviser
e lisa_walsh@stellamaris.nsw.edu.au

Journalist

What do Journalists do?

Journalists write, edit and report news stories and broadcasts across a wide variety of mediums, including print, television and radio. They may also create articles and features for magazines, newspapers, blogs, and more.

If you're a fantastic communicator, have a way with words, and are determined and hard-working, becoming a Journalist could be perfect for you.

How do you become a Journalist?

[Click here](#) to learn more about this job and pathways to get there.

Visit our very own [Stella Careers Website](#) for all your career needs (now on the students' SEQTA landing page). PLUS, our regular weekly careers newsletters can be read [here](#).

Meet Velvet-Belle Templeman - 'Class of 2013'

I work at leading Australian publishing business nextmedia, as the commercial editor for business tech publications iTnews and Digital Nation Australia.

The commercial editor role sits at the intersection between the sales team and the editorial team. I'm working across marketing, events, projects, sales and with editors of the publications to meet the needs of the sponsors and audience.

Before this role, I joined nextmedia as the lead journalist at Digital Nation and then became the associate editor, so my experience in journalism was very much as it should be - siloed from the commercial side of the business. So for that reason, now my commercial role is entirely different.

I am largely responsible for delivering projects that have sponsorship and commercial support. This might be events like roundtables and conferences, digital reports, video series, podcast series and partner content articles.

One of my favourite parts of the job is travelling interstate and internationally, staying in cool hotels, dining at the best restaurants and attending events to meet interesting people who are experts in the field.



Canteen Roster

Monday 27 March

Gabrielle Cook
Lisa Thorpe Apps
Nicole Hodgkinson
Joanna Brown

Tuesday 28 March

Heather Lawson
Riary Tanner
Lilian Henley
Kim Singleton
Sarah Jane Harris Smith

Wednesday 29 March

Dani Clark
Elle Weeden
Shannon Morrell

Thursday 30 March

Taemar Handes
Monique Franks
Jenny O'Dell
Lauren Fletcher

Friday 31 March

Jodie Franks
Maria Dunn
David Laime
Peta Alpen
Tanya Kristo

Connect with Us!

A very warm invitation to connect with us on social media. Click on the icons below to follow us on Facebook, Instagram and LinkedIn.



Stella Sailing Update

Ann O'Brien - Sailing Co-ordinator

Last week we postponed sailing because most of our sailors volunteered to represent our College at Open Evening; they certainly shone in their roles as debaters, tour guides and entertainers. This week saw our sailors back on the pacer dinghies racing in a friendly 11 knots nor'easterly beginning at Middle Harbour Yacht Club. The boats raced to Chinamans Beach, beat to the Castle Rock mark, ran down to Balmoral, beat up to Grotto Point and reached home to the finishing line at Clontarf. Congratulations to Sienna S and Angie P for placing first. The most enjoyment, most enthusiastic and most improved award is shared equally amongst all our sailors. Well done!



Annaliese F, Abigail H and Evie W



Ryley B and Primrose R



Sienna S and Angie P

Uniform Shop

Trading Hours

The Uniform Shop is open 8am – 4.30pm Tuesdays to Thursdays.

Student Cards

Please ensure your child's student card has sufficient funds on it for purchases.

Winter Uniform

The cut-off for winter uniform fittings is Thursday 30 March. If you come after this date, we cannot guarantee we will have your optimum size in some items.

Years 7 and 10 parents have been emailed the details for purchasing the winter uniform.

Year 10 students can attend at recess and lunchtime to make purchases.

Year 11 students can visit the Uniform Shop at recess or lunch to purchase the pink blouse.

The first two weeks of Term 2 are a changeover period with either the Summer or Winter uniform able to be worn. If wearing Winter uniform, blazer and stockings are to be worn.

From the start of Week 3 on Monday 8 May, the Winter uniform is to be worn. Short sleeves can be worn during Terms 2 and 3.

Athletics Carnival

This is on the first day of next term. Purchase your daughter's tracksuit before the end of this term (available online or in the Uniform Shop).

Online Order Collections

Orders can be collected from **recess** after the order has been placed. Reminders are not sent out.

Please use your child's name on the order.

Limited dresses are available for purchase in the Uniform Shop as most have been packed away for winter.

Gloves and stockings are available online.

Items to Collect

- Year 9 Music Books

Sports News

Jenny Wickham - Sports Coordinator and Teacher of PDHPE

Stella Maris College Athletics Carnival

Date: Wednesday 26 April (first day of Term 2)

Venue: ES Marks Athletics Track, Kensington

Time: PC will be held at school at 8.40am. Buses depart stella from 8.45am and will return at the conclusion of the carnival.

