



Stella Maris
COLLEGE MANLY



HSC 2022 - **63rd** ranked school in NSW



2023

Our Year of
Stewardship

Stella Newsletter

Term 3 | Issue 21 | 3 August 2023

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From the Principal



Sisters of the Good Samaritan Chapter

The Sisters of the Good Samaritan recently held their 27th Chapter in Sydney. The Sisters were gathered to discern the next phase in their Congregation's life and mission. As part of the broader Good Samaritan community, Good Samaritan Oblates and GSE school leaders were invited to join sessions via Zoom, and I felt privileged to be an observer during their discernment.

Sister Catherine McCahill sgs during the opening session, reminded those present, the Chapter is more than this gathering – there are many voices to hear, it is ongoing, it is a synodal journey.

Two significant community leaders were invited to address the assembled members. Dr Estela Padilla, a leader in the theory and practice of helping communities to integrate their faith into everyday life in the Philippines and Anote Tong, the former President of Kiribati who plays a leading role in addressing the impacts of climate change on Pacific Island nations.

"When you are confronted with a particular situation, the first step is to see – look at it, discuss it. Then to discern, through Scripture and other writings, then to act – informed by what you see and discern," Dr Estela Padilla shared, explaining the Basic Ecclesial Community Approach. "I'm inspired by Pope Francis's message – 'let us organise hope'. For me this means we don't just have wishes and dreams, but it involves a lot of shared work and shared purpose."

The Sisters have prepared a Chapter Statement based on their discernment. At Stella we will endeavour to embed these four goals into our work and mission.

Good Samaritan Statement of Directions (2023 - 2029)

Gifted by our Good Samaritan Benedictine charism, we are committed to living our relationship with God, neighbour and the universe through:

- ecological conversion which impels
- interculturality which transforms
- compassion which leads to justice
- hope which empowers mission.

Neighbourly Reminder

I remind all families, staff and students to be mindful of the needs of our neighbours here in Manly. Please ensure that you are using the two Kiss and Drop Zones provided by Council to allow the safe arrival and pick-up of the girls at school. One of the zones is in Iluka Avenue and one is in Eurobin Avenue. I ask that you refrain from pulling across driveways as these actions inconvenience our neighbours.

I also ask our e-bike riders to ensure you are wearing helmets, following all rules and keeping a watch out for pedestrians on the shared paths and cars in driveways.

Elizabeth Carnegie
Principal

Father's Day Breakfast



Providing a Term's Notice

Local families are reminded that the College requires one term's notice of any move to another school or learning environment (please note that overseas enrolments require two terms' notice). There are several reasons for this notice period. Firstly, budgets are set on current numbers, and, as the annual budget is set in September, we need to ensure that we are calculating costs and student numbers accurately. Secondly, once school returns in January, we are unlikely to make up numbers lost of any students who choose to leave without providing the required notice.

Please ensure that if your daughter is leaving at the end of 2023, you have informed the Registrar (registrar@stellamaris.nsw.edu.au) by the end of Term 3.

2023 Term Dates

Term 3

Tuesday 18 July -
Friday 22 September

Term 4

Tuesday 10 October -
Friday 1 December

Important Dates

August

2 - 4	Year 9 Camp
10	P&F Meeting
14	HSC Trials conclude
15	Bodies of Work Exhibition
17 - 18	Year 8 Retreat
18	HSC Music Night
19	Luna Park Mother/ Daughter Day (P&F)
26	Beach2Beach Fun Run

September

1	Father's Day Breakfast
18 - 22	Year 12 Graduation Week

Notices

Youth Mass

Students are invited to attend the Youth Mass at St Kieran's Parish from 6.00pm on Sunday 13 August. Mass will be followed by a sausage sizzle and refreshments.

HSC Music Night

Join our talented Year 12 HSC musicians on Friday 18 August from 6.30pm as they present musical items from their HSC exams. Refreshments will be served at intermission.

RSVP: [click here](#).

Bodies of Work Exhibition

The Stella Maris Community is warmly invited to the 2023 HSC Bodies of Work Exhibition. Don't miss the opportunity to view the major works of our Year 12 students on Tuesday 15 August. The exhibition brings together the artwork and innovative designs from talented students who chose to study Visual Arts, Design and Technology, Textile and Technology and Multimedia Technologies.

Date: Tuesday 15 August

Venue: Benedict Campus

VIP session for Year 12 families: 6.00pm - 7.00pm

Open to all: 7.00pm - 8.00pm



Father's Day Breakfast

Save the date: Dads, grandfathers and male carers are invited to join their daughters to celebrate Father's Day at our annual 'bigger than Ben Hur' Father's Day Breakfast. Please RSVP via the link so that we can make sure we have plenty of egg and bacon rolls for everyone (please include your daughter/s in the numbers).

