



**Stella Maris**  
COLLEGE MANLY



HSC 2022 - **63rd** ranked school in NSW



**2023**  
Our Year of  
*Stewardship*

# Stella Newsletter

Term 2 | Issue 10 | 27 April 2023

e [administration@stellamaris.nsw.edu.au](mailto:administration@stellamaris.nsw.edu.au)

t 9977 5144

w [www.stellamaris.nsw.edu.au](http://www.stellamaris.nsw.edu.au)



## From the Principal



### Athletics Carnival

This week we went to E.S. Marks Athletics Field in Kensington to run the Athletics Carnival as the Narrabeen Sports and Recreation Centre is being resurfaced. Thank you to Jenny Wickham and to Izzy Rudolph for the great organisation that allowed the day to run so smoothly. Congratulations to all the students who participated and thank you to the staff

and student helpers who ensured all events ran efficiently.

### Father John Puliparambil's Jubilee

I was invited to attend the Sacerdotal Silver Jubilee Celebration of Rev Father John Puliparambil at St Mary's Church Manly last week. It was a joyful celebration with fellow diocesan priests and members of the Manly and Chatswood congregations in attendance. Father John spoke very kindly of his positive relationship with the Stella community. Congratulations Father John.



### Our Year of Stewardship

During the term break, I read Joelle Gergis' *Humanity's Moment* (2022), a fascinating account of the impact of humanity on our world's environment. Gergis quoted Pope Frances who offers an alternative paradigm for humanity's relationship with nature found in the teachings of St Francis of Assisi. Pope Frances wrote,

*'I believe that Saint Francis is the example par excellence of care for the vulnerable and an integral ecology lived out joyfully and authentically. He is the patron saint of all who study and work in the area of ecology.....He shows us how inseparable the bond is between concern for nature, justice for the poor, commitment to society, and interior peace....Francis helps us to see that an integral ecology calls for openness to categories which transcend the language of mathematics and biology, and takes us to the heart of what it is to be human.....if we feel intimately united with all that exists, then sobriety and care will well up spontaneously.'* (p 109)

*As a scientist with no religious leanings, I was moved to learn that an alternative vision for our relationship with the Earth has long existed within spiritual philosophy. It was also good to know that we have a patron saint looking out for us, as we need all the help we can get.* (p 109-110)

The book, written by a lead author of the Intergovernmental Panel on Climate Change Sixth Assessment Report, outlines how important climate action taken now, is to ensure the Earth's future.

(continues on page 2)

## Photo Gallery

### Athletics Carnival



## From the Principal (cont.)

At Stella, we are looking at ways in which we can reduce our impact on the environment. We have water tanks to harvest rainwater, solar panels on many of the roofs, composting bins for canteen and hospitality vegetable waste and the use of recyclable materials (where possible) in the canteen.

We are currently examining our plant and materials to ensure that energy efficient models are running in our buildings and are looking for ways to ensure our next building works are done with energy savings in mind.

This week we have introduced bins on Main Campus for the recycling of bottles and cans. Although these are small steps, we continue to look for opportunities to live lightly on the Earth. Thank you to our Stewardship Prefects, Charlotte K and Maddy L, for their leadership and communication to the community about the importance of the environment. Thank you too to Ava Adlam and David Wiltshire for planning changes to our waste management to ensure we are doing our best.

*Elizabeth Carnegie*

**Elizabeth Carnegie**

Principal

## Notices

### Student Learning Conferences

Student Learning Conferences (SLCs) are an opportunity for parents, teachers and students to meet and discuss progress so far in 2023 and to identify learning goals and strategies to achieve these.

### Connecting to Meetings on the Night

This year's SLCs will again be conducted through MS Teams. In preparation, your daughter(s) have been shown how to connect to each meeting via SEQTA Learn.

As a parent, if you are connecting separately, please refer to the following instructions that show you how to connect to your daughter's meetings via SEQTA Engage.