Buses will be provided to transport all students to and from the carnival.

There will be one early bus which departs at 7.30am for House Captains and competitors in the javelin and 1500m events.

What to wear:

House colours in the theme:

"Magical and Mythical".

Students may dress up in their house colours in this theme (examples include fairies, wizards, unicorns or characters such as Tinkerbell, Smurfs etc).

Please ensure clothes are suitable for athletics events, including appropriate sport shoes.

Javelin and 1500m Events

These events will be held before the start of the carnival. Students who have signed up for this event must catch the bus that departs Stella at 7.30am.

THE CARNIVAL IS A COMPULSORY SCHOOL DAY. Parents/guardians should follow regular absentee procedures if their daughter is unwell. Carnivals are whole day College events. Students in Years 7 – 12 are required to be present all day.

- Entries for the championship running events and field events are now open. Students have all been emailed the link to sign up for these events. Please note that all field events will require students to sign up prior to the carnival. Students may not enter field events on the day.
- Students may enter the non-championship 100m, 200m, 400m and 800m on the day.
- There are no finals for any event. Overall placings will be calculated on times.
- We encourage all students to get involved in lots of events!
- Please bring sun cream and hat.
- There will be NO CANTEEN at the carnival. Students will need to pack ALL FOOD AND DRINK for the day.
- The carnival will conclude at 1.30pm. All students will return to school for lunch and Athletics Carnival Presentation. All students will be dismissed from school at 3.20pm.
- Carnivals are "no drive days" for Senior students.





Dom M achieved incredible success at both the Stella and IGSA Championships.



Sports News (cont.)

Stella Swimming Carnival Results

This week at Assembly, we recognised the great performances from the Stella Maris Swimming Carnival that was held at Manly Pool on Friday 3 March. The students were very excited to find out who the winning house was!

Congratulations to all of our award winners:

Best Dressed: Caitlin T

Special mention to our runners-up: Amelia T, Allie S, Pippa M and Neive M

Cheering Award: Bashir

Champion of Champions: Jess O

Age Champions:

12 years: Emma C

13 years: Eliza J

14 years: Jess O

15 years: Zara D

16 years: CJ W

17 years: Sophie L

18 years: Holly W

Overall House Championship:

First: Smith

Second: Mackillop

Third: Bashir

Fourth: Shinnick

Equal Fifth: Wood and Egan

Seventh: Chisholm

Eighth: Noonuccal

IGSA Swimming

The Stella Swim team competed at the IGSA Swimming Championships at Sydney Olympic Park on Friday 17 March. It had been a busy week for our swimmers, with many members of the team swimming at the State Championships and Broken Bay earlier in the week!

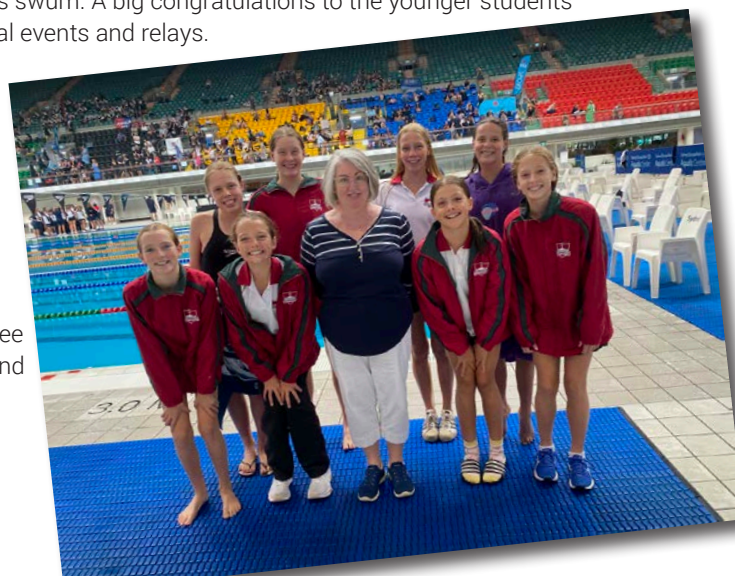
The Stella team performed amazingly well! We had many of our swimmers place in their events, with lots of first places and many PBs swum. A big congratulations to the younger students who swam up age groups in individual events and relays.

Well done to the following students who made finals:

A finals: Jess O, Zara D, Sophie L, Emma C, Dom M

B finals: Charli S, Elisha C

Huge congratulations to Jess O who won the silver medal in the 100m freestyle, and to Dom M who won three medals: gold in the 100m freestyle, and silver in the 200m and 50m freestyle events.



