



Stella Maris
COLLEGE MANLY



HSC 2022 - **63rd** ranked school in NSW



2023

Our Year of
Stewardship

Stella Newsletter

Term 1 | Issue 09 | 30 March 2023

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From the Principal



Year 10 Retreat

This week Year 10 students experienced their Retreat at Collaroy. It was a wonderful opportunity for the girls to stop to reflect on what the next two years ahead of them will be like. We want to support them on their journey and their Pastoral Care teachers were there to assist them with that discernment. Thank you to Ms Chin for organising the Retreat and to Ms Boyde, Ms Collins and the Year 10 PC teachers for making the event so special.

Well done Tilli!

Tilli McMahon (Class of 2022) was one of six students to be selected to perform their HSC 2022 music piece alongside the 'Artists Speak' event as part of Express Yourself 2023 at the Manly Art Gallery and Museum on Sunday 26 March.

You may also see Tilli performing gigs at various venues on the Northern Beaches including Dee Why RSL, RMYC Newport, Dee Why Bowling Club, ICMS Manly and Bookoccino Avalon.

Well done Tilli on your music success!

Prayer

(This weekend we celebrate Palm Sunday leading us into Holy Week)

*Loving and gracious God,
Here I am, participating in the journey of Jesus to the Cross.
I walk alongside as best I can, watching the events unfold....*

*For the moments in my life where I have fallen, I ask for perseverance...
For the times I have experienced pain and loss, I ask for renewed recognition
that the Good News that offers us love and life.*

*As I reflect on Your word today, may Your Holy Spirit reveal to me the saving
power of the life, death and resurrection of Your Son Jesus Christ. May my
relationship with Him be renewed; my trust in Him deepened; and my joy
increased.*

Amen

(Diocese of Broken Bay Lenten Program 2023)

Happy Easter

This will be the last newsletter of the term. I encourage you to attend the events of Holy Week at your local parish.

Service times can be found on the [Diocese of Broken Bay](http://www.dioceseofbrokenbay.org.au) and [Manly Freshwater Parish](http://www.manlyfreshwaterparish.org.au) webpages.

Elizabeth Carnegie

Elizabeth Carnegie
Principal

Photo Gallery

Cross Country Carnival



Important Dates

Term 1

April

05 Student Learning Conferences 1 (Year 12 only)
4.00pm - 7.00pm

06 Term 1 Concludes

Term 2

April

26 Term 2 commences Athletics Carnival

May

02 Student Learning Conferences 2
2.30pm - 7.00pm

03 Years 11/12 Subject Selection Information Session for current Year 10 parents

10 Student Learning Conferences 3
4.00pm - 8.00pm

12 Mother's Day Breakfast
7.30am - 8.30am

15 Student Learning Conferences 4
2.30pm - 7.00pm

June

08 Year 7 Study Skills (5.45pm - 7.15pm)

Year 9 Study Skills (7.30pm - 8.30pm)

23 Term 2 concludes

Notices

Student Learning Conferences

Student Learning Conferences (SLC's) are an opportunity for parents, teachers and students to meet and discuss progress so far in 2023 and to identify learning goals and strategies to achieve these.

MS Teams

This year's SLC's will again be conducted through MS Teams. In preparation, your daughter(s) will be instructed as to how it will work.

Date	Time	Duration
Year 12 Only		
Wednesday 5 April	4.00pm - 7.00pm	Each session is 8 minutes duration.
All Year Levels (Also available to Year 12 if first session does not suit)		
Tuesday 2 May	2.30pm - 7.00pm	Each session is 6 minutes duration
Wednesday 10 May	4.00pm - 8.00pm	Each session is 6 minutes duration
Monday 15 May	2.30pm - 7.00pm	Each session is 6 minutes duration

Login Instructions

- Interviews are booked online through an external provider, Parent Teacher Online (PTO).
- Please do not attempt to use login details for PTO from a previous year or your Stella Online login, as neither will work.
- Instructions for obtaining login details will be emailed the day before bookings open. Please look out for this email. If you do not receive it, contact College Reception.
- Bookings for Year 12 are already open.
- Bookings for Years 7 - 11 open on **Tuesday 25 April at 9.00am.**
- We highly recommend that you leave a gap between interviews (i.e. do not make bookings back-to-back).
- Please use a computer to access PTO, not a phone or tablet.

One set of interviews

- Both parent/carer emails have been set up in PTO, but please only make ONE set of interviews per daughter unless it is necessary for you to attend separately.

You will receive an email from your daughter's Head of Year with more information.