Parent Quick View [SLC Parent Quick View.pdf](#)

Three-minute video walk-through [SLC Video - Parent.mp4](#)

Date	Time	Duration
All Year Levels		
Tuesday 2 May	2.30pm - 7.00pm	Each session is 6 minutes duration
Wednesday 10 May	4.00pm - 8.00pm	Each session is 6 minutes duration
Monday 15 May	2.30pm - 7.00pm	Each session is 6 minutes duration

### Login Instructions

- Interviews are booked online through an external provider, Parent Teacher Online (PTO).
- Please do not attempt to use login details for PTO from a previous year or your Stella Online login, as neither will work.
- Instructions for obtaining login details have been emailed. If you did not receive it, please contact College Reception.
- Bookings for Years 7 - 11 opened on **Tuesday 25 April at 9.00am**.
- We highly recommend that you leave a gap between interviews (i.e. do not make bookings back-to-back).
- Please use a computer to access PTO, not a phone or tablet.

### One set of interviews

- Both parent/carer emails have been set up in PTO, but please only make ONE set of interviews per daughter unless it is necessary for you to attend separately.

## Early Finish Dates

To facilitate Student Learning Conferences, please note that students will be dismissed from school at 1.30pm on **Tuesday 2 May** and **Monday 15 May**.

## ANZAC PRAYER

LEST WE FORGET - 25 APRIL

God of love

We bring our thanks this Anzac Day for the peace and security we enjoy, which was won for us through the courage and devotion of those who gave their lives in time of war.

We pray that their labour and sacrifice may not be in vain, but that their spirit may live on in us and in generations to come. That the liberty, truth and justice which they sought to preserve may be seen and known in all the nations upon earth.

This we pray in the name of the one who gave his life for the sake of the world, Jesus Christ our Lord.

Amen.

<https://socialjustice.catholic.org.au>



## Notices

Stella mums, grandmothers and special female figures in the lives of our students are invited to our traditional Mother's Day Breakfast on Friday 12 May from 7.30am. Please note the RSVP date of Friday 5 May and ensure you include your daughter/s in numbers when booking.

[Click here for tickets.](#)

## Important Dates

### Term 2

#### May

- 02** Student Learning Conferences 2  
2.30pm - 7.00pm
- 03** Years 11/12 Subject Selection Information Session for current Year 10 parents
- 10** Student Learning Conferences 3  
4.00pm - 8.00pm
- 12** Mother's Day Breakfast  
7.30am - 8.30am
- 15** Student Learning Conferences 4  
2.30pm - 7.00pm

#### June

- 08** Year 7 Study Skills (5.45pm - 7.15pm)  
Year 9 Study Skills (7.30pm - 8.30pm)
- 23** Term 2 concludes



We warmly invite you to the Stella Maris College

# Mother's Day BREAKFAST

All Mothers, Grandmothers or female carers are invited to attend on

## Friday 12th May

7.30am - 8.30am on the College deck

Join us to enjoy a complimentary light breakfast with tea and coffee available

Please click here to RSVP strictly by Friday 5th May for catering.  
Or go to <https://www.trybooking.com/CHFWG>

*(PLEASE NOTE: All attendees whether a parent, carer or student must have a ticket, so please include your Stella daughter/s who are attending in the ticket number and list any dietary requirements for each person)*

**P&F RAFFLE:** Look out for details in Term 2 about how you can support the P&F raffle with all proceeds benefiting the Northern Beaches Women's Shelter.

## Get in Touch

### General Enquiries & Feedback

administration@stellamaris.nsw.edu.au

9977-5144

### Student Absences & Enquiries

studentservices@stellamaris.nsw.edu.au

9976 1817 or 9976 1885

### Student Enrolments & Exits

registrar@stellamaris.nsw.edu.au

### Canteen Manager

Bernie\_McGrath@stellamaris.nsw.edu.au

### College Fee Enquiries

fees@stellamaris.nsw.edu.au

### Uniform & Text Books

uniform\_books@stellamaris.nsw.edu.au

## Notices

### English Help and Writing Club - every lunchtime in the Library

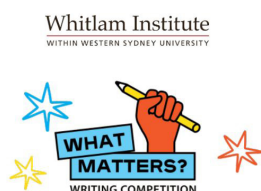
All students in Years 7 - 12 are encouraged to drop in to the Library (S220) at lunchtime whenever they need a little extra help from an English teacher.

Every day from 1.45pm - 2.15pm, there will be a teacher available if you need to ask a question, check in about classwork you don't quite understand, or get some advice about your writing and assessment preparation.