We look forward to a great morning acknowledging our awesome Stella dads.

Date: Friday 1 September

Venue: On the deck

Time: 7.30am - 8.30am

RSVP (by 25 Aug): [click here](#)

Beach2Beach Fun Run

Join the Stella team to help us enter the largest school team in 2023.

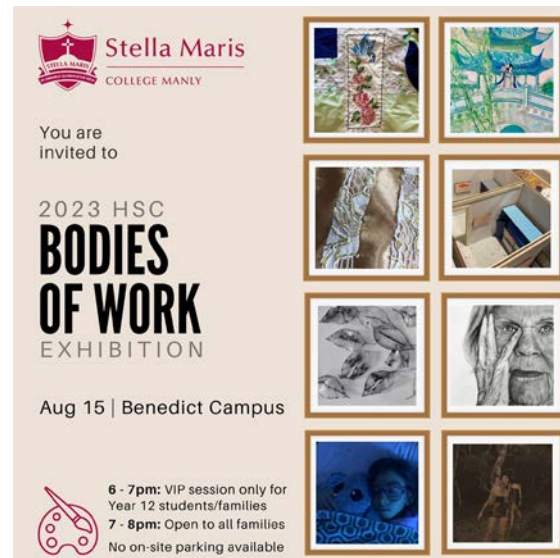
Date: Sunday 27 August

Distance:

- 3km (Mona Vale - Newport Beach)
- 6km (Warriewood - Newport Beach)
- 13km (Dee Why - Newport Beach)

N.B. The Duke of Edinburgh students will be entered automatically into the 6km event (they do NOT need to register themselves).

[Click here](#) and type in the verification code **SMC2023** to register.



Inclusive Learning News

Cath Douglas - Head of Inclusive Learning

NSW da Vinci Decathlon

Last week, Stella Maris participated in the NSW da Vinci Decathlon. The da Vinci Decathlon is a challenging academic competition where students compete in teams across 10 disciplines: Engineering, Mathematics, Code Breaking, Art and Poetry, Science, English, Ideation, Creative Producers, Cartography and Legacy.

The competition was held at Knox Grammar with over 300 teams across NSW participating. For the last three years, this competition was via Zoom so it was great to be back competing in person. The Stella Maris teams worked diligently all day and did very well. A big congratulations to the Year 10 team who came second in Engineering.

The Stella Maris 2023 da Vinci Decathlon teams:

Year 7

Leyla O
Ruby M
Erin R
Remy C
Chloe S
Ava V
Cailey A
Charlotte S

Year 8

Grace E
Kohia B
Molly F
Charlie M
Amy H
Harper F
Charlize B
Ava W

Year 9

Ava Z
Alyssa T
Ava J
Maya M
Lunetta B
Rose M
Georgia M
Caitlin R

Year 10

CJ W
Jessica V
Catherine B
Violette R
Emma M
Gabriella F
Sara T
Alice K

Year 11

Ruby K
Rachelle B
Lauren K
Samantha W
Madeleine K
Rose F
Sophie B
Ella H



Get in Touch

General Enquiries & Feedback

administration@stellamaris.nsw.edu.au

9977-5144

Student Absences & Enquiries

studentservices@stellamaris.nsw.edu.au

9976 1817 or 9976 1885

Student Enrolments & Exits

registrar@stellamaris.nsw.edu.au

Canteen Manager

Bernie_McGrath@stellamaris.nsw.edu.au

College Fee Enquiries

fees@stellamaris.nsw.edu.au

Uniform & Text Books

uniform_books@stellamaris.nsw.edu.au

Languages News

Jennifer Murray - Head of Languages

Year 7 students are having sample lessons in French, Italian, Japanese and Spanish in Weeks 3 and 4. This way they will be better informed to choose the language that they will learn in Year 8.

Japanese students from Nagasaki Nishi High School are attending lessons at the College this week. Each student has been paired with a buddy from Year 8 Japanese.

Year 8 French students were excited to make crêpes in a French lesson this week.

Ms Nora Daly, Food Technology and Hospitality Assistant, demonstrated how to cook a crêpe safely in a frypan. Working in pairs, students had fun cooking crêpes. The crêpes were pronounced delicious!

A busy week for Languages!



Visual Arts News

Marisa Quick - Head of Visual Arts

Last Friday, our Year 9 100 and 200 hours Visual Arts classes were very fortunate to have a full morning of acrylic painting. Meredith Rasdall, who is a Northern Beaches artist and teacher, guided our students through the processes of landscape painting. The inspiration was images of the Northern Beaches and Tasmania for the students' paintings.

Meredith's technique for creating her paintings begins by painting on black canvas rather than white. The landscape is first drawn onto the canvas using white chalk. The students then started painting the ocean using at least four or five different blues and then the sand in a yellow and green pallet. The students were instructed to paint up to the edges of the white chalk but not over the lines. When the painting is dry, the white chalk is wiped away with a wet cloth, revealing the black lines which were previously covered by chalk. The effect is quite dramatic and the paintings created by our students were outstanding.





