



2023 Our Year of Stewardship

# Stella Newsletter

Term 2 | Issue 15 | 01 June 2023

Photo Gallery

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#### Stella Day Thank You

Last Friday we celebrated Stella Day which was a wonderful day for the students and staff. We managed to get to Mass at Manly without being caught in the rain. Thank you to Father John for celebrating this day with us. The assembly, though livestreamed rather than in person, went very well. The afternoon activities were an example of how the Stella community works well together. The entire school was

engaged and clapping along to the lip sync battles.

Well done to all involved in the day! A particular thank you to the Year 12 Leaders and SRC representatives across the years for the planning and smooth running of events. Well done to Ms McCutcheon and Mr Saros for the fun activities and food trucks and to Ms Chin and Ms Metcalfe for the beautiful Mass and Assembly. Thank you also to our families for supporting the day through your kind donations.

#### Feast of Mary Star of the Sea

Mary, Star of the Sea, is patron saint of those who make a living by or on the sea, as she is the calmer of storms and a guiding light. Since ancient times, sailors relied on key stars to help them navigate where they were going. During the Middle Ages, the North Star was called "Stella Maris" and sailors relied on the North Star to lead them, as it stays fixed in the same location throughout the night. Similarly, Mary remains firm in heaven helping to guide souls and offering her protection.



"If the winds of temptation arise; If you are driven upon the rocks of tribulation look to the star, call on Mary; If

you are tossed upon the waves of pride, of ambition, of envy, of rivalry, look to the star, call on Mary. Should anger, or avarice....violently assail the frail vessel of your soul, look at the star, call upon Mary."

Mary is our guiding star and reflecting on her may help us calm the storms in our own lives. Just as sailors in the Middle Ages did not have access to a navigation system that could lead them to safety during their travels, we do not have access to a map that will lead us straight to God. However, we can always call upon Mary to quide us.

Throughout the centuries and into the modern day, devotion to Mary as Star of the Sea has led to many churches, schools, lighthouses, and colleges using the name "Stella Maris". Many hymns and prayers emerged during the Middle Ages, such as the beautiful Gregorian chants Ave Maris Stella (which we sing when we gather for Mass) and Alma Redemptoris Mater.

I was a member of the congregation at the Cathedral this week as Bishop Anthony celebrated the Feast of Mary Star of the Sea, patron of our Broken Bay Diocese. Bishop Anthony spoke of Mary being the guiding light in our lives and the strength we can draw from her example of courage and commitment.

Elizabeth Carnegie

**Elizabeth Carnegie** Principal



















## **Important Dates**

### Term 2

### June

07 School Photos

School Play - 6.30pm

Year 10 Subject Selection Information MS Teams Forum -4.30pm-5.30pm

08 Year 7 Study Skills (5.45pm - 7.15pm)

Year 9 Study Skills (7.30pm - 8.30pm)

09 School Play - 6.30pm

13 Dance Night

14 Music Night

15 Sibling and absentee

photos

Drama Night

19

23 Term 2 concludes

## **Notices**

### The Hildegard Award

This year, Stella will introduce the Hildegard Award. The Award is inspired by Hildegard of Bingen, Germany, one of only four women named a doctor of the church. She was an active writer, composer, philosopher, mystic, visionary, medical writer and practioner during the Middle Ages and is widely considered by scholars to be the founder of scientific natural history in Germany.

The Award is open to students in Years 7 - 11 with nominations due early Term 4. The Hildegard Award is for a Stella student whose idea will make a difference in:

- Arts
- Advocacy
- Design
- Social Justice initiative, or
- Any other field of endeavour inspired by the student's involvement at school.

The Award recipient will received \$100 with a \$100 donation to a Catholic charity that might realise the essence of the initiative. For futher details, including criteria, please **click here**.



## Connecting as dads and carers (workshop)

A two night workshop providing tips and tools to help dads and carers connect with their teen will be held at Seaforth Village Community Centre on Wednesday 7 and Wednesday 14 June from 7.00 - 9.00pm. For further details, please **click here**.