You can also use this time to check in about Writing Club. Writing Club runs through Moodle and is an excellent way to extend and enrich your writing skills.

At the moment there are several writing competitions open and they all offer very generous and exciting prizes. If you are interested in entering one of these (outlined below), pop into the Library at lunch and the teacher there will set you on your way.

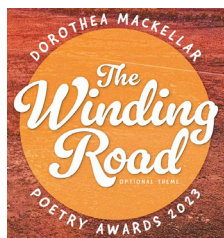
Mrs Tedman



#### Whitlam Institute - What Matters?

What Matters? is an online writing competition open to Australian students in years 5-12. Students can enter in a classroom setting or as individuals. The competition is a 'catalyst for young thinkers and young writers to develop a perspective, a point of view, on where we're heading as a society'.

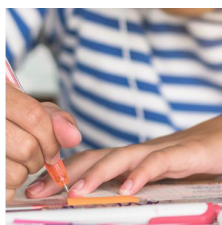
[www.whitlam.org](http://www.whitlam.org)



#### Dorothea Mackellar Poetry Awards 2023

The Dorothea Mackellar Poetry Awards seek to capture the imaginations of school students across Australia, inspiring them to express their thoughts and feelings through the medium of poetry in their pursuit of literary excellence.

<https://dorothea.com.au/>



#### Mosman Youth Awards in Literature - Mosman Council

Now in its 31st year, Mosman Youth Awards in Literature (MYAL) is an online competition in prose and poetry for young writers, with cash prizes totalling more than \$2,000 to be won!

Entries open on 1 March and close 31 May 2023.

For further details, [click here](#).



#### Dymocks Beyond Words Creative Writing Competition 2023

A prize pool of up to \$15,500 is available. See the website for terms and conditions.

<https://www.dymockstutoring.edu.au/dymocks-beyond-words-terms/>

## 2023 Term Dates

### Term 2

Wednesday 26 April -  
Friday 23 June

### Term 3

Tuesday 18 July -  
Friday 22 September

### Term 4

Tuesday 10 October -  
Friday 1 December

## Music News

Jessica Maker - Head of Performing Arts

### Stella Song Contest

We are looking to create a new Stella school song. A school song should reflect our community and our identity and be a song we can all sing with pride and gusto at our College events. I'm sure many of you remember your school songs from primary school. These songs make a lasting impression on a school community.

You may write your own original school song or use the [sample song](#) as a basis and rework the song for our Stella Community.

If you use the sample school song, you can use as much or as little of the song lyrics and melody as you like or if you are composing an original song, the lyrics could reflect our school's Benedictine values and identity.

You may consider some of the following as inspiration:

- Neighbour to all
- Compassion Kindness
- Positive difference in the world
- Be a force for good Like Jesus
- Generosity
- Stewardship
- Peace and Justice
- Community
- Hospitality
- Inclusive
- Significant women our college houses are named after
- Go and Do Likewise (parable of the Good Samaritan)
- In All things God May Be Glorified - In omnibus glorificetur Deus

The submissions will be played to our College Leadership, both staff and students, and the winning entry will be performed on Stella Day.

#### To submit:

1. Submit a video recording of a performance or your school song (save your submission as your name and the song title).
2. Save a copy of the lyrics and chords used as well as any additional music or lyrics you may have come up with (save your submission as your name and the song title).

Submissions to be uploaded to [this folder](#).

Entries close April 30.

### Thank you and farewell!

After 12 years we say goodbye to our wonderful Guitar Tutor and accompanist Greg Arnold. We are so sad to see him go. We would like to thank Greg for all he has given to the College and his dedication to making the girls the best musicians they can be. He will be greatly missed.





## Job of the Week

Lisa Walsh - Careers and Pathways Adviser  
e [lisa\\_walsh@stellamaris.nsw.edu.au](mailto:lisa_walsh@stellamaris.nsw.edu.au)

### Veterinarian

#### What do Veterinarians do?

Veterinarians (also known as Vets) are doctors of animal health. They prevent, diagnose and treat diseases and other health issues in animals. They can work in small clinics, emergency and specialist hospitals, zoos and aquariums, wildlife parks, universities, research facilities, pet food and drug manufacturing companies, conservation and government organisations.