Study Skills Sessions (Term 2) - Years 7 and 9

Study skills are integrated with subject work throughout the year in Stella classrooms. They are not just the techniques used two nights before an exam to cram information. Effective study skills form a way of organising, prioritising, applying and retaining information throughout the learning process.

To assist the development of sound study habits, the College engages Dr Prue Salter of Enhanced Learning Educational Services. Dr Salter will conduct sessions for our Years 7 and 9 students and parents/carers on the following date in Term 2 in the Theatre. Please save the date.

Thursday 8 June

- Year 7 students and parents/carers: 5.45pm - 7.15pm
- Year 9 students and parents/carers: 7.30pm - 8.30pm

For details of the session, please refer to the flyer at the back of this Newsletter.

2023 Term Dates

Term 1

Tuesday 31 January -
Thursday 6 April

Term 2

Wednesday 26 April -
Friday 23 June

Term 3

Tuesday 18 July -
Friday 22 September

Term 4

Tuesday 10 October -
Friday 1 December

Duke of Edinburgh News

Linda Silburn - Duke of Edinburgh Coordinator

Gold News

Eight of our exceptional Year 11 and 12 students have completed their Gold Duke of Edinburgh Hike in the Royal National Park, earlier this week.

This achievement is a testament to the hard work, dedication, and perseverance of these students in not only reaching their silver and gold awards but also completing a long and challenging hike in very soggy conditions. The girls honed their skills in navigation, teamwork, and physical fitness and completed the demanding 51 kilometre hike through the breathtaking Royal National Park.

These students have truly shown that they have what it takes to push themselves beyond their limits. They have demonstrated that with determination, commitment, and a positive attitude, anything is possible.

We also want to thank the parents/carers and staff members who supported and encouraged these students throughout their journey.



Left to right: Hannah M, Chloe M, Jemima G, Ella H, Belle C, Annika S, Millie D and Sophie B.

Silver News

Please keep an eye on your emails for information on how to sign up for the Year 10 Snowy Mountains adventure tour and also the Myall Lakes Paddle adventure. Places on these tours are limited and offered on a first-in, first-served basis.

Ms Rudolph and I are still signing off bronze awards from 2022. Please reach out if your daughter needs help in completing their sign-off paperwork.

Bronze News

Well done to our huge group of new bronze participants. You should now have registered for the award, submitted your award plan to teams, found your assessors and hopefully started your service, skill and physical recreation hours. Once again, please reach out if you need assistance.

Sailing News

Ann O'Brien - Sailing Coordinator

The Stella sailing season ends next week. Our girls have enjoyed racing around Middle Harbour and have honed their sailing skills. Congratulations to all! Sailing will commence again in Term 4.



Bundanon 2023

Visual Arts, Design & Technology and Industrial Technology - Multimedia News

We were grateful to be able to take our Year 11 Visual Arts, Design & Technology, and Industrial Technology - Multimedia students to Bundanon this year for a three-day camp.

Nestled in the countryside overlooking the Shoalhaven River, Bundanon represents a remarkable act of philanthropy by Arthur and Yvonne Boyd, who gifted the property in 1993 to the people of Australia. The vision to create a cultural institution for artistic enjoyment has grown through the years and thrives today for school groups and the public.

Our students stayed in the Glenn Murcutt designed Boyd Education Centre and the new 'Bridge' addition. The groups delved into a variety of art, design and media practices led by the Bundanon Educators, and Stella's teachers.

This experience is fundamental in offering our Visual Arts students an opportunity to really explore their art practice and is often a foundation for inspiration leading to their major works for the HSC.

The Design students focused on concept visualisation by creating spectacular architectural models from start to finish whilst the Multimedia students created a range of thrilling one-minute horror films that focused on dramatic lighting techniques.

Apart from the educational benefits the camp offers our students, they also experience a wonderful bonding time together, forming new connections with each other and their teachers in a truly inspiring environment.

The new addition of Kerstin Thompson and Associates designed 'Bridge' was stunning to visit, as well as the new subterranean Art Museum embedded in the landscape.

If you get a chance to visit Bundanon you will not regret the experience. It's certainly breathtaking. Open to the public Wednesdays to Sundays.

<https://www.bundanon.com.au/about/>



Job of the Week

Lisa Walsh - Careers and Pathways Adviser
e lisa_walsh@stellamaris.nsw.edu.au

Veterinarian

What do Veterinarians do?