## Study Skills Webinar for Years 7 and 9

We are excited to announce that a Study Skills webinar has been organised for students and families of Year 7 and Year 9, featuring Dr. Prue Salter. The seminar will take place on Thursday 8 June:

- Year 7 @ 5:45pm 7:15pm
- Year 9 @ 7:30pm 8:30pm

Year 8 and 10 students who missed the last session, or would like a refresher are welcome to attend also.

Two minutes prior to the webinar starting time, use the following link to join either session. You will be in a virtual lobby until the event commences. Throughout the webinar, you will have the ability to type questions in the chat.

### Click here to join the Study Skills Webinar with Dr Prue Salter.

Dr. Salter is the founder of Enhanced Learning Educational Services and is renowned for her expertise in effective study skills. Her engaging presentations have proven highly beneficial for students and families, and we are fortunate to have her as our guest speaker. During the seminar, Dr. Salter will cover the following key topics:

- · Making learning more efficient and effective
- Improving study notes and techniques
- Organisation and time management skills
- Overcoming obstacles and challenges

## **Senior Scholarship Opportunities**

Parents and carers of students in **Years 9 and 10** have been emailed details regarding Senior Scholarship opportunities. A reminder that Scholarship applications close at 4.00pm on Friday 23 June. For further details, including how to apply:

**General Excellence Scholarship opportunities** (current Year 9 students) **General Excellence Scholarship opportunities** (current Year 10 students)

Applications for Junior Scholarships for current **Year 7** students (to cover Years 8 and 9) will open on Monday 7 August. Details will be emailed to parents/carers in early Term 3.



God of sea and ocean, land and sky,
In the Blessed Virgin Mary, Star of the Sea, you provide to us a light in the tempest.
May she guide us through the storms of life, to calmer waters And help us set a course to reach our safe haven with you.

Amen.

## **School Photos**



School photos will be taken on Wednesday 7 June. Please click here for the schedule\* for photo times.

\* subject to change

## **Notices (cont.)**

## Visit to Manly Adolescent & Young Adult Hospice

Stella staff were privileged to attend the open day of the new Manly Adolescent and Young Adult Hospice last week. They were delighted to learn that their tour guide was an ex-Stella student - Lucie Appleby, Class of 2009 (pictured with Principal, Elizabeth Carnegie). Lucie is the Clinical Nurse Specialist at the Hospice. As well as completing a Bachelor of Arts degree, Lucie also holds a Masters of Nursing and has almost completed her second Masters of Nursing degree (Oncology and Haematology).

Amongst the beautiful artworks on display at the Hospice were two pieces donated by Stella students. Our thanks to Isabella C for her photograpy piece, 'A collage of clouds' and Audrey R for her sculpture, 'Finding peace in grief'.

The Hospice is Australia's first dedicated service for young people aged 15 to 24 with lifelimiting illness, offering respite care, symptom management, end-of-life care, and care coordination support in the transition from children's to adult services.



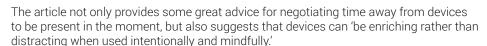


## **Balancing Bytes and Bites**

Our Head of Years (HOYs) came across this article on the website, 'Safe on Social' and thought it worthy of sharing. Does this scenario sound familiar?

In the heart of Sydney, a mother, and daughter sit down to enjoy breakfast together at the table next to me. It's Saturday morning. The mother attempts to strike up a conversation, and her teenage daughter, around 14 years old, is intermittently engaging but

predominantly engrossed in her smartphone. They mirror our shared struggle to navigate the online world mindfully. There is no escaping the presence of devices.



Click here to read.

## Year 7 2026 - Enrolling soon!

Applications for Year 7 2026 open on Monday 12 June. If you have a daughter currently in Year 4, please ensure her name is on our Enrolment Register. All families on the Register will automatically be emailed the Enrolment Application link when applications open.

## **Generations Photo - Wednesday 7 June**

As part of our photo day on Wednesday 7 June, we will be photographing daughters, granddaughters and great grand-daughters of ex-Stella students. If your daughter is a multigenerational Stella student, she should meet at the Convent at 8.30am for her photo.