Are you passionate about animals and committed to their welfare? Do you love science, and are you proactive and driven by emotional rewards rather than financial? Then you should definitely consider a career as a Vet.

#### How do you become Veterinarian?

[Click here](#) to learn more about this job and pathways to get there.

#### Meet Meg Connolly "Class of 2015"

Meg studied Veterinary Biology/Veterinary Science at CSU Wagga Wagga 2016 - 2022. She is a new graduate Veterinarian working on the far south coast of NSW in Merimbula. She works with both large and small animals including cattle, sheep, horses, dogs, cats, and wildlife.

Meg has a keen interest in surgery and emergency medicine.

She spends her spare time hanging out with her Corgi, Paddy and exploring the beautiful south coast.

Visit our very own [Stella Careers Website](#) for all your career needs (now on the students' SEQTA landing page). PLUS, our regular weekly careers newsletters can be read [here](#).



### Connect with Us!

A very warm invitation to connect with us on social media. Click on the icons below to follow us on Facebook, Instagram and LinkedIn.



## Canteen Roster

#### Monday 1 May

Petra Weiss  
Katherine Pinkerton  
Vanda Skavaas  
Belinda Robinson

#### Tuesday 2 May

Kate Lovelace  
Nicole Sheather  
Belinda Vumbaca  
Sara McHugh

#### Wednesday 3 May

Janine Silva  
Francene Scali  
Karlee Fox  
Julie Martin  
Kirsten Wenbourne

#### Thursday 4 May

Diana Panuccio  
Steph England  
Jessica Ozbay  
Dani Clark

#### Friday 5 May

Simone Selinas  
Claudine Guterres  
Tara Edgton  
Noemi Bangel  
Amanda Beecham  
Alyson Perry

## Uniform Shop

#### Trading Hours

The Uniform Shop is open 8.00am – 4.30pm, Tuesdays to Thursdays during term.

#### Student Cards

Please ensure your child's student card has sufficient funds on it for purchases.

#### Winter Uniform

Next week, either summer or winter uniform can be worn. If wearing winter uniform, blazer and stockings are to be worn.

From the start of Week 3 (Monday 8 May), the winter uniform is to be worn. Short sleeve blouses can be worn during Terms 2 and 3.

#### Online Order Collections

Orders can be collected from **recess** after the order has been placed.

Gloves and stockings are available online.

**Please use your child's name on the order.**

## Sports News

Jenny Wickham - Sports Coordinator and Teacher of PDHPE

### Athletics Carnival

The 2023 Stella Athletics Carnival was held on the first day of Term 2 – Wednesday 26 April. This year, due to the track renovations at Narrabeen, we travelled to ES Marks Athletics track in Kensington for our carnival, which was a great place to hold the event.

It was a perfect day for a carnival! The sun was out and the conditions were great for athletics. After a bus ride across the bridge, the students were ready to run, jump and throw. Participation was fantastic, and the athletic performances were outstanding. All of the students enjoyed getting involved in the events and cheering on their friends throughout the day.

A big thank you to the staff who worked hard all day. Thanks also to the wonderful group of students who helped run the events.

We had some excellent results from our amazing athletes. Well done to the following students on their outstanding performances:

**Champion of Champions** (Fastest 100m winner): Piper S

#### Age Champions:

12 years: Karina O

13 years: Isabel C

14 years: Pip Q

15 years: Zoe B

16 years: Mia S

17 years: Dyllan H

18 years: Holly W

**Best Dressed Winner:** Amelie C

#### Overall House Champions:

1. MacKillop

2. Bashir

3. Shinnick

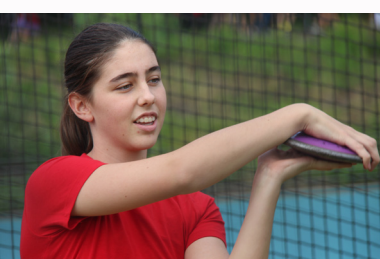
4. Noonuccal

5. Wood

6. Smith

7. Egan

8. Chisholm







## P&F Update

Clare Cahill and Gayle Connor (P&F Presidents)

[e pandf@stellamaris.nsw.edu.au](mailto:pandf@stellamaris.nsw.edu.au)

## WhatsApp Groups

Year level WhatsApp Groups are set up by the P&F to help you connect with other parents in your daughter's year group. They are used to organise social events and are very handy for asking questions. Please note that these are not platforms to air complaints or grievances. As a school committed to relationships, the College always prefers that you talk directly to your daughter's PC teacher or Head of Year if you have any concerns or feedback.