The Stella team had fantastic results overall, finishing second in our division! Stella was awarded the 'Most Improved' trophy on the day! Well done team!

Congratulations to all members of the team on their performances and fantastic Stella Spirit on the day:

Ella B, Emily B, Zoe B, Mila C, Emma C, Lucy C, Elisha C, Zara D, Katie E, Tilla G, Gabi H, Heidi H, Eliza J, Sophie L, Olivia M, Dom M, Jess O, Zara S, Charli S, Charlotte S, Mikaeli T, Isla U.



Stella Cross Country

The Stella Cross Country Carnival took place at Queenscliff Lagoon Park today. There were almost 150 Stella students involved in this event! Well done to all students who participated. A report and full results will be in next week's newsletter.

Term 2 Sports

Students have commenced signing up for Term 2 sports. Expressions of interest are now being called for:

Netball, Pilates, Run Club, Group Fitness, Tennis lessons, Sprint training, Surfing and Touch Football. Athletics training will commence after the school athletics carnival.

Grading trials for Peninsula Cup Netball will commence this Friday 24 March (Year 8) and Monday 27 March (Year 7). Teams will play on Tuesday afternoons at Curl Curl in Term 2.

P&F Update

Clare Cahill and Gayle Connor (P&F Presidents)
e pandf@stellamaris.nsw.edu.au

Years 7 - 9 Barefoot Bowls for Dads/Male Caregivers

Final call for bowlers (of all standards). Dads and male caregivers of girls in Years 7-9 are invited to an afternoon of barefoot bowls at Manly Bowling Club. It's a great time to get together before the end of term while daylight savings can still be enjoyed and before winter sports weekend schedules commence. Teams will be put together on the day according to your daughter's year group. Bowlers are welcome to stay on for a bite to eat or an adult beverage afterwards.

Please direct any queries to Nick Poutney (Gemma - Year 8) via [email](#).

Purchase tickets and get more information by using [this link](#).

After clicking on the link, select March 26 on the calendar and register to play.

Year 7-9 mums/female caregivers - if you know the dad/male caregiver in your life doesn't see the newsletter please pass the details on.

Contact the P&F

If you have any suggestions or questions for the P&F, please email us using the email above.

WhatsApp Groups

Year level WhatsApp Groups are set up by the P&F to help you connect with other parents in your daughter's year group. They are used to organise social events and are very handy for asking questions. Please note that these are not platforms to air complaints or grievances. As a school committed to relationships, the College always prefers that you talk directly to your daughter's PC teacher or Head of Year if you have any concerns or feedback.

Please don't hesitate to get in touch with us at pandf@stellamaris.nsw.edu.au if you have any problems joining your WhatsApp Group. Here are the links to join.

Year 7

Administrator: Emma Flett
<https://chat.whatsapp.com/DTV8mc1S1RgDu8Bw2WEzce>

Year 8

Administrator: Kelly Hindman
<https://chat.whatsapp.com/DTV8mc1S1RgDu8Bw2WEzce>

Year 9

Administrator: Belinda Hay
<https://chat.whatsapp.com/Ld26FUW8TDsD2xRTICaVUW>

Year 10

Administrator: Holly MacKenzie
<https://chat.whatsapp.com/HHMUa6P9oXM1Q6QSqcPrwF>

Year 11

Administrator: Molly McKenzie
<https://chat.whatsapp.com/HxFeVIPxrqW15dqno44mEG>

Year 12

Administrator: Janet Sajowitz
<https://chat.whatsapp.com/InVnTvMt9NFAkoR99H2bxC>



STELLA MARIS

TICKETS \$28

DADS' LAWN BOWLS

Proudly Supported by the P&F Committee

WHEN
4:00PM ON SUNDAY 26TH MARCH 2023

WHERE
Rock n Bowl @ Manly Bowling Club
59 Raglan Street Manly, NSW 2095

BOOK
TICKETS \$28 - Please click the link to register
<https://fareharbor.com/embeds/book/rocknbowl/items/445935/calendar/2023/03/?full-items=yes>

Any questions? Contact:
Nick 0418 383 336
nickpoutney@outlook.com

Community News



Give life. Give blood in Dee Why.

Dee Why Beach car park
3 to 9 April



Monday 3 April	1 pm – 6 pm
Tuesday 4 April	1 pm – 6 pm
Wednesday 5 April	1 pm – 6 pm
Thursday 6 April	1 pm – 6 pm
Friday 7 April	9 am – 2 pm
Saturday 8 April	9 am – 2 pm
Sunday 9 April	9 am – 2 pm