# **Performing Arts News**

Jessica Maker - Head of Performing Arts

## **Get in Touch**

#### **General Enquiries & Feedback**

administration@stellamaris.nsw.edu.au

9977-5144

#### Student Absences & Enquiries

studentservices@stellamaris.nsw.edu.au

9976 1817 or 9976 1885

#### **Student Enrolments & Exits**

registrar@stellamaris.nsw.edu.au

#### Canteen Manager

Bernie\_McGrath@stellamaris.nsw.edu.au

#### College Fee Enquiries

fees@stellamaris.nsw.edu.au

#### **Uniform & Text Books**

uniform\_books@stellamaris.nsw.edu.au

#### **Tickets on Sale!**

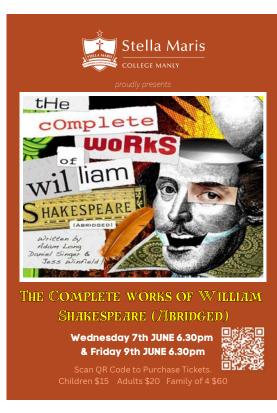
Tickets are now on sale for four major upcoming Performing Arts events:

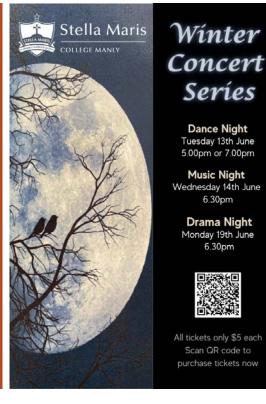
The Complete Works of William Shakespeare (Abridged) - June 7 and 9, 6.30pm. Click here for tickets.

Dance Night - Tuesday 13 June. Click here for early show tickets. Click here for late show tickets.

Music Night - Wednesday 14 June. Click here for tickets.

Drama Night - Monday 19 June. Click here for tickets.





#### **Dance**

#### **IRBD Eisteddfod Results**

It's that time of year again, dance competitions have begun! Competitions started earlier than usual this year, so ready or not, in true performing arts style, the show must, and go on it did!

We had three groups compete at IRBD (I'd Rather Be Dancing) Eisteddfod and all groups were fantastic considering the short amount of time they had to prepare. Congratulations girls and Ms Jones!

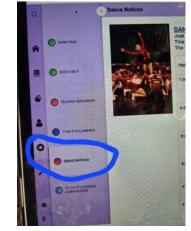
- 3rd place Extension Jazz Company "When Love Takes Over"
- 3rd place Extension Lyrical Company "River of Tears"

#### **Dance Notices**

We are very lucky to have been able to set up a Dance Notices page in SEQTA which parents can access through their Portal page:

- · Click on the portal icon
- Then click on the pink 'Dance Notices' icon and it will take you to the page
- All Dance notices and information can be found here and are updated regularly
- Dates, times and venues for competitions and performances can be found here

Please make sure you check it regularly.





## Congratulations

We would like to pass on our congratulations to the entire cast and crew of the recent St Augustine's College play, the *Government Inspector*. Our Stella girls were so professional, both on and off the stage. It is always such a wonderful opportunity for the girls to work with the staff and students at St Augustine's. Congratulations on a great season.

#### **Performers:**

Anna: Morgan A Maria: Sami W

Shopkeepers: Pippa M, Saoirse F, Ava J and Charlotte S Sergeant and Blacksmith's Wives: Minty T and Gracie T Stage Crew: Elisha C, Amelie C, Rosa G, Bella C and Sophie W













#### Northern Beaches Instrumental Festival

A reminder that the Stella Performance Band will be performing at the Northern Beaches Instrumental Festival this Friday 2 June at 7.00pm at Pittwater High School, Mona Vale.

The Northern Beaches Instrumental Festival is a wonderful event that showcases school band performances across the Beaches. It is always a wonderful night.

We will be performing Last Ride of the Pony Express, Los Matador and Sway and then have the chance to hear the three other bands in our section.

All students performing in the section are required to remain for the duration of the section (7.00-9.00pm). We would love our Stella Band families to come along to support the girls.

Non performing audience members can purchase tickets at the door for \$5.00 per adult, \$3.00 concession or \$10.00 per family. These tickets are valid for the entire festival and entitle the holder to entry to the Gala Concert. You can also enjoy a snack and a cuppa while the girls perform.

The girls will need to make their own way to and from the venue.

Please meet at 6.30pm in the warm-up rooms at the rear of the Hall. Girls are to be in full winter uniform with blazers (no scarves while performing).