Please don't hesitate to get in touch with us at [pandf@stellamaris.nsw.edu.au](mailto:pandf@stellamaris.nsw.edu.au) if you have any problems joining your WhatsApp Group. Here are the links to join.

### Year 7

Administrator: Emma Flett

<https://chat.whatsapp.com/DTV8mc1S1RgDu8Bw2WEzce>

### Year 8

Administrator: Kelly Hindman

<https://chat.whatsapp.com/DTV8mc1S1RgDu8Bw2WEzce>

### Year 9

Administrator: Belinda Hay

<https://chat.whatsapp.com/Ld26FUW8TDsD2xRTICaVUW>

### Year 10

Administrator: Holly MacKenzie

<https://chat.whatsapp.com/HHMUa6P9oXM1Q6QScPrwF>

### Year 11

Administrator: Molly McKenzie

<https://chat.whatsapp.com/HxFeVIPxrqW15dqno44mEG>

### Year 12

Administrator: Janet Sajowitz

<https://chat.whatsapp.com/InVnTvMt9NFAkoR99H2bxC>

## Term 2 - What's Happening? Save the Date - Trivia Night!

Welcome to Term 2! As the P&F gathers momentum, we are delighted to announce the Stella P&F Trivia Night. Please 'Save the Date' - Friday 16 June. Tickets will go on sale on Friday 5 May and we will have details of all the fun activities happening that evening. So book the babysitter and mark your calendars - Friday 16 June at 7.30 pm, Balgowlah Golf Club.



## Last chance for gift donations - Mother's Day Breakfast Raffle

A Stella tradition at the annual Mother's Day Breakfast is that the P&F runs a raffle, with proceeds supporting the Northern Beaches Women's Shelter.

The P&F would love to hear from individuals or businesses able to donate a raffle prize. This could be goods or services (for example - professional services, beautician/massage/dinner vouchers, wine/beer, an experience, meal service, photography services etc.).

We have received many generous donations; if you have already donated, thank you! If you would like to assist, please reach out to Gayle Connor (Julia - Year 11) from the P&F via [email](#).

## New – Stella Dads & Male Carers WhatsApp Group

Brendan and Nick are two Stella dads who have kindly offered to help build a strong community for our dads and male carers. To do this, we have created a channel for information to connect dads and male carers. This channel will be chat-free for details about events for male carers or dads or public events that parents are invited to attend.

To join:

<https://chat.whatsapp.com/KHHVDH2ziSE3ZNilaxXwmz>

As an incentive, information on a gathering in Brookvale for delightful beverages will soon be posted!





## Community Update

The poster features a dark blue background with a gold border. At the top, there is a gold flower logo above the text "NORTHERN BEACHES Women's Shelter". The word "Gala" is written in a large, elegant gold script, and "2023" is in a smaller gold font to its right. A wide gold ribbon with a large bow is draped across the middle. Below the ribbon, there is a paragraph of text, followed by a paragraph, and then a table with three columns: WHEN, WHERE, and DRESS. At the bottom, there is a small asterisked note.

  
NORTHERN BEACHES  
*Women's Shelter*

# Gala

2023

The NBWS Board invites you to join us to celebrate 13 years of providing shelter and support to women in crisis.

Your ticket includes a \$97.50 tax deductible\* donation, a sumptuous 3 course meal , premium beverage package and a spectacular evening of fun and dancing with our wonderful community of supporters.

All funds from the NBWS 2023 Gala will go directly to support on-going shelter operations.

<b>WHEN:</b>	<b>WHERE:</b>	<b>DRESS:</b>
Saturday 13th May 6:30pm – 11:00pm	Manly Pacific Ball Room	Cocktail 'Black and Gold'

\*A tax receipt will be automatically issued to you by SupporterHub at the point of purchase.