Connect with Us!

A very warm invitation to connect with us on social media. Click on the icons below to follow us on Facebook, Instagram and LinkedIn.



Canteen Roster

Monday 7 August

Petra Weiss
Katherine Pinkerton
Vanda Skavaas
Belinda Robinson
Sarah Reynolds

Tuesday 8 August

Rebecca Kristensen
Nicole Margetts
Majella Brady
Abi Sweet
Eve Harvey

Wednesday 9 August

Amanda Smerdon
Danielle Bennett
Sandra Suarez
Shannon Morrell

Thursday 10 August

Kelly Hindman
Louise Lewcock
Marlene Richardson
Peta Pickup

Friday 11 August

Natalie Moschou
Lisa Hung
Gabrielle Cook
Tara Edgton

Job of the Week

Lisa Walsh - Careers and Pathways Adviser
e lisa_walsh@stellamaris.nsw.edu.au

Occupational Therapist

What do Occupational Therapists do?

Occupational Therapists (OTs) are qualified health professionals who work with people of all ages if they've been sick, injured or disabled. OTs help their patients to adapt, develop or improve abilities that allow them to participate better in all aspects of life, including daily tasks, self-care, working and volunteering, as well as participation in hobbies, interests and social events.

OTs might work in hospitals, specialist clinics or private offices, schools, care facilities, or out in the community.

People who enjoy helping, are patient, good problem solvers and great with people from all walks of life could potentially enjoy a career as an Occupational Therapist.

Meet Jessica Sekulich (Class of 2011)

Jessica studied Medical Science at university and then Occupational Therapy. She now works at St Vincent's Hospital in palliative OT.

How do you become an OT?

[Click here](#) to learn more about this job and pathways to get you there.

Visit our very own [Stella Careers Website](#) for all your career needs (now on the students' SEQTA landing page). PLUS, our regular weekly careers newsletters can be read [here](#).



Uniform Shop

Trading Hours

The Uniform Shop is open 8.00am – 4.30pm, Tuesdays to Thursdays during term.

Summer is Coming!

Please ensure you purchase winter junior skirts, pants and long sleeve blouses before the end of August.

They will then be packed away to allow dresses and shorts to be placed on the shelves.

Senior Blouses

The long sleeve senior blouses are available for purchase in store. The cost is \$52.

Online Orders

Please use your child's name on the order. Orders are available to collect from recess.

There is a wide range of stationery available online and in the Uniform Shop – grid, exercise and music books, calculators, Design Tech and Art supplies.

Junior and senior skirts are available in selected sizes.

Gloves (including fingerless) and stockings are available.

Second Hand Uniforms

Please visit the [P&F Stella Maris Buy, Sell, Swap Uniform, Books/Equipment and Sports Gear Facebook page](#) for all second hand purchases.

P&F Update

Clare Cahill and Gayle Connor
(P&F Presidents)

P&F WhatsApp Groups

Stella Fellas

Administrators: Nick and Brendan

<https://chat.whatsapp.com/KHHVDH2ziSE3ZNilaxXwmz>

Year 7

Administrator: Emma Flett

<https://chat.whatsapp.com/LUydz4A57KYAXKMo1oXJUUp>

Year 8

Administrator: Kelly Hindman

<https://chat.whatsapp.com/DTV8mc1S1RgDu8Bw2WEzce>

Year 9

Administrator: Belinda Hay

<https://chat.whatsapp.com/Ld26FUW8TDsD2xRTICaVUW>

Year 10

Administrator: Holly MacKenzie

<https://chat.whatsapp.com/HHMUa6P9oXM1Q6QSqcPrwF>

Year 11

Administrator: Molly McKenzie

<https://chat.whatsapp.com/HxFeVIPxrqW15dqno44mEG>

Year 12

Administrator: Janet Sajowitz

<https://chat.whatsapp.com/InVnTvMt9NFAkoR99H2bxC>

Luna Park - Mother/Daughter Day – Ticket sales close Thursday 10 August

Hello wonderful mothers, female carers, and daughters! Get ready for an extraordinary afternoon of fun and laughter at Luna Park on Saturday 19 August! Join us from 2.00pm until the park closes (approximately 8.00pm, time to be confirmed).

Don't miss out on this fantastic event!

Click here to secure your tickets.

Ticket prices are just \$40 for adults or daughters over 14, and \$30 for daughters under 14.

Mark your calendars – ticket sales close on Thursday 10 August. We are absolutely thrilled to see you all at Luna Park on August 19th!