If your daughter is unable to attend for any reason, please let me know as soon as possible.

## **Entertainment News**

Mitchell Smith - Theatre Manager and Teacher of English, Drama & Entertainment

Year 12 Entertainment students travelled into the city on Tuesday night to experience the Vivid Festival 2023. We had backstage access to the Sydney Theatre Company in Wharf 1 & 2, as well as the Ros Packer Theatre. A highlight was exploring the workshops of props, make up, costume and lighting of these professional theatres.

We also ventured into the depths of the city and walked the unused train tunnels in Vivid called 'Dark Spectrum'.

The excursion was extremely valuable in inspiring and informing students of career options in the entertainment industry, especially in the environment of theatre.















# **Food Technology and Textiles News**

Elyse Connolly and Georgina Don - Teachers of Textiles Technology

On Tuesday, Years 9 and 10 100hr Textiles Technology students went on an excursion to visit *Thread Together* in Banksmeadow. *Thread Together* is a not-for-profit organisation that addresses the uncomfortable truth by saving new clothing from going into landfill and providing these clothes to people in need. They believe circumstances and disadvantage should not prevent people from accessing clothing to allow them to realise their full potential. The students volunteered their time by sorting through large clothing crates and sizing them correctly for *Thread Together* to put into the warehouse storage before being given to those in need e.g domestic violence survivors and the homeless. The students were engaged in the activity and learnt a lot about new clothing being put to landfill.









### 2023 Term Dates

#### Term 2

Wednesday 26 April -Friday 23 June

#### Term 3

Tuesday 18 July -Friday 22 September

#### Term 4

Tuesday 10 October -Friday 1 December

## **PDHPE News**

This term as part of their PDHPE program, Year 8 are involved in self-defence lessons. They are learning Taekwondo and Ju-Jitsu skills. These lessons are aimed at providing the girls with a range of practical skills that improve their ability to effectively resist unsafe or threatening behaviour. The skills taught are tailored to the student's ability and age and focus on physical and non-physical components designed to empower our students and make them feel confident. The lessons focus on reading body language as well as conflict resolution and self-protection strategies, resolution and exit strategies. There are also the benefits of improvements in posture, strength and co-ordination. Our thanks to Wyllie Taekwondo and Gracie Barra Ju-Jitsu for running the lessons.

Vanessa Wallace, Teacher of PDHPE









## Job of the Week

Lisa Walsh - Careers and Pathways Adviser e lisa\_walsh@stellamaris.nsw.edu.au

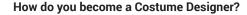
#### **Costume Designer**

#### What do Costume Designers do?

Costume Designers design and create costumes for actors in film, television and on stage. They enhance authenticity and encourage imagination by creating costumes accurate to individual settings and

time periods. Costume Designers also design costumes for fancy dress and specific events (e.g. Halloween) and costumes sold in retail outlets.

Are you creative with an eve for detail and work well under pressure? A career as a costume designer could be perfect for you.



**Click here** to learn more about this job and pathways to get you there.

Visit our very own Stella Careers Website for all your career needs (now on the students' SEQTA landing page). PLUS, our regular weekly careers newsletters can be read here.



Stella Maris College Careers



#### **Trading Hours**

The Uniform Shop is open 8.00am – 4.30pm, Tuesdays to Thursdays during term. It will not be open during the holidays.

The Uniform Shop will be closed the last day of term for stocktake. No purchases are possible during that week.

The last day this term to order online is Thursday 15 June by 2.30pm. Orders can be collected the next week, but not exchanged.

#### Student Cards

Please ensure your child's student card has sufficient funds on it for purchases.

#### Year 7 Art Semester 2

Year 7 students participating in Art in Terms 3 and 4 are required to purchase the Art Pack online before the end of this term. There are still many Art Packs to be purchased. Please order before June 15 so your daughter will be ready for her Art classes next term. **Click here** to place an order.

#### **Online Order Collections**

Online orders can be collected from recess. Please use your child's name on the order.

There is a wide range of stationery available online and in the Uniform Shop – grid, exercise and music books, calculators, Design Tech and Art supplies.

- Junior and senior skirts are available in selected sizes.
- Gloves (including fingerless) and stockings are available.