Veterinarians (also known as Vets) are doctors of animal health. They prevent, diagnose and treat diseases and other health issues in animals. They can work in small clinics, emergency and specialist hospitals, zoos and aquariums, wildlife parks, universities, research facilities, pet food and drug manufacturing companies, conservation and government organisations.

Are you passionate about animals and committed to their welfare? Do you love science, and are you proactive and driven by emotional rewards rather than financial? Then you should definitely consider a career as a Vet.

How do you become Veterinarian?

[Click here](#) to learn more about this job and pathways to get there.

Visit our very own [Stella Careers Website](#) for all your career needs (now on the students' SEQTA landing page). PLUS, our regular weekly careers newsletters can be read [here](#).



Connect with Us!

A very warm invitation to connect with us on social media. Click on the icons below to follow us on Facebook, Instagram and LinkedIn.



Canteen Roster

Monday 3 April

Petra Weiss
Katherine Pinkerton
Vanda Skavaas
Belinda Robinson

Tuesday 4 April

Kate Lovelace
Nicole Sheather
Belinda Vumbaca
Rebecca Simpson
Sara McHugh

Wednesday 5 April

Janine Silva
Francene Scali
Julie Martin
Kirsten Wenborne

Thursday 6 April

Steph England
Jessica Ozbay

Friday 7 April

Good Friday

Week 1 - Term 2

Monday 24 April

Staff Development Day

Tuesday 25 April

ANZAC Day

Wednesday 26 April

Athletics Carnival - no volunteers required

Thursday 27 April

Janet Cameron
Rosetta Papallo
Melanie Crea

Friday 28 April

Jodie Franks
Alison Kelly
Louise Moore
Rachel Winter
Nicki Meador
Fiona Pogson
Kylie Church

We wish all our volunteers and your families a very happy Easter break and safe travelling for those going away.

Get in Touch

General Enquiries & Feedback

administration@stellamaris.nsw.edu.au

9977-5144

Student Absences & Enquiries

studentservices@stellamaris.nsw.edu.au

9976 1817 or 9976 1885

Student Enrolments & Exits

registrar@stellamaris.nsw.edu.au

Canteen Manager

Bernie_McGrath@stellamaris.nsw.edu.au

College Fee Enquiries

fees@stellamaris.nsw.edu.au

Uniform & Text Books

uniform_books@stellamaris.nsw.edu.au

Drama News

Philip Wood - Teacher of Drama

Next Tuesday 4 April, Year 11 Drama students will be performing the play 'FUGEE' by Abi Morgan at 6.00pm in The Star of the Sea Theatre as part of their Term 1 Drama Assessment. Friends, students and family are welcome to attend this free performance.

'FUGEE', by multi-award winning writer Abi Morgan, explores the world of migrants seeking refuge. FUGEE is a brilliant exploration of what it's like to be a young person finding their way in a new country and negotiating a system that seems firmly rigged against them. It is a compelling tale of friendship, loyalty and young love, framed beautifully around a tragic life changing incident.

Abi Morgan is one of the most interesting voices writing today. She has written extensively for theatre, working at London's Royal Court Theatre on numerous occasions and winning an Olivier Award as most promising playwright. Her screenplay 'The Iron Lady' was an enlightening glimpse into Thatcher, and the woman behind the facade (depicted by the mighty Meryl Streep), and established her as one of the most dynamic writers of today.

Uniform Shop

Trading Hours

The Uniform Shop will not be open during the holidays.

The Uniform Shop is open 8.00am – 4.30pm Tuesdays to Thursdays during term.

Student Cards

Please ensure your child's student card has sufficient funds on it for purchases.

Winter Uniform

All years can visit the Uniform Shop at any time during the last week of term to purchase their winter uniform.

We are now past the cut-off date for top-up orders of uniforms in the sizes we were running low on. Girls will now be fitted in the stock on hand.

The first two weeks of Term 2 are a changeover period with either the Summer or Winter uniform able to be worn. If wearing Winter uniform, blazer and stockings are to be worn.

From the start of Week 3 on Monday 8 May, the Winter uniform is to be worn. Short sleeves can be worn during Terms 2 and 3.

Athletics Carnival

This is on the first day of next term. Purchase your daughter's tracksuit before the end of this term (available online or in the Uniform Shop).

Online sport uniform orders placed during the holidays can be collected before the girls leave for the Athletics Carnival.

Online Order Collections

Orders can be collected from **recess** after the order has been placed.

Please use your child's name on the order.

The Athletics Carnival will be held on the first day of Term 2.