Call out for Father's Day Raffle Prizes

As we gear up for the special Father's Day celebration at Stella on Friday 1 September, we are planning a raffle to raise funds to allow us to host events for our Stella community that are affordable for all. We need your help to make it successful! If you have something that you think a dad or male carer would enjoy, the P&F would be incredibly grateful for the contribution from our Stella community.

To donate a prize, **click here** and submit your details. Let's come together as a Stella community and make this Father's Day an opportunity to help build community. Ticket sales open the week prior.

Save the Date - P&F General Meeting - Thursday 10 August

Our next Stella General P&F meeting is just around the corner, scheduled for Thursday 10 August at 7.30pm in the Old Library. Save the date and join us as we catch up on all the exciting happenings and plans for the rest of 2023!

We will send out an agenda and link early next week, so keep an eye on your inbox for details on how to join us remotely.

For those who prefer face-to-face interactions, come along in person and enjoy some wine and cheese with the crew.

We can't wait to see you there!



Sports News

Jenny Wickham - Sports Coordinator and Teacher of PDHPE

Touch

The NSW Touch Football All Schools State Final was held at Penrith on Wednesday 2 August. The Stella Year 7/8 team and 9/10 team qualified for the state final after winning the Sydney regional event in Term 2.

This event has the best school touch teams from all over NSW playing to win the title of NSW Champion. Both of the Stella teams played amazingly and made the final series!

Our Year 9 and 10 team was missing quite a few players due to the clash with Year 9 camp. The team played very well, despite being short on numbers.

They made it through to the quarter finals, but lost in a close game against St Joseph's Aberdeen. Well done to this team on being in the top 8 in the state!

The Year 7/8 team were outstanding all day. They had great wins in the round games and right through the finals series, making it all the way to the grand final. It was a very close game against Hunter Sports High, and the girls were very unlucky to lose 3 – 2 in the grand final. What an amazing achievement to be the second best school team in NSW (behind a sports high school!)

Congratulations to all members of both teams:

Year 7/8:

Ana T, April U, Avie R, Charlotte H, Giselle B, Harriet W, Jess P, Kayla A, Lara M, Lyla S, Siena A and Zsa Zsa B.

Year 9/10:

Ashton R, Charlotte B, Mia S, Summer B, Zoe B, Lea T, Zoe F, Charley H, Lily H and Andie M.

Basketball

The Stella Junior and Intermediate basketball teams attended the Broken Bay Basketball Championships at Terrigal on Monday 31 July. It was a great carnival, and the Stella teams had a great day. Our Intermediate team played well and were unlucky not to make the finals. The junior team had great results in their round games and progressed through to the semi finals against Mercy. Stella lost in a close game, finishing third overall.

Well done to members of both teams:

Junior:

Molly F, Gabi H, Yasmina H, Ivy I, Isabelle K, Erin R, Eve S, Zoe V and Ava W.

Intermediate:

Keeley D, Lara F, Holly G, Lily H, Liv M, Riley M, Keira M, Rileigh S, Olive W and Rosie W.



Sports News (continued)

Athletics

The athletics season is well and truly underway, with the team competing at the IGSA Twilight Carnivals on Friday evenings at ES Marks. Training is held on Thursday afternoons at Narrabeen. All students who would like to participate in athletics are welcome to attend both training sessions and the Friday carnivals. Please email Mrs Jenny Wickham for more information.



Soccer

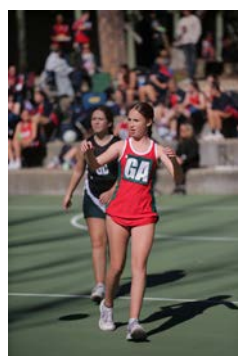
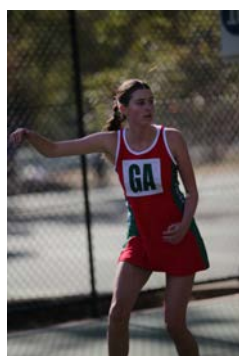
The Stella soccer teams have been inspired by the amazing performances from the Matildas and are playing some fantastic soccer in the Peninsula Cup!

Our Junior (Year 7 – 9) team have started preparations for the NSWCCC State Final on August 30. They will be playing some practice matches against other schools in the coming weeks.



Netball

Photos from the Broken Bay Netball Championships last week at Pennant Hills.



Community News

St Mary's School, Manly extends an invitation to Stella parents and their children to join them for the special screening of "The Letter" - Pope Francis' call to care for our common home (Laudato Si).

Children from Year 5 up are warmly encouraged to attend.



Community movie screening



The Letter

A message for our Earth

Proudly presented by St Mary's Catholic Primary
School P&F

Stella Maris College Theatre

Thursday, 17th August

6:15pm Admission for 6:30pm Start - 8:30pm Finish

Suitable for Year 5 students and above



Tickets via QR or Eventbrite:
<https://www.eventbrite.com.au/e/668067837887>