## **Canteen Roster**

### Monday 5 June

Katherine Pinkerton Belinda Robinson Terri Glynn

#### **Tuesday 6 June**

Kate Lovelace Nicole Sheather Belinda Vumbaca Rebecca Simpson Sara McHugh

#### Wednesday 7 June

Janine Silva Karlee Fox Julie Martin Kirsten Wenbourne Nell Laime

#### Thursday 8 June

Kelly Hindman Marlene Richardson Diana Panuccio Peta Pickup

#### Friday 9 June

Marie Watson Natalie Moschou Lisa Hung Margie Mort Sarah Reynolds

#### **Lunch Order Reminders**

Please let your daughter know when you have ordered lunch on her behalf. Many times we have orders left over and on looking for the student, the majority tell us they didn't know lunch had been ordered for them.

If your daughter goes home sick and has an order, please email us so we know not to look for her. We will refund the amount back to her account.

#### Cake Stall Containers from Stella Day / Lost Property

There are quite a few containers from the Stella Day cake stall left awaiting collection. Please ask your daughter to collect hers as soon as possible from the canteen.

We also have several drink bottles, lunch containers and cloth lunch bags outside the canteen. They will be repurposed if not collected by the end of this week so please also ask your daughter to come by the canteen to see if hers is here.





Clare Cahill and Gayle Connor (P&F Presidents)

e pandf@stellamaris.nsw.edu.au

## Connect with Us!

A very warm invitation to connect with us on social media. Click on the icons below to follow us on Facebook, Instagram and LinkedIn







#### P&F Survey Reminder - we need your input!

Hey there, super parents and carers! Time is ticking, and we want you to experience the fun! Help us plan some truly EPIC events for our Stella community by sharing your awesome ideas. We promise it'll be quick and easy!

Please take our survey now: <a href="https://forms.office.com/r/TVGTYEVS0X">https://forms.office.com/r/TVGTYEVS0X</a>

So grab a drink, click the link, and let your voices shine!

Don't wait too long as the survey closes tomorrow, Friday 2 June.

### **Call for Donations: Trivia Night Raffle and Silent Auction**

The P&F is organising a raffle/silent auction during the upcoming Trivia Night on Friday 16 June. We already have amazing prizes lined up, but we need your help to make it a huge success.

We're seeking donations of significant prizes like a holiday getaway, professional services, jewellery, or other unique items. It would be greatly appreciated if you have a special bottle of wine, be it champagne, magnums, or trophy reds. Please get in touch with Gayle Connor by emailing pandf@stellamaris.nsw.edu.au

The raffle will be open to the entire school - details to follow.

Thank you for your generosity and continuous support. The proceeds from the raffle and silent auction will offset the costs of future parent events, allowing us to keep ticket prices as low as possible.

#### **P&F WhatsApp Groups**

#### Stella Gentlemen

Administrators: Nick and Brendan

https://chat.whatsapp.com/ KHHVDH2ziSE3ZNilaxXwmz

#### Year 7

Administrator: Emma Flett

https://chat.whatsapp.com/ DTV8mc1S1RgDu8Bw2WEzce

#### Year 8

Administrator. Kelly Hindman

https://chat.whatsapp.com/ DTV8mc1S1RgDu8Bw2WEzce

#### Year 9

Administrator: Belinda Hay

https://chat.whatsapp.com/Ld26FUW8TDsD2xRTICaVUW

#### Year 10

Administrator: Holly MacKenzie <a href="https://chat.whatsapp.com/">https://chat.whatsapp.com/</a>

HHMUa6P9oXM1Q6QSqcPrwF

#### Year 11

Administrator. Molly McKenzie

https://chat.whatsapp.com/ HxFeVIPxrqW15dqno44mEG

#### Year 12

Administrator: Janet Sajowitz

https://chat.whatsapp.com/ InVnTvMt9NFAkoR99H2bxC







## **Sports News**

Jenny Wickham - Sports Coordinator and Teacher of PDHPE

#### **NSWCCC Tennis**

Congratulations to the Stella Open Tennis
Team who played at the NSWCCC Tennis
Teams Championships in Bathurst on Monday
29 May. The Stella team played very well in the
cold and frosty conditions in Bathurst! After a
tough round one game, the team moved into
the Plate competition, where they went on
to win all matches, finishing equal first in the
Plate division! Well done to all members of the
team on this fantastic achievement:

Lara B, Sara T, Hannah G and Bella C.