Final Reminders

Stella Maris College Athletics Carnival

Date: Wednesday 26 April (first day of Term 2)

Venue: ES Marks Athletics Track, Kensington

Time: PC will be held at school at 8.40am. Buses depart Stella from 8.45am and will return at the conclusion of the carnival.

Buses will be provided to transport all students to and from the carnival.

There will be one early bus which departs at 7.30am for House Captains and competitors in the discus, javelin and 1500m events.

What to wear.

House colours in the theme:

"Magical and Mythical".

Students may dress up in their house colours in this theme (examples include fairies, wizards, unicorns or characters such as Tinkerbell, Smurfs etc).

Please ensure clothes are suitable for athletics events, including appropriate sport shoes.

Discus, Javelin and 1500m Events

These events will be held before the start of the carnival. Students who have signed up for this event must catch the bus that departs Stella at 7.30am.



THE CARNIVAL IS A COMPULSORY SCHOOL DAY. Parents/guardians should follow regular absentee procedures if their daughter is unwell. Carnivals are whole day College events. Students in Years 7 – 12 are required to be present all day.

- Entries for the championship running events and field events will close on Monday. Students have all been emailed the link to sign up for these events. Please note that all field events will require students to sign up prior to the carnival. Students may not enter field events on the day.
- Students may enter the non-championship 100m, 200m, 400m and 800m on the day.
- There are no finals for any event. Overall placings will be calculated on times.
- We encourage all students to get involved in lots of events!
- Please bring sun cream and hat.
- **There will be NO CANTEEN at the carnival. Students will need to pack ALL FOOD AND DRINK for the day.**
- The carnival will conclude at 1.30pm. All students will return to school for lunch and Athletics Carnival Presentation. All students will be dismissed from school at 3.20pm.
- Carnivals are "no drive days" for Senior students.



Sports News

Jenny Wickham - Sports Coordinator and Teacher of PDHPE

Cross Country

The Stella Cross Country Carnival took place on Thursday 23 March. It was a perfect day for cross country running! The races were held around Queenscliff Lagoon and along Manly Beachfront.

It was fantastic to see almost 150 Stella students taking part in the Cross Country this year! The students all participated enthusiastically and ran very well. They all enjoyed cheering each other on in all the races.

Well done to all students who ran and a big thank you to the teachers and students who helped in the running of the day.

Congratulations to the following students who placed in their events:

Age Group	First	Second	Third
12 Years	Charli S	Sienna A	Zoe V
13 Years	Lyla R	April U	Isabel C
14 Years	Pip Q	Amber K	Emma B
15 Years	Olive W	Ava R	Sienna L
16 Years	Mia S	Charley H	Eadie P
17/18 Years	Holly W	Tilla G	Ruby B

We will have a big team of more than 50 Stella students competing at the Broken Bay Cross Country Championships at St Ives on May 9 and the IGSA Cross Country Championships at Frensham on May 12.



Good Luck!

Best of luck to the Junior Rugby teams who will be competing at the Peninsula Cup Rugby 7s Gala Day at North Narrabeen on Wednesday 5 April.

Also best of luck to the Stella students competing at NSWCCC events in the coming days:

- NSWCCC Swimming: Jess O, Zara D, Emma C, Sophie L and Zoe B
- NSWCCC Diving: Elissa M
- NSWCCC Touch: April U, Charlotte H, Giselle B, Summer B, Charlotte B, Mia S, Sophie B, Grace F, Bella B and Holly W.

Term 2 Sports

An email was sent to all students last week with the details of how to sign up for Term 2 sports. Some of the sports on offer in Term 2 are:

Term 2	Trainings	Games
SURF GROUP	Thursday mornings 7.00am – 8.30am (possibly also Tuesday morning)	N/A
WATER POLO (TERM 2 & 3)	Wednesday 7.15am – 8.15am or Friday 5.30pm – 7.00pm at Warringah Aquatic Centre	Years 8 & 9 (Terms 2 and 3): Monday – 7.00pm - 9.00pm at Warringah Aquatic Centre Opens (Terms 2 and 3): Friday – 7.00pm - 9.00pm at Warringah Aquatic Centre
GROUP FITNESS	Friday mornings in the Old Library at 7.30am – 8.25am.	N/A
MEL G-T SPRINT TRAINING	Fridays at Keirle Park 3.30pm – 4.30pm.	N/A
PILATES	Thursday mornings in the Old Library at 7.30am – 8.25am.	N/A
TENNIS LESSONS	Monday mornings at Keirle Park Tennis Centre from 7.15am – 8.15am.	N/A
TILDESLEY TENNIS WINTER TRAINING – new players welcome	Friday mornings at Keirle Park Tennis Centre from 7.15am – 8.15am.	N/A
ATHLETICS SQUAD	Athletics squad trainings will be confirmed after the Athletics Carnival. Please keep an eye on your emails at the start of Term 2 for this information.	Various carnivals Term 3
RUN CLUB	Monday mornings - meet at school at 7.15am	Various Cross Country carnivals in Term 2
NETBALL	NA	Peninsula Cup competition – Tuesday 4.00pm – 5.00pm at North Curl Curl
BASKETBALL	Various days - continued from Term 1	Competition continued from Term 1
TOUCH FOOTBALL	Monday, 3.30pm – 4.30pm	NSW Touch Gala Days in June