#### **Futsal**

Congratulations to the U14 Futsal team who played at the NSW Futsal U14 School Championships

in Narrabeen on Wednesday 31 May. The Stella team was outstanding all day, playing well in all games to secure a sport in the finals. The team had close wins in the quarter finals and semi finals, against Ryde Secondary College and Mackellar Girls, so moved onto the grand final against Pymble Ladies College. It was a close game, with Stella taking the lead early. Pymble managed to equal the score right on the final siren, pushing the game into extra time. Scores were still equal after extra time, so the game was to be decided on a penalty shoot-out. The Stella team were unlucky to lose the penalty shoot-out 4-3, so came away with the silver medal. They will now move onto the NSW State finals in Penrith in September.

Well done to all members of the team:

Amber K, Charlotte C, Sophie L, Lara M, Lola H, Camille C and Jess P.



#### **Equestrian**

Good luck to the Stella students competing at the Northwest Interschools Equestrian event in Coonabarabran this weekend:

Grace C, Amelia D, Sara M and Maeve R.

#### **Basketball**

Best of luck to the Stella Year 7 and 8 teams who have progressed through to the semi finals of the MWBA competition: Year 7 Green, Year 8 Red and Year 8 Black

Semi finals for all other year groups will commence after the long weekend.

#### Soccer

Good luck to the U15 Soccer team who will play their round 2 game of the NSWCCC Knockout Championships against Loreto Kirribilli on Friday 2 June.

Best of luck also to our U13 soccer team who will play at the Broken Bay Soccer Championships at Cromer on Tuesday 6 June.

#### Term 3 Sport

Registrations for Term 3 sports will be sent to all students on Monday 5 June.





# School photo ordering details



# WEDNESDAY 7 JUNE - MAIN PHOTO DAY THURSDAY 15 JUNE - SIBLING + ABSENTEE PHOTO DAY

- For full details see email sent to all carers
- Details regarding absentee day will be emailed to the students who were absent on main photo day

Click here to order (direct link to Advanced Life website) OR follow instructions below

#### order online

Online payment options include Visa, Mastercard and PayPal. Alternatively, you can choose to pay over 10 weeks using LatitudePay.

#### STEP 1

Go to **www.advancedlife.com.au** on your computer, phone or tablet.

#### STEP 2

Enter your school code:

#### KY8 HAC 97W

in the 'order and download' box. This will take you to your school's secure online ordering site.



#### STEP 3

Click on 'Order Photos' and complete your details and procedures. During this process you can place orders for additional children at your school and sibling photos, if available







#### cash/envelope ordering

Your school prefers orders to be placed online. However, if you are unable to order online, please complete your order using the order envelope which your daughter can collect from Student Services.

#### STEP 1

Complete a separate order envelope for each individual child's package/s ordered. If ordering for more than one child, payment should be enclosed in the envelope of the eldest child and this should be indicated on the envelope of the other child/children (the envelope that does not have cash enclosed).

#### STEP 2

Enclose exact cash payment in one envelope for the package/s you are ordering. Payment for more than one child should be in the eldest child's envelope and marked at the bottom of the envelope in the space provided.

#### STEP 3

Return your completed envelope/s, with correct cash payment, to our photographers on the day.

Please note: You must enclose exact correct payment, as change is not available. Credit card payments can only be made online and we no longer accept cheques. There is a separate envelope for sibling photo orders, should your school choose to offer sibling photos.

School photographs will be returned approximately 6 weeks after the day of photography.

Please note this delivery timeframe is dependant on proofing and additional photography days at your school.

#### IMPORTANT - "not for publication" students

If you have instructed your school that your child's image is "not for publication" (sometimes called "do not publish" or "not for media release" instructions), the school will ensure that your child is not presented to our photographers on photo day and school photographs will not be available for purchase. If you wish to change your instruction, then you must notify your school, so they change their records and identify your child as able to be photographed for school photography purposes. All students presented to our photographers by your school on photo day will be photographed, their images will appear in school photography packages with their fellow students and these packages will be available to purchase by all families.

Contact us: www.advancedlife.com.au/contact