Thank you!

A big thank you to Nick Poutney for hosting the first Barefoot Bowls in 2023 for dads and male carers. Watch this space for more to come next term - rumours are afoot of something happening in Brookvale - watch this space!

P&F Update

Clare Cahill and Gayle Connor (P&F Presidents)

e pandf@stellamaris.nsw.edu.au

Barefoot Bowls last Sunday - by Nick Poutney

The barefoot bowls was a huge success last Sunday afternoon and a great opportunity for the dads to catch up.

A friendly game amongst amateurs became increasingly strategic as players were just as interested in knocking out their rivals' balls as they were in landing close to the jack.

It was a very entertaining afternoon right down to the end with a controversy over which team owned the maroon balls with the winning shot. Congratulations to the winning team of Year 8 dads (pictured).

We look forward to getting together for a social event again next term.



WhatsApp Groups

Year level WhatsApp Groups are set up by the P&F to help you connect with other parents in your daughter's year group. They are used to organise social events and are very handy for asking questions. Please note that these are not platforms to air complaints or grievances. As a school committed to relationships, the College always prefers that you talk directly to your daughter's PC teacher or Head of Year if you have any concerns or feedback.

Please don't hesitate to get in touch with us at pandf@stellamaris.nsw.edu.au if you have any problems joining your WhatsApp Group. Here are the links to join.

Year 7

Administrator: Emma Flett
<https://chat.whatsapp.com/DTV8mc1S1RgDu8Bw2WEzce>

Year 8

Administrator: Kelly Hindman
<https://chat.whatsapp.com/DTV8mc1S1RgDu8Bw2WEzce>

Year 9

Administrator: Belinda Hay
<https://chat.whatsapp.com/Ld26FUW8TDsD2xRTICaVUW>

Year 10

Administrator: Holly MacKenzie
<https://chat.whatsapp.com/HHMUa6P9oXM1Q6QScPrwF>

Year 11

Administrator: Molly McKenzie
<https://chat.whatsapp.com/HxFeVIPxrqW15dqno44mEG>

Year 12

Administrator: Janet Sajowitz
<https://chat.whatsapp.com/InVnTvMt9NFAkoR99H2bxC>

Study Skills @ Stella

PARENT AND STUDENT STUDY SKILLS EVENING

Stella Maris College presents an opportunity not to be missed:

“ACHIEVING YOUR PERSONAL BEST” with Dr Prue Salter



An interactive evening for parents and students outlining tools and techniques for students to achieve their personal academic best.

Dr Prue Salter is the founder of ELES (www.enhanced-learning.net) and an expert in the area of study skills. She has conducted over 5000 study skills seminars across Australia and Asia, has written 20 study skills resource kits for schools and is the creator of the online and interactive study skills website used by more than 120000 students (www.studyskillshandbook.com.au).

Prue's PhD explores whole-school integrated approaches to developing students' self-regulated learning skills.

YEAR 7 PARENT/STUDENT STUDY SKILLS EVENING

Thursday 8th June 2023 @ 5.45-7.15pm

YEAR 9 PARENT/STUDENT STUDY SKILLS EVENING

Thursday 8th June 2023 @ 7.30-8.30pm

The two evenings at the COLLEGE THEATRE cover different content and can be viewed as Level 1 and Level 2 study skills.

Parent/Guardian(s) and students should attend together. As the session is very interactive, the session will not be of full value unless both the students and a parent attend.

Both students and parents also need to bring along a pen each (and one highlighter for the family) and the school diary.

Some of the areas that will be covered are:

- Making study as effective and efficient as possible.
- Organisation and time management skills.
- Improving study notes and study techniques.
- Dealing with the obstacles and problems.

***Time to step up and move your
study skills to the next level!***



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"the study skills specialist"

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